

Note to Road Race organisers – Due to the ever-increasing amount of road applications, dates may be held provisionally however full details will only be included upon receipt of completed permit application and fee.

PROVISIONAL ■ Cross Country

Updated 8th March 2018

www.athleticsni.org

Date	Event	Venue	Time	Contact	Officially Measured
2018					
March 2018					
Sat 10	Rollercoaster Road Races	Downpatrick Racecourse	11am *New Time*	Joe Quinn 07933214894 Joemarathon50@btinternet.com www.eastdownac.co.uk	
Sat 10	Shane's Castle	Carpark beside castle	39.3m-7am 26.2m-10am 13.1m-12noon	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sat 10	Grantots 5k	Michael Davitt GAA Grounds	12pm	Brian Tohill 02879401759 Briantohill76@hotmail.com	
Sat 10	2k Superhero Family Event	Foyle Arena	11am	Kieran Coyle 07790003827 kcoyle@liveactiveni.co.uk www.liveactiveni.co.uk	
Sat 14	SSE Airtricity 10 Miler	Ebrington Square	10am	Gerry Lynch 07702006667 Gerry.lync@hotmail.com www.thewalledcitymarathon.com	
Sun 11	Dromintee Rocky Road 10k & 5k	Aghadavoyle Road	10am	Raymond Harris 07828287904 Secretary.drominteestpatricks.armagh@gaa.ie www.drominteegaa.net	✓
Sun 11	Run For Mum	Main Street, Portglenone	12.30pm	Frances Dobbin 02829541656/ 07869252766 Francesdobbin123@gmail.com	
Sun 11	Race to Recovery	Ormeau Park	10am	Regina Cox 07718205000 regina.cox@addictionni.com www.addictionni.com	
Sat 17	SPAR Craic 10k	Belfast City Hall	9am	Athletics NI 02890602707 Info@athleticsni.org https://aisling-events.com/event/spar-craic-10k-2018/	✓
Sat 17	Altamuskin 5	Altamuskin Community Centre	12 noon	Michael Broderick 07753615161 run@altamuskin.com www.altamuskin.com	
Sat 17	St Patrick's Weekend 5k	U3A Foyle	10.30am	Paula McGilloway 07729628448 Framedtoperfection0@gmail.com	
Sat 17	St Patrick's Day 5k	Meeting House Street	10.15am	Mark Connolly 02871382660 Mark.athletics@gmail.com	
Sat 17	Magherafelt Harriers 5k Classic	TBC	TBC	Pending Permit	
Sun 18	Mental Health UK 5k & 1k Fun Run	Ormeau Park	2pm	Gavin McShane 078103612609 mcshaneGavin@googlemail.com	
Sun 18	Jimmy's Ten	Ballydugan Industrial Estate	11am	Joe Quinn 07933214894/ 02844614235 Joemarathon50@btinternet.com	✓
Wed 21	Deep RiverRock Queen's 5k NI & Ulster Championship	Annadale Embankment	7.30pm	Robby Rankin 07772317516 athletics@qub.ac.uk www.queenssports5k.com	✓
Sat 24	Larne Half Marathon	Tower Road, Larne	11am	William Thompson williamthompson06@hotmail.co.uk	✓

