**NI & Ulster 10,000m & Relay Championships**

**Saturday 20th August 2022**

**Mary Peters Track**

**Provisional Timetable**

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| Time | Event |
| 10am | Registration |
| 11am | 10,000m Men & Women |
| 12noom (4x100m) | U13 Girls Final |
|  | U13 Boys Final |
|  | U15 Girls Time Trials |
|  | U15 Boys Final |
|  | U17 Boys Final |
|  | U17 Girls Final |
|  | Senior Women Final |
|  | Senior Men Final |
| 1pm (4x300m) | U15 Girls Final |
|  | U15 Boys Final |
|  | U17 Girls Final |
| 1:45pm (4x400m) | U17 Boys Final |
|  | Senior Men Final |
|  | Senior Women Final |

\*Please note this is a provisional timetable only, and will be subject to change.