10K	TotalRank	Num	Name		Sex	Gun time	Chip time
10K	1.	653	Patrick Sheridan	unattached	Male	0:31:45	0:31:45
10K	2.	674	David Spalding	Ballydrain Harriers	Male	0:31:46	0:31:46
10K	3.	716	Eskander Turki	Annadale Striders	Male	0:31:55	0:31:54
10K	4.	258	Robbie Hagen	Newcastle AC	Male	0:32:37	0:32:36
10K	5.	416	Chris McCaffrey	Saintfield Striders	Male	0:33:01	0:33:01
10K	6.	292	Chris Hopkins	Co Antrim Harriers	Male	0:33:01	0:33:01
10K	7.	321	Ricky Johnston	Jog Lisburn Running Club	Male	0:33:02	0:33:01
10K	8.	487	Jamie Mcmeechan	North Down AC	Male	0:33:45	0:33:44
10K	9.	558	Dale Murray	North Down AC	Male	0:34:06	0:34:05
10K	10.	536	Ryan Moore	North Belfast Harriers	Male	0:34:16	0:34:15
10K	11.	501	Matthew Mcparland	North Down AC	Male	0:34:31	0:34:30
10K	12.	744	Stuart Wilson	Victoria Park & Connswater	Male	0:34:39	0:34:37
10K	13.	324	Ricky Jordan	North Down AC	Male	0:34:50	0:34:49
10K	14.	746	Adam Withers	East Down AC	Male	0:34:59	0:34:57
10K	15.	763	Mark Smith	Mallusk Harriers	Male	0:35:10	0:35:09
10K	16.	182	Chris Drysdale	Ballydrain Harriers	Male	0:35:24	0:35:22
10K	17.	354	Alan Ladd	Mallusk Harriers	Male	0:35:29	0:35:27
10K	18.	659	Jack Sinclair	PACE Running Club	Male	0:35:32	0:35:30
10K	19.	434	Matthew McCombe	North Belfast Harriers	Male	0:35:47	0:35:44
10K	20.	221	Ryan Galway	Springwell RC	Male	0:35:49	0:35:48
10K	21.	340		Keeperlit	Male	0:35:50	0:35:48
10K	22.	692	Martin Strachan	Scrabo Striders	Male	0:35:53	0:35:52
10K	23.	408	Gordon Mawhinney	Springwell RC	Male	0:35:55	0:35:55
10K	24.	13		unattached	Female	0:36:11	0:36:10
10K	25.	682	Thomas Steele	Scrabo Striders	Male	0:36:25	0:36:24
10K	26.	79	Tim Brownlie	Willowfield Harriers	Male	0:36:27	0:36:25
10K	27.	741	Kris Wilson	Lagan Valley AC	Male	0:36:28	0:36:26
10K	28.	633	Tadhg Ryan-Charleton	North Down AC	Male	0:36:30	0:36:28
10K	29.	248		Mallusk Harriers	Male	0:36:40	0:36:38
10K	30.	691	Alison Stocks	Annadale Striders	Female	0:36:41	0:36:39
10K	31.	152	Frank Cunningham	Newcastle & District AC	Male	0:36:44	0:36:43
10K	32.	270	Kevin Harkin	North Down AC	Male	0:36:45	0:36:42
10K	33.	530	Katie Moore	North Down AC	Female	0:36:48	0:36:47
10K	34.	580	Martin O'Neill	Mallusk Harriers	Male	0:36:51	0:36:47
10K	35.	389	Declan Magee	North Down AC	Male	0:36:56	0:36:53
10K	36.	16	Ryan Andrews	unattached	Male	0:36:57	0:36:56
10K	37.	717		Ballydrain Harriers	Male	0:37:04	0:37:02
10K	38.	71	James Brown	Herne Hill Harriers	Male	0:37:18	0:37:16
10K	39.	667	Stevie Smyth	Mallusk Harriers	Male	0:37:21	0:37:19
10K	40.	407	Norman Mawhinney	Scrabo Striders	Male	0:37:26	0:37:26
10K	41.	427	•	Scrabo Striders	Male	0:37:27	0:37:27
10K	42.	452	Stephen McCullough	North Belfast Harriers	Male	0:37:27	0:37:23
10K	43.	357	· · · · · · · · · · · · · · · · · · ·	unattached	Male	0:37:33	0:37:30
10K	44.	712		Newcastle & District AC	Male	0:37:33	0:37:32
10K	45.	503	•	Springwell RC	Male	0:37:33	0:37:30
10K	46.	428	•	Ballydrain Harriers	Male	0:37:36	0:37:34
10K	47.	68		Ballygalget AC	Male	0:37:38	0:37:35
10K	48.	668	Trevor Smyth	Termoneeny Running Club	Male	0:37:38	0:37:35
10K	49.	504	Fiona Mcquillan	North Down AC	Female		0:37:39
10K	50.	91	Stephen Campbell	Les Croupiers	Male	0:37:46	0:37:44
10K	51.	181		unattached	Male	0:37:50	0:37:48
	01.		,				

10K	TotalRank	Num	Name		Sex	Gun time	Chip time
10K	52.	44	Brian Bogle B	Ballydrain Harriers	Male	0:37:52	0:37:49
10K	53.	528	Kyle Montgomery V	/ictoria Park & Connswater	Male	0:37:52	0:37:50
10K	54.	564	Stuart Neale u	inattached	Male	0:38:04	0:38:02
10K	55.	506	Trevor McRoberts E	East Coast AC	Male	0:38:06	0:38:05
10K	56.	70	William Brown B	Ballydrain Harriers	Male	0:38:10	0:38:07
10K	57.	412	Aaron McAuley N	Iorth Down AC	Male	0:38:16	0:38:13
10K	58.	563	Jennifer Nandi	lerne Hill Harriers	Female	0:38:18	0:38:16
10K	59.	573	Conor Nolan K	(ilcoole AC	Male	0:38:26	0:38:22
10K	60.	406	David Massey N	Iorth Down AC	Male	0:38:30	0:38:27
10K	61.	166	Ross Deering u	inattached	Male	0:38:33	0:38:28
10K	62.	481	Stephen Mclaughlin S	Springwell RC	Male	0:38:38	0:38:37
10K	63.	87	Dermot Cahill E	East Down AC	Male	0:38:40	0:38:38
10K	64.	332	Shea Kelly u	inattached	Male	0:38:44	0:38:43
10K	65.	289	Mark Hill B	Ballydrain Harriers	Male	0:38:55	0:38:47
10K	66.	725	Luke Wallace B	Ballydrain Harriers	Male	0:38:57	0:38:52
10K	67.	469	Trevor Woodside J	og Lisburn Running Club	Male	0:38:59	0:38:58
10K	68.	253	Andrew Gray B	Ballydrain Harriers	Male	0:39:01	0:38:58
10K	69.	655	Mark Simmons u	inattached	Male	0:39:04	0:39:00
10K	70.	275	Andy Haylett S	Scrabo Striders	Male	0:39:08	0:39:06
10K	71.	436	Debbie Mcconnell N	lorth Belfast Harriers	Female	0:39:10	0:39:06
10K	72.	86	John Butcher S	Springwell RC	Male	0:39:16	0:39:13
10K	73.	325		Carryduff Running Club	Male	0:39:24	0:39:19
10K	74.	556	Dee Murray E	East Down AC	Male	0:39:25	0:39:21
10K	75.	768	lan Henderson		Male	0:39:34	0:39:23
10K	76.	336	Ryan Kennedy S	Springwell RC	Male	0:39:38	0:39:36
10K	77.	671		inattached	Male	0:39:40	0:39:34
10K	78.	55	Gordon Lee Boyle	Dee Runners	Male	0:39:42	0:39:39
10K	79.	247	Brian Barron N	Jorth Down AC	Male	0:39:42	0:39:39
10K	80.	582	Eamonn O'Reilly N	Jorth Down AC	Male	0:39:43	0:39:40
10K	81.	75	Gareth Brown u	inattached	Male	0:39:45	0:39:41
10K	82.	445	Eimear Mccracken A	Annadale Striders	Female	0:39:46	0:39:43
10K	83.	18	Niall Armstrong N	Iorth Belfast Harriers	Male	0:39:46	0:39:41
10K	84.	132	Desmond Coulter B	Ballygalget AC	Male	0:39:50	0:39:46
10K	85.	632	Roy Roulston V	/ictoria Park & Connswater	Male	0:39:54	0:39:51
10K	86.	164	Jonathan Davis J	og Lisburn Running Club	Male	0:39:54	0:39:50
10K	87.	425	Ben Mccaughtry S	Saintfield Striders	Male	0:39:57	0:39:53
10K	88.	754	Ryan O'Neill K	Keeperlit	Male	0:39:58	0:39:55
10K	89.	455	Paul McCurry D	Dub Runners	Male	0:40:02	0:39:59
10K	90.	470	Stuart McIver B	Ballydrain Harriers	Male	0:40:06	0:40:03
10K	91.	212		Ballydrain Harriers	Male	0:40:06	0:40:04
10K	92.	379		/ictoria Park & Connswater	Male	0:40:12	0:40:08
10K	93.	363	, ,	/ictoria Park & Connswater		0:40:17	0:40:14
10K	94.	219		/allusk Harriers	Male	0:40:23	0:40:19
10K	95.	599	· · · · · · · · · · · · · · · · · · ·	Ballydrain Harriers	Female		0:40:20
10K	96.	373	· · · · · · · · · · · · · · · · · · ·	Ballydrain Harriers	Male	0:40:27	0:40:23
10K	97.	475		agan Valley AC	Male	0:40:28	0:40:25
10K	98.	348		inattached	Male	0:40:28	0:40:25
10K	99.	4		Jorth Down AC	Male	0:40:31	0:40:25
10K	100.	. 654	0	Springwell RC	Male	0:40:33	0:40:29
10K	100.	108		Scrabo Striders	Male	0:40:37	0:40:32
10K	102.	262		og Moira	Male	0:40:40	0:40:36
	102.		0				

10K	TotalRank	Num	Name		Sex	Gun time	Chip time
10K	103.	614	Eamonn McAloran	Carryduff Running Club	Male	0:40:50	0:40:45
10K	104.	522	Campbell Mitchell	unattached	Male	0:40:57	0:40:51
10K	105.	291	Ben Holden	Victoria Park & Connswater	Male	0:40:57	0:40:53
10K	106.	630	Barry Rooney	unattached	Male	0:40:58	0:40:51
10K	107.	237	David Gillespie	unattached	Male	0:40:58	0:40:51
10K	108.	40	Matt Bell	Scrabo Striders	Male	0:41:01	0:40:57
10K	109.	12	Stuart Anderson	North Down AC	Male	0:41:07	0:41:02
10K	110.	547	Jamie Mottram	unattached	Male	0:41:08	0:41:06
10K	111.	636	Patrick Savage	unattached	Male	0:41:10	0:41:03
10K	112.	161	Trimble Dan	unattached	Male	0:41:11	0:41:04
10K	113.	762	Mark McLeod	Lonely Goat Running Club	Male	0:41:18	0:41:12
10K	114.	546	Lee Vickery	unattached	Male	0:41:27	0:41:19
10K	115.	122	Andy Cole	unattached	Male	0:41:28	0:41:22
10K	116.	440	Declan Mccormick	Murlough AC	Male	0:41:31	0:41:25
10K	117.	316	Michael Johnston	Scrabo Striders	Male	0:41:32	0:41:26
10K	118.	663	Jodi Smith	North Down AC	Female	0:41:44	0:41:40
10K	119.	635	Seamus Savage	East Down AC	Male	0:41:47	0:41:40
10K	120.	234	Daniel Giles	East Down AC	Male	0:41:47	0:41:44
10K	121.	523	Mark Mitten	Dub Runners	Male	0:41:48	0:41:38
10K	122.	82	Daniel Burns	Ballydrain Harriers	Male	0:41:49	0:41:41
10K	123.	209	Áine Forester	Belfast Running Club	Female	0:41:53	0:41:47
10K	124.	478	Johnathan Mcknight	Ballydrain Harriers	Male	0:41:57	0:41:52
10K	125.	680	Stephen Spiers	unattached	Male	0:41:57	0:41:53
10K	126.	265		East Down AC	Female	0:42:01	0:41:55
10K	127.	45	Sarah Gibson	North Down AC	Female	0:42:03	0:41:57
10K	128.	271	Colin Harper	Scrabo Striders	Male	0:42:04	0:41:58
10K	129.	118	Ralph Coetzee	Victoria Park & Connswater	Male	0:42:05	0:42:03
10K	130.	260	Matthew Halus	Scrabo Striders	Male	0:42:10	0:42:01
10K	131.	612	Clair Quigley	North Down AC	Female	0:42:15	0:42:10
10K	132.	59	Paul Bracken	Jog Moira	Male	0:42:17	0:42:09
10K	133.	353	Jonathan Kyle	unattached	Male	0:42:18	0:42:16
10K	134.	255		unattached	Male	0:42:25	0:42:21
10K	135.	532	Colin Moore	Saintfield Striders	Male	0:42:25	0:42:19
10K	136.	575	Ryan Nugent	Willowfield Harriers	Male	0:42:29	0:42:19
10K	137.	158	Darran Cusick	City of Lisburn AC	Male	0:42:30	0:42:30
10K	138.	698	Tim Taylor	Ward Park Runners	Male	0:42:31	0:42:19
10K	139.	617	-	Victoria Park & Connswater	Male	0:42:34	0:42:29
10K	140.	136	, , , , , , , , , , , , , , , , , , ,	PACE Running Club	Male	0:42:35	0:42:27
10K	141.	95	-	Springwell RC	Male	0:42:47	0:42:42
10K	142.	631		unattached	Male	0:42:50	0:42:43
10K	143.	172		unattached	Male	0:42:50	0:42:37
10K	144.	176	· · · · · · · · · · · · · · · · · · ·	unattached	Male	0:42:53	0:42:14
10K	145.	167		unattached	Male	0:42:55	0:42:50
10K	146.	699		Victoria Park & Connswater		0:43:02	0:42:55
10K	147.	719		unattached	Male	0:43:04	0:42:47
10K	148.	296		unattached	Male	0:43:05	0:42:55
10K	149.	8		Albertville Harriers	Male	0:43:07	0:42:58
10K	150.	493		Springwell RC	Male	0:43:09	0:43:03
10K	151.	572		unattached	Male	0:43:10	0:43:04
10K	152.	709		North Down AC	Female		0:43:04
10K	153.	749		Murlough AC	Male	0:43:10	0:42:59
	100.			inanougi / to	maio	0.10.10	3.12.00

10K	TotalRank	Num	Name		Sex	Gun time	Chip time
10K	154.	268	Anthony Hanna	unattached	Male	0:43:11	0:43:00
10K	155.	106	Steven Chivers	unattached	Male	0:43:14	0:43:06
10K	156.	619	Craig Ringland	Ballydrain Harriers	Male	0:43:15	0:43:07
10K	157.	685	Colin Stevenson	Ballydrain Harriers	Male	0:43:15	0:43:08
10K	158.	285	Adam Heyes	unattached	Male	0:43:17	0:43:08
10K	159.	294	Andrew Howes	unattached	Male	0:43:27	0:43:20
10K	160.	145	Kyle Crossland	unattached	Male	0:43:28	0:43:18
10K	161.	374	Jordan Linter	unattached	Male	0:43:29	0:43:19
10K	162.	26	Heather Baron	unattached	Female	0:43:29	0:43:24
10K	163.	37	Stephen Beggs	Springwell RC	Male	0:43:31	0:43:17
10K	164.	495	Graeme Mcnabb	Victoria Park & Connswater	Male	0:43:32	0:43:27
10K	165.	623	Jacob Robinson	unattached	Male	0:43:36	0:43:25
10K	166.	579	Ryan O'Neill	Albertville Harriers	Male	0:43:40	0:43:31
10K	167.	361	Chris Leeman	unattached	Male	0:43:45	0:43:33
10K	168.	473	Justin McKelvey	unattached	Male	0:43:50	0:43:40
10K	169.	326	Paul Kane	Murlough AC	Male	0:43:59	0:43:48
10K	170.	367	Andrew Lennon	Ballydrain Harriers	Male	0:44:01	0:43:51
10K	171.	84	Lisa Burns	Willowfield Harriers	Female	0:44:02	0:43:52
10K	172.	279	Dale Heaney	Ward Park Runners	Male	0:44:09	0:44:02
10K	173.	765	Jordan McClean	unattached	Male	0:44:09	0:43:54
10K	174.	67	Cathy Brodie	Ballygalget AC	Female	0:44:09	0:44:02
10K	175.	27	Jonathan Barr	Ballydrain Harriers	Male	0:44:11	0:43:59
10K	176.	76	Michael Browne	Ballydrain Harriers	Male	0:44:13	0:44:01
10K	177.	590	Richard Parkes	unattached	Male	0:44:14	0:44:07
10K	178.	236	Paul Gillespie	unattached	Male	0:44:15	0:44:00
10K	179.	392	Ryan Magee	unattached	Male	0:44:17	0:44:03
10K	180.	378	Lesley Logan		Female	0:44:17	0:44:08
10K	181.	351		Newry City Runners	Female	0:44:20	0:44:14
10K	182.	186	Noel Eager	North Down AC	Male	0:44:21	0:44:08
10K	183.	534	Scott Moore	unattached	Male	0:44:21	0:44:06
10K	184.	496	Nuala Mcnally	Carryduff Running Club	Female	0:44:22	0:44:08
10K	185.	598	Brian Illand	Carryduff Running Club	Male	0:44:26	0:44:11
10K	186.	422	Maire Mccaughey	Dub Runners	Female	0:44:28	0:44:21
10K	187.	81	Michael Burgess	Scrabo Striders	Male	0:44:30	0:44:22
10K	188.	286	Felipe Hickman	Ballydrain Harriers	Male	0:44:30	0:44:18
10K	189.	307	Laurence Irwin	Ballydrain Harriers	Male	0:44:32	0:44:24
10K	190.	298	Sam Hughes	Ballydrain Harriers	Male	0:44:32	0:44:24
10K	191.	647	Athanasia Sevastaki	Victoria Park & Connswater	Female	0:44:33	0:44:28
10K	192.	330	Eamon Kelly	East Down AC	Male	0:44:38	0:44:28
10K	193.	179	Lindsay Doulton	North Down AC	Female	0:44:38	0:44:32
10K	194.	303	Gary Hunsdale	Coastal Runners	Male	0:44:39	0:44:30
10K	195.	388	Sharon Madine	East Down AC	Female	0:44:40	0:44:30
10K	196.	610	Fiona Prue	Springwell RC	Female		0:44:29
10K	197.	202	Paul Fitchie	Ward Park Runners	Male	0:44:51	0:44:42
10K	198.	627	Mark Rogers	Ward Park Runners	Male	0:44:53	0:44:48
10K	199.	365	Jonathan Winters	Scrabo Striders	Male	0:44:54	0:44:40
10K	200.	418	Stephen McCamley	Dub Runners	Male	0:44:55	0:44:52
10K	201.	652	Louis Sheridan	unattached	Male	0:44:56	0:44:52
10K	202.	687	Blaine Stewart	unattached	Male	0:44:58	0:44:51
10K	203.	559	Frances Murray	unattached	Female		0:44:52
10K	204.	375	Ross Linter	unattached	Male	0:45:02	0:44:53

IDK         205.         364         Raymond Leitch         Victoria Park & Conswater Male         0.45:03         0.45:03           IDK         206.         149         Neill Cummings         unattached         Male         0.45:16         0.44:53           IDK         207.         730         Brian Welch         unattached         Male         0.45:20         0.45:09           IDK         209.         348         Brian Kelly         Victoria Park & Connswater Male         0.45:23         0.45:22           IDK         210.         312         Richard Jamison         unattached         Male         0.45:33         0.45:15           IDK         211.         616         Phillip Ramsey         Victoria Park & Conswater Male         0.45:33         0.45:15           IDK         212.         204         Sean Fitzpatrick         unattached         Male         0.45:33         0.45:15           IDK         213.         140         John Cranney         unattached         Male         0.45:33         0.45:26           IDK         215.         702         Fergus Thompson         Springwell RC         Male         0.45:34         0.45:26           IDK         217.         50         Steven Boyd         No	10K	TotalRank	Num	Name		Sex	Gun time	Chip time
10K         207.         730.         Brian Welch         unattached         Male         0.45:20         0.45:09           10K         209.         334         Brian Kelly         Victoria Park & Connswater Male         0.45:21         0.45:22           10K         210.         312         Richard Jamison         unattached         Male         0.45:23         0.45:24           10K         211.         1616         Phillip Ramsey         Victoria Park & Connswater Male         0.45:33         0.45:16           10K         212.         204         Sean Fitzpatrick         unattached         Male         0.45:34         0.45:16           10K         214.         273         Phil Harris         unattached         Male         0.45:34         0.45:26           10K         214.         273         Phil Harris         unattached         Male         0.45:34         0.45:21           10K         216.         315         Chris Johnston         PACE         Runing Club         Male         0.45:30         0.45:31           10K         219.         117         Gerard Cochrane         unattached         Male         0.45:43         0.45:32           10K         221.         524         Note Make			364	,	/ictoria Park & Connswater	Male	0:45:07	0:45:03
10K         208         29         Adam Bartholomew         unattached         Male         0.45:21         0.45:02           10K         209.         334         Brian Kelly         Victoria Park & Conswater Male         0.45:28         0.45:24           10K         210.         312         Richard Jamison         unattached         Male         0.45:30         0.45:16           10K         212.         204         Sean Fitzpatrick         unattached         Male         0.45:34         0.45:16           10K         213.         140         John Cranney         unattached         Male         0.45:34         0.45:24           10K         215.         702         Fergus Thompson         Springwell RC         Male         0.45:34         0.45:24           10K         216.         315         Chris Johnston         PACE Running Club         Male         0.45:33         0.45:21           10K         218.         30         Robert Beattie         Ballydrain Harriers         Male         0.45:41         0.45:31           10K         221.         524         Noel Moan         Newry City Runners         Male         0.45:23           10K         222.         497         Socti McNeill	10K	206.	149	Neill Cummings u	inattached	Male	0:45:16	0:44:53
10K         209.         334         Brian Kelly         Victoria Park & Connswater Male         0.45:28         0.45:28         0.45:24           10K         211.         616         Phillip Ramsey         Victoria Park & Connswater Male         0.45:30         0.45:16           10K         211.         616         Phillip Ramsey         Victoria Park & Connswater Male         0.45:33         0.45:16           10K         212.         204         Sean Fitzpatrick         unattached         Male         0.45:34         0.45:16           10K         213.         104.010n Cranney         unattached         Male         0.45:34         0.45:24           10K         216.         702         Fergus Thompson         Springwell RC         Male         0.45:36         0.45:21           10K         216.         315         Chris Johnston         PACE Running Club         Male         0.45:36         0.45:31           10K         219.         117         Gerard Cochrane         unattached         Male         0.45:41         0.45:32           10K         221.         917         Soott McNeill         unattached         Male         0.45:42         0.45:23           10K         222.         497         Soott McNei	10K	207.	730	Brian Welch u	inattached	Male	0:45:20	0:45:09
10K         210.         312         Richard Jamison         unattached         Male         0.45:30         0.45:24           10K         211.         616         Phillip Ramsey         Victoria Park & Connswater         Male         0.45:30         0.45:15           10K         212.         204         Sean Fitzpatrick         unattached         Male         0.45:34         0.45:15           10K         214.         273         Phill Harris         unattached         Male         0.45:34         0.45:24           10K         215.         702         Fergus Thompson         Springwell RC         Male         0.45:34         0.45:24           10K         217.         50         Steven Boyd         North Down AC         Male         0.45:30         0.45:30           10K         218.         30         Robert Beatite         Ballydrain Harriers         Male         0.45:41         0.45:30           10K         220.         420         Sinead McCarry         unattached         Male         0.45:42         0.45:22           10K         221.         524         Noel Moan         Newry City Runners         Male         0.45:42         0.45:42           10K         222.         497	10K	208.	29	Adam Bartholomew u	inattached	Male	0:45:21	0:45:09
10K         211.         616         Phillip Ramsey         Victoria Park & Connswater Male         0.45:30         0.45:16           10K         212.         204         Sean Fitzpatrick         unattached         Male         0.45:33         0.45:15           10K         213.         140         John Cranney         unattached         Male         0.45:34         0.45:26           10K         215.         702         Fergus Thompson         Springwell RC         Male         0.45:34         0.45:24           10K         216.         315         Chris Johnston         PACE Running Club         Male         0.45:30         0.45:31           10K         218.         30<	10K	209.	334	Brian Kelly V	/ictoria Park & Connswater	Male	0:45:28	0:45:22
10K         212.         204         Sean Fitzpatrick         unattached         Male         0.45:33         0.45:15           10K         213.         140         John Granney         unattached         Male         0.45:34         0.45:18           10K         214.         273         Phil Harris         unattached         Male         0.45:34         0.45:26           10K         215.         702         Fergus Thompson         Springwell RC         Male         0.45:34         0.45:26           10K         217.         50         Steven Boyd         North Down AC         Male         0.45:30         0.45:30           10K         218.         30         Robert Beattie         Ballydrain Harriers         Male         0.45:40         0.45:31           10K         220.         420         Sinead McCarry         unattached         Female         0.45:41         0.45:32           10K         221.         524         Noel Moan         Newry City Runners         Male         0.45:42         0.45:23           10K         223.         605         David Power         unattached         Male         0.45:43         0.45:33           10K         225.         141         Morgan Bonnier	10K	210.	312	Richard Jamison u	inattached	Male	0:45:30	0:45:24
10K         213.         140         John Cranney         unattached         Male         0.45:34         0.45:18           10K         214.         273         Phil Harris         unattached         Male         0.45:34         0.45:26           10K         215.         702         Fergus Thompson         Springwell RC         Male         0.45:36         0.45:21           10K         216.         315         Chris Johnston         PACE Running Club         Male         0.45:30         0.45:21           10K         218.         30         Robert Beatile         Ballydrain Harriers         Male         0.45:40         0.45:31           10K         221.         524         Noel Moan         Newry City Runners         Male         0.45:41         0.45:32           10K         222.         497         Scott McNeili         unattached         Male         0.45:42         0.45:23           10K         223.         605         David Power         unattached         Female         0.45:10         0.45:42           10K         225.         141         Morgan Bonnier         Scrabo Striders         Male         0.45:30         0.45:47           10K         226.         64         Sile	10K	211.	616	Phillip Ramsey V	/ictoria Park & Connswater	Male	0:45:30	0:45:16
10K         214.         273         Phil Harris         unattached         Male         0.45:34         0.45:26           10K         216.         702         Fergus Thompson         Springwell RC         Male         0.45:34         0.45:24           10K         216.         315         Chris Johnston         PACE Running Club         Male         0.45:30         0.45:21           10K         218.         30         Robert Beattie         Ballydrain Harriers         Male         0.45:30         0.45:30           10K         219.         117         Gerard Cochrane         unattached         Female         0.45:31         0.45:31           10K         220.         420         Sinead McCarry         unattached         Female         0.45:42         0.45:26           10K         222.         497         Soott McNeill         unattached         Male         0.45:33         0.45:28           10K         223.         605         David Power         unattached         Female         0.45:33         0.45:42           10K         225.         141         Morgan Bonnier         Scrabo Striders         Male         0.46:01         0.45:43           10K         226.         64         S	10K	212.	204	Sean Fitzpatrick u	inattached	Male	0:45:33	0:45:15
10K         215.         702         Fergus Thompson         Springwell RC         Male         0.45:34         0.45:24           10K         217.         50         Steven Boyd         North Down AC         Male         0.45:35         0.45:21           10K         217.         50         Steven Boyd         North Down AC         Male         0.45:30         0.45:31           10K         218.         30         Robert Beattie         Ballydrain Harriers         Male         0.45:41         0.45:31           10K         220.         420         Sinead McCarry         unattached         Female         0.45:42         0.45:32           10K         221.         524         Noel Moan         Newry City Runners         Male         0.45:43         0.45:23           10K         223.         605         David Power         unattached         Female         0.45:45         0.45:23           10K         224.         130         Eirin Corbett         unattached         Female         0.45:45         0.45:43           10K         225.         141         Morgan Bonnier         Scrabo Striders         Male         0.45:45         0.45:45           10K         227.         466         Vict	10K	213.	140	John Cranney u	inattached	Male	0:45:34	0:45:18
