

Podium4Sport Seeley Cup 10k 2025

Finisher List 10km

Bib	Pos.	Name	Club	AG	Chip Time	Gun Time
10km						
1011	1	Conall MCCLEAN	Candour Track Club	M	0:29:15	0:29:15
698	2	Tony MCCAMBRIDGE	Candour Track Club	M	0:29:19	0:29:20
33	3	Craig MCMECHAN	North Down AC	M	0:29:50	0:29:50
1085	4	Luke KELLY	Candour Track Club	M	0:29:55	0:29:55
308	5	Stephen SCULLION		M35	0:30:06	0:30:06
1032	6	Eoghan TOTTEN	Newcastle District AC	M	0:30:33	0:30:33
93	7	Connor ROGERS	Annadale Striders	M	0:30:49	0:30:49
447	8	Luke DINSMORE	Annadale Striders	M	0:30:49	0:30:49
188	9	Patrick MCCOLL	Roadrunners AC	M	0:30:49	0:30:50
197	10	Cameron STEWART	Annadale Striders	M	0:31:03	0:31:03
516	11	Noah KAVANAGH	Lagan Valley AC	M	0:31:21	0:31:21
184	12	Daniel DINES	North Down AC	M	0:31:35	0:31:35
778	13	Ruairi HOLLYWOOD	Lagan Valley AC	M	0:31:40	0:31:40
450	14	Chris ANDERSON	Annadale Striders	M	0:31:44	0:31:46
38	15	Jacob MCKITTRICK	Willowfield Harriers	M	0:31:48	0:31:48
1070	16	Lorcan MCGURK	Candour Track Club	M	0:31:49	0:31:50
965	17	John CRAIG	Annadale Striders	M40	0:31:50	0:31:50
897	18	Jordan HERON	Larne AC	M	0:31:52	0:31:54
4	19	Christopher DEAN	Willowfield Harriers	M35	0:31:53	0:31:54
490	20	Russell WHITE	Dromore AC	M	0:31:58	0:31:58
195	21	Ashley DIXON	North Down AC	M	0:31:59	0:32:00
928	22	Ronan TOLAND	Victoria Park and Connswater Athletics Club	M45	0:32:16	0:32:17
27	23	Stephen CONNOLLY	Candour Track Club	M35	0:32:19	0:32:20
1084	24	James GRACEY	Beechmount Harriers	M	0:32:26	0:32:26
1089	25	Sean DORAN	Clonliffe Harriers	M	0:32:29	0:32:29
309	26	Peter THOMPSON	Victoria Park and Connswater Athletics Club	M35	0:32:31	0:32:32
751	27	Peter CARTY	Candour Track Club	M	0:32:44	0:32:45
321	28	Kyle MCLELLAN	North Down AC	M	0:32:52	0:32:53
608	29	Brendan HEANEY	Armagh A.C	M	0:32:57	0:32:57
785	30	Eoin MCCANN	North Belfast Harriers	M	0:32:57	0:32:58
708	31	Mark CORNETT	North Belfast Harriers	M	0:32:57	0:32:59
747	32	Brian MCELVANNA	Armagh A.C	M45	0:33:01	0:33:02
671	33	Daniel SQUIRES	Annadale Striders	M	0:33:04	0:33:06
874	34	Patrick MCDAID	Newcastle District AC	M	0:33:06	0:33:07
391	35	Dean NUGENT	Armagh A.C	M40	0:33:10	0:33:12
175	36	Owen CARLETON	Annadale Striders	M35	0:33:12	0:33:12
547	37	Garry MORROW	North Down AC	M40	0:33:14	0:33:15
514	38	Alastair RODGER	Annadale Striders	M35	0:33:17	0:33:19
142	39	Marc NEIL	North Down AC	M35	0:33:18	0:33:20
446	40	John JACKSON	Lagan Valley AC	M40	0:33:20	0:33:21

