



NORTHERN IRELAND & ULSTER INDOOR AGE GROUP CHAMPIONSHIPS

AIT International Arena, Athlone
Saturday 3rd & Sunday 4th February 2018

EVENTS

BORN 2007 (U12)	BORN 2006 (U13)
60m, 600m, 4X100m	60m, 60mH, 600m, 4X100m
High Jump, Long Jump, Shot Putt	High Jump, Long Jump, Shot Putt
BORN 2005 (U14)	BORN 2004 (U15)
60m, 60mH, 800m, 1000m Walk, 4X200m	60m, 60mH, 800m, 1000m Walk, 4X200m
High Jump, Long Jump, Shot Putt	High Jump, Long Jump, Shot Putt, Pole Vault
BORN 2003 (U16)	BORN 2002 (U17)
60m, 60mH, 200m, 800m, 1500m, 1500m Walk, 4X200m	60m, 60mH, 200m, 800m, 1500m, 1500m Walk, 4X200m
High Jump, Long Jump, Shot Putt, Pole Vault	High Jump, Long Jump, Shot Putt, Pole Vault
BORN 2001 (U18)	BORN 2000 (U19)
60m, 60mH, 200m, 400m, 800m, 1500m, 1500m Walk, 4X200m	60m, 60mH, 200m, 400m, 800m, 1500m, 1500m Walk, 4X200m
High Jump, Long Jump, Shot Putt, Triple Jump, Pole Vault	High Jump, Long Jump, Shot Putt, Triple Jump, Pole Vault

ENTRY FEES

All Age Groups £5/€5.50 per individual event and £10/€11 per relay team
(Paper entries incur a £3/€3.50 surcharge per event)

CLOSING DATE FOR ENTRIES

PAPER ENTRIES – FRIDAY 19th JANUARY 2018 AT 4PM
ONLINE ENTRIES – TUESDAY 23rd JANUARY 2018 AT 12NOON
LATE ENTRIES – WEDNESDAY 24th JANUARY 2018 AT 5PM

CLOSING DATES WILL BE STRICTLY OBSERVED.

ABSOLUTELY NO ENTRIES WILL BE ACCEPTED ON THE DATE OF COMPETITION

PLEASE MAKE ALL CHEQUES PAYABLE TO Athletics NI. Credit/Debit card payment available – please telephone Athletics NI on 028 9060 2707 with your card ready. No Amex or Laser card can be accepted.

POSTAL ENTRIES TO: Indoor Age Groups
Athletics House
Old Coach Road
Belfast
BT9 5PR

ENTRIES CAN NOT BE ACCEPTED WITHOUT A FULL DATE OF BIRTH & VALID REGISTRATION NUMBER
(For all athletes 13 and over).

By entering you confirm you have sought permission from guardians of any children/vulnerable adults for use of images/footage by ANI and partners.

Queries/special arrangements to be made to info@athleticsni.org



**NORTHERN IRELAND AND ULSTER INDOOR AGE GROUP
CHAMPIONSHIPS**



CONDITIONS OF ENTRY

All athletes must wear club colours. **SPIKES MUST BE NO LONGER THAN 5MM**

2. **All athletes are limited to 3 events plus a relay**
3. Athletes are reminded that they must check in for all events they intend to compete in. Failure to do this will result in disqualification
4. Competitors must report **1 HOUR** before each event. **This rule will be strictly enforced. Athletes who do not report will be scratched from the event. Athletes are reminded that they must check in for all events they intend to compete in. Failure to do this will result in disqualification.** When heats have taken place, competitors need not report for the final except to notify of a withdrawal. The responsibility for ensuring they are checked into the correct event lies with the athlete.

Please note the timetable may change on the day. For this reason any athletes checked in will be assumed to be present at the venue. This may result in an event being brought forward. If the athlete is checked in and not present the athlete will forfeit their right to compete.

All athletes must be **checked in by 2.00pm each day.**

5. Timetable will be drawn up after entries close. It will be posted on www.athleticsni.org It will be posted on www.athleticsni.org by close of play Monday 29th January 2018. Competitors are advised to check the timetable regularly as changes may be made up to Thursday 1st Feb.

Throwing Event Weights:

Women	Shot	Women	Shot	Men	Shot	Men	Shot
Girls U12	2KG	Girls U16	3KG	Boys U12	2KG	Boys U16	4KG
Girls U13	2KG	Girls U17	3KG	Boys U13	2KG	Boys U17	5KG
Girls U14	2KG	Girls U18	3KG	Boys U14	2.72KG	Boys U18	5KG
Girls U15	2.72KG	Girls U19	4KG	Boys U15	3KG	Boys U19	6KG