10K         216.         315         Chris Johnston         PACE Running Club         Male         0.45:35         0.45:21           10K         217.         50         Steven Boyd         North Down AC         Male         0.45:30         0.45:30           10K         218.         30         Robert Beattie         Ballydrain Harriers         Male         0.45:40         0.45:31           10K         219.         117         Gerard Cochrane         unattached         Male         0.45:41         0.45:31           10K         221.         524         Noel Moan         Newry City Runners         Male         0.45:42         0.45:26           10K         222.         497         Soott McNeill         unattached         Male         0.45:43         0.45:29           10K         224.         130         Erin Corbett         unattached         Female         0.46:10         0.45:42           10K         225.         141         Morgan Bonnier         Scrabo Striders         Male         0.46:01         0.45:42           10K         226.         64         Sile Brennan         Victoria McGregor         Jog Lisbum Running Club         Female         0.46:00         0.46:01         0.46:01         0.46:01	10K	214.	273	Phil Harris u	inattached	Male	0:45:34	0:45:26
10K         217.         50         Steven Boyd         North Down AC         Male         0.45:30         0.45:30           10K         218.         30         Robert Beattie         Ballydrain Harriers         Male         0.45:40         0.45:31           10K         219.         117         Gerard Cochrane         unattached         Male         0.45:41         0.45:31           10K         220.         420         Sinead McCarry         unattached         Male         0.45:42         0.45:32           10K         221.         524         Noel Moan         Newry City Runners         Male         0.45:42         0.45:23           10K         223.         605         David Power         unattached         Male         0.45:53         0.45:23           10K         224.         130         Eirin Corbett         unattached         Female         0.46:02         0.45:43         0.45:42           10K         227.         466         Victoria McGregor         Jog Lisburn Running Club         Female         0.46:02         0.46:02         0.45:56           10K         229.         508         Richard Watt         unattached         Male         0.46:10         0.46:00           10K	10K	215.	702	Fergus Thompson S	Springwell RC	Male	0:45:34	0:45:24
10K         218.         30         Robert Beattie         Ballydrain Harriers         Male         0.45:40         0.45:30           10K         220.         420         Sinead McCarry         unattached         Female 0.45:41         0.45:32           10K         222.         420         Sinead McCarry         unattached         Female 0.45:42         0.45:32           10K         222.         497         Scott McNeill         unattached         Male         0.45:43         0.45:23           10K         223.         605         David Power         unattached         Male         0.45:43         0.45:23           10K         223.         605         David Power         unattached         Female         0.45:51         0.45:42           10K         226.         64         Sile Brennan         Victoria Park & Conswater Female         0.46:02         0.45:47           10K         228.         726         Alex Watts         Ballydrain Harriers         Male         0.46:00         0.46:00         0.46:00         0.46:00         0.46:00         0.46:00         0.46:01         0.46:01         0.46:01         0.46:01         0.46:01         0.46:01         0.46:01         0.46:00         10K         230.         711<	10K	216.	315	Chris Johnston P	PACE Running Club	Male	0:45:35	0:45:21
10K         219.         117         Gerard Cochrane         unattached         Male         0.45:41         0:45:31           10K         220.         420         Sinead McCarry         unattached         Female         0.45:41         0:45:32           10K         221.         524         Noel Moan         Newry City Runners         Male         0.45:43         0:45:29           10K         222.         497         Scott McNeill         unattached         Male         0.45:43         0:45:29           10K         223.         605         David Power         unattached         Female         0.45:53         0:45:53           10K         225.         141         Morgan Bonnier         Scrabo Striders         Male         0.45:63         0:45:53           10K         226.         64         Sile Brennan         Victoria Park & Connswater Female         0:46:00         0:45:56           10K         228.         726         Alex Watts         Ballydrain Harriers         Male         0:46:00         0:45:56           10K         230.         711         Barry Green         Crossgar Harriers         Male         0:46:10         0:46:00           10K         231.         658         Brian Si	10K	217.	50	Steven Boyd N	North Down AC	Male	0:45:36	0:45:30
10K         220.         420         Sinead McCarry         unattached         Female         0.45:41         0:45:32           10K         221.         524         Noel Moan         Newry City Runners         Male         0.45:42         0:45:26           10K         222.         497         Scott McNeill         unattached         Male         0.45:43         0:45:23           10K         223.         605         David Power         unattached         Female         0.45:45         0:45:23           10K         225.         141         Morgan Bonnier         Scrabo Striders         Male         0.45:51         0.45:42           10K         226.         64         Sile Brennan         Victoria Park & Conswater Female         0.46:02         0:45:53           10K         228.         726         Alex Watts         Ballydrain Harriers         Male         0.46:00         0.46:01           10K         230.         711         Barry Green         Crossgar Harriers         Male         0.46:10         0.46:01           10K         231.         658         Brian Simpson         Saintfield Striders         Male         0.46:10         0.46:01           10K         232.         243         Ja	10K	218.	30	Robert Beattie B	Ballydrain Harriers	Male	0:45:40	0:45:30
10K         221.         524         Noel Moan         Newry City Runners         Male         0.45:42         0:45:26           10K         222.         497         Scott McNeill         unattached         Male         0.45:43         0.45:29           10K         223.         605         David Power         unattached         Male         0.45:45         0.45:23           10K         224.         130         Eirin Corbett         unattached         Female 0.45:51         0.45:42           10K         225.         141         Morgan Bonnier         Scrabo Striders         Male         0.45:53         0.45:38           10K         226.         64         Victoria McGregor         Jog Lisburn Running Club         Female 0.46:02         0.45:56           10K         228.         726         Alex Watts         Ballydrain Harriers         Male         0.46:00         0.46:00           10K         230.         711         Barry Green         Crossgar Harriers         Male         0.46:10         0:46:02           10K         231.         658         Brian Simpson         Saintfield Striders         Male         0.46:10         0:46:02           10K         233.         244         James Gourley	10K	219.	117	Gerard Cochrane u	inattached	Male	0:45:41	0:45:31
10K         222.         497         Scott McNeill         unattached         Male         0:45:43         0:45:29           10K         223.         605         David Power         unattached         Male         0:45:45         0:45:23           10K         224.         130         Eirin Corbett         unattached         Female         0:45:53         0:45:23           10K         225.         141         Morgan Bonnier         Scrabo Striders         Male         0:45:53         0:45:38           10K         226.         64         Sile Brennan         Victoria Park & Connswater Female         0:46:00         0:45:56           10K         227.         466         Victoria McGregor         Jog Lisburn Running Club         Female         0:46:00         0:45:56           10K         228.         726         Alex Watts         Ballydrain Harriers         Male         0:46:10         0:46:00           10K         230.         711         Barry Green         Crossgar Harriers         Male         0:46:10         0:46:02           10K         231.         658         Brian Simpson         Saintfield Striders         Male         0:46:13         0:46:00           10K         233.         244	10K	220.	420	Sinead McCarry u	inattached	Female	0:45:41	0:45:32
10K         223.         605         David Power         unattached         Male         0.45:45         0.45:23           10K         224.         130         Eirin Corbett         unattached         Female         0.45:51         0.45:42           10K         225.         141         Morgan Bonnier         Scrabo Striders         Male         0.45:53         0.45:42           10K         226.         64         Sile Brennan         Victoria Park & Connswater         Female         0.46:01         0.45:53           10K         228.         726         Alex Watts         Ballydrain Harriers         Male         0.46:00         0.45:56           10K         229.         508         Richard Watt         unattached         Male         0.46:01         0.46:00           10K         230.         711         Barry Green         Crossgar Harriers         Male         0.46:10         0.46:01           10K         231.         658         Brian Simpson         Saintfield Striders         Male         0.46:13         0.46:02           10K         232.         243         Richard Gormley         PACE Running Club         Male         0.46:16         0.46:03           10K         235.         727<	10K	221.	524	Noel Moan N	Newry City Runners	Male	0:45:42	0:45:26
10K         224.         130         Eirin Corbett         unattached         Female         0:45:51         0:45:42           10K         225.         141         Morgan Bonnier         Scrabo Striders         Male         0:45:53         0:45:38           10K         226.         64         Sile Brennan         Victoria Park & Connswater         Female         0:46:02         0:45:53           10K         227.         466         Victoria McGregor         Jog Lisburn Running Club         Female         0:46:02         0:45:56           10K         228.         726         Alex Watts         Ballydrain Harriers         Male         0:46:02         0:45:56           10K         229.         508         Richard Watt         unattached         Male         0:46:10         0:46:01           10K         231.         658         Brian Simpson         Saintfield Striders         Male         0:46:10         0:46:02           10K         233.         244         James Gourley         East Antrim Harriers         Male         0:46:18         0:46:03           10K         235.         727         Deirdre Weatherall         East Down AC         Female         0:46:18         0:46:03           10K <td< td=""><td>10K</td><td>222.</td><td>497</td><td>Scott McNeill u</td><td>inattached</td><td>Male</td><td>0:45:43</td><td>0:45:29</td></td<>	10K	222.	497	Scott McNeill u	inattached	Male	0:45:43	0:45:29
10K         225.         141         Morgan Bonnier         Scrabo Striders         Male         0:45:53         0:45:38           10K         226.         64         Sile Brennan         Victoria Park & Connswater         Female         0:46:01         0:45:47           10K         227.         466         Victoria McGregor         Jog Lisburn Running Club         Female         0:46:02         0:45:53           10K         228.         726         Alex Wats         Ballydrain Harriers         Male         0:46:06         0:45:56           10K         229.         508         Richard Watt         unattached         Male         0:46:00         0:46:60           10K         230.         711         Barry Green         Crossgar Harriers         Male         0:46:10         0:46:00           10K         231.         658         Brian Simpson         Saintfield Striders         Male         0:46:10         0:46:00           10K         233.         244         James Gourley         East Antrim Harriers         Male         0:46:10         0:46:00           10K         234.         595         Allister Patton         unattached         Male         0:46:12         0:46:03           10K         237.	10K	223.	605	David Power u	inattached	Male	0:45:45	0:45:23
10K         226.         64         Sile Brennan         Victoria Park & Connswater Female 0:46:01         0:45:47           10K         227.         466         Victoria McGregor         Jog Lisburn Running Club         Female 0:46:02         0:45:53           10K         228.         726         Alex Watts         Ballydrain Harriers         Male         0:46:06         0:45:56           10K         229.         508         Richard Watt         unattached         Male         0:46:00         0:46:01           10K         230.         711         Barry Green         Crossgar Harriers         Male         0:46:10         0:46:02           10K         231.         658         Brian Simpson         Saintfield Striders         Male         0:46:10         0:46:02           10K         233.         244         James Gourley         East Antrim Harriers         Male         0:46:14         0:46:00           10K         234.         595         Allister Patton         unattached         Male         0:46:18         0:46:09           10K         235.         727         Deirdre Weatherall         East Down AC         Female         0:46:18         0:46:09           10K         239.         283         Neil Her	10K	224.	130	Eirin Corbett u	inattached	Female	0:45:51	0:45:42
10K         227.         466         Victoria McGregor         Jog Lisburn Running Club         Female         0:46:02         0:45:53           10K         228.         726         Alex Watts         Ballydrain Harriers         Male         0:46:06         0:45:56           10K         229.         508         Richard Watt         unattached         Male         0:46:08         0:46:00           10K         230.         711         Barry Green         Crossgar Harriers         Male         0:46:10         0:46:01           10K         231.         658         Brian Simpson         Saintfield Striders         Male         0:46:13         0:46:00           10K         233.         244         James Gourley         East Antrim Harriers         Male         0:46:13         0:46:00           10K         235.         727         Deirdre Weatherall         East Down AC         Female         0:46:18         0:46:09           10K         236.         187         Paula Earley         Murlough AC         Female         0:46:18         0:46:09           10K         238.         318         Sinead Johnston         unattached         Male         0:46:33         0:46:12           10K         240.	10K	225.	141	Morgan Bonnier S	Scrabo Striders	Male	0:45:53	0:45:38
10K         228.         726         Alex Watts         Ballydrain Harriers         Male         0:46:06         0:45:56           10K         229.         508         Richard Watt         unattached         Male         0:46:08         0:46:00           10K         230.         711         Barry Green         Crossgar Harriers         Male         0:46:10         0:46:02           10K         231.         658         Brian Simpson         Saintfield Striders         Male         0:46:11         0:46:02           10K         232.         243         Richard Gormley         PACE Running Club         Male         0:46:14         0:46:00           10K         233.         244         James Gourley         East Antrim Harriers         Male         0:46:16         0:46:00           10K         235.         727         Deirdre Weatherall         East Down AC         Female         0:46:18         0:46:09           10K         236.         187         Paula Earley         Murlough AC         Female         0:46:22         0:46:14           10K         238.         318         Sinead Johnston         unattached         Male         0:46:33         0:46:25           10K         240.         423	10K	226.	64	Sile Brennan V	/ictoria Park & Connswater	Female	0:46:01	0:45:47
10K         229.         508         Richard Watt         unattached         Male         0:46:08         0:46:00           10K         230.         711         Barry Green         Crossgar Harriers         Male         0:46:10         0:46:01           10K         231.         658         Brian Simpson         Saintfield Striders         Male         0:46:10         0:46:02           10K         232.         243         Richard Gormley         PACE Running Club         Male         0:46:16         0:46:00           10K         233.         244         James Gourley         East Antrim Harriers         Male         0:46:16         0:46:03           10K         235.         727         Deirdre Weatherall         East Down AC         Female         0:46:18         0:46:09           10K         236.         187         Paula Earley         Mullough AC         Female         0:46:22         0:46:14           10K         238.         318         Sinead Johnston         unattached         Male         0:46:33         0:46:15           10K         239.         283         Neil Heron         unattached         Male         0:46:33         0:46:22           10K         241.         550	10K	227.	466	Victoria McGregor J	log Lisburn Running Club	Female	0:46:02	0:45:53
10K         230.         711         Barry Green         Crossgar Harriers         Male         0.46:10         0.46:01           10K         231.         658         Brian Simpson         Saintfield Striders         Male         0.46:10         0.46:02           10K         232.         243         Richard Gornley         PACE Running Club         Male         0.46:14         0.46:00           10K         233.         244         James Gourley         East Antrim Harriers         Male         0.46:14         0.46:00           10K         233.         244         James Gourley         East Antrim Harriers         Male         0.46:14         0.46:00           10K         235.         727         Deirdre Weatherall         East Down AC         Female         0.46:18         0.46:09           10K         236.         187         Paula Earley         Murlough AC         Female         0.46:18         0.46:09           10K         238.         318         Sinead Johnston         unattached         Male         0.46:33         0.46:15           10K         240.         423         Alan Mccaughtry         Saintfield Striders         Male         0.46:33         0.46:32           10K         241.	10K	228.	726	Alex Watts B	Ballydrain Harriers	Male	0:46:06	0:45:56
10K         231.         658         Brian Simpson         Saintfield Striders         Male         0:46:10         0:46:02           10K         232.         243         Richard Gormley         PACE Running Club         Male         0:46:13         0:46:00           10K         233.         244         James Gourley         East Antrim Harriers         Male         0:46:14         0:46:00           10K         233.         244         James Gourley         East Antrim Harriers         Male         0:46:14         0:46:03           10K         235.         727         Deirdre Weatherall         East Down AC         Female         0:46:18         0:46:09           10K         236.         187         Paula Earley         Murlough AC         Female         0:46:22         0:46:14           10K         238.         318         Sinead Johnston         unattached         Male         0:46:33         0:46:15           10K         240.         423         Alan Mccaughtry         Saintfield Striders         Male         0:46:33         0:46:22           10K         241.         550         Pauline Mullan         Springwell RC         Female         0:46:39         0:46:32           10K         243. <td>10K</td> <td>229.</td> <td>508</td> <td>Richard Watt u</td> <td>inattached</td> <td>Male</td> <td>0:46:08</td> <td>0:46:00</td>	10K	229.	508	Richard Watt u	inattached	Male	0:46:08	0:46:00
10K         232.         243         Richard Gormley         PACE Running Club         Male         0:46:13         0:46:00           10K         233.         244         James Gourley         East Antrim Harriers         Male         0:46:14         0:46:00           10K         234.         595         Allister Patton         unattached         Male         0:46:16         0:46:03           10K         235.         727         Deirdre Weatherall         East Down AC         Female         0:46:18         0:46:09           10K         236.         187         Paula Earley         Murlough AC         Female         0:46:22         0:46:14         1046:09           10K         237.         350         Christopher Kirk         unattached         Male         0:46:28         0:46:19           10K         238.         318         Sinead Johnston         unattached         Male         0:46:30         0:46:15           10K         240.         423         Alan Mccaughtry         Saintfield Striders         Male         0:46:33         0:46:22           10K         241.         550         Pauline Mullan         Springwell RC         Female         0:46:48         0:46:32           10K         <	10K	230.	711	Barry Green C	Crossgar Harriers	Male	0:46:10	0:46:01
10K         233.         244         James Gourley         East Antrim Harriers         Male         0:46:14         0:46:00           10K         234.         595         Allister Patton         unattached         Male         0:46:16         0:46:03           10K         235.         727         Deirdre Weatherall         East Down AC         Female         0:46:18         0:46:09           10K         236.         187         Paula Earley         Murlough AC         Female         0:46:18         0:46:09           10K         237.         350         Christopher Kirk         unattached         Male         0:46:22         0:46:14           10K         238.         318         Sinead Johnston         unattached         Male         0:46:30         0:46:15           10K         239.         283         Neil Heron         unattached         Male         0:46:33         0:46:32           10K         240.         423         Alan Mccaughtry         Saintfield Striders         Male         0:46:30         0:46:32           10K         241.         550         Pauline Mullan         Sprigwell RC         Female         0:46:46         0:46:42           10K         242.         535	10K	231.	658	Brian Simpson S	Saintfield Striders	Male	0:46:10	0:46:02
10K         234.         595         Allister Patton         unattached         Male         0.46:16         0.46:03           10K         235.         727         Deirdre Weatherall         East Down AC         Female         0.46:18         0.46:09           10K         236.         187         Paula Earley         Murlough AC         Female         0.46:18         0.46:09           10K         237.         350         Christopher Kirk         unattached         Male         0.46:22         0.46:14           10K         238.         318         Sinead Johnston         unattached         Female         0.46:28         0.46:19           10K         239.         283         Neil Heron         unattached         Male         0.46:33         0.46:15           10K         240.         423         Alan Mccaughtry         Saintfield Striders         Male         0.46:33         0.46:32           10K         241.         550         Pauline Mullan         Springwell RC         Female         0.46:42         0.46:42           10K         243.         583         Claire O'Rourke         Murlough AC         Female         0.46:43         0.46:42           10K         244.         494	10K	232.	243	Richard Gormley P	PACE Running Club	Male	0:46:13	0:46:00
10K         235.         727         Deirdre Weatherall         East Down AC         Female 0:46:18         0:46:09           10K         236.         187         Paula Earley         Murlough AC         Female 0:46:18         0:46:09           10K         237.         350         Christopher Kirk         unattached         Male         0:46:22         0:46:14           10K         238.         318         Sinead Johnston         unattached         Female 0:46:28         0:46:19           10K         239.         283         Neil Heron         unattached         Male         0:46:33         0:46:15           10K         240.         423         Alan Mccaughtry         Saintfield Striders         Male         0:46:33         0:46:22           10K         241.         550         Pauline Mullan         Springwell RC         Female 0:46:46         0:46:42           10K         243.         583         Claire O'Rourke         Murlough AC         Female 0:46:48         0:46:42           10K         244.         494         Andrew McNabb         unattached         Male         0:46:49         0:46:36           10K         245.         736         Daniel Williamson         unattached         Male	10K	233.	244	James Gourley E	East Antrim Harriers	Male	0:46:14	0:46:00