Podium4Sport Seeley Cup 10k 2025

Finisher List 10km

Bib	Pos.	Name	Club	AG	Chip Time	Gun Time
395	41	Fearghal DELANEY	Armagh A.C	M40	0:33:25	0:33:26
787	42	Jonathan SCOTT	Mourne Runners	M35	0:33:32	0:33:32
281	43	Ronan MCAREE	Annadale Striders	M	0:33:30	0:33:32
117	44	Adam WITHERS	East Down AC	M	0:33:32	0:33:33
207	45	Ciaran MCKENDRY	Annadale Striders	M45	0:33:32	0:33:34
8	46	Jack SINCLAIR	Roadrunners AC	M	0:33:33	0:33:35
101	47	Hannah GILLILAND	Annadale Striders	F	0:33:35	0:33:37
64	48	Owen MCGINNITY	Beechmount Harriers	M	0:33:42	0:33:44
65	49	Chris MCKEOWN	Roadrunners AC	M40	0:33:44	0:33:47
78	50	Kristopher WILSON	Ballydrain Harriers	M	0:33:52	0:33:54
484	51	Stephen LUNN	Lagan Valley AC	M	0:33:52	0:33:54
1074	52	Matthew CARROLL		M	0:33:51	0:33:55
581	53	Mark SMITH	North Belfast Harriers	M55	0:33:53	0:33:56
2	54	Alan RITCHIE	St Peters	M35	0:33:55	0:33:57
812	55	James TRAINOR	North Belfast Harriers	M35	0:33:57	0:33:59
744	56	Conor CURRAN	North Belfast Harriers	M50	0:33:56	0:33:59
534	57	Matthew MCLAUGHLIN	Foyle Valley AC	M40	0:33:58	0:34:00
723	58	Nathan MCALEESE	Victoria Park and Connswater Athletics Club	M35	0:34:00	0:34:02
109	59	Adam WATT	Roadrunners AC	M35	0:34:02	0:34:04
189	60	Isaac KERR	Lagan Valley AC	M	0:34:05	0:34:07
7	61	Aaron RUSH	Annadale Striders	M	0:34:05	0:34:08
669	62	Peter HUGHES	Mallusk Harriers	M40	0:34:08	0:34:10
914	63	Jack CRAMPSEY	City of Derry Spartans AC	M	0:34:09	0:34:11
118	64	Adam BOYD	Keep Er Lit	M40	0:34:12	0:34:13
211	65	Josh MCDOWELL	North Down AC	M	0:34:13	0:34:14
176	66	Lea ADAMSON	Annadale Striders	F	0:34:12	0:34:14
770	67	Conor SMYTH	Galbally AC	M	0:34:15	0:34:16
754	68	James HAMILTON	Ballymena Runners	M	0:34:17	0:34:19
699	69	Nicholas BOYD	Willowfield Harriers	M	0:34:22	0:34:23
748	70	Daniel MOLLOY	Newcastle District AC	M	0:34:22	0:34:24
115	71	David MCNEILLY	Newcastle District AC	M45	0:34:27	0:34:28
1073	72	Nakita BURKE	Letterkenny AC	F35	0:34:28	0:34:29
728	73	Scott ROULSTON	Victoria Park and Connswater Athletics Club	M40	0:34:28	0:34:30
791	74	Mark MCLAUGHLIN		M40	0:34:33	0:34:34
371	75	John MCGUIRE	Armagh A.C	M45	0:34:33	0:34:35
887	76	Aidan O'HAGAN	Strive racing club	M45	0:34:35	0:34:36
224	77	Stewart KIRKLAND	St Peters	M35	0:34:34	0:34:39
57	78	Thomas HORNER	Willowfield Harriers	M40	0:34:38	0:34:39
506	79	Jack MCCAUSLAND	Lagan Valley AC	M	0:34:44	0:34:47
912	80	Calum IRVINE	Annadale Striders	M35	0:34:47	0:34:49
909	81	Kieran SCULLION	Ballymena Runners	M45	0:34:49	0:34:52

