**Athletics Northern Ireland**

**Indoor Hurdles & Sprints Competition**

**Ulster University, Jordanstown**

**13th January 2018**

**1.00pm REGISTRATION**

**1.30pm 60m Hurdles**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| *Event no.* | *Age Group* | *Height*  | *First Hurdle*  | *Between Hurdles* |
| 1 | Senior Men | 106.7cm 3’ 6”  | 13.72m  | 9.14m |
| 2 | U19 Boys & U20 Men | 99.0cm 3’ 3”  | 13.72m  | 9.14m |
| 3 | U18 Boys | 91.4cm 3’ 0”  | 13.72m  | 9.14m (110m Spacings) |
| 4 | U17 Boys UKA | 91.4cm 3’ 0”  | 13.00m  | 8.50m (100m Spacings) |
| 5 | U17 Boys  | 91.4cm 3’ 0”  | 13.00m  | 8.50m |
| 6 | U19 Girls & Sen Women | 84.0cm 2’ 9”  | 13.00m  | 8.50m |
| 7 | U16 Boys | 84.0cm 2’ 9”  | 13.00m  | 8.50m |
| 8 | U18 Girls | 76.2cm 2’ 6”  | 13.00m  | 8.50m |
| 9 | U17 Girls | 76.2cm 2’ 6”  | 13.00m  | 8.50m (100m Spacings) |
| 10 | U15 Boys | 84.0cm 2’ 9”  | 12.00m  | 8.00m |
| 11 | U17 Girls UKA | 76.2cm 2’ 6”  | 12.00m  | 8.00m (80m Spacings) |
| 12 | U16 Girls | 76.2cm 2’ 6”  | 12.00m  | 8.00m |
| 13 | U15 Girls | 76.2cm 2’ 6”  | 12.00m  | 8.00m (80m Spacings) |
| 14 | U14 Boys | 76.2cm 2’ 6”  | 11.50m  | 7.50m |
| 15 | U15 Girls UKA | 68.6cm 2’ 3”  | 11.50m  | 7.50m (75m Spacings) |
| 16 | U14 Girls | 68.6cm 2’ 3”  | 11.50m  | 7.50m |
| 17 | Senior Men | 106.7cm 3’ 6”  | 13.72m  | 9.14m |
| 18 | U19 Boys & U20 Men | 99.0cm 3’ 3”  | 13.72m  | 9.14m |
| 19 | U19 Girls & Sen Women | 84.0cm 2’ 9”  | 13.00m  | 8.50m |

**3.30pm 60m Sprint**

|  |  |
| --- | --- |
| 1 | U18/19 Girls & Sen Women |
| 2 | U18/19 Boys & Sen Men |
| 3 | U14 Girls |
| 4 | U14 Boys |
| 5 | U15 Girls |
| 6 | U15 Boys |
| 7 | U16 Girls |
| 8 | U16 Boys |
| 9 | U17 Girls |
| 10 | U17 Boys |
| 11 | U18/19 Girls & Sen Women |
| 12 | U18/19 Boys & Sen Men |

**5.00pm Close**

**Notes**

1. Competition open to U14 athletes (ie those born in 2005) and above
2. In the 60m U18 athletes and above will be given 2 races. In the 60mH U19 athletes and above will be given 2 races
3. Races will be combined where necessary depending on entry numbers per age group
4. The 3G area will be available from 12noon to 3.00pm for warm up. Sports Hall 1 will be available from 3.00-5.00pm