10K         236.         187         Paula Earley         Murlough AC         Female         0:46:18         0:46:09           10K         237.         350         Christopher Kirk         unattached         Male         0:46:22         0:46:14           10K         238.         318         Sinead Johnston         unattached         Female         0:46:28         0:46:19           10K         239.         283         Neil Heron         unattached         Male         0:46:33         0:46:15           10K         240.         423         Alan Mccaughtry         Saintfield Striders         Male         0:46:33         0:46:22           10K         241.         550         Pauline Mullan         Springwell RC         Female         0:46:39         0:46:32           10K         242.         535         Richard Moore         Victoria Park & Connswater Male         0:46:48         0:46:37           10K         243.         583         Claire O'Rourke         Murlough AC         Female         0:46:48         0:46:26           10K         244.         494         Andrew McNabb         unattached         Male         0:46:49         0:46:36           10K         245.         736         Daniel	10K	234.	595	Allister Patton u	inattached	Male	0:46:16	0:46:03
10K         237.         350         Christopher Kirk         unattached         Male         0:46:22         0:46:14           10K         238.         318         Sinead Johnston         unattached         Female         0:46:28         0:46:19           10K         239.         283         Neil Heron         unattached         Male         0:46:33         0:46:15           10K         240.         423         Alan Mccaughtry         Saintfield Striders         Male         0:46:33         0:46:22           10K         241.         550         Pauline Mullan         Springwell RC         Female         0:46:32           10K         242.         535         Richard Moore         Victoria Park & Connswater         Male         0:46:46         0:46:42           10K         243.         583         Claire O'Rourke         Murlough AC         Female         0:46:48         0:46:37           10K         244.         494         Andrew McNabb         unattached         Male         0:46:49         0:46:36           10K         245.         736         Daniel Williamson         unattached         Male         0:46:40         0:46:40           10K         246.         733         Paul White </td <td>10K</td> <td>235.</td> <td>727</td> <td>Deirdre Weatherall E</td> <td>East Down AC</td> <td>Female</td> <td>0:46:18</td> <td>0:46:09</td>	10K	235.	727	Deirdre Weatherall E	East Down AC	Female	0:46:18	0:46:09
10K         238.         318         Sinead Johnston         unattached         Female         0:46:28         0:46:19           10K         239.         283         Neil Heron         unattached         Male         0:46:33         0:46:15           10K         240.         423         Alan Mccaughtry         Saintfield Striders         Male         0:46:33         0:46:22           10K         241.         550         Pauline Mullan         Springwell RC         Female         0:46:39         0:46:32           10K         242.         535         Richard Moore         Victoria Park & Connswater         Male         0:46:46         0:46:37           10K         243.         583         Claire O'Rourke         Murlough AC         Female         0:46:48         0:46:37           10K         244.         494         Andrew McNabb         unattached         Male         0:46:49         0:46:36           10K         245.         736         Daniel Williamson         unattached         Male         0:46:51         0:46:40           10K         246.         733         Paul White         unattached         Male         0:46:54         0:46:41           10K         248.         551	10K	236.	187	Paula Earley M	/lurlough AC	Female	0:46:18	0:46:09
10K         239.         283         Neil Heron         unattached         Male         0:46:33         0:46:15           10K         240.         423         Alan Mccaughtry         Saintfield Striders         Male         0:46:33         0:46:22           10K         241.         550         Pauline Mullan         Springwell RC         Female         0:46:39         0:46:32           10K         242.         535         Richard Moore         Victoria Park & Connswater         Male         0:46:46         0:46:37           10K         243.         583         Claire O'Rourke         Murlough AC         Female         0:46:48         0:46:37           10K         244.         494         Andrew McNabb         unattached         Male         0:46:48         0:46:36           10K         245.         736         Daniel Williamson         unattached         Male         0:46:49         0:46:36           10K         246.         733         Paul White         unattached         Male         0:46:40           10K         247.         90         Adam Calvert         unattached         Male         0:46:41           10K         248.         551         Bradley Mullan         Male	10K	237.	350	Christopher Kirk u	inattached	Male	0:46:22	0:46:14
10K         240.         423         Alan Mccaughtry         Saintfield Striders         Male         0:46:33         0:46:22           10K         241.         550         Pauline Mullan         Springwell RC         Female         0:46:39         0:46:32           10K         242.         535         Richard Moore         Victoria Park & Connswater         Male         0:46:46         0:46:37           10K         243.         583         Claire O'Rourke         Murlough AC         Female         0:46:48         0:46:37           10K         244.         494         Andrew McNabb         unattached         Male         0:46:48         0:46:36           10K         245.         736         Daniel Williamson         unattached         Male         0:46:49         0:46:36           10K         246.         733         Paul White         unattached         Male         0:46:51         0:46:40           10K         247.         90         Adam Calvert         unattached         Male         0:46:55         0:46:42           10K         248.         551         Bradley Mullan         Male         0:46:55         0:46:42           10K         249.         462         Graeme McGowan	10K	238.	318	Sinead Johnston u	inattached	Female	0:46:28	0:46:19
10K         241.         550         Pauline Mullan         Springwell RC         Female         0:46:39         0:46:32           10K         242.         535         Richard Moore         Victoria Park & Connswater         Male         0:46:46         0:46:42           10K         243.         583         Claire O'Rourke         Murlough AC         Female         0:46:48         0:46:37           10K         244.         494         Andrew McNabb         unattached         Male         0:46:48         0:46:36           10K         245.         736         Daniel Williamson         unattached         Male         0:46:49         0:46:36           10K         246.         733         Paul White         unattached         Male         0:46:51         0:46:40           10K         247.         90         Adam Calvert         unattached         Male         0:46:54         0:46:41           10K         248.         551         Bradley Mullan         Male         0:46:55         0:46:42           10K         249.         462         Graeme McGowan         Scrabo Striders         Male         0:47:02         0:46:44           10K         251.         460         Dean McGhee <td< td=""><td>10K</td><td>239.</td><td>283</td><td>Neil Heron u</td><td>inattached</td><td>Male</td><td>0:46:33</td><td>0:46:15</td></td<>	10K	239.	283	Neil Heron u	inattached	Male	0:46:33	0:46:15
10K         242.         535         Richard Moore         Victoria Park & Connswater Male         0:46:46         0:46:42           10K         243.         583         Claire O'Rourke         Murlough AC         Female         0:46:48         0:46:37           10K         244.         494         Andrew McNabb         unattached         Male         0:46:48         0:46:26           10K         245.         736         Daniel Williamson         unattached         Male         0:46:49         0:46:36           10K         246.         733         Paul White         unattached         Male         0:46:51         0:46:40           10K         247.         90         Adam Calvert         unattached         Male         0:46:54         0:46:41           10K         248.         551         Bradley Mullan         Male         0:46:55         0:46:42           10K         249.         462         Graeme McGowan         Scrabo Striders         Male         0:47:02         0:46:44           10K         250.         88         Rachel Lyttle         Scrabo Striders         Female         0:47:07         0:46:52           10K         251.         460         Dean McGhee         Scrabo Striders<	10K	240.	423	Alan Mccaughtry S	Saintfield Striders	Male	0:46:33	0:46:22
10K         243.         583         Claire O'Rourke         Murlough AC         Female         0:46:48         0:46:37           10K         244.         494         Andrew McNabb         unattached         Male         0:46:48         0:46:26           10K         245.         736         Daniel Williamson         unattached         Male         0:46:49         0:46:36           10K         246.         733         Paul White         unattached         Male         0:46:51         0:46:40           10K         246.         733         Paul White         unattached         Male         0:46:51         0:46:40           10K         247.         90         Adam Calvert         unattached         Male         0:46:55         0:46:41           10K         248.         551         Bradley Mullan         Male         0:46:55         0:46:42           10K         249.         462         Graeme McGowan         Scrabo Striders         Male         0:47:02         0:46:51           10K         250.         88         Rachel Lyttle         Scrabo Striders         Female         0:47:07         0:46:52           10K         251.         460         Dean McGhee         Scrabo Striders <td>10K</td> <td>241.</td> <td>550</td> <td>Pauline Mullan S</td> <td>Springwell RC</td> <td>Female</td> <td>0:46:39</td> <td>0:46:32</td>	10K	241.	550	Pauline Mullan S	Springwell RC	Female	0:46:39	0:46:32
10K         244.         494         Andrew McNabb         unattached         Male         0:46:48         0:46:26           10K         245.         736         Daniel Williamson         unattached         Male         0:46:49         0:46:36           10K         246.         733         Paul White         unattached         Male         0:46:51         0:46:40           10K         247.         90         Adam Calvert         unattached         Male         0:46:54         0:46:41           10K         248.         551         Bradley Mullan         Male         0:46:55         0:46:42           10K         249.         462         Graeme McGowan         Scrabo Striders         Male         0:47:02         0:46:44           10K         250.         88         Rachel Lyttle         Scrabo Striders         Female         0:47:07         0:46:52           10K         251.         460         Dean McGhee         Scrabo Striders         Male         0:47:07         0:46:52           10K         252.         735         Daniel Williamson         unattached         Male         0:47:07         0:46:54           10K         253.         676         Megan Spence         unattached </td <td>10K</td> <td>242.</td> <td>535</td> <td>Richard Moore V</td> <td>/ictoria Park &amp; Connswater</td> <td>Male</td> <td>0:46:46</td> <td>0:46:42</td>	10K	242.	535	Richard Moore V	/ictoria Park & Connswater	Male	0:46:46	0:46:42
10K         245.         736         Daniel Williamson         unattached         Male         0:46:49         0:46:36           10K         246.         733         Paul White         unattached         Male         0:46:51         0:46:40           10K         247.         90         Adam Calvert         unattached         Male         0:46:54         0:46:41           10K         248.         551         Bradley Mullan         Male         0:46:55         0:46:42           10K         249.         462         Graeme McGowan         Scrabo Striders         Male         0:47:02         0:46:44           10K         250.         88         Rachel Lyttle         Scrabo Striders         Female         0:47:07         0:46:52           10K         251.         460         Dean McGhee         Scrabo Striders         Male         0:47:07         0:46:52           10K         252.         735         Daniel Williamson         unattached         Male         0:47:07         0:46:54           10K         253.         676         Megan Spence         unattached         Female         0:47:10         0:47:01           10K         254.         23         David Balmer         North Down A	10K	243.	583	Claire O'Rourke M	/lurlough AC	Female	0:46:48	0:46:37
10K         246.         733         Paul White         unattached         Male         0:46:51         0:46:40           10K         247.         90         Adam Calvert         unattached         Male         0:46:54         0:46:41           10K         248.         551         Bradley Mullan         Male         0:46:55         0:46:42           10K         249.         462         Graeme McGowan         Scrabo Striders         Male         0:47:02         0:46:44           10K         250.         88         Rachel Lyttle         Scrabo Striders         Female         0:47:07         0:46:51           10K         251.         460         Dean McGhee         Scrabo Striders         Male         0:47:07         0:46:52           10K         252.         735         Daniel Williamson         unattached         Male         0:47:07         0:46:54           10K         253.         676         Megan Spence         unattached         Female         0:47:09         0:46:54           10K         254.         23         David Balmer         North Down AC         Male         0:47:10         0:47:01	10K	244.	494	Andrew McNabb u	inattached	Male	0:46:48	0:46:26
10K         247.         90         Adam Calvert         unattached         Male         0:46:54         0:46:41           10K         248.         551         Bradley Mullan         Male         0:46:55         0:46:42           10K         249.         462         Graeme McGowan         Scrabo Striders         Male         0:47:02         0:46:44           10K         250.         88         Rachel Lyttle         Scrabo Striders         Female         0:47:07         0:46:51           10K         251.         460         Dean McGhee         Scrabo Striders         Male         0:47:07         0:46:52           10K         252.         735         Daniel Williamson         unattached         Male         0:47:07         0:46:54           10K         253.         676         Megan Spence         unattached         Female         0:47:09         0:46:54           10K         254.         23         David Balmer         North Down AC         Male         0:47:10         0:47:01	10K	245.	736	Daniel Williamson u	inattached	Male	0:46:49	0:46:36
10K         248.         551         Bradley Mullan         Male         0:46:55         0:46:42           10K         249.         462         Graeme McGowan         Scrabo Striders         Male         0:47:02         0:46:44           10K         250.         88         Rachel Lyttle         Scrabo Striders         Female         0:47:04         0:46:51           10K         251.         460         Dean McGhee         Scrabo Striders         Male         0:47:07         0:46:52           10K         252.         735         Daniel Williamson         unattached         Male         0:47:07         0:46:54           10K         253.         676         Megan Spence         unattached         Female         0:47:09         0:46:54           10K         254.         23         David Balmer         North Down AC         Male         0:47:10         0:47:01	10K	246.	733	Paul White u	inattached	Male	0:46:51	0:46:40
10K         249.         462         Graeme McGowan         Scrabo Striders         Male         0:47:02         0:46:44           10K         250.         88         Rachel Lyttle         Scrabo Striders         Female         0:47:04         0:46:51           10K         251.         460         Dean McGhee         Scrabo Striders         Male         0:47:07         0:46:52           10K         252.         735         Daniel Williamson         unattached         Male         0:47:07         0:46:54           10K         253.         676         Megan Spence         unattached         Female         0:47:09         0:46:54           10K         254.         23         David Balmer         North Down AC         Male         0:47:10         0:47:01	10K	247.	90	Adam Calvert u	inattached	Male	0:46:54	0:46:41
10K         250.         88         Rachel Lyttle         Scrabo Striders         Female         0:47:04         0:46:51           10K         251.         460         Dean McGhee         Scrabo Striders         Male         0:47:07         0:46:52           10K         252.         735         Daniel Williamson         unattached         Male         0:47:07         0:46:54           10K         253.         676         Megan Spence         unattached         Female         0:47:09         0:46:54           10K         254.         23         David Balmer         North Down AC         Male         0:47:10         0:47:01	10K	248.	551	Bradley Mullan		Male	0:46:55	0:46:42
10K         251.         460         Dean McGhee         Scrabo Striders         Male         0:47:07         0:46:52           10K         252.         735         Daniel Williamson         unattached         Male         0:47:07         0:46:54           10K         253.         676         Megan Spence         unattached         Female         0:47:09         0:46:54           10K         254.         23         David Balmer         North Down AC         Male         0:47:10         0:47:01	10K	249.	462	-	Scrabo Striders	Male	0:47:02	0:46:44
10K         251.         460         Dean McGhee         Scrabo Striders         Male         0:47:07         0:46:52           10K         252.         735         Daniel Williamson         unattached         Male         0:47:07         0:46:54           10K         253.         676         Megan Spence         unattached         Female         0:47:09         0:46:54           10K         254.         23         David Balmer         North Down AC         Male         0:47:10         0:47:01	10K	250.	88	Rachel Lyttle S	Scrabo Striders	Female	0:47:04	0:46:51
10K         252.         735         Daniel Williamson         unattached         Male         0:47:07         0:46:54           10K         253.         676         Megan Spence         unattached         Female         0:47:09         0:46:54           10K         254.         23         David Balmer         North Down AC         Male         0:47:10         0:47:01		251.			Scrabo Striders			
10K         253.         676         Megan Spence         unattached         Female         0:47:09         0:46:54           10K         254.         23         David Balmer         North Down AC         Male         0:47:10         0:47:01			735					0:46:54
10K         254.         23         David Balmer         North Down AC         Male         0:47:10         0:47:01			676		inattached	Female		0:46:54
	-			<u> </u>				
		255.	499	David McNeilly N	Newcastle & District AC	Male		

10K	TotalRank	Num	Name		Sex	Gun time	Chip time
10K	256.	24	Julie Balmer	unattached	Female	0:47:11	0:47:03
10K	257.	638	Garth Scates	Ballydrain Harriers	Male	0:47:11	0:46:54
10K	258.	20	Mark Aston	unattached	Male	0:47:12	0:47:01
10K	259.	756	Kelly Millar	Saintfield Striders	Female	0:47:12	0:47:01
10K	260.	19	Richard Aston	unattached	Male	0:47:12	0:47:01
10K	261.	198	John Ferguson	North Down AC	Male	0:47:12	0:47:05
10K	262.	745	Sarah Wilson	Ward Park Runners	Female	0:47:18	0:47:04
10K	263.	120	Shauna Coey	unattached	Female	0:47:20	0:47:02
10K	264.	119	John Coey	unattached	Male	0:47:20	0:47:02
10K	265.	459	Joseph McGann	unattached	Male	0:47:29	0:47:12
10K	266.	772	Danielle Paisley	unattached	Female	0:47:30	0:47:18
10K	267.	681	Judy Spiers	unattached	Female	0:47:30	0:47:19
10K	268.	474	Francis Mckenna	Dub Runners	Male	0:47:32	0:47:08
10K	269.	233	Chris Gilbert	Belfast Running Club	Male	0:47:39	0:47:29
10K	270.	377	Glenn Livingstone	unattached	Male	0:47:41	0:47:23
10K	271.	163	Gareth Davies	Scrabo Striders	Male	0:47:42	0:47:33
10K	272.	415	Simon McCabe	unattached	Male	0:47:43	0:47:26
10K	273.	492	Steven Mcmullan	unattached	Male	0:47:44	0:47:32
10K	274.	611	Kevin Tuplin	Ballydrain Harriers	Male	0:47:45	0:47:35
10K	275.	229	Graham Gibson	Ballydrain Harriers	Male	0:47:47	0:47:40
10K	276.	498	Julie McNeilly	Ballydrain Harriers	Female	0:47:48	0:47:31
10K	277.	483	James McLernon	unattached	Male	0:47:53	0:47:40
10K	278.	502	Deborah McPhee	Springwell RC	Female	0:47:55	0:47:41
10K	279.	73	Olivia Brown	unattached	Female	0:47:55	0:47:16
10K	280.	314	Robin Johnston	Carryduff Running Club	Male	0:48:04	0:47:49
10K	281.	102	Brian Cavan	Ward Park Runners	Male	0:48:05	0:47:52
10K	282.	150	Lisa Cunningham	Murlough AC	Female	0:48:10	0:47:59
10K	283.	596	Andrew Payne	unattached	Male	0:48:14	0:48:03
10K	284.	656	Paula Simpson	North Down AC	Female	0:48:14	0:48:09
10K	285.	665	Adam Smith	unattached	Male	0:48:21	0:48:08
10K	286.	651	Patrick Sheridan	unattached	Male	0:48:25	0:48:08
10K	287.	609	Tom Pritchard	Ward Park Runners	Male	0:48:26	0:48:06
10K	288.	526	Simon Moffett	Ballydrain Harriers	Male	0:48:28	0:48:06
10K	289.	160	Dawn Daly	Ward Park Runners	Female	0:48:29	0:48:08
10K	290.	58	Jordan Boyle	unattached	Male	0:48:32	0:48:18
10K	291.	705	David Thompson	unattached	Male	0:48:33	0:48:22
10K	292.	290	lan Hill	unattached	Male	0:48:33	0:48:26
10K	293.	697	Jenny Taylor	Scrabo Striders	Female	0:48:34	0:48:26
10K	294.	541	Ryan Morrison	unattached	Male	0:48:39	0:48:27
10K	295.	404	Jack Martin	Ballydrain Harriers	Male	0:48:39	0:48:18
10K	296.	97	Declan Casey	Carryduff Running Club	Male	0:48:43	0:48:34
10K	297.	213	Emma Fox	North Down AC	Female	0:48:46	0:48:38
10K	298.	327	Andrew Kane	Ward Park Runners	Male	0:48:49	0:48:28
10K	299.	309	Mark Cunningham	Carryduff Running Club	Male	0:48:49	0:48:33
10K	300.	113	Sam Cochrane	Barnes Runners	Male	0:48:51	0:48:31
10K	301.	544	Paul Morrow	Ward Park Runners	Male	0:48:55	0:48:34
10K	302.	328	Marc Kearney	Saintfield Striders	Male	0:48:59	0:48:34
10K	303.	531	Julie Moore	Saintfield Striders		0:49:05	0:48:55
10K	304.	264	Lewis Hamilton	unattached	Male	0:49:07	0:48:39
10K	305.	105	Michael Childs	Co Antrim Harriers	Male	0:49:09	0:48:49
10K	306.	533	Katherine Moore	unattached	Female		0:48:51

10K	TotalRank	Num	Name		Sex	Gun time	Chip time
10K	307.	684	Chris Stevenson	Coastal Runners	Male	0:49:13	0:48:55
10K	308.	527	Timon Molloy	Ballydrain Harriers	Male	0:49:14	0:48:58
10K	309.	695	David Tate	Willowfield Harriers	Male	0:49:14	0:48:57
10K	310.	65	George Brien	Springwell RC	Male	0:49:14	0:49:00
10K	311.	747	Corinna Woerdemann	Peninsula Triathlon Club	Female	0:49:15	0:48:53
10K	312.	569	Chris Nesbitt	Ward Park Runners	Male	0:49:15	0:48:55
10K	313.	385	James Lyons	Ballydrain Harriers	Male	0:49:17	0:48:55
10K	314.	748	Mark Wright	Ballydrain Harriers	Male	0:49:19	0:48:54
10K	315.	490	Kerri McMullan	Dee Runners	Female	0:49:21	0:48:44
10K	316.	242	Craig Goodall	Mallusk Harriers	Male	0:49:22	0:49:07
10K	317.	43	Lisa Boal	unattached	Female	0:49:24	0:49:12
10K	318.	267	Steven Hanna	unattached	Male	0:49:24	0:49:04
10K	319.	516	Dylan Milligan	unattached	Male	0:49:26	0:49:07
10K	320.	147	Olivia Cumming	North Down AC	Female	0:49:27	0:49:22
10K	321.	734	Michael Williams	Scrabo Striders	Male	0:49:31	0:49:13
10K	322.	514	Andrew Millar	Ward Park Runners	Male	0:49:31	0:49:10
10K	323.	346	Una Kilmartin	unattached	Female	0:49:32	0:49:13
10K	324.	565	Wendy Neely	North Down AC	Female	0:49:33	0:49:26
10K	325.	739	Stephen Wilson	Coastal Runners	Male	0:49:36	0:49:13
10K	326.	358	Jane Lamph	unattached	Female		0:49:16