Podium4Sport Seeley Cup 10k 2025

Finisher List 10km

Bib	Pos.	Name	Club	AG	Chip Time	Gun Time
168	82	Glen TAYLOR	Coach Purdy	M	0:34:52	0:34:55
462	83	Ruairi CONLON	Olympian Triathlon Club	M	0:34:55	0:34:58
15	84	Paul BARBOUR	Omagh Harriers	M35	0:34:57	0:35:00
367	85	Lorcan VALLELY	Armagh A.C	M45	0:35:01	0:35:02
18	86	Simon MURRAY	Annadale Striders	M40	0:35:01	0:35:03
255	87	Dearbhla COX	Annadale Striders	F35	0:35:01	0:35:04
642	88	Neil CURRAN	East Down AC	M45	0:35:04	0:35:05
958	89	Finn JOHNSON	North Down AC	M35	0:35:06	0:35:07
745	90	Mark MONTEITH	Victoria Park and Connswater Athletics Club	M	0:35:02	0:35:08
110	91	Ciaran REA	Roadrunners AC	M45	0:35:06	0:35:10
623	92	Andrew MCCREA	Mallusk Harriers	M45	0:35:11	0:35:14
330	93	Ross MERCER	East Antrim Harriers	M45	0:35:09	0:35:16
697	94	Sean MCLAUGHLIN	North Down AC	M	0:35:14	0:35:17
339	95	Martin MCKENNA	Armagh A.C	M50	0:35:20	0:35:21
172	96	Ryan MCMULLAN	Run Hub	M35	0:35:20	0:35:24
433	97	Andrew CARSON	Orangetown AC	M	0:35:27	0:35:30
457	98	Martin STRACHAN	Run Hub	M45	0:35:27	0:35:31
701	99	Gavin MURRAY	Tafelta AC	M45	0:35:38	0:35:38
1029	100	Aaron KELLY	City of Derry Spartans AC	M	0:35:36	0:35:40
737	101	Niall ARMSTRONG	North Belfast Harriers	M	0:35:38	0:35:41
920	102	John CLOSE		M35	0:35:40	0:35:42
228	103	Richard KENNEDY	Willowfield Harriers	M35	0:35:39	0:35:43
100	104	Leo MCSWEENEY	Annadale Striders	M	0:35:45	0:35:45
147	105	Jonathan GIBSON	North Down AC	M40	0:35:44	0:35:47
805	106	Aaron WILLIS	Flying Machines	M35	0:35:44	0:35:48
405	107	Ross MOORE	Saintfield Striders	M	0:35:39	0:35:49
22	108	Gary SLEITH	St Nicholas AC	M40	0:35:45	0:35:49
786	109	Lorcan MCCANN	North Belfast Harriers	M	0:35:47	0:35:51
181	110	Dovydas PLIAUGA	Ballydrain Harriers	M	0:35:48	0:35:51
511	111	Daniel KEYS	Lagan Valley AC	M	0:35:49	0:35:52
477	112	Emmet SMITH	Ballymena and Antrim AC	M	0:35:48	0:35:52
91	113	Ben PROCTOR	Victoria Park and Connswater Athletics Club	M	0:35:49	0:35:53
105	114	Holly TAGGART	Annadale Striders	F	0:35:53	0:35:53
87	115	Stephen CARR	Annadale Striders	M	0:35:50	0:35:54
69	116	Dallan MCALEENAN	Roadrunners AC	M45	0:35:51	0:35:54
494	117	Kevin SAVAGE	Annadale Striders	M40	0:35:55	0:35:55
769	118	Gary HEARN	Flying Machines	M45	0:35:55	0:36:00
816	119	Oliver COOK	PACE Running Club	M35	0:35:55	0:36:00
1081	120	Ryan CORRIN	Newry City Runners	M45	0:35:56	0:36:00
940	121	Alan LADD	Mallusk Harriers	M40	0:35:58	0:36:01
111	122	Peter ROGERS		M40	0:35:56	0:36:01

