



Belfast International Events Timetable

Time	Track	Time	Field
10.00am	Special Olympics 100m Girls		
10.10am	Special Olympics 100m Boys		
		10.15am	Special Olympics Turbo Javelin/ Soft Ball
11.00 am	Registration Opens		
11.15am	Mary's Address		
12.00pm	400m Hurdles Women	12.00pm	Women's Hammer
12.10pm	100m Men B	12.10pm	Men Pole Vault
12.15pm	100m Wheelchair		
12.30pm	100m U15 Girls	12.30pm	Women's High Jump
12.35pm	100m U15 Boys		
12.40pm	100m Ambulant Women		
12.45pm	100m Women		
12.50pm	100m Men A		
12.55pm	Flahavan's Squad 1000m Girls	1.00pm	Mike Fulton Memorial Mixed Discus
1.10pm	Flahavan's Squad 1000m Boys		
1.15pm	100m Hurdles Women		
Medal Ceremonies: Hurdles & 100m, 60m, High Jump & Hammer			
1.20pm	200m Women	1.20pm	Men's Long Jump
1.30pm	200m Men		
1.40pm	1500m Women	1.40pm	Women's Pole Vault
1.50pm	1500m Men		
Medal Ceremonies: 200m, 1500m & Discus			
2.10pm	800m Women	2.10pm	Men's Hammer
2.20pm	800m Men		
2.40pm	800m U17 Boys		
2.50pm	800m U17 Girls		
Medal Ceremonies: 800m, Pole Vault & Discus, Men's Long Jump			
3.10pm	3000m Women Team Race	3.10pm	Men's Javelin
3.25pm	3000m Men Team Race		
3.40pm	400m Men	3.40pm	Women's Long Jump
3.50pm	400m Women		
Medal Ceremonies: 3000m, 400m, Hammer, Women's Long Jump			
4.10pm	5000m Women		