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Sat 24	Washingbay Green Run 5k, 10k & Half Marathon	Ballybeg Road, Coalisland	10:30am	Bronagh Carney 07784516133 washingbaygr@gmail.com www.wbaygreenrun.com	
Sun 25	Lavey Girls 5k	60 Quarry Road, Magherafelt	1.30pm	Aisling Burke 02879643202/ 0771077924 mobrady2@live.co.uk	
Thurs 29	Antrim Primary School 5 Mile	Loughshore, Antrim	7pm	Drew Taggart 07902909274 Drew.taggart9@gmail.com	
Fri 30	Belfast 2 Dublin	Crown Bar, Belfast	12 noon	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	✓
Sat 31	Beragh 5 Mile RR & 5k Fun Run	St Mary's Park, Beragh	11am	Adrian Donnelly 07761610828/ 02880757261 Adrianj.donnelly@westerntrust.hseni.net	✓
April 2018					
Sun 1	Ballygalget Community Road Race 10k & 5k Fun Run/Walk	Ballygalget Road	12 noon	Paddy Braniff 07772206766 Secretary.ballygalget.down@gaa.ie	
Sun 1	Clogher Valley 5k	Clogher Valley Community Centre	10am	Cathy Donnelly 07783179944 cathymdonnelly@hotmail.com	
Mon 2	Whitehead Easter Monday Race	Kings Road, Whitehead	12.30pm	Tanya Woods 02893378077/ 07800562130 tanyamckittrick@yahoo.co.uk	
Sat 7	Spar Omagh Half Marathon & 5k Fun Run	Omagh Leisure Complex	11am	Martin McLaughlin 07786164431 runnermartin@outlook.com www.omagharriers.com	✓
Sun 8	TQ 10k	Titanic Quarter	TBC	Athletics NI 028 9060 2707 Info@athleticsni.org	✓
Sun 8	JD 5k & 10k Run	Cornmill, Coalisland	10am	Paula McStravog 07753127923 Paula703@btinternet.com	
Tues 10	Ballymena Belles (ladies only)	Fenaghy Industrial Park	7pm	Emma Donnelly 07540645275 emmadelargy@hotmail.co.uk www.ballymenarunners.org	✓
Thurs 12	Run The Race 5k & 10k Sperrins	Stepping Stones Pre-School Maghera	7pm	Samantha Convery 07526477697 runtheracesperrins@gmail.com	
Sat 14	Run Around The Castle	Shane's Castle Randalstown entrance	10am	Sinead Sargent 07736128370 friendsofcregganps@gmail.com	
Sat 14	Glenarm Castle Challenge	Glenarm Castle Courtyard	10am 11am	Gerard Rowe 07855586438/ 07712004543 info@born2runevents.com www.born2runevents.com	
Sun 15	Centra Run Together Pairs Event- Queen's Dub	Queen's Dub	10am	Johnny Davis 07768103968 johnny@pioneer-group.co.uk www.centra.co.uk/runtogether	
Sun 15	Garvagh 21k Trail Race	Garvagh Forest	9.30am	Gavin O'Kane 07817020292 gavokane@hotmail.com www.northernvelocity.co.uk	
Sun 15	Portadown 10k & 5k	People's Park, Portadown	2pm	Andrew Williamson 07734949490/ 028388831146 Thewills05@yahoo.co.uk	
Sun 15	Creggan 10k & 5k Road Race	Creggan Community Centre	11am	Oonagh Bradley 077366457132 oonaghbradley@btinternet.com	
Mon 16- Thurs 19	Belfast City Council Primary Schools Cross Country	Various Locations	9.45am	Ellen Rogers 02890270344 rogerse@belfastcity.gov.uk www.belfastcity.gov.uk/leisure/sportsdevelopment/crosscountry	
Wed 18	Bay Road 5k	Riverside Walkway, Marina	7.30am	Gerry Lynch 07702006667 Gerry.lynch@hotmail.com	✓