Podium4Sport Seeley Cup 10k 2025

Finisher List 10km

Bib	Pos.	Name	Club	AG	Chip Time	Gun Time
210	123	John EWING	North Down AC	M	0:36:00	0:36:02
300	124	Philip COOPER	Annadale Striders	M45	0:36:03	0:36:03
587	125	David KELLY	Roadrunners AC	M40	0:36:03	0:36:05
452	126	Aaron BEGGS	North Down AC	M40	0:36:03	0:36:05
345	127	Ben DILWORTH		M	0:36:01	0:36:08
250	128	Alan MCCONNELL	North Down AC	M40	0:36:08	0:36:10
645	129	Edward COOKE	Annadale Striders	M35	0:36:08	0:36:10
26	130	Shane KERR	Roadrunners AC	M	0:36:06	0:36:11
103	131	Andy LOWRY	North Down AC	M40	0:36:09	0:36:11
473	132	Peter PURCELL	BARF	M	0:36:10	0:36:14
944	133	Jay CREAM		M35	0:36:11	0:36:15
681	134	Peter PATTON	Victoria Park and Connswater Athletics Club	M35	0:36:16	0:36:19
461	135	Mark ANDREW	Ballymena Runners	M	0:36:15	0:36:21
720	136	Maol LARKIN	North Down AC	M	0:36:19	0:36:22
70	137	Catriona EDINGTON	Annadale Striders	F	0:36:21	0:36:23
451	138	Gregory CROFT	St Peters	M40	0:36:19	0:36:24
552	139	Ali MOORE	Saintfield Striders	M	0:36:15	0:36:26
140	140	Adrian MCBRIDE	Enniskillen Running Club	M40	0:36:24	0:36:27
334	141	Ruairi DONNELLY	Newry City Runners	M40	0:36:24	0:36:27
923	142	Aaron LINTON	Acorns AC	M35	0:36:25	0:36:27
73	143	Martin MCKENNA	Roadrunners AC	M45	0:36:25	0:36:28
269	144	Noel MANNION	Westport AC	M	0:36:23	0:36:29
323	145	Máire FERGUSON	Willowfield Harriers	F	0:36:28	0:36:29
237	146	Colin MCDOWELL	North Belfast Harriers	M55	0:36:28	0:36:30
441	147	Liam YOUNG	Ballydrain Harriers	M	0:36:23	0:36:31
556	148	Steven CASTLES	Willowfield Harriers	M45	0:36:27	0:36:34
655	149	Mark SHIELDS	Victoria Park and Connswater Athletics Club	M55	0:36:32	0:36:36
316	150	Fergus MC GIRR	Enniskillen Running Club	M50	0:36:36	0:36:38
21	151	Emma HORNER	Willowfield Harriers	F35	0:36:41	0:36:43
310	152	Jeremy STRONG		M35	0:36:38	0:36:44
544	153	Christopher RITCHIE	North Down AC	M	0:36:47	0:36:50
81	154	Tony SCULLION	Ballymena Runners	M40	0:36:44	0:36:50
835	155	Sam NEILL	Willowfield Harriers	M	0:36:49	0:36:52
159	156	Sean HASSON	Annadale Striders	M	0:36:50	0:36:52
134	157	Katie MOORE	North Down AC	F	0:36:49	0:36:54
341	158	Harriet BUSWELL	Annadale Striders	F	0:36:53	0:36:55
276	159	Timothy BROWNLIE	Willowfield Harriers	M45	0:36:52	0:36:56
1	160	Neil GRAFFIN	Ballydrain Harriers	M40	0:36:55	0:36:57
445	161	Kevin DONNELLY	Victoria Park and Connswater Athletics Club	M50	0:36:50	0:36:57
19	162	Ricky MCKNIGHT	PACE Running Club	M45	0:36:54	0:36:58
513	163	Gary WATSON		M	0:36:55	0:36:59