10K	327.	760	Stephen Patton	unattached	Male	0:49:37	0:49:03
10K	328.	49	Peter Bowles	Dromore AC	Male	0:49:37	0:49:15
10K	329.	305	Nicola Ingram	North Down AC	Female	0:49:39	0:49:31
10K	330.	561	Patrick Murray	unattached	Male	0:49:44	0:49:31
10K	331.	381	Gary Long	Ballydrain Harriers	Male	0:49:50	0:49:30
10K	332.	456	Andrew Mccutcheon	unattached	Male	0:49:55	0:49:33
10K	333.	439	Robert Mccormack	unattached	Male	0:49:56	0:49:34
10K	334.	421	Ronan McCaughey	Dub Runners	Male	0:49:57	0:49:34
10K	335.	180	Geraldine Douris	Carryduff Running Club	Female	0:50:02	0:49:38
10K	336.	391	Patrick Magee	Springwell RC	Male	0:50:04	0:49:44
10K	337.	372	-	Ballydrain Harriers	Male	0:50:07	0:49:48
10K	338.	245	Daniel Gourley	unattached	Male	0:50:11	0:49:57
10K	339.	624	Peter Robson	unattached	Male	0:50:11	0:50:00
10K	340.	94	Clodagh Carson	Dub Runners	Female	0:50:15	0:49:44
10K	341.	170	Brian Derby	Dub Runners	Male	0:50:15	0:49:44
10K	342.	3	Andrew Adams	unattached	Male	0:50:18	0:50:15
10K	343.	110	Gary Clarke	Scrabo Striders	Male	0:50:18	0:50:01
10K	344.	308	Amanda Jackson	Ballydrain Harriers		0:50:19	0:50:00
10K	345.	718	Ryan Turner	unattached	Male	0:50:29	0:50:17
10K	346.	295	James Hoy	unattached	Male	0:50:30	0:50:14
10K	347.	74	Sam Brown	unattached	Male	0:50:30	0:50:14
10K	348.	370		unattached	Male	0:50:35	0:50:09
10K	349.	721	Megan Upritchard	unattached	Female		0:50:15
10K	350.	587	Alaia Oscoz	CDF Runners	Female		0:50:20
10K	351.	60	Gillian Brady	Portadown	Female		0:50:21
10K	352.	63	Suzanne Brennan	Mallusk Harriers	Female		0:50:25
10K	353.	722	Colin Verth	Scrabo Striders	Male	0:50:53	0:50:31
10K	354.	542		Ward Park Runners		0:50:57	0:50:43
10K	355.	584	Julia Orr	Dub Runners		0:51:03	0:50:39
10K	356.	257	Ali Gunning	Dee Runners	Female		0:50:28
10K	357.	650	Alan Shearer	Ballydrain Harriers	Male	0:51:05	0:50:50
					maio	0.01.00	

10K	TotalRank	Num	Name		Sex	Gun time	Chip time
10K	358.	601	Keith Pinkerton	unattached	Male	0:51:09	0:50:36
10K	359.	173	John Brown	Scrabo Striders	Male	0:51:09	0:50:54
10K	360.	216	Jamie Frazer		Male	0:51:09	0:50:49
10K	361.	723	Kristaps Vilde	Victoria Park & Connswater	Male	0:51:12	0:50:48
10K	362.	397	Jonathan Martin	East Antrim Harriers	Male	0:51:13	0:50:52
10K	363.	728	Martyn Weir	unattached	Male	0:51:13	0:50:52
10K	364.	92	David Campbell		Male	0:51:14	0:51:00
10K	365.	644	Olli Seeger	Scrabo Striders	Male	0:51:15	0:50:59
10K	366.	165	Robert Davison	Saintfield Striders	Male	0:51:18	0:50:54
10K	367.	755	Emily Martin	unattached	Female	0:51:18	0:50:43
10K	368.	764	Robin Gibb	unattached	Male	0:51:19	0:51:01
10K	369.	402	Carson james Martin	unattached	Male	0:51:20	0:50:45
10K	370.	678	Arthur Spence	Ward Park Runners	Male	0:51:26	0:51:04
10K	371.	574	Joseph Norwood	unattached	Male	0:51:29	0:50:57
10K	372.	36	Matthew Beech	Virtual Run NI	Male	0:51:33	0:51:13
10K	373.	629	Gary Rolston	Dee Runners	Male	0:51:34	0:51:09
10K	374.	347	David Kilner	unattached	Male	0:51:34	0:51:20
10K	375.	272	Rebecca Harper	unattached	Female	0:51:36	0:51:07
10K	376.	566		PACE Running Club	Female	0:51:40	0:51:12
10K	377.	477		unattached	Female	0:51:53	0:51:22
10K	378.	33	Heather Beattie	North Down AC	Female	0:51:53	0:51:38
10K	379.	679		East Down AC	Female		0:51:49
10K	380.	399	•	unattached	Male	0:52:00	0:51:40
10K	381.	615		unattached	Male	0:52:02	0:51:33
10K	382.	688	Nic Stirk		Male	0:52:02	0:51:46
10K	383.	83	Chris Burns	Scrabo Striders	Male	0:52:03	0:51:31
10K	384.	369		unattached	Female		0:51:38
10K	385.	553	Christopher Murdock	Scrabo Striders	Male	0:52:05	0:51:31
10K	386.	131	-	Dub Runners	Female	0:52:06	0:51:35
10K	387.	613	V	unattached	Female		0:51:43
10K	388.	171		Carryduff Running Club	Female		0:51:48
10K	389.	80		unattached	Male	0:52:16	0:51:53
10K	390.	588		unattached	Female		0:51:57
10K	391.	606	-	unattached		0:52:19	0:52:05
10K	392.	35		unattached	Male	0:52:20	0:51:56
10K	393.	250		Scrabo Striders	Male	0:52:22	0:51:49
10K	394.	208		Carryduff Running Club	Female		0:51:54
10K	395.	592		unattached	Male	0:52:28	0:51:56
10K	396.	639		Carryduff Running Club	Female		0:52:08
10K	397.	287	· · ·	unattached	Male	0:52:36	0:52:08
10K	398.	486	1 00	North Down AC		0:52:38	0:52:32
10K	399.	731		Orangegrove AC	Female		0:52:16
10K	400.	300		unattached	Male	0:52:43	0:52:25
10K	401.	520		unattached	Male	0:52:45	0:52:26
10K	401.	352		Ballydrain Harriers	Female		0:52:20
10K	403.	753	-	unattached	Female		0:52:31
10K	403.	21		Carryduff Running Club	Male	0:52:56	0:52:17
10K	404.	669		Termoneeny Running Club	Female		0:52:34
10K	405.	461	-	Scrabo Striders	Male	0:52:59	0:52:34
			<u> </u>		Female		
10K	407.	603		unattached			0:52:49
10K	408.	356	Nigel Lamont	unattached	Male	0:53:11	0:52:37

10K         410.         448         Andrew McCracken         unattached         Male         0.53:20         0.52:21           10K         411.         323         Debra Jordan         Ballydrain Harriers         Female 0.53:28         0.53:31           10K         412.         190         Michael Fallon         Carryduff Running Club         Female 0.53:32         0.53:31           10K         413.         126         Cara Conn         Carryduff Running Club         Female 0.53:33         0.53:31           10K         415.         214         Cathy Fraser         unattached         Female 0.53:33         0.53:31           10K         416.         223         Ashleigh Collim         Victoria Park & Connswater         Female 0.53:34         0.53:31           10K         418.         299         Ady Hughes         Mallusk Harriers         Male 0.53:41         0.53:31           10K         421.         53         Craig Boyd         unattached         Male 0.53:42         0.53:31           10K         422.         38         Jennife Bell         Jog Lisburn Running Club         Female 0.53:42         0.53:31           10K         422.         769         Gayle Malaugh         Scrabo Striders         Female 0.53:45         0	10K	TotalRank	Num	Name		Sex	Gun time	Chip time
10K         411.         323         Debra Jordan         Ballydrain Harriers         Female 0:53:28         0:53:31           10K         412.         190         Michael Fallon         Carryduff Running Club         Melae         0:53:28         0:53:31         0:54:22         0:53:31         0:53:31	10K	409.	539	Anthony Morgan	unattached	Male	0:53:18	0:52:48
10K         412.         190         Michael Fallon         Carryduff Running Club         Male         0:53:28         0:53:31           10K         413.         126         Carra Conn         Carryduff Running Club         Female 0:53:31         0:53:31           10K         414.         196         Catriona Fearon         unattached         Female 0:53:33         0:53:31           10K         415.         214         Catriona Fearon         unattached         Female 0:53:33         0:53:31           10K         416.         123         Ashleigh Collim         Victoria Park & Conswater Female 0:53:34         0:53:35         0:53:           10K         418.         299         Aidy Hughes         Mallusk Harriers         Male         0:53:34         0:53:           10K         420.         543         Jonny Morrison         Ward Park Runners         Male         0:53:41         0:53:           10K         422.         769         Gayle Malaugh         Scrabo Striders         Female 0:53:45         0:53:           10K         423.         769         Gayle Malaugh         Scrabo Striders         Male         0:53:45         0:53:           10K         426.         215         Ian Frazer         Scrabo Striders </td <td>10K</td> <td>410.</td> <td>448</td> <td>Andrew McCracken</td> <td>unattached</td> <td>Male</td> <td>0:53:20</td> <td>0:52:56</td>	10K	410.	448	Andrew McCracken	unattached	Male	0:53:20	0:52:56
10K         413.         126         Cara Conn         Carryduff Running Club         Female 0:53:31         0:53:31 <td>10K</td> <td>411.</td> <td>323</td> <td>Debra Jordan</td> <td>Ballydrain Harriers</td> <td>Female</td> <td>0:53:28</td> <td>0:53:04</td>	10K	411.	323	Debra Jordan	Ballydrain Harriers	Female	0:53:28	0:53:04
10K         414.         196         Catriona Fearon         unattached         Female         0:53:32         0:53:           10K         416.         121         Cathy Fraser         unattached         Female         0:53:33         0:53:           10K         416.         123         Ashleigh Collim         Victoria Park & Conswater         Female         0:53:36         0:53:           10K         417.         281         Emma Hegarty         North Down AC         Female         0:53:36         0:53:           10K         418.         299         Aidy Hughes         Mallusk Harriers         Male         0:53:41         0:53:           10K         420.         543         Jonny Morrison         Ward Park Runners         Male         0:53:41         0:53:           10K         422.         38         Jennife Bell         Jog Lisburn Running Club         Female         0:53:42         0:53:           10K         422.         510         David Mcwhirter         East Coast AC         Male         0:53:45         0:53:37           10K         426.         215         Ian Frazer         Scrabo Striders         Female         0:53:47         0:53:31           10K         428.         554 </td <td>10K</td> <td>412.</td> <td>190</td> <td>Michael Fallon</td> <td>Carryduff Running Club</td> <td>Male</td> <td>0:53:28</td> <td>0:53:01</td>	10K	412.	190	Michael Fallon	Carryduff Running Club	Male	0:53:28	0:53:01
10K         415.         214         Cathy Fraser         unattached         Female         0:53:33         0:53:33         0:53:33         0:53:33         0:53:33         0:53:34         0:53:34         0:53:35           10K         417.         281         Emma Hegarty         North Down AC         Female         0:53:35         0:53:35           10K         418.         299         Aidy Hughes         Mallusk Harriers         Male         0:53:341         0:53:35           10K         420.         543         Jonny Morrison         Ward Park Runners         Male         0:53:41         0:53:341         0:53:35           10K         421.         53         Craig Boyd         unattached         Male         0:53:42         0:53:35           10K         422.         38         Jennifer Bell         Jog Lisburn Running Club         Female         0:53:45         0:53:35           10K         424.         510         David Mcwhirter         East Coast AC         Male         0:53:46         0:53:36           10K         425.         293         Danielle Houston         Ward Park Runners         Female         0:53:46         0:53:36           10K         426.         215         Ian Frazer         <	10K	413.	126	Cara Conn	Carryduff Running Club	Female	0:53:31	0:53:04
10K         416.         123         Ashleigh Collim         Victoria Park & Connswater         Female         0.53:34         0.53:31           10K         417.         281         Emma Hegarty         North Down AC         Female         0.53:38         0.53:31           10K         418.         299         Aidy Hughes         Mallusk Harriers         Male         0.53:38         0.53:31           10K         419.         509         Jenny McVicker         Carryduff Running Club         Female         0.53:41         0.53:           10K         420.         543         Jenny Morrison         Ward Park Runners         Male         0.53:42         0.53:           10K         422.         38         Jennifer Bell         Jog Lisburn Running Club         Female         0.53:45         0.53:           10K         424.         510         David Mcwhirter         East Coast AC         Male         0.53:45         0.53:           10K         426.         215         Ian Frazer         Scrabo Striders         Male         0.53:46         0.53:           10K         427.         263         Penny Hamilton         Scrabo Striders         Female         0.53:56         0.53:           10K         428. <td>10K</td> <td>414.</td> <td>196</td> <td>Catriona Fearon</td> <td>unattached</td> <td>Female</td> <td>0:53:32</td> <td>0:53:15</td>	10K	414.	196	Catriona Fearon	unattached	Female	0:53:32	0:53:15
10K         417.         281         Emma Hegarty         North Down AC         Female 0:53:35         0:53:           10K         418.         299         Aidy Hughes         Mallusk Harriers         Male 0:53:341         0:53:           10K         420.         543         Jonny McVicker         Carryduff Running Club         Female 0:53:41         0:53:           10K         420.         543         Jonny Morrison         Ward Park Runners         Male         0:53:42         0:53:           10K         421.         53         Craig Boyd         unattached         Male         0:53:42         0:53:           10K         423.         769         Gayle Malaugh         Scrabo Striders         Female 0:53:45         0:53:           10K         424.         510         David Mcwhirter         East Coast AC         Male         0:53:45         0:53:           10K         426.         215         Ian Frazer         Scrabo Striders         Female 0:53:46         0:53:           10K         428.         554         Marie Murphy         Ormeau Runners         Female 0:53:56         0:53:           10K         428.         654         Maile 0:54:04         0:53:56         0:53:           10K <td>10K</td> <td>415.</td> <td>214</td> <td>Cathy Fraser</td> <td>unattached</td> <td>Female</td> <td>0:53:33</td> <td>0:53:05</td>	10K	415.	214	Cathy Fraser	unattached	Female	0:53:33	0:53:05
10K         418.         299         Aidy Hughes         Mallusk Harriers         Male         0:53:38         0:53:           10K         419.         509         Jenny McVicker         Carryduff Running Club         Female         0:53:41         0:53:           10K         420.         543         Jonny Morison         Ward Park Runners         Male         0:53:41         0:53:           10K         421.         53         Craig Boyd         unattached         Male         0:53:42         0:53:           10K         422.         38         Jennifer Bell         Jog Lisburn Running Club         Female         0:53:45         0:53:           10K         424.         510         David Mcwhirter         East Coast AC         Male         0:53:46         0:53:37           10K         426.         215         Ian Frazer         Scrabo Striders         Male         0:53:50         0:53:30           10K         428.         554         Mare Murphy         Ormeau Runners         Female         0:53:56         0:53:31           10K         430.         479         Clare McKnight         unattached         Male         0:53:56         0:53:31           10K         431.         480	10K	416.	123	Ashleigh Collim	Victoria Park & Connswater	Female	0:53:34	0:53:05
10K         419.         509         Jenny McVicker         Carryduff Running Club         Female 0:53:41         0:53:           10K         420.         543         Jonny Morrison         Ward Park Runners         Male         0:53:41         0:53:           10K         421.         53         Craig Boyd         unattached         Male         0:53:42         0:53:           10K         422.         38         Jennifer Bell         Jog Lisburn Running Club         Female 0:53:45         0:53:           10K         424.         510         David Mcwhirter         East Coast AC         Male         0:53:45         0:53:           10K         426.         215         Ian Frazer         Scrabo Striders         Male         0:53:46         0:53:           10K         428.         554         Marie Murphy         Ormeau Runners         Female 0:53:50         0:53:           10K         428.         554         Marie Murphy         Ormeau Runners         Female 0:53:56         0:53:           10K         430.         479         Clare McKnight         unattached         Male         0:53:57         0:53:           10K         431.         480         Michael Mcknight         unattached         Femal	10K	417.	281	Emma Hegarty	North Down AC	Female	0:53:35	0:53:12
10K         420.         543         Jonny Morrison         Ward Park Runners         Male         0:53:41         0:53:           10K         421.         53         Craig Boyd         unattached         Male         0:53:42         0:53:           10K         422.         38         Jennifer Bell         Jog Lisburn Running Club         Female         0:53:42         0:53:           10K         423.         769         Gayle Malaugh         Scrabo Striders         Female         0:53:45         0:53:           10K         426.         215         lan Frazer         Scrabo Striders         Male         0:53:48         0:53:           10K         427.         263         Penny Hamilton         Scrabo Striders         Female         0:53:50         0:53:           10K         428.         554         Maire Murphy         Ormeau Runners         Female         0:53:56         0:53:           10K         430.         479         Clare McKnight         unattached         Male         0:53:56         0:53:           10K         431.         480         Michael Mcknight         unattached         Male         0:53:56         0:53:           10K         432.         228         Nichol	10K	418.	299	Aidy Hughes	Mallusk Harriers	Male	0:53:38	0:53:22
10K         421.         53         Craig Boyd         unattached         Male         0:53:42         0:53:           10K         422.         38         Jennifer Bell         Jog Lisburn Running Club         Female         0:53:42         0:53:           10K         423.         769         Gayle Malaugh         Scrabo Striders         Female         0:53:45         0:53:           10K         424.         510         David Mcwhirter         East Coast AC         Male         0:53:45         0:53:           10K         425.         293         Danielle Houston         Ward Park Runners         Female         0:53:45         0:53:           10K         428.         554         Marie Murphy         Ormeau Runners         Female         0:53:56         0:53:           10K         428.         554         Marie Murphy         Ormeau Runners         Female         0:53:56         0:53:           10K         430.         479         Clare McKnight         unattached         Female         0:53:57         0:53:           10K         431.         480         Michola Gibson         unattached         Female         0:53:58         0:53:           10K         432.         228	10K	419.	509	Jenny McVicker	Carryduff Running Club	Female	0:53:41	0:53:14
10K         422.         38         Jennifer Bell         Jog Lisburn Running Club         Female         0:53:42         0:53:           10K         423.         769         Gayle Malaugh         Scrabo Striders         Female         0:53:45         0:53:           10K         424.         510         Davidle Houston         Ward Park Runners         Female         0:53:45         0:53:           10K         426.         215         Ian Frazer         Scrabo Striders         Male         0:53:47         0:53:           10K         426.         215         Ian Frazer         Scrabo Striders         Female         0:53:50         0:53:           10K         428.         554         Marie Murphy         Ormeau Runners         Female         0:53:56         0:53:           10K         429.         770         Stevie Millership         unattached         Male         0:53:56         0:53:           10K         431.         480         Michael Mckright         unattached         Male         0:53:57         0:53:           10K         433.         225         David Geary         unattached         Female         0:54:01         0:53:           10K         436.         591	10K	420.	543	Jonny Morrison	Ward Park Runners	Male	0:53:41	0:53:17
10K         423.         769         Gayle Malaugh         Scrabo Striders         Female 0:53:45         0:53:35           10K         425.         293         Danielle Houston         Ward Park Runners         Female 0:53:47         0:53:37           10K         425.         293         Danielle Houston         Ward Park Runners         Female 0:53:47         0:53:37           10K         426.         215         Ian Frazer         Scrabo Striders         Male 0:53:48         0:53:35           10K         428.         554         Marie Murphy         Ormeau Runners         Female 0:53:54         0:53:35           10K         429.         770         Stevie Millership         unattached         Male         0:53:56         0:53:35           10K         430.         479         Clare McKnight         unattached         Male         0:53:56         0:53:35           10K         431.         480         Michael Mcknight         unattached         Female 0:53:58         0:53:35           10K         432.         228         Nichola Gibson         unattached         Male         0:54:00         0:53:35           10K         433.         620         Damie Ritchie         Saintfield Striders         Male	10K	421.	53	Craig Boyd	unattached	Male	0:53:42	0:53:15
10K         424.         510         David Mcwhirter         East Coast AC         Male         0:53:45         0:53:3           10K         425.         293         Danielle Houston         Ward Park Runners         Female         0:53:47         0:53:           10K         426.         215         Ian Frazer         Scrabo Striders         Female         0:53:48         0:53:           10K         427.         263         Penny Hamilton         Scrabo Striders         Female         0:53:50         0:53:           10K         428.         554         Marie Murphy         Ormeau Runners         Female         0:53:56         0:53:           10K         430.         479         Clare McKnight         unattached         Male         0:53:57         0:53:           10K         431.         480         Michael McKnight         unattached         Male         0:53:58         0:53:           10K         433.         225         David Geary         unattached         Male         0:54:00         0:53:           10K         436.         591         Dee Patterson         Scrabo Striders         Male         0:54:01         0:53:           10K         436.         591         Dee Patte	10K	422.	38	Jennifer Bell	Jog Lisburn Running Club	Female	0:53:42	0:53:11
10K         425.         293         Danielle Houston         Ward Park Runners         Female 0:53:47         0:53:           10K         426.         215         Ian Frazer         Scrabo Striders         Male         0:53:48         0:53:           10K         427.         263         Penny Hamilton         Scrabo Striders         Female 0:53:54         0:53:           10K         428.         554         Marie Murphy         Ormeau Runners         Female 0:53:56         0:53:           10K         429.         770         Stevie Millership         unattached         Male         0:53:56         0:53:           10K         430.         479         Clare McKnight         unattached         Male         0:53:57         0:53:           10K         431.         480         Michael Mcknight         unattached         Male         0:53:57         0:53:           10K         432.         228         Nichola Gibson         unattached         Male         0:54:00         0:53:           10K         433.         225         David Geary         unattached         Male         0:54:01         0:53:           10K         436.         591         Dee Patterson         Scrabo Striders         Male	10K	423.	769	Gayle Malaugh	Scrabo Striders	Female	0:53:45	0:53:25
10K         426.         215         Ian Frazer         Scrabo Striders         Male         0:53:48         0:53:           10K         427.         263         Penny Hamilton         Scrabo Striders         Female         0:53:50         0:53:           10K         428.         554         Marie Murphy         Ormeau Runners         Female         0:53:54         0:53:           10K         429.         770         Stevie Millership         unattached         Male         0:53:56         0:53:           10K         430.         479         Clare McKnight         unattached         Female         0:53:57         0:53:           10K         431.         480         Michael Mcknight         unattached         Male         0:53:57         0:53:           10K         432.         228         Nichola Gibson         unattached         Male         0:54:00         0:53:           10K         433.         403         Sonia Martin         Ward Park Runners         Female         0:54:01         0:53:           10K         435.         620         Damien Ritchie         Saintfield Striders         Male         0:54:04         0:53:           10K         435.         666         Carolin	10K	424.	510	David Mcwhirter	East Coast AC	Male	0:53:45	0:53:23