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Fri 20	Tempo 5k & 10k Fun Run	TBC	TBC	Pending Permit	
Sat 21	Ballynahinch Lions 10k	Ballynahinch High Street	1.30pm	Kevin Poland 07753604141 jkpoland@hotmail.com	✓
Sat 21	The Cormac Run	Eglishe GAA	10am	Martin Daly 07855008089 dalymartin@yahoo.co.uk www.cormacrunc.org	
Sat 21	Gortin 10k, 5k Fun Run & Walk	Main Street, Gortin	12 noon	Kerry Crawford 02881648268 Kerry_crawford@hotmail.co.uk	
Sun 22	Run DC 10k	Tobermore Road, Draperstown	11am	Ryan Lagan 07540723005 draperstowncelticfc@outlook.com www.draperstownceltic.co.uk	
Sun 22	Run Armagh 10k	College Hill	2pm	Matthew Nicholson 07974419535 matthew@runarmagh.com www.runarmagh.com	
Wed 25	Purple Ladies 5k	Joey Dunlop Leisure Centre, Ballymoney	7.30pm	Kenneth Bacon 02827666925 k.bacon14@btinternet.com www.springwellrunners.co.uk	✓
Fri 27	Scрабо Striders 5k & 10k Run The Runways	Runway at Newtownards Airport, Portaferry Road	6.30pm	Lyndsey Lappin secretary@scrabostriders.com www.scrabostriders.com	✓
Sat 28	Pete's Alternative Triathlon 2018 10k Run	Hazelbank, Newtownabbey	9am	Peter Lock 07919907846 peteandshazlock@gmail.com	
Sat 28	St Ciaran's, Ballygawley 5k & 10k	St Ciaran's College	12 noon	Janet Hetherington 07751877622 jhet@danskebank.co.uk	
Sat 28	Almac Fun Run	Craigavon Civic Centre	11am	Emma Overend 02838365938 Emma.overend@almacgroup.com	
Sun 29	Killeeshil 10k Road Race & 5k Fun Run/Walk	Killeeshil Community Centre	11am	Julie Ann Conway 07762779864 killeeshilcommunitycentre@outlook.com	
Sun 29	Seapatrick 10k & 5k	St Patrick's College, Scarve Road, Banbridge	11am	Fran McEvoy 07739186939 fran@e-mcevoy.co.uk	
May 2018					
Thurs 3	Belfast City Council Primary Schools Cross Country	Various Locations	9.45am	Ellen Rogers 02890270344 rogerse@belfastcity.gov.uk www.belfastcity.gov.uk/leisure/sportsdevelopment/crosscountry	
Mon 7	Deep River Rock Belfast City Marathon	Belfast City Hall	9am	Marathon Office 02890605933 Info@belfastcitymarathon.org www.belfastcitymarathon.com	✓
Thurs 10	Newry City of Merchant 10k	TBC	TBC	Pending Permit	
Fri 11	Termoneeny 10k Road Race & 5k Fun Run	TBC	TBC	Pending Permit	
Sat 12	3 Lakes	Lakeside Inn, Ballyduggan	11am	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sun 13	Strabane Lifford Half Marathon	TBC	TBC	Pending Permit	
Tues 15	Ballybeen 5k	TBC	TBC	Pending Permit	
Thurs 17	Wilkie's 5 Mile Classic	Out The Line, Foyle Road	7.30pm	Seamus McCallion 07746245347 seamusmccallion@btinternet.com www.foylevalleyac.com	
Fri 18	Les Jones Memorial	Mary Peters Track	7pm	Athletics NI 02890602707 Info@athleticsni.org www.athleticsni.org	✓