Podium4Sport Seeley Cup 10k 2025

Finisher List 10km

Bib	Pos.	Name	Club	AG	Chip Time	Gun Time
240	164	Simon SEATON	North Down AC	M45	0:36:56	0:36:59
121	165	Aron HOLLYWOOD	PACH	M40	0:36:53	0:37:01
966	166	Reuben MOORE	Portadown Running Club	M	0:37:00	0:37:06
30	167	Nicholas HERON		M	0:36:56	0:37:06
120	168	Paul CHAMBERS	PACH	M40	0:37:04	0:37:08
104	169	Patrick MCAULEY	North Belfast Harriers	M45	0:37:03	0:37:08
185	170	Jonny CARSON	Keep Er Lit	M40	0:37:06	0:37:09
555	171	Callum ROBINSON	Belfast Running Club	M	0:37:01	0:37:09
663	172	Andrew MAGUIRE	City of Derry Spartans AC	M45	0:37:04	0:37:09
1044	173	Oran DILLON	Newcastle District AC	M35	0:37:05	0:37:10
83	174	Aimee MULLIN	Galbally Runners	F	0:37:09	0:37:10
418	175	Ian MCCRACKEN	Ballymena Runners	M45	0:37:04	0:37:10
891	176	Steven WALKER	North Belfast Harriers	M	0:37:05	0:37:10
205	177	Eoin FRANCIS	Willowfield Harriers	M	0:37:11	0:37:14
356	178	Michael LAMONT	North Belfast Harriers	M35	0:37:08	0:37:14
170	179	David PROCTOR	Willowfield Harriers	M45	0:37:11	0:37:15
167	180	Toby NIBLOCK	Willowfield Harriers	M	0:37:10	0:37:16
649	181	Matt BEZZANT	East Down AC	M	0:37:14	0:37:19
911	182	Joshua MCCRACKEN	Victoria Park and Connswater Athletics Club	M	0:37:12	0:37:20
386	183	Nicola BLACK	Roadrunners AC	F40	0:37:15	0:37:20
222	184	Noel MCNALLY	Roadrunners AC	M40	0:37:16	0:37:21
390	185	Jason MACKENZIE		M	0:37:18	0:37:21
282	186	Brendan KELLY	Keep Er Lit	M45	0:37:17	0:37:23
727	187	David CONLIFFE	NI Civil Service AC	M45	0:37:14	0:37:24
876	188	Patrick SAVAGE	Annadale Striders	M35	0:37:21	0:37:25
982	189	Steven CRAIG	St Peters	M50	0:37:23	0:37:28
233	190	Matthew ALLEN	Willowfield Harriers	M	0:37:22	0:37:29
265	191	Aodhan MCCAY	Annadale Striders	M	0:37:27	0:37:30
545	192	Robert BEST	Seapark AC	M35	0:37:23	0:37:30
1072	193	Anthony BYRNE		M35	0:37:26	0:37:33
491	194	Cian YOUNG	Annadale Striders	M35	0:37:32	0:37:35
336	195	Jamie TOOLE	North Down AC	M40	0:37:31	0:37:35
385	196	Gary JEFFERS	Mid Ulster AC	M35	0:37:32	0:37:36
52	197	Paul CARRON	Enniskillen Running Club	M40	0:37:34	0:37:36
327	198	Philip YOUNG	Ballydrain Harriers	M	0:37:31	0:37:36
951	199	Sean MULDOON	North Belfast Harriers	M50	0:37:33	0:37:37
550	200	Maurice SAVAGE		M35	0:37:34	0:37:38
501	201	Liam GRAY	Belfast Running Club	M	0:37:35	0:37:40
594	202	Jason MCMINN	North Down AC	M35	0:37:31	0:37:41
802	203	Robbie GOULD	Mallusk Harriers	M	0:37:36	0:37:41
416	204	Ciaran MALLON	Armagh A.C	M40	0:37:37	0:37:41

Podium4Sport Seeley Cup 10k 2025

Finisher List 10km

Bib	Pos.	Name	Club	AG	Chip Time	Gun Time
648	205	Mark THOM	Keep Er Lit	M45	0:37:38	0:37:42
24	206	Matt BELL	Scrabo Striders	M35	0:37:37	0:37:42
12	207	Roseann SPENCE	Annadale Striders	F40	0:37:39	0:37:43
137	208	Harry MILLER	Willowfield Harriers	M35	0:37:36	0:37:43
16	209	Eimear MCCracken	Annadale Striders	F40	0:37:41	0:37:44
949	210	Shay O'NEILL	Keep Er Lit	M45	0:37:40	0:37:45
1008	211	Jamie MORRIS	Willowfield Harriers	M	0:37:39	0:37:46
9	212	Trevor MCROBERTS	East Coast Athletics Club	M35	0:37:42	0:37:48
41	213	Thomas CORRIGAN	Roadrunners AC	M	0:37:45	0:37:50
693	214	Matthew MORROW		M35	0:37:47	0:37:53
295	215	Gary LYTTLE	Scrabo Striders	M40	0:37:51	0:37:55
617	216	Rio MCCONNELL		M	0:37:47	0:37:56
819	217	Michael TONER	Tafelta AC	M35	0:37:54	0:37:59
956	218	Joanne MILLS		F	0:37:57	0:37:59
517	219	Turlough DONNELLY	Annadale Striders	M45	0:37:55	0:38:01
186	220	Joseph GERVIN	Keep Er Lit	M45	0:37:54	0:38:01
318	221	David ROBINSON	Flying Machines	M40	0:37:57	0:38:01
945	222	David MORGAN	Annadale Striders	M45	0:37:53	0:38:02
1013	223	Christopher MOREN	Willowfield Harriers	M45	0:37:59	0:38:02
44	224	Declan MCCARTNEY		M40	0:37:57	0:38:03
1035	225	Kevin BROOKFIELD	Ward Park Runners	M45	0:37:57	0:38:04
218	226	Gregory ROBERTS	Portadown Running Club	M	0:37:57	0:38:05
215	227	Gareth BROWN	Ballydrain Harriers	M40	0:38:01	0:38:05
178	228	Andy HAYLETT	Scrabo Striders	M40	0:38:01	0:38:05
238	229	Chris JACKSON	Ballydrain Harriers	M35	0:38:00	0:38:05
119	230	Joshua BLAIR	Ballymena Runners	M	0:38:06	0:38:09
622	231	Matt MAGUIRE	East Coast Athletics Club	M35	0:38:00	0:38:09
726	232	David BRENNAN	East Coast Athletics Club	M	0:38:01	0:38:10
94	233	Paul CARLISLE	Annadale Striders	M50	0:38:05	0:38:10
616	234	Hugh MC CONNELL	Armagh A.C	M45	0:38:03	0:38:12
1068	235	Emmet THOMPSON		M35	0:38:10	0:38:14
489	236	Joshua HANNA	Lagan Valley AC	M	0:38:03	0:38:14
229	237	James MCGIBBON	Roadrunners AC	M35	0:38:09	0:38:18
890	238	Enda DALY		M45	0:38:16	0:38:20
472	239	Mark MCGRADY		M	0:38:11	0:38:21
974	240	Niall O'HARA	St Peters	M	0:38:16	0:38:22
705	241	Leann GIBSON	Victoria Park and Connswater Athletics Club	F45	0:38:16	0:38:22
171	242	Stuart NEALE	Ballydrain Harriers	M50	0:38:23	0:38:23
515	243	Edward FORESTER	Crusaders AC Dublin	M	0:38:15	0:38:24
180	244	John FOLEY	Letterkenny AC	M	0:38:25	0:38:25
953	245	Maurice WALKER	Springwell Running Club	M55	0:38:18	0:38:26