Girls U13	60m	68.6	5	11.00m	7.25m	20.00m	Boys U13	60m	68.6	5	11.00m	7.25m	20.00m
Girls U14	60m	68.6	5	11.50m	7.50m	18.50m	Boys U14	60m	76.2	5	11.50m	7.50m	18.50m
Girls U15	60m	76.2	5	12.00m	8.00m	16.00m	Boys U15	60m	83.8	5	12.00m	8.00m	16.00m
Girls U16	60m	76.2	5	12.00m	8.00m	16.00m	Boys U16	60m	83.8	5	13.00m	8.50m	13.00m
Girls U17	60m	76.2	5	13.00m	8.50m	13.00m	Boys U17	60m	91.4	5	13.00m	8.50m	13.00m
Girls U18	60m	76.2	5	13.00m	8.50m	13.00m	Boys U18	60m	91.4	5	13.72m	9.14m	9.72m
Girls U19	60m	83.8	5	13.00m	8.50m	13.00m	Boys U19	60m	99.1	5	13.72m	9.14m	9.72m

****Note:** Please note some of the throwing weights specified by Athletics Ireland are not the standard weights available within the UK. Therefore organisers retain the right to use the nearest available UK weight where no other implement is available on the day.

6. The 600m, 800m and 1500m will be run as time trials and medals will therefore be awarded on the basis of overall best times
7. Athletes who have registered for an event and who subsequently want to withdraw, must report to the Championships Secretary for permission to do so
8. Athletes who wish to compete in the Irish Championships in Athlone must enter and compete in the NI & Ulster Championships. For athletes in the U17 and above age groups, it is not compulsory to compete at the NI & Ulster Championship. However you must have entered in order to be able to compete in the Irish Championships. Qualification applies as per Athletics Ireland Juvenile booklet rule www.athleticsireland.ie
 - a. **ALL IRELAND ENTRIES FOR ULSTER ATHLETES MUST BE MADE ONLINE TO ATHLETICS NI www.athleticsni.org** – it will be available when all event information is received from Athletics Ireland
9. All field events (except High Jump) will only be allowed 3 attempts. Minimum entry standards have now been put in place. Any athlete not achieving these distances will not have their attempt measured, unless there are only 3 competitors in the competition.



Minimum Entry Standards:

Opening Heights for High Jump

Women	Long Jump	High Jump		Men	Long Jump	High Jump
Girls U12	3m	1.00m		Boys U12	3m	1.10m
Girls U13	3.20m	1.00m		Boys U13	3.40m	1.10m
Girls U14	3.50m	1.15m		Boys U14	3.60m	1.25m
Girls U15	3.60m	1.15m		Boys U15	3.80m	1.25m
Girls U16	3.80m	1.20m		Boys U16	4m	1.30m
Girls U17	3.80m	1.25m		Boys U17	4m	1.35m
Girls U18	3.80m	1.30m		Boys U18	4m	1.40m
Girls U19	3.80m	1.30m		Boys U19	4m	1.40m

10. In the Indoor Relays an athlete may move up one group.
11. At least 2 members of a competing relay team, participating in that event on that day must be of the correct age. 17,18,19 age groups for relays, all athletes may move up one age group.
12. The following start rules will apply – athletes aged U12, U13, U14 & U15 – **one false start** and then all on a **warning**, for age groups U16, U17, U18 & U19 – **no false starts** will be allowed – ie immediate disqualification will result
13. Athletes from U14 upwards must use starting blocks. For U12 & U13 the use of starting blocks are optional

Queries to Athletics NI – 028 9060 2707 – info@athleticsni.org – www.athleticsni.org



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Entry Form (multiples may be printed if required)

ATHLETES MUST HOLD A VALID ANI (13 & OVER)/AAI 2017/2018 REGISTRATION NUMBER

ALL Registrations are due 31st March 2018

Club/School:
Age Group (See above information):

Athlete Full Name	Date of Birth	2017/18 Registration Number	Event 1	PB	Event 2	PB	Event 3	PB
1.								
2.								
3.								
4.								
5.								
6.								
7.								
8.								
9.								
10.								
11.								
12.								

Contact Name:		Signature:		Email (please state below):
Address:		Daytime Tel:		

The home address of each athlete should be available if requested

I enclose a cheque/postal order to the value of: _____ (No Fee, No Entry). Please see front page of the entry form for how payment should be made.

Paper Entry Fees: £8.00/€9.00 per event



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RELAY Entry Form (multiples may be printed if required)

ATHLETES MUST HOLD A VALID ANI (13 & OVER)/AAI 2017/2018 REGISTRATION NUMBER

ALL Registrations are due 31st March 2018

Club/School:
Age Group (See BELOW information):

Athlete Full Name	Date of Birth	2017/18 Registration Number
1.		
2.		
3.		
4.		
5.		
6.		
U12 (Born 2007) – 4x100m U13 (Born 2006) – 4x100m U14 (Born 2005) – 4x200m U15 (Born 2004) – 4x200m U16 (Born 2003) – 4x200m U17 (Born 2002) – 4x200m U18 (Born 2001) – 4x200m U19 (Born 2000) – 4x200m		

Contact Name:	Signature:	Email (please state below):
Address:	Daytime Tel:	

The home address of each athlete should be available if requested

I enclose a cheque/postal order to the value of: _____ (No Fee, No Entry). Please see front page of the entry form for how payment should be made.

Paper Entry Fees: £13.00/€14.50 per team