10K         427.         263         Penny Hamilton         Scrabo Striders         Female         0:53:50         0:53:           10K         428.         554         Marie Murphy         Ormeau Runners         Female         0:53:54         0:53:           10K         429.         770         Stevie Millership         unattached         Male         0:53:56         0:53:           10K         430.         479         Clare McKnight         unattached         Female         0:53:57         0:53:           10K         431.         480         Michael McKnight         unattached         Male         0:53:57         0:53:           10K         432.         228         Nichola Gibson         unattached         Male         0:54:00         0:53:           10K         433.         225         David Geary         unattached         Male         0:54:00         0:53:           10K         435.         620         Damien Ritchie         Saintfield Striders         Male         0:54:04         0:53:           10K         436.         591         Dee Patterson         Scrabo Striders         Male         0:54:09         0:53:           10K         438.         666         Caroline Smyth	10K	425.	293	Danielle Houston	Ward Park Runners	Female	0:53:47	0:53:17
10K         428.         554         Marie Murphy         Ormeau Runners         Female         0:53:54         0:53:           10K         429.         770         Stevie Millership         unattached         Male         0:53:56         0:53:           10K         430.         479         Clare McKnight         unattached         Female         0:53:56         0:53:           10K         431.         480         Michael Mcknight         unattached         Male         0:53:57         0:53:           10K         432.         228         Nichola Gibson         unattached         Male         0:53:58         0:53:           10K         433.         225         David Geary         unattached         Male         0:54:00         0:53:           10K         435.         620         Damien Ritchie         Saintfield Striders         Male         0:54:04         0:53:           10K         436.         591         Dee Patterson         Scrabo Striders         Male         0:54:08         0:53:           10K         437.         297         Emma Huddleston         unattached         Female         0:54:11         0:53:           10K         438.         666         Caroline Smyth <td>10K</td> <td>426.</td> <td>215</td> <td>lan Frazer</td> <td>Scrabo Striders</td> <td>Male</td> <td>0:53:48</td> <td>0:53:15</td>	10K	426.	215	lan Frazer	Scrabo Striders	Male	0:53:48	0:53:15
10K         429.         770         Stevie Millership         unattached         Male         0:53:56         0:53:           10K         430.         479         Clare McKnight         unattached         Female         0:53:56         0:53:           10K         431.         480         Michael Mcknight         unattached         Male         0:53:57         0:53:           10K         432.         228         Nichola Gibson         unattached         Male         0:53:57         0:53:           10K         433.         225         David Geary         unattached         Male         0:54:00         0:53:           10K         433.         225         David Geary         unattached         Female         0:54:00         0:53:           10K         434.         403         Sonia Martin         Ward Park Runners         Female         0:54:01         0:53:           10K         436.         591         Dee Patterson         Scrabo Striders         Male         0:54:08         0:53:           10K         438.         666         Caroline Smyth         Coastal Runners         Female         0:54:11         0:53:           10K         439.         104         Claire Charleton	10K	427.	263	Penny Hamilton	Scrabo Striders	Female	0:53:50	0:53:18
10K         430.         479         Clare McKnight         unattached         Female         0:53:56         0:53:           10K         431.         480         Michael Mcknight         unattached         Male         0:53:57         0:53:           10K         432.         228         Nichola Gibson         unattached         Female         0:53:58         0:53:           10K         432.         228         Nichola Gibson         unattached         Male         0:54:00         0:53:           10K         433.         225         David Geary         unattached         Male         0:54:00         0:53:           10K         435.         620         Damien Ritchie         Saintfield Striders         Male         0:54:04         0:53:           10K         436.         591         Dee Patterson         Scrabo Striders         Male         0:54:09         0:53:           10K         438.         666         Caroline Smyth         Coastal Runners         Female         0:54:11         0:53:           10K         439.         104         Claire Charleton         North Down AC         Female         0:54:12         0:53:           10K         441.         568         Lauren Neill	10K	428.	554	Marie Murphy	Ormeau Runners	Female	0:53:54	0:53:28
10K         431.         480         Michael Mcknight         unattached         Male         0:53:57         0:53:           10K         432.         228         Nichola Gibson         unattached         Female         0:53:58         0:53:           10K         433.         225         David Geary         unattached         Male         0:54:00         0:53:           10K         433.         225         David Geary         unattached         Male         0:54:00         0:53:           10K         434.         403         Sonia Martin         Ward Park Runners         Female         0:54:04         0:53:           10K         435.         620         Damien Ritchie         Saintfield Striders         Male         0:54:04         0:53:           10K         436.         666         Caroline Smyth         Coastal Runners         Female         0:54:11         0:53:           10K         439.         104         Claire Charleton         North Down AC         Female         0:54:12         0:53:           10K         440.         689         Julia Stirling         unattached         Female         0:54:21         0:53:           10K         441.         568         Lauren Neill	10K	429.	770	Stevie Millership	unattached	Male	0:53:56	0:53:25
10K         431.         480         Michael Mcknight         unattached         Male         0:53:57         0:53:           10K         432.         228         Nichola Gibson         unattached         Female         0:53:58         0:53:           10K         433.         225         David Geary         unattached         Male         0:54:00         0:53:           10K         433.         225         David Geary         unattached         Male         0:54:00         0:53:           10K         434.         403         Sonia Martin         Ward Park Runners         Female         0:54:04         0:53:           10K         435.         620         Damien Richie         Saintfield Striders         Male         0:54:04         0:53:           10K         436.         591         Dee Patterson         Scrabo Striders         Male         0:54:04         0:53:           10K         437.         297         Emma Huddleston         unattached         Female         0:54:11         0:53:           10K         438.         666         Caroline Smyth         Coastal Runners         Female         0:54:12         0:53:           10K         440.         689         Julia Stirling<	10K	430.	479	Clare McKnight	unattached	Female	0:53:56	0:53:29
10K         432.         228         Nichola Gibson         unattached         Female         0:53:58         0:53:           10K         433.         225         David Geary         unattached         Male         0:54:00         0:53:           10K         434.         403         Sonia Martin         Ward Park Runners         Female         0:54:01         0:53:           10K         435.         620         Damien Ritchie         Saintfield Striders         Male         0:54:04         0:53:           10K         436.         591         Dee Patterson         Scrabo Striders         Male         0:54:08         0:53:           10K         437.         297         Emma Huddleston         unattached         Female         0:54:08         0:53:           10K         438.         666         Caroline Smyth         Coastal Runners         Female         0:54:11         0:53:           10K         439.         104         Claire Charleton         North Down AC         Female         0:54:17         0:53:           10K         441.         568         Lauren Neill         unattached         Male         0:54:21         0:53:           10K         442.         368         Steven L	10K	431.	480	-	unattached	Male	0:53:57	0:53:29
10K         433.         225         David Geary         unattached         Male         0:54:00         0.53:           10K         434.         403         Sonia Martin         Ward Park Runners         Female 0:54:01         0:53:           10K         435.         620         Damien Ritchie         Saintfield Striders         Male         0:54:04         0:53:           10K         436.         591         Dee Patterson         Scrabo Striders         Male         0:54:08         0:53:           10K         437.         297         Emma Huddleston         unattached         Female 0:54:09         0:53:           10K         438.         666         Caroline Smyth         Coastal Runners         Female 0:54:11         0:53:           10K         439.         104         Claire Charleton         North Down AC         Female 0:54:12         0:53:           10K         440.         689         Julia Stirling         unattached         Female 0:54:12         0:53:           10K         441.         568         Lauren Neill         unattached         Male         0:54:21         0:53:           10K         442.         368         Steven Leslie         unattached         Male         0:54:21			228	· · · · · · · · · · · · · · · · · · ·	unattached	Female	0:53:58	0:53:38
10K         434.         403         Sonia Martin         Ward Park Runners         Female 0:54:01         0.53:           10K         435.         620         Damien Ritchie         Saintfield Striders         Male         0:54:04         0:53:           10K         436.         591         Dee Patterson         Scrabo Striders         Male         0:54:08         0:53:           10K         437.         297         Emma Huddleston         unattached         Female 0:54:09         0:53:           10K         438.         666         Caroline Smyth         Coastal Runners         Female 0:54:11         0:53:           10K         439.         104         Claire Charleton         North Down AC         Female 0:54:12         0:53:           10K         440.         689         Julia Stirling         unattached         Female 0:54:12         0:53:           10K         441.         568         Lauren Neill         unattached         Male         0:54:21         0:53:           10K         443.         232         Mark Gibson         Dee Runners         Male         0:54:22         0:53:           10K         444.         203         Philip Fitzpatrick         unattached         Male         0:54:2	10K	433.	225	David Geary	unattached	Male	0:54:00	0:53:36
10K         436.         591         Dee Patterson         Scrabo Striders         Male         0:54:08         0:53:           10K         437.         297         Emma Huddleston         unattached         Female         0:54:09         0:53:           10K         438.         666         Caroline Smyth         Coastal Runners         Female         0:54:11         0:53:           10K         439.         104         Claire Charleton         North Down AC         Female         0:54:12         0:53:           10K         440.         689         Julia Stirling         unattached         Female         0:54:17         0:53:           10K         441.         568         Lauren Neill         unattached         Female         0:54:18         0:53:           10K         442.         368         Steven Leslie         unattached         Male         0:54:22         0:53:           10K         443.         232         Mark Gibson         Dee Runners         Male         0:54:23         0:53:           10K         444.         203         Philip Fitzpatrick         unattached         Male         0:54:24         0:53:           10K         446.         672         Leah Smyth	10K	434.	403		Ward Park Runners	Female	0:54:01	0:53:41
10K         437.         297         Emma Huddleston         unattached         Female         0:54:09         0:53:           10K         438.         666         Caroline Smyth         Coastal Runners         Female         0:54:11         0:53:           10K         439.         104         Claire Charleton         North Down AC         Female         0:54:12         0:53:           10K         440.         689         Julia Stirling         unattached         Female         0:54:17         0:53:           10K         441.         568         Lauren Neill         unattached         Female         0:54:18         0:53:           10K         442.         368         Steven Leslie         unattached         Male         0:54:21         0:53:           10K         443.         232         Mark Gibson         Dee Runners         Male         0:54:22         0:53:           10K         444.         203         Philip Fitzpatrick         unattached         Male         0:54:24         0:53:           10K         445.         159         Frederick Cuttle         unattached         Male         0:54:24         0:53:           10K         446.         672         Leah Smyth	10K	435.	620	Damien Ritchie	Saintfield Striders	Male	0:54:04	0:53:29
10K         438.         666         Caroline Smyth         Coastal Runners         Female         0:54:11         0:53:4           10K         439.         104         Claire Charleton         North Down AC         Female         0:54:12         0:53:4           10K         440.         689         Julia Stirling         unattached         Female         0:54:17         0:53:4           10K         441.         568         Lauren Neill         unattached         Female         0:54:21         0:53:4           10K         442.         368         Steven Leslie         unattached         Male         0:54:21         0:53:4           10K         443.         232         Mark Gibson         Dee Runners         Male         0:54:22         0:53:4           10K         444.         203         Philip Fitzpatrick         unattached         Male         0:54:24         0:53:4           10K         445.         159         Frederick Cuttle         unattached         Male         0:54:24         0:53:4           10K         446.         672         Leah Smyth         unattached         Male         0:54:24         0:53:4           10K         446.         672         Leah Smyth	10K	436.	591	Dee Patterson	Scrabo Striders	Male	0:54:08	0:53:28
10K         439.         104         Claire Charleton         North Down AC         Female 0:54:12         0:53:           10K         440.         689         Julia Stirling         unattached         Female 0:54:17         0:53:           10K         441.         568         Lauren Neill         unattached         Female 0:54:18         0:53:           10K         442.         368         Steven Leslie         unattached         Male         0:54:21         0:53:           10K         443.         232         Mark Gibson         Dee Runners         Male         0:54:22         0:53:           10K         444.         203         Philip Fitzpatrick         unattached         Male         0:54:23         0:53:           10K         444.         203         Philip Fitzpatrick         unattached         Male         0:54:24         0:53:           10K         445.         159         Frederick Cuttle         unattached         Male         0:54:24         0:53:           10K         446.         672         Leah Smyth         unattached         Male         0:54:24         0:53:           10K         448.         759         Derek Patton         unattached         Male         0	10K	437.	297	Emma Huddleston	unattached	Female		0:53:40
10K       440.       689       Julia Stirling       unattached       Female       0:54:17       0:53:1         10K       441.       568       Lauren Neill       unattached       Female       0:54:18       0:53:1         10K       442.       368       Steven Leslie       unattached       Male       0:54:21       0:53:1         10K       443.       232       Mark Gibson       Dee Runners       Male       0:54:22       0:53:1         10K       444.       203       Philip Fitzpatrick       unattached       Male       0:54:23       0:53:1         10K       445.       159       Frederick Cuttle       unattached       Male       0:54:24       0:53:1         10K       446.       672       Leah Smyth       unattached       Female       0:54:24       0:53:1         10K       446.       672       Leah Smyth       unattached       Female       0:54:24       0:53:1         10K       446.       672       Leah Smyth       unattached       Male       0:54:25       0:53:1         10K       447.       696       David Taylor       Ballygalget AC       Male       0:54:26       0:53:1         10K       448.       <	10K	438.	666	Caroline Smyth	Coastal Runners	Female	0:54:11	0:53:42
10K441.568Lauren NeillunattachedFemale0:54:180:53:310K442.368Steven LeslieunattachedMale0:54:210:53:310K443.232Mark GibsonDee RunnersMale0:54:220:53:310K444.203Philip FitzpatrickunattachedMale0:54:230:53:310K445.159Frederick CuttleunattachedMale0:54:240:53:310K446.672Leah SmythunattachedFemale0:54:250:53:310K447.696David TaylorBallygalget ACMale0:54:260:53:310K448.759Derek PattonunattachedMale0:54:260:53:310K449.628Cara RolstonDee RunnersFemale0:54:260:53:310K450.320Bethany JohnstonWillowfield HarriersFemale0:54:290:54:3410K452.394Mark MagowanunattachedMale0:54:340:54:3410K453.339Gareth KennedyunattachedMale0:54:340:54:34	10K	439.	104	•	North Down AC	Female	0:54:12	0:53:49
10K         442.         368         Steven Leslie         unattached         Male         0:54:21         0:53:3           10K         443.         232         Mark Gibson         Dee Runners         Male         0:54:22         0:53:3           10K         444.         203         Philip Fitzpatrick         unattached         Male         0:54:23         0:53:3           10K         445.         159         Frederick Cuttle         unattached         Male         0:54:24         0:53:4           10K         446.         672         Leah Smyth         unattached         Male         0:54:24         0:53:4           10K         446.         672         Leah Smyth         unattached         Female         0:54:24         0:53:4           10K         447.         696         David Taylor         Ballygalget AC         Male         0:54:26         0:53:4           10K         448.         759         Derek Patton         unattached         Male         0:54:26         0:53:4           10K         449.         628         Cara Rolston         Dee Runners         Female         0:54:28         0:54:4           10K         450.         320         Bethany Johnston         W	10K	440.	689	Julia Stirling	unattached	Female	0:54:17	0:53:53
10K         443.         232         Mark Gibson         Dee Runners         Male         0:54:22         0:53:3           10K         444.         203         Philip Fitzpatrick         unattached         Male         0:54:23         0:53:3           10K         445.         159         Frederick Cuttle         unattached         Male         0:54:24         0:53:4           10K         446.         672         Leah Smyth         unattached         Female         0:54:24         0:53:4           10K         446.         672         Leah Smyth         unattached         Female         0:54:24         0:53:4           10K         447.         696         David Taylor         Ballygalget AC         Male         0:54:25         0:53:4           10K         448.         759         Derek Patton         unattached         Male         0:54:26         0:53:4           10K         449.         628         Cara Rolston         Dee Runners         Female         0:54:26         0:53:4           10K         450.         320         Bethany Johnston         Willowfield Harriers         Female         0:54:29         0:54:4           10K         451.         103         Nathan Chadwick <td>10K</td> <td>441.</td> <td>568</td> <td>Lauren Neill</td> <td>unattached</td> <td>Female</td> <td>0:54:18</td> <td>0:53:49</td>	10K	441.	568	Lauren Neill	unattached	Female	0:54:18	0:53:49
10K         443.         232         Mark Gibson         Dee Runners         Male         0:54:22         0:53:3           10K         444.         203         Philip Fitzpatrick         unattached         Male         0:54:23         0:53:3           10K         445.         159         Frederick Cuttle         unattached         Male         0:54:24         0:53:4           10K         446.         672         Leah Smyth         unattached         Female         0:54:24         0:53:4           10K         446.         672         Leah Smyth         unattached         Female         0:54:24         0:53:4           10K         447.         696         David Taylor         Ballygalget AC         Male         0:54:25         0:53:4           10K         448.         759         Derek Patton         unattached         Male         0:54:26         0:53:4           10K         449.         628         Cara Rolston         Dee Runners         Female         0:54:26         0:53:4           10K         450.         320         Bethany Johnston         Willowfield Harriers         Female         0:54:29         0:54:4           10K         451.         103         Nathan Chadwick <td>10K</td> <td>442.</td> <td>368</td> <td>Steven Leslie</td> <td>unattached</td> <td>Male</td> <td>0:54:21</td> <td>0:53:59</td>	10K	442.	368	Steven Leslie	unattached	Male	0:54:21	0:53:59
10K         445.         159         Frederick Cuttle         unattached         Male         0:54:24         0:53:4           10K         446.         672         Leah Smyth         unattached         Female         0:54:24         0:53:4           10K         447.         696         David Taylor         Ballygalget AC         Male         0:54:25         0:53:4           10K         448.         759         Derek Patton         unattached         Male         0:54:26         0:53:4           10K         449.         628         Cara Rolston         Dee Runners         Female         0:54:26         0:53:4           10K         450.         320         Bethany Johnston         Willowfield Harriers         Female         0:54:28         0:54:2           10K         451.         103         Nathan Chadwick         unattached         Male         0:54:34         0:54:4           10K         452.         394         Mark Magowan         unattached         Male         0:54:34         0:54:1           10K         453.         339         Gareth Kennedy         unattached         Male         0:54:34         0:54:1		443.	232	Mark Gibson	Dee Runners	Male	0:54:22	0:53:50
10K         445.         159         Frederick Cuttle         unattached         Male         0:54:24         0:53:4           10K         446.         672         Leah Smyth         unattached         Female         0:54:24         0:53:4           10K         447.         696         David Taylor         Ballygalget AC         Male         0:54:25         0:53:4           10K         448.         759         Derek Patton         unattached         Male         0:54:26         0:53:4           10K         449.         628         Cara Rolston         Dee Runners         Female         0:54:26         0:53:4           10K         450.         320         Bethany Johnston         Willowfield Harriers         Female         0:54:28         0:54:2           10K         451.         103         Nathan Chadwick         unattached         Male         0:54:34         0:54:4           10K         452.         394         Mark Magowan         unattached         Male         0:54:34         0:54:1           10K         453.         339         Gareth Kennedy         unattached         Male         0:54:34         0:54:1	10K	444.	203	Philip Fitzpatrick	unattached	Male	0:54:23	0:53:54
10K446.672Leah SmythunattachedFemale0:54:240:53:410K447.696David TaylorBallygalget ACMale0:54:250:53:410K448.759Derek PattonunattachedMale0:54:260:53:410K449.628Cara RolstonDee RunnersFemale0:54:260:53:410K450.320Bethany JohnstonWillowfield HarriersFemale0:54:280:54:410K451.103Nathan ChadwickunattachedMale0:54:290:54:410K452.394Mark MagowanunattachedMale0:54:340:54:3410K453.339Gareth KennedyunattachedMale0:54:340:54:34	10K	445.	159		unattached	Male	0:54:24	0:53:42