Podium4Sport Seeley Cup 10k 2025

Finisher List 10km

Bib	Pos.	Name	Club	AG	Chip Time	Gun Time
1027	246	Francis TUMELTY	Newcastle District AC	M55	0:38:18	0:38:26
412	247	Conor LYNESS	Ballymena Runners	M	0:38:19	0:38:26
1124	248	David MCCOMB	Roadrunners AC	M35	0:38:09	0:38:26
374	249	Eamon MCALORAN	Carryduff Running Club	M35	0:38:12	0:38:26
112	250	Stephen AUSTIN	Roadrunners AC	M55	0:38:22	0:38:28
95	251	Daryl BOGUES	Newry City Runners	M	0:38:24	0:38:28
792	252	Michael CURRIE		M35	0:38:29	0:38:29
942	253	David FOSTER	North Belfast Harriers	M40	0:38:21	0:38:31
686	254	Conor MOFFETT	Willowfield Harriers	M	0:38:23	0:38:31
92	255	Max BURTON	Scrabo Striders	M	0:38:27	0:38:31
280	256	Stuart WILLIAMSON	Keep Er Lit	M	0:38:27	0:38:32
1122	257	Odeta SIDLAUSKAITE	Willowfield Harriers	F40	0:38:34	0:38:36
411	258	Aaron CLEMENTS		M	0:38:31	0:38:36
759	259	Arran RUTLEDGE	North Belfast Harriers	M45	0:38:31	0:38:37
152	260	Patrick ADAMS	Roadrunners AC	M55	0:38:20	0:38:38
260	261	Laura ADAMS		F45	0:38:21	0:38:39
307	262	Rachel GIBSON	North Down AC	F	0:38:34	0:38:39
226	263	Mark HILL	Ballydrain Harriers	M	0:38:37	0:38:39
695	264	Paul CREIGHAN	Tafelta AC	M50	0:38:34	0:38:41
976	265	Gavin WINTERS	Dromore Runners	M45	0:38:31	0:38:45
512	266	Barry KIRKLAND	Keep Er Lit	M50	0:38:41	0:38:47
108	267	Dave LONNEN	City of Lisburn AC	M60	0:38:47	0:38:51
428	268	Daire HASSON	Ballymena Runners	M	0:38:44	0:38:51
254	269	Eamon MCNALLY	Keep Er Lit	M45	0:38:46	0:38:52
262	270	Simon BOYLE	North Down AC	M60	0:38:48	0:38:52
246	271	David CARLISLE	Annadale Striders	M45	0:38:50	0:38:54
1048	272	Nathan REA	Mid Ulster Runners	M	0:38:50	0:38:55
425	273	Cathal O'HAGAN	Keep Er Lit	M50	0:38:49	0:38:55
540	274	Gerald MCKINNEY	Foyle Valley AC	M45	0:38:49	0:38:56
950	275	Harley MCDOWELL	St Peters	M	0:38:46	0:38:56
541	276	Niall O'GORMAN	Annadale Striders	M55	0:38:55	0:38:58
46	277	Kate MULHOLLAND	St Peters	F	0:38:53	0:38:58
62	278	Simon DAVEY	Saintfield Striders	M35	0:38:58	0:39:04
432	279	Callum MCMAHON	Annadale Striders	M	0:38:59	0:39:04
884	280	Tim O'MALLEY	Annadale Striders	M40	0:38:57	0:39:05
853	281	Ollie REID	Larne AC	M	0:38:57	0:39:05
507	282	Jamie ORR	Ballydrain Harriers	M	0:39:01	0:39:05
63	283	Ramunas STANEVICIUS	Mallusk Harriers	M40	0:38:51	0:39:08
597	284	Fionn WHITEHOUSE	Keep Er Lit	M	0:38:57	0:39:08
570	285	James MCSHEA	Island Triathlon Club	M40	0:38:57	0:39:09
568	286	Nicky HAGAN	Monkstown Spartans	M35	0:38:59	0:39:09