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Fri 18	M5M	Traynors Chip Shop, Maguiresbridge	7pm	Carla Moore 07850190609 Secretarym5m@gmail.com www.maguiresbridge.wixsite.com/runningclub	
Sat 19	Knockevin 10k & 5k	Knockevin School, Downpatrick	12 noon	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sat 19	Scarvagh House 10k & 5k	Scarvagh House	11am	Stephen McMorris 07785788895 Stephen.mcmorris@globeweigh.com	
Sun 20	Centra Run Together Pairs Event- Enniskillen Forum	Enniskillen Forum	10am	Johnny Davis 07768103968 johnny@pioneer-group.co.uk www.centra.co.uk/runtogether	
Sun 20	Kildress GAC	TBC	TBC	Pending Permit	
Tues 22	Maghera 10k & 5k 2018	Gort Service Station	7.30pm	Fintan Campbell 02879547400 Fintan.campbell@midulstercouncil.org	
Wed 23	Bann 10k & Fun Run	Havelock Park	7pm	Heather Ardis 07732650036 banbridgeac@hotmail.com	
Fri 25	RunHer Coastal Challenge	Hollywood	6.30pm	Ed Smith 02890628213/ 07740818389 Ed_n_smith@hotmail.com www.runher.co.uk	
Fri 25	Carmen Runners 1 Mile Relay	TBC	TBC	Pending Permit	
Sat 26	Ballyclare May Fair Races	Ballyclare Rugby Club	10am	Irene Downey 07443331683 Downeyirene8@gmail.com www.countyantrimharriers.co.uk	
Sat 26	Carrickmannon 10k & 5k	Church car park	1pm	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sat 26	Killyclogher 10k	Killyclogher GAA	11am	Niall McKenna 07881950055 Treasurer.killyclogher.tyrone@gaa.ie www.killycloghergaa.com	
Sat 26	NFC Kesh Scenic 3k & 10k	Kesh Primary School	12 noon	Mark McCutcheon 07841841779 Mark.mccutcheon@severfield.com	
Sat 26	5 Mile Mor	Blackwatertown	12 noon	Martin McKenna 07707699074 mousemckenna@hotmail.com	
Sun 27	Lisalea 10k & 5k	Lisalea Community Centre	11am	Paul Gordon 07545425636 Paul.gordon@b4telecomsni.com	
Sun 27	Newry City of Merchant Half Marathon	TBC	TBC	Pending Permit	
June 2018					
Fri 1	Taking The Tower	Kiltonga Industrial Estate	7pm	Michael Barton 07555109600/ 07894119276 leader@sealtrainingfitness.co.uk	
Sat 2	Lough Neagh Rescue Charity 5 Mile & 10k	Loughshore, Antrim	11am	Drew Taggart 07902909274 Drew.taggart9@gmail.com	
Sun 3	Race Run DMC	Divis Carpark	12 noon	Helen Weir hfwairnbh@gmail.com www.belfasthills.com	
Sun 3	Tircur Road Run	TBC	TBC	Pending Permit	
Sun 3	SSE Airtricity Walled City Marathon	Everglades Hotel Prehen	8:30am	Gerry Lynch 07702006667 Gerry.lync@hotmail.com www.thewalledcitymarathon.com	✓
Thurs 7	Take The Tower	Kiltonga Industrial Estate	7pm	Michael Barton 07555109600/ 07894119276 leader@sealtrainingfitness.co.uk	
Fri 8/15/22/29	Paul Murray Memorial 5k Grand Prix	Eskra Community Centre	7.30pm	Kate Corrigan 07833784876 Kate.corrigan@yahoo.co.uk	
Sat 9	Stunnerz n Runnerz (ladies only)	Killyfaddy Road, Magherafelt	12 noon	Tanya Quinn 07873848493 Tanyab4@hotmail.co.uk www.sperrinharriers.co.uk	
Sat 9	Enniskillen 10k	Fermanagh Lakeland Forum	2pm	Chris Elliott 03003031777/ 07872419087 Chris.elliott@fermanaghmaghera.com	