10K         447.         696         David Taylor         Ballygalget AC         Male         0:54:25         0:53:3           10K         448.         759         Derek Patton         unattached         Male         0:54:26         0:53:3           10K         449.         628         Cara Rolston         Dee Runners         Female         0:54:26         0:53:3           10K         450.         320         Bethany Johnston         Willowfield Harriers         Female         0:54:28         0:54:34           10K         451.         103         Nathan Chadwick         unattached         Male         0:54:29         0:54:34           10K         452.         394         Mark Magowan         unattached         Male         0:54:34         0:54:34           10K         453.         339         Gareth Kennedy         unattached         Male         0:54:34         0:54:34	10K	446.	672	Leah Smyth	unattached	Female		0:53:55
10K         448.         759         Derek Patton         unattached         Male         0:54:26         0:53:3           10K         449.         628         Cara Rolston         Dee Runners         Female         0:54:26         0:53:3           10K         450.         320         Bethany Johnston         Willowfield Harriers         Female         0:54:28         0:54:34           10K         451.         103         Nathan Chadwick         unattached         Male         0:54:29         0:54:34           10K         452.         394         Mark Magowan         unattached         Male         0:54:34         0:54:34           10K         453.         339         Gareth Kennedy         unattached         Male         0:54:34         0:54:34	10K	447.		•	Ballygalget AC	Male	0:54:25	0:53:56
10K450.320Bethany JohnstonWillowfield HarriersFemale 0:54:280:54:110K451.103Nathan ChadwickunattachedMale0:54:290:54:010K452.394Mark MagowanunattachedMale0:54:340:54:110K453.339Gareth KennedyunattachedMale0:54:340:54:1	10K	448.	759	•		Male	0:54:26	0:53:52
10K450.320Bethany JohnstonWillowfield HarriersFemale 0:54:280:54:110K451.103Nathan ChadwickunattachedMale0:54:290:54:010K452.394Mark MagowanunattachedMale0:54:340:54:110K453.339Gareth KennedyunattachedMale0:54:340:54:1	10K	449.	628	Cara Rolston	Dee Runners	Female	0:54:26	0:53:55
10K         451.         103         Nathan Chadwick         unattached         Male         0:54:29         0:54:0           10K         452.         394         Mark Magowan         unattached         Male         0:54:34         0:54:0           10K         453.         339         Gareth Kennedy         unattached         Male         0:54:34         0:54:0	-	450.		Bethany Johnston	Willowfield Harriers	Female	0:54:28	0:54:10
10K         452.         394         Mark Magowan         unattached         Male         0:54:34         0:54:34           10K         453.         339         Gareth Kennedy         unattached         Male         0:54:34         0:54:34								0:54:08
10K453.339Gareth KennedyunattachedMale0:54:340:54:34					unattached			0:54:10
								0:54:11
	10K	454.	66	•	unattached			0:54:01
								0:54:04
				-				0:54:03
								0:54:19
				-				0:54:12
								0:54:08

10K	TotalRank	Num	Name		Sex	Gun time	Chip time
10K	460.	429	Vincent McClorey	unattached	Male	0:54:44	0:54:29
10K	461.	414	Kirsten Mcbride	unattached	Female	0:54:46	0:54:15
10K	462.	127	Claire Connolly	Carryduff Running Club	Female	0:54:46	0:54:19
10K	463.	100	Roisin Catney	Jog Moira	Female	0:54:47	0:54:15
10K	464.	449	Gareth McCrea	unattached	Male	0:54:48	0:54:21
10K	465.	410	Wilson McAlister	Jog Moira	Male	0:54:49	0:54:32
10K	466.	139	Debbie Craig		Female	0:54:51	0:54:22
10K	467.	189	Chris Edwards	Scrabo Striders	Male	0:54:52	0:54:08
10K	468.	124	Karen Collins	unattached	Female	0:54:52	0:54:22
10K	469.	507	Steph McVeigh	Ballydrain Harriers	Female	0:54:53	0:54:37
10K	470.	476	Tiarnan McKenna	unattached	Male	0:54:57	0:54:24
10K	471.	57	Rachel Boyle	Scrabo Striders	Female	0:54:57	0:54:41
10K	472.	555	Rachael Murphy	unattached	Female	0:54:57	0:54:23
10K	473.	540	Margaret Mornin	unattached	Female	0:55:01	0:54:37
10K	474.	641	Lee Seales	unattached	Male	0:55:01	0:54:40
10K	475.	435	Christina McConnell	Ballydrain Harriers	Female	0:55:05	0:54:36
10K	476.	302	Holly Hunniford	Ballydrain Harriers	Female	0:55:05	0:54:35
10K	477.	188	Rosi Earney	Ballydrain Harriers	Female	0:55:15	0:54:48
10K	478.	259	Mark Halus	Scrabo Striders	Male	0:55:16	0:54:46
10K	479.	280	Matthew Heath	unattached	Male	0:55:26	0:54:37
10K	480.	282	Adam Henderson	Springwell RC	Male	0:55:32	0:54:56
10K	481.	25		Scrabo Striders	Female	0:55:37	0:55:20
10K	482.	47	Richard Bovill	Scrabo Striders	Male	0:55:37	0:55:10
10K	483.	457	Gavin McDonnell	Scrabo Striders	Male	0:55:46	0:55:25
10K	484.	362	Philip Leeper	Ballydrain Harriers	Male	0:55:49	0:55:32
10K	485.	41		Scrabo Striders	Female	0:55:50	0:55:30
10K	486.	342		North Down AC	Female	0:55:51	0:55:21
10K	487.	430	-	unattached	Male	0:55:51	0:55:14
10K	488.	246	-	unattached	Male	0:55:52	0:55:15
10K	489.	581	•	unattached	Male	0:55:52	0:55:15
10K	490.	52	•	unattached	Female	0:55:53	0:55:13
10K	491.	521		unattached	Female	0:56:00	0:55:22
10K	492.	310	Emer James	Ballydrain Harriers		0:56:04	0:55:37
10K	493.	517	Jessica Minnis	unattached	Female	0:56:07	0:55:28
10K	494.	77		unattached		0:56:08	0:55:32
10K	495.	597	Heather Pearson	unattached	Female	0:56:22	0:55:52
10K	496.	195		Scrabo Striders		0:56:33	0:56:03
10K	497.	489		Newry City Runners	Male	0:56:45	0:56:27
10K	498.	148	•	Athletics Northern Ireland		0:56:48	0:56:21
10K	499.	738	-	Springwell RC	Male	0:56:53	0:56:15
10K	500.	766		Victoria Park & Connswater		0:56:53	0:56:35
10K	501.	235		North Down AC		0:56:53	0:56:38
10K	502.	201		Dee Runners	Male	0:56:57	0:56:25
10K	503.	194	*	Carryduff Running Club	Male	0:56:58	0:56:32
10K	504.	317	•	unattached	Male	0:56:59	0:56:52
10K	505.	101		Ward Park Runners		0:57:03	0:56:38
10K	506.	384	Rachel Lynn	Dee Runners		0:57:05	0:56:34
10K	507.	589	•	unattached	Male	0:57:08	0:56:20
10K	508.	1		Scrabo Striders	Male	0:57:12	0:56:39
10K	509.	143		unattached		0:57:12	0:56:42
10K	510.	284		unattached		0:57:12	0:56:28
	010.	207			· onaic	0.01.12	0.00.20

10K	TotalRank	Num	Name		Sex	Gun time	Chip time
10K	511.	349	Mervyn Kinney	unattached	Male	0:57:19	0:56:45
10K	512.	72	Lauren Brown	unattached	Female	0:57:22	0:56:42
10K	513.	686	Catriona Stewart	Carryduff Running Club	Female	0:57:30	0:56:50
10K	514.	177	Donna McAlister	unattached	Female	0:57:36	0:56:59
10K	515.	276	Kenneth Hazley	unattached	Male	0:57:38	0:57:11
10K	516.	154	Michael Cunningham	unattached	Male	0:57:38	0:56:58
10K	517.	458	Heather McFarlane	Ballydrain Harriers	Female	0:57:43	0:57:15
10K	518.	360	Catherine Lavery	Scrabo Striders	Female	0:57:44	0:57:16
10K	519.	757	Emma Mann	unattached	Female	0:57:45	0:57:02
10K	520.	62	Kelly Breen	Carryduff Running Club	Female	0:57:45	0:57:05
10K	521.	529	Peter Mooney		Male	0:57:46	0:57:08
10K	522.	304	Alper Hutchison		Male	0:57:48	0:57:10
10K	523.	645	Leah Semple	unattached	Female	0:57:48	0:57:24
10K	524.	380	John Long	unattached	Male	0:57:55	0:57:15
10K	525.	646	lan Semple	unattached	Male	0:57:57	0:57:32
10K	526.	17	Colette Archer	Ward Park Runners	Female	0:57:59	0:57:36
10K	527.	197	Stephen Ferguson	Ballydrain Harriers	Male	0:58:13	0:57:45
10K	528.	468	Clare Mcilveen	Scrabo Striders	Female	0:58:14	0:57:43
10K	529.	677	Lauren Spence	unattached	Female	0:58:16	0:57:36
10K	530.	491	Valerie McMullan	unattached	Female	0:58:19	0:57:38
10K	531.	238	David Gilliland	Run-Anon	Male	0:58:19	0:57:37
10K	532.	261	Stacy Hamill	Carryduff Running Club	Female	0:58:36	0:58:02
10K	533.	241	•	Carryduff Running Club	Female	0:58:41	0:58:00
10K	534.	376	Laura Linter		Female	0:58:48	0:58:07
10K	535.	450	Julie McCready	North Down AC	Female	0:58:51	0:58:13
10K	536.	231	•	Ballydrain Harriers	Male	0:58:57	0:58:21
10K	537.	405		PACE Running Club	Male	0:58:57	0:58:27
10K	538.	484	Suzi McIlwain	Ballydrain Harriers	Female	0:58:59	0:58:24
10K	539.	720	Noreen Tweedy	unattached	Female	0:59:06	0:58:32
10K	540.	625	-	Scrabo Striders	Male	0:59:09	0:58:28
10K	541.	383	Sarah Luce	Scrabo Striders	Female	0:59:12	0:58:38
10K	542.	128	Martin Conroy	Scrabo Striders	Male	0:59:13	0:58:42
10K	543.	311	Christopher James	unattached	Male	0:59:20	0:58:35
10K	544.	411	•	unattached	Male	0:59:21	0:58:44
10K	545.	226		unattached	Male	0:59:22	0:58:43
10K	546.	175		Scrabo Striders	Female	0:59:22	0:58:50
10K	547.	142		Coastal Runners	Male	0:59:25	0:58:52
10K	548.	274	Stacey Hassard	unattached	Female	0:59:27	0:58:48
10K	549.	446	-	Newry City Runners	Male	0:59:30	0:58:50
10K	550.	11		unattached	Male	0:59:31	0:59:02
10K	551.	454		unattached	Female	0:59:32	0:59:03
10K	552.	729		unattached		0:59:32	0:59:03
10K	553.	426		Barnes Runners	Male	0:59:33	0:59:02
10K	554.	443	Shona McCotter		Female		0:58:59
10K	555.	343		unattached	Male	0:59:38	0:58:51
10K	556.	22		Seapark AC	Male	0:59:40	0:58:58
10K	557.	345		Run-Anon	Male	0:59:48	0:59:05
10K	558.	409		Carryduff Running Club		0:59:49	0:59:09
10K	559.	371		unattached	Female		0:59:24
10K	560.	758		unattached	Male	0:59:52	0:59:25
10K	561.	664	•	Ormeau Runners	Male	0:59:57	0:59:30
						2.00.01	

10K	TotalRank	Num	Name		Sex	Gun time	Chip time
10K	562.	571	Gavin Nicholl		Male	0:59:59	0:59:22
10K	563.	329	Mark Kearns	Scrabo Striders	Male	1:00:07	0:59:31
10K	564.	525	Jenny Moates	unattached	Female	1:00:10	0:59:40
10K	565.	395	Geraldine Mallon	Jog Moira	Female	1:00:11	0:59:39
10K	566.	657	Gillian Simpson	unattached	Female	1:00:12	0:59:41
10K	567.	640	Clare Scott	unattached	Female	1:00:12	0:59:41
10K	568.	266	lan Hanna	Jog Lisburn Running Club	Male	1:00:15	0:59:33
10K	569.	432	Anne McClurg	Ballydrain Harriers	Female	1:00:16	0:59:37
10K	570.	359	Jenna Lavery	Scrabo Striders	Female	1:00:17	0:59:38
10K	571.	485	Gerard McMahon	Carryduff Running Club	Male	1:00:18	0:59:41
10K	572.	111	Helen Clarke	unattached	Female	1:00:22	0:59:44
10K	573.	431	Trevor McClurg	Ballydrain Harriers	Male	1:00:24	0:59:46
10K	574.	205	Aidan Fitzpatrick	unattached	Male	1:00:37	1:00:01
10K	575.	442	Matty McCormick	unattached	Male	1:00:48	1:00:07
10K	576.	472	Beverley Mckee	Scrabo Striders	Female	1:00:48	1:00:12
10K	577.	441	Mark McCormick	unattached	Male	1:00:50	1:00:10
10K	578.	578	Pat O'Driscoll	North Down AC	Male	1:01:01	1:00:28
10K	579.	135	Geraldine Craig	Carryduff Running Club	Female	1:01:01	1:00:20
10K	580.	437	Jenny McConnell	unattached	Female	1:01:11	1:00:38
10K	581.	464	Tanya McGreeghan	unattached	Female	1:01:11	1:00:36
10K	582.	634	Gillian Sadlier	unattached	Female	1:01:17	1:00:44
10K	583.	239	Sinead Gilmore	Carryduff Running Club	Female		1:00:42
10K	584.	331	Charlie Kelly	unattached	Male	1:01:24	1:01:04
10K	585.	482	Alex McLernon	Carryduff Running Club	Female		1:01:17
10K	586.	419	Sinead McCarroll	unattached	Female		1:01:00
10K	587.	168	Tracey Dempsey	unattached	Female		1:01:21
10K	588.	621	Colin Roberts	Jog Lisburn Running Club	Male	1:01:56	1:01:14
10K	589.	618	Rosemary Richardson	unattached	Female		1:01:32
10K	590.	185	Jill Eager	North Down AC	Female		1:01:37
10K	591.	710	Angelique Toombs	unattached	Female		1:01:44
10K	592.	157	Andrew Curry	Ward Park Runners	Male	1:02:32	1:02:03
10K	593.	594	Margaret Patterson - McMahon		Female		1:02:04
10K	594.	322	Thomas Jones	unattached	Male	1:03:16	1:02:31
10K	595.	34	Helen Beattie	North Down AC	Female		1:03:10
10K	596.	740	Kathie Wilson	Coastal Runners	Female		1:02:50
10K	597.	301	Michael Hull	-	Male	1:03:30	1:02:54
10K	598.	240	Stephen Glover	unattached	Male	1:03:30	1:03:04
10K	599.	51	Nicola Boyd	unattached	Female		1:03:02
10K	600.	393	Naomi Magowan	Scrabo Striders	Female		1:03:04
10K	601.	767	Jemma Nimick		Female		1:03:05
10K	602.	438	Eimear McCooey	Ormeau Runners	Female		1:03:07
10K	603.	413	Ted Mcavoy	Ormeau Runners	Male	1:03:45	1:03:06
10K	604.	607	Tracy Preston	unattached	Female		1:03:17
10K	605.	552	Ciara Mulligan	Ormeau Runners	Female		1:03:18
10K	606.	2	Lorraine Adams	Scrabo Striders	Female		1:03:23
10K	607.	230	Val Gibson	Ballydrain Harriers	Female		1:03:24
10K	608.	742	Karen Wilson	Scrabo Striders	Female		1:03:24
10K	609.	7	N Alexander	unattached	Male	1:04:11	1:03:38
10K	610.	398	Marea-Louise Martin	Saintfield Striders	Female		1:03:26
10K	611.	701	Wendy Thompson	Scrabo Striders	Female		1:04:11
10K	612.	714	Nuala Tunney	Carryduff Running Club	Female		1:04:17
	012.	1 17			i cinale	1.00.00	1.07.17

IOK         613.         78.         Anthur Browne         unattached         Male         1.05:12         1.04:46           IOK         614.         743         Andrea Wilson         unattached         Female         105:25         1.04:56           IOK         615.         447         Emma Mucracken         Sorabo Striders         Female         105:30         1.04:51           IOK         617.         396         Luke Mars         Sorabo Striders         Male         106:05         1.05:18           IOK         617.         396         Luke Mars         Sorabo Striders         Male         1.06:37         1.06:00           IOK         620.         708         John Todd         unattached         Female         1.06:37         1.06:01           IOK         622.         703         Clayre Thompson         unattached         Female         1.06:42         1.05:56           IOK         623.         251         Natasha Graham         Sorabo Striders         Female         1.06:10         1.06:32           IOK         626.         600         Tom Monelly         unattached         Male         1.07:00         1.06:35           IOK         627.         602         Jonony Pltman <th>10K</th> <th>TotalRank</th> <th>Num</th> <th>Name</th> <th></th> <th>Sex</th> <th>Gun time</th> <th>Chip time</th>	10K	TotalRank	Num	Name		Sex	Gun time	Chip time
10K         615.         447         Emma Mccracken         Scrabo Striders         Female 1.05:55         1.05:15           10K         617.         396         Luke Mars         Scrabo Striders         Male         1.06:05         1.05:16           10K         617.         396         Luke Mars         Scrabo Striders         Male         1.06:05         1.05:17           10K         618.         660         Donna Sinclair         unattached         Male         1.06:33         1.05:40           10K         620.         708         John Todd         unattached         Male         1.06:37         1.06:00           10K         622.         703         Clayre Thompson         unattached         Female 1.06:42         1.06:45           10K         622.         703         Clayre Thompson         unattached         Male         1.06:35         106:28           10K         625.         600         Ryan Stirling         unattached         Male         1.07:00         1.06:38           10K         626.         500         Tom Mcneilly         unattached         Male         1.07:01         1.06:35           10K         627.         602         Nony Pitman         unattached <td< th=""><th>10K</th><th>613.</th><th>78</th><th>Arthur Browne</th><th>unattached</th><th>Male</th><th>1:05:14</th><th>1:04:44</th></td<>	10K	613.	78	Arthur Browne	unattached	Male	1:05:14	1:04:44
10K         616         93         Kim Campbell         Female 105:55         1.05:15           10K         617.         396         Luke Mars         Scrabo Striders         Male         1.06:05         1.05:18           10K         618.         660         Donna Sinclair         unattached         Male         1.06:33         1.06:01           10K         620.         708         John Todd         unattached         Male         1.06:33         1.06:01           10K         622.         703         Clayre Thompson         unattached         Female         1.06:44         1.05:61           10K         622.         251         Natasha Graham         Scrabo Striders         Female         1.06:42         1.05:69           10K         622.         703         Clayre Thompson         unattached         Male         1.07:00         1.06:35           10K         625.         600         Tom Mcnelliy         unattached         Male         1.07:00         1.06:35           10K         626.         500         Tom Mcnelliy         unattached         Male         1.07:11         1.06:40           10K         627.         602         Jonny Pitman         unattached         Female	10K	614.	743	Andrea Wilson	unattached	Female	1:05:25	1:04:56
10K         617.         396         Luke Mars         Scrabo Striders         Male         10.605         1.05.14           10K         618.         660         Donna Sinclair         unattached         Fernale         1.06.23         1.05.44           10K         619.         707         Peter Todd         unattached         Male         1.06.33         1.06.00           10K         622.         703         Clayre Thompson         unattached         Fernale         1.06.42         1.05.16           10K         622.         703         Clayre Thompson         unattached         Fernale         1.06.42         1.06.28           10K         623.         251         Natasha Graham         Scrabo Striders         Fernale         1.06.42         1.06.28           10K         625.         690         Ryan Striling         unattached         Male         1.07.01         1.06.38           10K         626.         500         Tom Monelly         unattached         Male         1.07.01         1.06.36           10K         628.         1082         Violet Davidson         Ballydrain Harriers         Fernale         1.07.11         1.06.43           10K         633.         713	10K	615.	447	Emma Mccracken	Scrabo Striders	Female	1:05:30	1:04:51
10K         618.         660         Donna Sinclair         unattached         Female 1:06:23         1:06:04           10K         620.         707         Peter Todd         unattached         Male         1:06:00           10K         620.         708         John Todd         unattached         Female         1:06:41         1:06:16           10K         622.         703         Clayer Thompson         unattached         Female         1:06:43         1:06:03           10K         622.         1:03         Atlan Craig         Ward Park Runners         Male         1:07:04         1:06:36           10K         622.         690         Ryan Stirling         unattached         Male         1:07:04         1:06:36           10K         622.         690         Tom Mcneily         unattached         Male         1:07:04         1:06:36           10K         622.         162         Violet Davidson         Ballydrain Harriers         Female         1:07:17         1:06:45           10K         632.         288         Mark Hill         unattached         Female         1:07:42         1:06:57           10K         632.         288         Mark Hill         unattached         Fem	10K	616.	93	Kim Campbell		Female	1:05:55	1:05:15
10K         619.         707         Peter Todd         unattached         Male         1:06:36         1:06:00           10K         620.         708         John Todd         unattached         Female         1:06:11         1:06:10           10K         621.         269         Louise Hanna         unattached         Female         1:06:42         1:05:56           10K         622.         703         Clayre Thompson         unattached         Female         1:06:45         1:06:03           10K         624.         138         Alan Craig         Ward Park Runners         Male         1:07:00         1:06:35           10K         625.         690         Ryan Stirling         unattached         Male         1:07:01         1:06:35           10K         622.         1002         Jonny Pitman         unattached         Male         1:07:04         1:06:19           10K         623.         99         Ann Catney         Jog Moira         Female         1:07:11         1:06:40           10K         631.         713         Maryjo Tumelty         unattached         Male         1:07:42         1:06:57           10K         632.         288         Mark Hill         unat	10K	617.	396	Luke Mars	Scrabo Striders	Male	1:06:05	1:05:18
10K         620.         708         John Todd         unattached         Male         1:06:01           10K         621.         209         Louise Hanna         unattached         Female         1:06:41         1:06:16           10K         622.         703         Clayer Thompson         unattached         Female         1:06:45         1:05:56           10K         623.         251         Natasha Graham         Scrabo Striders         Female         1:06:45         1:06:03           10K         625.         690         Ryan Stirling         unattached         Male         1:07:01         1:06:36           10K         626.         500         Tom Mcneilly         unattached         Male         1:07:01         1:06:36           10K         622.         162         Violet Davidson         Ballydrain Harriers         Female         1:07:17         1:06:45           10K         630.         545         Kelly Morrow         Ward Park Runners         Female         1:07:22         1:06:57           10K         633.         211         Nicola Forsythe         Scrabo Striders         Female         1:07:42         1:06:57           10K         633.         211         Nicia Meron	10K	618.	660	Donna Sinclair	unattached	Female	1:06:23	1:05:44
10K         621.         269         Louise Hanna         unattached         Female 1:06:41         1:06:16           10K         622.         703         Clayre Thompson         unattached         Female 1:06:42         1:06:03           10K         623.         251         Matasha Graham         Scrabo Striders         Female 1:06:45         1:06:03           10K         625.         690         Ryan Stirling         unattached         Male         1:07:01         1:06:35           10K         625.         500         Tom Moneilly         unattached         Male         1:07:01         1:06:35           10K         628.         162         Violet Davidson         Baltydrain Harriers         Female 1:07:17         1:06:40           10K         628.         162         Violet Davidson         Baltydrain Harriers         Female 1:07:42         1:06:67           10K         630.         545         Kelly Morrow         Ward Park Runners         Female 1:07:42         1:06:67           10K         632.         288         Mark Hill         unattached         Male         1:07:01           10K         633.         211         Nicola Forsythe         Scrabo Striders         Female 1:02:01         1:07:32 <td>10K</td> <td>619.</td> <td>707</td> <td>Peter Todd</td> <td>unattached</td> <td>Male</td> <td>1:06:36</td> <td>1:06:00</td>	10K	619.	707	Peter Todd	unattached	Male	1:06:36	1:06:00
10K         622.         703         Clayre Thompson         unattached         Female         1:06:42         1:05:56           10K         623.         251         Natasha Graham         Scrabo Striders         Female         1:06:03         1:06:03           10K         624.         138         Alan Craig         Ward Park Runners         Male         1:06:03         1:06:03           10K         625.         690         Ryan Stirling         unattached         Male         1:07:00         1:06:35           10K         626.         500         Tom Mneilly         unattached         Male         1:07:01         1:06:35           10K         627.         602         Jonny Pitman         unattached         Male         1:07:17         1:06:45           10K         630.         545         Kelly Morrow         Ward Park Runners         Female         1:07:24         1:06:57           10K         633.         211         Nicola Forsythe         Scrabo Striders         Female         1:07:44         1:07:01           10K         633.         211         Nicola Forsythe         Scrabo Striders         Female         1:07:47         1:07:01           10K         633.         512	10K	620.	708	John Todd	unattached	Male	1:06:37	1:06:01
10K         623.         251         Natasha Graham         Scrabo Striders         Fernale 1.06:45         1.06:03           10K         624.         138         Alan Craig         Ward Park Runners         Male         1.06:29         1.06:28           10K         625.         690         Ryan Striling         unattached         Male         1.07:01         1.06:36           10K         622.         600         Jonny Pitman         unattached         Male         1.07:01         1.06:36           10K         622.         162         Violet Davidson         Ballydrain Harriers         Fernale         1.07:11         1.06:40           10K         628.         162         Violet Davidson         Ballydrain Harriers         Fernale         1.07:12         1.06:47           10K         631.         713         Marylo Turnely         unattached         Male         1.07:42         1.06:57           10K         633.         211         Nicola Forsythe         Scrabo Striders         Fernale         1.07:44         1.07:01           10K         636.         732         Joanne Weston         unattached         Fernale         1.07:45         1.07:32           10K         637.         512	10K	621.	269	Louise Hanna	unattached	Female	1:06:41	1:06:16
