



## Belfast International

Time	Track
10.00am	Special Olympics 100m Girls
10.10am	Special Olympics 100m Boys
11.00 am	<b>Registration Opens</b>
11.45am	<b>Mary's Address</b>
12.00pm	400m Hurdles Women
12.15pm	100m U15 Girls
12.20pm	100m U15 Boys
12.30pm	100m Ambulant Women
12.35pm	100m Women B
12.40pm	100m Women A
12.45pm	100m Men C
12.50pm	100m Men B
12.55pm	100m Men A
1.00pm	Flahavan's Squad 1000m Girls
1.10pm	Flahavan's Squad 1000m Boys
1.20pm	100m Hurdles Women
<b>1:30pm: Medal Ceremonies: Hurdles, 100m, 1000m, W Hammer</b>	
1.40pm	200m Women B
1.50pm	200m Women A
2.00pm	200m Men C
2.05pm	200m Men B
2.10pm	200m Men A
2.15pm	1500m Women
2.35pm	1500m Men B
2.55pm	1500m Men A
<b>3:10pm Medal Ceremonies: 200m, 1500m, M Pole Vault, Mixed Discus, M Hammer, W High Jump</b>	
3.25pm	800m Wheelchair
3.30pm	800m Women B
3.35pm	800m Women A
3.40pm	800m Men C
3.50pm	800m Men B
4.00pm	800m Men A
4.10pm	800m U17 Boys
4.20pm	800m U17 Girls
4.30pm	5000m Women
<b>4:55pm Medal Ceremonies: 800m, 5000m, W Long Jump, W Pole Vault</b>	
5.10pm	400m Men
5.15pm	400m Women B
5.20pm	400m Women A
5.25pm	3000m Women Team Race
5.45pm	3000m Men Team Race
<b>6:00pm Medal Ceremonies: 400m, 3000m, M Javelin</b>	



**Belfast International**

**Belfast International**  
Saturday 28th May 2022

<b>Time</b>	<b>Field</b>
10.15am	Special Olympics Turbo Javelin/ Soft Ball
11.00 am	<b>Registration Opens</b>
11.45am	<b>Mary's Address</b>
12.00pm	Women's Hammer
12.10pm	Men Pole Vault
12.30pm	Women's High Jump
1.20pm	Men's Long Jump
1.30pm	Mike Fulton Memorial Mixed Discus
<b>1:30pm: Medal Ceremonies: Hurdles, 100m, 1000m, W Hammer</b>	
2.40pm	Women's Long Jump
3.00pm	Men's Hammer
<b>3:10pm Medal Ceremonies: 200m, 1500m, M Pole Vault, Mixed Discus, W High Jump</b>	
3.20pm	Women's Pole Vault
<b>4:55pm Medal Ceremonies: 800m, 5000m, W Long Jump, W Pole Vault, M Hammer</b>	
4.30pm	Men's Javelin
<b>6:00pm Medal Ceremonies: 400m, 3000m, M Javelin</b>	