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				www.enniskillen10k.com	
Sat 9	Fields of Life Stormont Race	Prince of Wales Avenue	11am	Zara Baird 07715642373 zarabaird@hotmail.com	
Wed 13	Dromara 5k	TBC	TBC	Pending Permit	
Sat 16	Lismore 5k Run & Walk	Lismore Comprehensive School	12 noon	Francis McVeigh 02838314950/ 07736014961 Fmcveigh048@c2kni.net www.lismorecomprehensive.org.uk	
Wed 20	Coca Cola Lisburn Half Marathon, 10k & Fun Run	Lagan Valley LeisurePlex	6.30pm	Adrian Baron 02892509556/ 07866264434 Adrian.baron@lisburncastlereagh.gov.uk www.lisburnhalfmarathon.com	✓
Sat 23	Dromore Community 5k/10k	Main Street, Dromore at Town Clock	12noon	Dermot Montague 02882898213 dfmont@btinternet.com www.dromore10k.com	
Sat 23	Energia 24 Hour International	Victoria Park, Belfast	1pm	Ed Smith 07740818389 Ed_n_smith@hotmail.com	
Fri 29	Newell 5k and 10k	Coalisland	7.30pm	Cathal Hagan 07766076581 cathalohagan@hotmail.com	
July 2018					
Fri 6	Greyabbey 10k				
Sun 8	The Great Rossa Run 2018	Arboe Parish Centre	10am	Shane Mallon 07557447436 shaneboe@hotmail.com	
Fri 13	Sea 2 Sky 5k & 10k	TBC	TBC	Pending Permit	
Sat 21	Blue Belle's 5k	Killyfaddy Road	11am	Stacey Hinfey 07909540391 Secretary.acornsac@gmail.com	
Fri 27	Giants Trail Race	TBC	TBC	Pending Permit	
Fri 27	Crossgar 10k	Monastery	7pm	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sat 28	Divis 10k	Divis Carpark	11am	Nuala Muldoon 07578521679 Legiteventsni@gmail.com https://www.facebook.com/events/16998034361873/	
August 2018					
Fri 3	Stanley Reid Memorial 5 Mile Classic	Loughry Campus, Cookstown	7.30pm	Mark Reid 07899002644 Alfredmark2002@yahoo.co.uk www.sperrinharriers.co.uk	
Sat 4	Delamont 10k	Delamont Car Park	12 noon	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sat 11	Lecale Way 10k	Cable Bar, Ballyhornan	7pm	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sat 11	Slieve Croob Challenge	Peter Morgan's Cottage	10am	Declan McCann 07885736638 Declanmccann69@hotmail.com	
Sat 18	2018 Dambusters Half Marathon, 10k & 5k	TBC	TBC	Pending Permit	
Wed 22	Dessie's 10k Run	TBC	TBC	Pending Permit	
Fri 24	Portrush 5 Mile Road Race	TBC	TBC	Pending Permit	
Sat 25	Rathlin Run 10 Mile & 5k	McCuigs Public House	1pm	Ryan Maxwell 07754718760 ryan@nirunning.co.uk www.rathlinrun.com	
Sun 26	Storming The Castle	Amphitheatre Carrickfergus	2pm	Andrew Smyth 02893360754/ 07969031570 Smytha1@sky.com / stc@seaparkac.com www.seaparkac.com	
Fri 31	Ards Lions Five Mile Challenge	Londonderry Park, Newtownards	7pm	John Neil McCormick 07720304667 ardsnthdownlions@aol.com	✓
September 2018					
Sat 1	Last One Standing Florence Court	Car Park area	12 noon	Adrian Daye 07876560015 atlas@atlasrunning.co.uk	

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				www.atlasrunning.co.uk	
Sun 2	Laganside 10k & 1 Mile Children's Race	Ormeau Park	1:15pm for Children 2pm for 10k	Matt Shields 07959569308 mattshields@gmail.com www.laganside10k.com	
Sun 2	Waterside Half Marathon	TBC	TBC	Pending Permit	
Sat 8	East Coast AC Larne 10k	Centre Point, Pound Street, Larne	11am	Ryan Maxwell 07754718760 ryan@nirunning.co.uk www.larne10k.com	✓
Sun 9	Alps 10k & 5k	Downpatrick Cricket Club	2pm	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sun 16	Centra Run Together Pairs Event- Palace Demense Armagh	Palace Demense, Armagh	10am	Johnny Davis 07768103968 johnny@pioneer-group.co.uk www.centra.co.uk/runtogether	
Sat 29	NI & Ulster Championship Bangor 10k	Castle Pak, Bangor	11am	Clare Russell 07901823349 northdownac@gmail.com www.northdownac.co.uk	✓
October 2018					
Sat 13	Saintfield 10k & 5k	Comber Street	12 noon	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sat 13	NIMAA XC Trial	Queen's Playing Fields	11.30am	Elizabeth Watt 07816895746 lizwatt@doctors.org.uk	
Sun 21	Centra Run Together Pairs Event- Ormeau Park	Ormeau Park	10am	Johnny Davis 07768103968 johnny@pioneer-group.co.uk www.centra.co.uk/runtogether	

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