10K         624.         138         Alan Craig         Ward Park Runners         Male         1:06:59         1:06:28           10K         625.         690         Ryan Striling         unattached         Male         1:07:00         1:06:35           10K         622.         500         Tom Moneilly         unattached         Male         1:07:01         1:06:36           10K         622.         Jonny Pitman         unattached         Male         1:07:01         1:06:36           10K         628.         162.         Violet Davidson         Ballydrain Harriers         Female         1:07:17         1:06:45           10K         630.         545         Kelly Morrow         Ward Park Runners         Female         1:07:26         1:07:00           10K         633.         211         Nicola Forsythe         Scrabo Striders         Female         1:07:41         1:07:01           10K         633.         211         Nicola Forsythe         Scrabo Striders         Female         1:07:42         1:06:67           10K         635.         505         Claire McQuillan         Ward Park Runners         Female         1:07:24         1:07:24           10K         636.         732	10K	622.	703	Clayre Thompson	unattached	Female	1:06:42	1:05:56
10K         625.         690         Ryan Stirling         unattached         Male         1.07.00         1.06.35           10K         622.         600         Tom Morellly         unattached         Male         1.07.01         1.06.36           10K         622.         602         Jonny Pitman         unattached         Male         1.07.04         1.06.19           10K         628.         162         Violet Davidson         Ballydrain Harriers         Female         1.07.11         1.06.40           10K         630.         545         Kelly Morrow         Ward Park Runners         Female         1.07.22         1.06.57           10K         631.         713         Maryjo Turnelty         unattached         Male         1.07.42         1.06.57           10K         633.         211         Nicola Forsythe         Scrabo Striders         Female         1.07.44         1.07.01           10K         636.         732         Joanne Weston         unattached         Female         1.07.32         1.07.32           10K         637.         512         Debbie Migan         Female         1.08.00         1.07.17           10K         637.         511         Moga Sorabo Striders	10K	623.	251	Natasha Graham	Scrabo Striders	Female	1:06:45	1:06:03
10K         626.         500         Tom Mcnelly         unattached         Male         1.07.01         1.06.36           10K         622.         162         Jonny Pitman         unattached         Male         1.07.04         1.06.19           10K         628.         162         Violet Davidson         Ballydrain Harriers         Female 1.07.11         1.06.40           10K         629.         99         Ann Catney         Jog Moira         Female 1.07.12         1.06.45           10K         631.         713         Maryio Tumelty         unattached         Female 1.07.42         1.06.57           10K         632.         288         Mark Hill         unattached         Male         1.07.42         1.06.57           10K         633.         211         Nicola Forsythe         Scrabo Striders         Female 1.07.47         1.07.01           10K         635.         505         Claire McQuillan         Ward Park Runners         Female 1.07.47         1.07.12           10K         636.         732         Joanne Weston         unattached         Female 1.08.00         1.07.25           10K         638.         511         Monica Merron         unattached         Female 1.08.15         1.07.37	10K	624.	138	Alan Craig	Ward Park Runners	Male	1:06:59	1:06:28
10K         627.         602         Jonny Pitman         unattached         Male         1:07:04         1:06:19           10K         628.         162         Violet Davidson         Ballydrain Harriers         Female         1:07:11         1:06:40           10K         630.         545         Kelly Morrow         Ward Park Runners         Female         1:07:26         1:07:00           10K         631.         713         Maryjo Turnelty         unattached         Female         1:07:42         1:06:57           10K         633.         211         Nicola Forsythe         Scrabo Striders         Female         1:07:44         1:07:01           10K         633.         211         Nicola Forsythe         Scrabo Striders         Female         1:07:47         1:07:01           10K         635.         505         Claire McQuillan         Ward Park Runners         Female         1:07:49         1:07:24           10K         636.         732         Joanne Weston         unattached         Female         1:07:37           10K         638.         511         Monica Merron         unattached         Female         1:08:15         1:07:37           10K         640.         220	10K	625.	690	Ryan Stirling	unattached	Male	1:07:00	1:06:35
10K         628.         162         Violet Davidson         Ballydrain Harriers         Female 1:07:11         1:06:40           10K         629.         99         Ann Catney         Jog Moira         Female 1:07:17         1:06:45           10K         630.         545         Kelly Morrow         Ward Park Runners         Female 1:07:42         1:06:57           10K         631.         713         Maryjo Tumelty         unattached         Male         1:07:42         1:06:57           10K         633.         211         Nicola Forsythe         Scrabo Striders         Female 1:07:44         1:07:01           10K         634.         193         Sue Farmer         Female 1:07:44         1:07:01           10K         635.         505         Claire McQuillan         Ward Park Runners         Female 1:07:44         1:07:32           10K         636.         511         Monica Meron         unattached         Female 1:08:00         1:07:17           10K         638.         511         Monica Meron         unattached         Female 1:08:10         1:07:37           10K         640.         220         Ciara Gallagher         unattached         Female 1:08:27         1:07:52           10K <t< td=""><td>10K</td><td>626.</td><td>500</td><td>Tom Mcneilly</td><td>unattached</td><td>Male</td><td>1:07:01</td><td>1:06:36</td></t<>	10K	626.	500	Tom Mcneilly	unattached	Male	1:07:01	1:06:36
10K         629.         99         Ann Catney         Jog Moira         Female         1:07:17         1:06:45           10K         630.         545         Kelly Morrow         Ward Park Runners         Female         1:07:26         1:07:00           10K         631.         713         Maryjo Turnelty         unattached         Female         1:07:42         1:06:57           10K         632.         288         Mark Hill         unattached         Male         1:07:44         1:07:01           10K         633.         211         Nicola Forsythe         Scrabo Striders         Female         1:07:44         1:07:01           10K         635.         505         Claire McQuillan         Ward Park Runners         Female         1:07:44         1:07:22           10K         636.         732         Joanne Weston         unattached         Female         1:07:32           10K         638.         511         Monica Merron         unattached         Female         1:08:10         1:07:45           10K         640.         220         Clara Gallagher         unattached         Female         1:08:27         1:07:52           10K         641.         694         Sonya Summersgill	10K	627.	602	Jonny Pitman	unattached	Male	1:07:04	1:06:19
10K         630.         545         Kelly Morrow         Ward Park Runners         Female 1:07:26         1:07:00           10K         631.         713         Maryjo Tumelty         unattached         Female 1:07:42         1:06:57           10K         633.         211         Nicola Forsythe         Scrabo Striders         Female 1:07:44         1:07:01           10K         633.         111         Nicola Forsythe         Scrabo Striders         Female 1:07:44         1:07:01           10K         635.         505         Claire McQuillan         Ward Park Runners         Female 1:07:44         1:07:02           10K         636.         732         Joanne Weston         unattached         Female 1:07:45         1:07:32           10K         637.         512         Debie Migan         remale 1:08:00         1:07:17           10K         638.         511         Monica Merron         unattached         Female 1:08:15         1:07:37           10K         640.         220         Clara Gallagher         unattached         Female 1:08:15         1:07:45           10K         641.         694         Sonya Summersgill         Scrabo Striders         Female 1:08:27         1:07:52           10K	10K	628.	162	Violet Davidson	Ballydrain Harriers	Female	1:07:11	1:06:40
10K         631.         713         Maryjo Tumelty         unattached         Female         1:07:42         1:06:57           10K         632.         288         Mark Hill         unattached         Male         1:07:42         1:06:57           10K         633.         211         Nicola Forsythe         Scrabo Striders         Female         1:07:44         1:07:01           10K         634.         193         Sue Farmer         Female         1:07:47         1:07:01           10K         635.         505         Claire McQuillan         Ward Park Runners         Female         1:07:24         1:07:24           10K         636.         732         Joanne Weston         unattached         Female         1:07:25         1:0K         633.         1:1         Monica Merron         unattached         Female         1:08:10         1:07:25           10K         640.         220         Clara Gallagher         unattached         Female         1:08:17         1:07:52           10K         641.         694         Sonya Summersgill         Scrabo Striders         Female         1:08:27         1:07:52           10K         644.         518         Anna Minnis         unattached         Female <td>10K</td> <td>629.</td> <td>99</td> <td>Ann Catney</td> <td>Jog Moira</td> <td>Female</td> <td>1:07:17</td> <td>1:06:45</td>	10K	629.	99	Ann Catney	Jog Moira	Female	1:07:17	1:06:45
10K         632.         288         Mark Hill         unattached         Male         1:07:42         1:06:57           10K         633.         211         Nicola Forsythe         Scrabo Striders         Female         1:07:44         1:07:01           10K         633.         193         Sue Farmer         Female         1:07:47         1:07:01           10K         635.         505         Claire McQuillan         Ward Park Runners         Female         1:07:49         1:07:24           10K         636.         732         Joanne Weston         unattached         Female         1:07:49         1:07:25           10K         638.         511         Monica Merron         unattached         Female         1:08:10         1:07:45           10K         639.         751         Hugh Young         Ballydrain Harriers         Male         1:08:10         1:07:45           10K         641.         694         Sonya Summersgill         Scrabo Striders         Female         1:08:27         1:07:52           10K         643.         144         Angle Crone         Scrabo Striders         Female         1:08:27         1:07:62           10K         644.         518         Anana Minnis	10K	630.	545	Kelly Morrow	Ward Park Runners	Female	1:07:26	1:07:00
10K         633.         211         Nicola Forsythe         Scrabo Striders         Female         1:07:44         1:07:01           10K         634.         193         Sue Farmer         Female         1:07:47         1:07:01           10K         635.         505         Claire McQuillan         Ward Park Runners         Female         1:07:49         1:07:24           10K         636.         732         Joanne Weston         unattached         Female         1:07:54         1:07:32           10K         638.         511         Monica Merron         unattached         Female         1:08:00         1:07:17           10K         649.         202         Ciara Gallagher         unattached         Female         1:08:10         1:07:52           10K         641.         694         Sonya Summersgill         Scrabo Striders         Female         1:08:27         1:07:52           10K         643.         144         Angie Crone         Scrabo Striders         Female         1:08:29         1:07:46           10K         643.         144         Angie Crone         Scrabo Striders         Female         1:08:54         1:08:09           10K         645.         Cheryl Alexander <td< td=""><td>10K</td><td>631.</td><td>713</td><td>Maryjo Tumelty</td><td>unattached</td><td>Female</td><td>1:07:42</td><td>1:06:57</td></td<>	10K	631.	713	Maryjo Tumelty	unattached	Female	1:07:42	1:06:57
10K         634.         193         Sue Farmer         Female         1:07:47         1:07:01           10K         635.         505         Claire McQuillan         Ward Park Runners         Female         1:07:49         1:07:24           10K         636.         732         Joanne Weston         unattached         Female         1:07:45         1:07:25           10K         637.         512         Debbie Migan         Female         1:08:00         1:07:25           10K         638.         511         Monica Merron         unattached         Female         1:08:10         1:07:45           10K         640.         220         Clara Gallagher         unattached         Female         1:08:15         1:07:37           10K         641.         694         Sonya Summersgill         Scrabo Striders         Female         1:08:27         1:07:52           10K         642.         771         Judith Boyd         Scrabo Striders         Female         1:08:27         1:07:45           10K         643.         144         Angie Crone         Scrabo Striders         Female         1:08:29         1:07:45           10K         645.         6         Cheryl Alexander         Scrabo Striders<	10K	632.	288	Mark Hill	unattached	Male	1:07:42	1:06:57
10K         635.         505         Claire McQuillan         Ward Park Runners         Female         1:07:49         1:07:24           10K         636.         732         Joanne Weston         unattached         Female         1:07:32           10K         637.         512         Debbie Migan         Female         1:08:00         1:07:25           10K         638.         511         Monica Merron         unattached         Female         1:08:00         1:07:45           10K         639.         751         Hugh Young         Ballydrain Harriers         Male         1:08:10         1:07:37           10K         641.         694         Sonya Summersgill         Scrabo Striders         Female         1:08:27         1:07:52           10K         642.         771         Judith Boyd         Scrabo Striders         Female         1:08:27         1:07:52           10K         643.         144         Angie Crone         Scrabo Striders         Female         1:08:29         1:07:45           10K         645.         6         Cheryl Alexander         Scrabo Striders         Female         1:08:54         1:08:12           10K         646.         249         Carol Graham         Scra	10K	633.	211	Nicola Forsythe	Scrabo Striders	Female	1:07:44	1:07:01
10K         636.         732         Joanne Weston         unattached         Female         1:07:54         1:07:32           10K         637.         512         Debbie Migan         Female         1:08:00         1:07:25           10K         638.         511         Monica Merron         unattached         Female         1:08:00         1:07:17           10K         639.         751         Hugh Young         Ballydrain Harriers         Male         1:08:10         1:07:37           10K         640.         220         Ciara Gallagher         unattached         Female         1:08:10         1:07:37           10K         641.         694         Sonya Summersgill         Scrabo Striders         Female         1:08:27         1:07:52           10K         643.         144         Angie Crone         Scrabo Striders         Female         1:08:29         1:07:45           10K         644.         518         Anna Minnis         unattached         Female         1:08:31         1:07:45           10K         645.         6         Cheryl Alexander         Scrabo Striders         Female         1:08:12         1:0K         647.         761         Hugh Lyons         Scrabo Striders         Male	10K	634.	193	•		Female	1:07:47	1:07:01
10K         637.         512         Debbie Migan         Female 1:08:00         1:07:25           10K         638.         511         Monica Merron         unattached         Female 1:08:00         1:07:17           10K         639.         751         Hugh Young         Ballydrain Harriers         Male         1:08:10         1:07:45           10K         640.         220         Ciara Gallagher         unattached         Female 1:08:15         1:07:37           10K         641.         694         Sonya Summersgill         Scrabo Striders         Female 1:08:27         1:07:52           10K         642.         771         Judith Boyd         Scrabo Striders         Female 1:08:27         1:07:52           10K         643.         144         Angie Crone         Scrabo Striders         Female 1:08:31         1:07:46           10K         645.         6         Cheryl Alexander         Scrabo Striders         Female 1:08:51         1:08:09           10K         645.         6         Cheryl Alexander         Scrabo Striders         Female 1:08:54         1:08:12           10K         644.         543         Gillian Seeds         unattached         Female 1:09:34         1:08:49           10K	10K	635.	505	Claire McQuillan	Ward Park Runners	Female	1:07:49	1:07:24
10K         638.         511         Monica Merron         unattached         Female         1:08:00         1:07:17           10K         639.         751         Hugh Young         Ballydrain Harriers         Male         1:08:10         1:07:45           10K         640.         220         Ciara Gallagher         unattached         Female         1:08:17         1:07:37           10K         641.         694         Sonya Summersgill         Scrabo Striders         Female         1:08:27         1:07:52           10K         642.         771         Judith Boyd         Scrabo Striders         Female         1:08:27         1:07:45           10K         643.         144         Angie Crone         Scrabo Striders         Female         1:08:29         1:07:46           10K         644.         518         Anna Minnis         unattached         Female         1:08:51         1:08:09           10K         645.         6         Cheryl Alexander         Scrabo Striders         Female         1:08:54         1:08:12           10K         647.         761         Hugh Lyons         Scrabo Striders         Male         1:08:54         1:08:12           10K         648.         643	10K	636.	732	Joanne Weston	unattached	Female	1:07:54	1:07:32
10K         638.         511         Monica Merron         unattached         Female         1:08:00         1:07:17           10K         639.         751         Hugh Young         Ballydrain Harriers         Male         1:08:10         1:07:45           10K         640.         220         Clara Gallagher         unattached         Female         1:08:17         1:07:37           10K         641.         694         Sonya Summersgill         Scrabo Striders         Female         1:08:27         1:07:52           10K         642.         771         Judith Boyd         Scrabo Striders         Female         1:08:27         1:07:45           10K         644.         518         Anna Minnis         unattached         Female         1:08:29         1:07:45           10K         645.         6         Cheryl Alexander         Scrabo Striders         Female         1:08:54         1:08:12           10K         646.         249         Carl Graham         Scrabo Striders         Male         1:08:54         1:08:12           10K         647.         761         Hugh Lyons         Scrabo Striders         Hemale         1:00:51         1:09:23           10K         650.         10	10K	637.	512	Debbie Migan		Female	1:08:00	1:07:25
10K         640.         220         Ciara Gallagher         unattached         Female         1:08:15         1:07:37           10K         641.         694         Sonya Summersgill         Scrabo Striders         Female         1:08:27         1:07:52           10K         642.         771         Judith Boyd         Scrabo Striders         Female         1:08:27         1:07:52           10K         643.         144         Angie Crone         Scrabo Striders         Female         1:08:29         1:07:46           10K         644.         518         Anna Minnis         unattached         Female         1:08:29         1:07:45           10K         645.         6         Cheryl Alexander         Scrabo Striders         Female         1:08:54         1:08:09           10K         646.         249         Carol Graham         Scrabo Striders         Male         1:08:54         1:08:12           10K         647.         761         Hugh Lyons         Scrabo Striders         Male         1:08:54         1:08:12           10K         648.         643         Gillian Seeds         unattached         Female         1:10:05         1:09:23           10K         650.         10	10K	638.	511		unattached	Female	1:08:00	1:07:17
10K         641.         694         Sonya Summersgill         Scrabo Striders         Female         1:08:27         1:07:52           10K         642.         771         Judith Boyd         Scrabo Striders         Female         1:08:27         1:07:52           10K         643.         144         Angie Crone         Scrabo Striders         Female         1:08:29         1:07:46           10K         644.         518         Anna Minnis         unattached         Female         1:08:51         1:08:09           10K         645.         6         Cheryl Alexander         Scrabo Striders         Female         1:08:54         1:08:12           10K         646.         249         Carol Graham         Scrabo Striders         Male         1:08:54         1:08:12           10K         647.         761         Hugh Lyons         Scrabo Striders         Male         1:08:54         1:08:12           10K         648.         643         Gillian Seeds         unattached         Female         1:09:34         1:08:49           10K         650.         10         Lisa Allen         unattached         Female         1:10:05         1:09:23           10K         651.         9	10K	639.	751	Hugh Young	Ballydrain Harriers	Male	1:08:10	1:07:45
10K         641.         694         Sonya Summersgill         Scrabo Striders         Female         1:08:27         1:07:52           10K         642.         771         Judith Boyd         Scrabo Striders         Female         1:08:27         1:07:52           10K         643.         144         Angie Crone         Scrabo Striders         Female         1:08:29         1:07:45           10K         644.         518         Anna Minnis         unattached         Female         1:08:51         1:08:09           10K         645.         6         Cheryl Alexander         Scrabo Striders         Female         1:08:54         1:08:09           10K         646.         249         Carol Graham         Scrabo Striders         Male         1:08:54         1:08:12           10K         647.         761         Hugh Lyons         Scrabo Striders         Male         1:08:54         1:08:12           10K         648.         643         Gillian Seeds         unattached         Female         1:00:05         1:09:23           10K         650.         10         Lisa Allen         unattached         Female         1:10:08         1:09:21           10K         651.         9	10K	640.	220	Ciara Gallagher	unattached	Female	1:08:15	1:07:37
10K         642.         771         Judith Boyd         Scrabo Striders         Female         1:08:27         1:07:52           10K         643.         144         Angie Crone         Scrabo Striders         Female         1:08:29         1:07:46           10K         644.         518         Anna Minnis         unattached         Female         1:08:31         1:07:45           10K         645.         6         Cheryl Alexander         Scrabo Striders         Female         1:08:51         1:08:09           10K         646.         249         Carol Graham         Scrabo Striders         Female         1:08:54         1:08:12           10K         647.         761         Hugh Lyons         Scrabo Striders         Male         1:08:54         1:08:12           10K         648.         643         Gillian Seeds         unattached         Female         1:09:23         1:06         650.         1:0         Lisa Allen         unattached         Male         1:10:05         1:09:21           10K         651.         9         Craig Allen         unattached         Male         1:10:01         1:10:32           10K         653.         207         Claire Fleming         Ward Park Runners	10K	641.	694		Scrabo Striders	Female	1:08:27	1:07:52
10K         643.         144         Angie Crone         Scrabo Striders         Female 1:08:29         1:07:46           10K         644.         518         Anna Minnis         unattached         Female 1:08:31         1:07:45           10K         645.         6         Cheryl Alexander         Scrabo Striders         Female 1:08:51         1:08:09           10K         646.         249         Carol Graham         Scrabo Striders         Female 1:08:54         1:08:12           10K         647.         761         Hugh Lyons         Scrabo Striders         Male         1:08:54         1:08:12           10K         648.         643         Gillian Seeds         unattached         Female 1:09:34         1:08:49           10K         649.         586         Ciara Osborne         Carryduff Running Club         Female 1:10:05         1:09:23           10K         650.         10         Lisa Allen         unattached         Male         1:10:09         1:09:21           10K         651.         9         Craig Allen         unattached         Male         1:11:00         1:10:32           10K         652.         444         Lisa McCoy         Ward Park Runners         Female 1:11:101         1:10:32 <td>10K</td> <td>642.</td> <td>771</td> <td>· · ·</td> <td>Scrabo Striders</td> <td>Female</td> <td>1:08:27</td> <td>1:07:52</td>	10K	642.	771	· · ·	Scrabo Striders	Female	1:08:27	1:07:52
10K         644.         518         Anna Minnis         unattached         Female         1:08:31         1:07:45           10K         645.         6         Cheryl Alexander         Scrabo Striders         Female         1:08:51         1:08:09           10K         646.         249         Carol Graham         Scrabo Striders         Female         1:08:54         1:08:12           10K         647.         761         Hugh Lyons         Scrabo Striders         Male         1:08:54         1:08:12           10K         648.         643         Gillian Seeds         unattached         Female         1:09:34         1:08:49           10K         649.         586         Ciara Osborne         Carryduff Running Club         Female         1:10:05         1:09:23           10K         650.         10         Lisa Allen         unattached         Female         1:10:08         1:09:21           10K         651.         9         Craig Allen         unattached         Male         1:10:09         1:09:21           10K         652.         444         Lisa McCoy         Ward Park Runners         Female         1:11:01         1:10:32           10K         653.         207         C	10K	643.	144	Angie Crone	Scrabo Striders	Female	1:08:29	1:07:46
10K         646.         249         Carol Graham         Scrabo Striders         Female         1:08:54         1:08:12           10K         647.         761         Hugh Lyons         Scrabo Striders         Male         1:08:54         1:08:12           10K         648.         643         Gillian Seeds         unattached         Female         1:09:34         1:08:49           10K         649.         586         Ciara Osborne         Carryduff Running Club         Female         1:10:05         1:09:23           10K         650.         10         Lisa Allen         unattached         Female         1:10:08         1:09:21           10K         651.         9         Craig Allen         unattached         Male         1:10:09         1:09:21           10K         652.         444         Lisa McCoy         Ward Park Runners         Female         1:11:00         1:10:32           10K         653.         207         Claire Fleming         Ward Park Runners         Male         1:11:11         1:10:32           10K         655.         548         Janet Mowat         unattached         Female         1:11:43         1:11:24           10K         656.         737         F	10K	644.	518	Anna Minnis	unattached	Female	1:08:31	1:07:45
10K         647.         761         Hugh Lyons         Scrabo Striders         Male         1:08:54         1:08:12           10K         648.         643         Gillian Seeds         unattached         Female         1:09:34         1:08:49           10K         649.         586         Ciara Osborne         Carryduff Running Club         Female         1:10:05         1:09:23           10K         650.         10         Lisa Allen         unattached         Female         1:10:08         1:09:21           10K         651.         9         Craig Allen         unattached         Male         1:10:09         1:09:21           10K         652.         444         Lisa McCoy         Ward Park Runners         Female         1:11:00         1:10:32           10K         653.         207         Claire Fleming         Ward Park Runners         Female         1:11:01         1:10:32           10K         654.         706         Bruce Thomson         Ward Park Runners         Male         1:11:43         1:11:13           10K         655.         548         Janet Mowat         unattached         Female         1:11:24           10K         657.         256         Sandra Grimason	10K	645.	6	Cheryl Alexander	Scrabo Striders	Female	1:08:51	1:08:09
10K         647.         761         Hugh Lyons         Scrabo Striders         Male         1:08:54         1:08:12           10K         648.         643         Gillian Seeds         unattached         Female         1:09:34         1:08:49           10K         649.         586         Ciara Osborne         Carryduff Running Club         Female         1:10:05         1:09:23           10K         650.         10         Lisa Allen         unattached         Female         1:10:08         1:09:21           10K         651.         9         Craig Allen         unattached         Male         1:10:09         1:09:21           10K         652.         444         Lisa McCoy         Ward Park Runners         Female         1:11:00         1:10:32           10K         653.         207         Claire Fleming         Ward Park Runners         Female         1:11:01         1:10:32           10K         654.         706         Bruce Thomson         Ward Park Runners         Male         1:11:43         1:11:13           10K         655.         548         Janet Mowat         unattached         Female         1:11:24           10K         657.         256         Sandra Grimason	10K	646.	249	Carol Graham	Scrabo Striders	Female	1:08:54	1:08:12
10K         648.         643         Gillian Seeds         unattached         Female         1:09:34         1:08:49           10K         649.         586         Ciara Osborne         Carryduff Running Club         Female         1:10:05         1:09:23           10K         650.         10         Lisa Allen         unattached         Female         1:10:08         1:09:21           10K         651.         9         Craig Allen         unattached         Male         1:10:09         1:09:21           10K         652.         444         Lisa McCoy         Ward Park Runners         Female         1:11:00         1:10:32           10K         653.         207         Claire Fleming         Ward Park Runners         Female         1:11:10         1:10:32           10K         655.         548         Janet Mowat         unattached         Female         1:11:43         1:11:24           10K         656.         737         Frances Wills         unattached         Female         1:11:25         1:11:25           10K         657.         256         Sandra Grimason         Ballydrain Harriers         Female         1:11:33           10K         658.         538         Lesley Moreland </td <td></td> <td>647.</td> <td>761</td> <td>Hugh Lyons</td> <td>Scrabo Striders</td> <td>Male</td> <td>1:08:54</td> <td>1:08:12</td>		647.	761	Hugh Lyons	Scrabo Striders	Male	1:08:54	1:08:12
10K         650.         10         Lisa Allen         unattached         Female         1:10:08         1:09:21           10K         651.         9         Craig Allen         unattached         Male         1:10:09         1:09:21           10K         652.         444         Lisa McCoy         Ward Park Runners         Female         1:11:00         1:10:32           10K         653.         207         Claire Fleming         Ward Park Runners         Female         1:11:01         1:10:32           10K         654.         706         Bruce Thomson         Ward Park Runners         Male         1:11:43         1:11:13           10K         655.         548         Janet Mowat         unattached         Female         1:11:26         1:11:24           10K         656.         737         Frances Wills         unattached         Female         1:11:25         1:11:25           10K         657.         256         Sandra Grimason         Ballydrain Harriers         Female         1:12:18         1:11:33           10K         658.         538         Lesley Moreland         Ballydrain Harriers         Female         1:12:19         1:11:53           10K         660.         61	10K	648.	643	Gillian Seeds	unattached	Female	1:09:34	1:08:49
10K         651.         9         Craig Allen         unattached         Male         1:10:09         1:09:21           10K         652.         444         Lisa McCoy         Ward Park Runners         Female         1:11:00         1:10:32           10K         653.         207         Claire Fleming         Ward Park Runners         Female         1:11:01         1:10:32           10K         654.         706         Bruce Thomson         Ward Park Runners         Male         1:11:43         1:11:13           10K         655.         548         Janet Mowat         unattached         Female         1:11:56         1:11:24           10K         656.         737         Frances Wills         unattached         Female         1:11:58         1:11:25           10K         657.         256         Sandra Grimason         Ballydrain Harriers         Female         1:11:33           10K         658.         538         Lesley Moreland         Ballydrain Harriers         Female         1:12:18         1:11:34           10K         659.         333         Kathy Kelly         unattached         Female         1:12:29         1:11:53           10K         660.         61         Stephen Bran	10K	649.	586	Ciara Osborne	Carryduff Running Club	Female	1:10:05	1:09:23
10K         652.         444         Lisa McCoy         Ward Park Runners         Female         1:11:00         1:10:32           10K         653.         207         Claire Fleming         Ward Park Runners         Female         1:11:01         1:10:32           10K         654.         706         Bruce Thomson         Ward Park Runners         Male         1:11:43         1:11:13           10K         655.         548         Janet Mowat         unattached         Female         1:11:56         1:11:24           10K         656.         737         Frances Wills         unattached         Female         1:11:58         1:11:25           10K         657.         256         Sandra Grimason         Ballydrain Harriers         Female         1:12:18         1:11:33           10K         658.         538         Lesley Moreland         Ballydrain Harriers         Female         1:12:18         1:11:34           10K         659.         333         Kathy Kelly         unattached         Female         1:12:29         1:11:53           10K         660.         61         Stephen Braniff         Scrabo Striders         Male         1:12:54         1:12:09           10K         661.         <	10K	650.	10	Lisa Allen	unattached	Female	1:10:08	1:09:21
10K652.444Lisa McCoyWard Park RunnersFemale 1:11:001:10:3210K653.207Claire FlemingWard Park RunnersFemale 1:11:011:10:3210K654.706Bruce ThomsonWard Park RunnersMale1:11:431:11:1310K655.548Janet MowatunattachedFemale 1:11:561:11:2410K656.737Frances WillsunattachedFemale 1:11:581:11:2510K657.256Sandra GrimasonBallydrain HarriersFemale 1:12:181:11:3310K658.538Lesley MorelandBallydrain HarriersFemale 1:12:181:11:3410K659.333Kathy KellyunattachedFemale 1:12:291:11:5310K660.61Stephen BraniffScrabo StridersMale1:12:541:12:1010K662.112Fionnuala CliftonCarryduff Running ClubFemale 1:13:211:12:39	10K	651.	9	Craig Allen	unattached	Male	1:10:09	1:09:21
10K         653.         207         Claire Fleming         Ward Park Runners         Female         1:11:01         1:10:32           10K         654.         706         Bruce Thomson         Ward Park Runners         Male         1:11:43         1:11:13           10K         655.         548         Janet Mowat         unattached         Female         1:11:56         1:11:24           10K         656.         737         Frances Wills         unattached         Female         1:11:58         1:11:25           10K         657.         256         Sandra Grimason         Ballydrain Harriers         Female         1:12:18         1:11:33           10K         658.         538         Lesley Moreland         Ballydrain Harriers         Female         1:12:18         1:11:34           10K         659.         333         Kathy Kelly         unattached         Female         1:12:29         1:11:53           10K         660.         61         Stephen Braniff         Scrabo Striders         Male         1:12:53         1:12:09           10K         661.         604         Helen Potts         Scrabo Striders         Female         1:12:54         1:12:10           10K         662. <t< td=""><td>10K</td><td>652.</td><td>444</td><td>-</td><td>Ward Park Runners</td><td>Female</td><td>1:11:00</td><td>1:10:32</td></t<>	10K	652.	444	-	Ward Park Runners	Female	1:11:00	1:10:32
10K         654.         706         Bruce Thomson         Ward Park Runners         Male         1:11:43         1:11:13           10K         655.         548         Janet Mowat         unattached         Female         1:11:56         1:11:24           10K         656.         737         Frances Wills         unattached         Female         1:11:58         1:11:25           10K         657.         256         Sandra Grimason         Ballydrain Harriers         Female         1:12:18         1:11:33           10K         658.         538         Lesley Moreland         Ballydrain Harriers         Female         1:12:18         1:11:34           10K         659.         333         Kathy Kelly         unattached         Female         1:12:29         1:11:53           10K         660.         61         Stephen Braniff         Scrabo Striders         Male         1:12:53         1:12:09           10K         661.         604         Helen Potts         Scrabo Striders         Female         1:12:54         1:12:10           10K         662.         112         Fionnuala Clifton         Carryduff Running Club         Female         1:13:21         1:12:39	10K	653.	207	•	Ward Park Runners	Female	1:11:01	1:10:32
10K         655.         548         Janet Mowat         unattached         Female         1:11:56         1:11:24           10K         656.         737         Frances Wills         unattached         Female         1:11:58         1:11:25           10K         657.         256         Sandra Grimason         Ballydrain Harriers         Female         1:12:18         1:11:33           10K         658.         538         Lesley Moreland         Ballydrain Harriers         Female         1:12:18         1:11:34           10K         659.         333         Kathy Kelly         unattached         Female         1:12:29         1:11:53           10K         660.         61         Stephen Braniff         Scrabo Striders         Male         1:12:53         1:12:09           10K         661.         604         Helen Potts         Scrabo Striders         Female         1:12:54         1:12:10           10K         662.         112         Fionnuala Clifton         Carryduff Running Club         Female         1:13:21         1:12:39					Ward Park Runners	Male	1:11:43	
10K         656.         737         Frances Wills         unattached         Female         1:11:58         1:11:25           10K         657.         256         Sandra Grimason         Ballydrain Harriers         Female         1:12:18         1:11:33           10K         658.         538         Lesley Moreland         Ballydrain Harriers         Female         1:12:18         1:11:34           10K         659.         333         Kathy Kelly         unattached         Female         1:12:29         1:11:53           10K         660.         61         Stephen Braniff         Scrabo Striders         Male         1:12:53         1:12:09           10K         661.         604         Helen Potts         Scrabo Striders         Female         1:12:54         1:12:10           10K         662.         112         Fionnuala Clifton         Carryduff Running Club         Female         1:13:21         1:12:39		655.	548	Janet Mowat	unattached	Female	1:11:56	
10K657.256Sandra GrimasonBallydrain HarriersFemale 1:12:181:11:3310K658.538Lesley MorelandBallydrain HarriersFemale 1:12:181:11:3410K659.333Kathy KellyunattachedFemale 1:12:291:11:5310K660.61Stephen BraniffScrabo StridersMale1:12:531:12:0910K661.604Helen PottsScrabo StridersFemale 1:12:541:12:1010K662.112Fionnuala CliftonCarryduff Running ClubFemale 1:13:211:12:39			737	Frances Wills	unattached	Female	1:11:58	
10K         658.         538         Lesley Moreland         Ballydrain Harriers         Female 1:12:18         1:11:34           10K         659.         333         Kathy Kelly         unattached         Female 1:12:29         1:11:53           10K         660.         61         Stephen Braniff         Scrabo Striders         Male         1:12:53         1:12:09           10K         661.         604         Helen Potts         Scrabo Striders         Female 1:12:54         1:12:10           10K         662.         112         Fionnuala Clifton         Carryduff Running Club         Female 1:13:21         1:12:39								
10K         659.         333         Kathy Kelly         unattached         Female         1:12:29         1:11:53           10K         660.         61         Stephen Braniff         Scrabo Striders         Male         1:12:53         1:12:09           10K         661.         604         Helen Potts         Scrabo Striders         Female         1:12:54         1:12:10           10K         662.         112         Fionnuala Clifton         Carryduff Running Club         Female         1:13:21         1:12:39					•			
10K660.61Stephen BraniffScrabo StridersMale1:12:531:12:0910K661.604Helen PottsScrabo StridersFemale1:12:541:12:1010K662.112Fionnuala CliftonCarryduff Running ClubFemale1:13:211:12:39					•			
10K661.604Helen PottsScrabo StridersFemale 1:12:541:12:1010K662.112Fionnuala CliftonCarryduff Running ClubFemale 1:13:211:12:39				· · · · ·				
10K         662.         112         Fionnuala Clifton         Carryduff Running Club         Female 1:13:21         1:12:39				•				
	10K	663.	107	Gerry Clifton	Carryduff Running Club	Male	1:13:21	1:12:40

TotalRank	Num	Name		Sex	Gun time	Chip time
664.	114	Kim Cochrane	Scrabo Striders	Female	1:13:44	1:13:01
665.	390	Hannah Magee	Scrabo Striders	Female	1:13:50	1:13:04
666.	515	Caitlin Miller	unattached	Female	1:13:51	1:13:51
667.	704	Stephen Thompson	unattached	Male	1:13:51	1:13:03
668.	183	Donna Dugan	Scrabo Striders	Female	1:13:57	1:13:14
669.	424	Gillian Mccaughtry	Saintfield Striders	Female	1:14:08	1:13:19
670.	192	Louise Farmer	unattached	Female	1:14:48	1:14:01
671.	433	Mairead Mccomb	unattached	Female	1:14:49	1:14:02
672.	626	Lorraine Rogers	Ward Park Runners	Female	1:14:52	1:14:27
673.	39	Anne Bell	Jog Moira	Female	1:14:58	1:14:20
674.	401	Christine Martin	unattached	Female	1:17:27	1:17:27
675.	673	Gareth Soye	unattached	Male	1:18:05	1:17:21
676.	178	Nadine Dorrian	unattached	Female	1:18:06	1:17:23
677.	622	Hannah Robinson	Scrabo Striders	Female	1:19:01	1:18:16
678.	191	Allison Farley	Scrabo Striders	Female	1:19:02	1:18:17
679.	700	Karen Suzanne Thompson	Scrabo Striders	Female	1:21:30	1:20:44
680.	146	Dawn Cudworth	Scrabo Striders	Female	1:21:42	1:20:56
681.	155	Mairead Curran	Scrabo Striders	Female	1:26:55	1:26:10
682.	134	David Craig	Ballydrain Harriers	Male	1:29:28	1:28:38
683.	217	Elisabeth French	North Belfast Harriers	Female	1:29:40	1:28:51
684.	675	Robbie Speers	North Belfast Harriers	Male	1:29:40	1:28:51
685.	386	Cheryl Macartney	Scrabo Striders	Female	1:34:53	1:34:10
686.	109	Karen Clarke	Scrabo Striders	Female	1:35:22	1:35:22
	664.         665.         666.         667.         668.         669.         670.         671.         672.         673.         674.         675.         676.         677.         678.         679.         680.         681.         682.         683.         684.         685.	664.         114           665.         390           666.         515           667.         704           668.         183           669.         424           670.         192           671.         433           672.         626           673.         39           674.         401           675.         673           676.         178           677.         622           678.         191           679.         700           680.         146           681.         155           682.         134           683.         217           684.         675           685.         386	665.390Hannah Magee666.515Caitlin Miller667.704Stephen Thompson668.183Donna Dugan669.424Gillian Mccaughtry670.192Louise Farmer671.433Mairead Mccomb672.626Lorraine Rogers673.39Anne Bell674.401Christine Martin675.673Gareth Soye676.178Nadine Dorrian677.622Hannah Robinson678.191Allison Farley679.700Karen Suzanne Thompson680.146Dawn Cudworth681.155Mairead Curran682.134David Craig683.217Elisabeth French685.386Cheryl Macartney	664.114Kim CochraneScrabo Striders665.390Hannah MageeScrabo Striders666.515Caitlin Millerunattached667.704Stephen Thompsonunattached668.183Donna DuganScrabo Striders669.424Gillian MccaughtrySaintfield Striders670.192Louise Farmerunattached671.433Mairead Mccombunattached672.626Lorraine RogersWard Park Runners673.39Anne BellJog Moira674.401Christine Martinunattached675.673Gareth Soyeunattached676.178Nadine Dorrianunattached677.622Hannah RobinsonScrabo Striders678.191Allison FarleyScrabo Striders679.700Karen Suzanne ThompsonScrabo Striders681.155Mairead CurranScrabo Striders682.134David CraigBallydrain Harriers683.217Elisabeth FrenchNorth Belfast Harriers685.386Cheryl MacartneyScrabo Striders	664.114Kim CochraneScrabo StridersFemale665.390Hannah MageeScrabo StridersFemale666.515Caitlin MillerunattachedFemale667.704Stephen ThompsonunattachedMale668.183Donna DuganScrabo StridersFemale669.424Gillian MccaughtrySaintfield StridersFemale670.192Louise FarmerunattachedFemale671.433Mairead MccombunattachedFemale672.626Lorraine RogersWard Park RunnersFemale673.39Anne BellJog MoiraFemale674.401Christine MartinunattachedFemale675.673Gareth SoyeunattachedFemale676.178Nadine DorrianunattachedFemale677.622Hannah RobinsonScrabo StridersFemale678.191Allison FarleyScrabo StridersFemale679.700Karen Suzanne ThompsonScrabo StridersFemale680.146Dawn CudworthScrabo StridersFemale681.155Mairead CurranScrabo StridersFemale682.134David CraigBallydrain HarriersMale683.217Elisabeth FrenchNorth Belfast HarriersFemale684.675Robbie SpeersNorth Belfast HarriersFemale685.386Cheryl Macar	664.114Kim CochraneScrabo StridersFemale 1:13:44665.390Hannah MageeScrabo StridersFemale 1:13:50666.515Caitlin MillerunattachedFemale 1:13:51667.704Stephen ThompsonunattachedMale1:13:51668.183Donna DuganScrabo StridersFemale 1:13:67669.424Gillian MccaughtrySaintfield StridersFemale 1:14:08670.192Louise FarmerunattachedFemale 1:14:48671.433Mairead MccombunattachedFemale 1:14:49672.626Lorraine RogersWard Park RunnersFemale 1:14:52673.39Anne BellJog MoiraFemale 1:14:58674.401Christine MartinunattachedFemale 1:18:05676.178Nadine DorrianunattachedFemale 1:18:06677.622Hannah RobinsonScrabo StridersFemale 1:19:01678.191Allison FarleyScrabo StridersFemale 1:21:30680.146Dawn CudworthScrabo StridersFemale 1:21:42681.155Mairead CurranScrabo StridersFemale 1:22:42683.217Elisabeth FrenchNorth Belfast HarriersMale1:29:240685.386Cheryl MacartneyScrabo StridersFemale 1:23:453