Podium4Sport Seeley Cup 10k 2025

Finisher List 10km

Bib	Pos.	Name	Club	AG	Chip Time	Gun Time
1034	287	Gerry MOONEY	St.Malachy's AC	M45	0:39:05	0:39:09
203	288	Moore MCCARTNEY		M40	0:38:57	0:39:10
422	289	Patricia O'HAGAN	St Peters	F40	0:39:04	0:39:14
495	290	Patrick SHIELDS	Mallusk Harriers	M40	0:39:04	0:39:15
879	291	Niall WILKINSON		M	0:39:07	0:39:16
55	292	Victoria SMYTH	Ballydrain Harriers	F35	0:39:12	0:39:17
898	293	Stuart KELLY	Ballydrain Harriers	M50	0:39:06	0:39:18
478	294	Aisling SMITH	Ballymena and Antrim AC	F	0:39:10	0:39:19
730	295	David HYNES	Belfast Running Club	M45	0:39:12	0:39:20
466	296	Nathan ROBINSON		M	0:39:15	0:39:20
294	297	Norman MAWHINNEY	Scrabo Striders	M65	0:39:17	0:39:22
217	298	Mark REYNOLDS	Portadown Running Club	M50	0:39:16	0:39:23
711	299	Barrie ATKINSON	East Down AC	M45	0:39:16	0:39:23
59	300	Paul QUINN	Roadrunners AC	M45	0:39:20	0:39:23
127	301	Jordan MCCLEAN	North Down AC	M	0:39:14	0:39:24
573	302	Rob WALKER	Roadrunners AC	M45	0:39:18	0:39:24
537	303	Gary WILSON	East Antrim Harriers	M60	0:39:25	0:39:25
71	304	Conor SWEENEY		M40	0:39:11	0:39:26
393	305	Conor GALLAGHER	Annadale Striders	M	0:39:24	0:39:28
788	306	Ryan BROGAN	Victoria Park and Connswater Athletics Club	M	0:39:20	0:39:28
865	307	Colin WALKER	North Down AC	M50	0:39:24	0:39:29
85	308	Lucy BACKUS	Annadale Striders	F	0:39:25	0:39:29
1037	309	Paul MCALLISTER	Olympian Triathlon Club	M45	0:39:25	0:39:30
873	310	Sharon LEETCH	Ballymena Runners	F50	0:39:25	0:39:34
867	311	Conor MCMULLAN	Annadale Striders	M50	0:39:32	0:39:35
1056	312	Feilimi DEVLIN		M35	0:39:28	0:39:35
351	313	Christopher MURRAY	North Belfast Harriers	M40	0:39:32	0:39:36
182	314	John MCMANUS	St Peters	M40	0:39:32	0:39:36
45	315	Michael ADAIR	Annadale Striders	M	0:39:33	0:39:36
324	316	Rachel HUGHES	Keep Er Lit	F	0:39:25	0:39:36
722	317	Mark MCCLENAGHAN	PACE Running Club	M45	0:39:29	0:39:36
633	318	Bobbie GARRETT	Larne AC	M35	0:39:32	0:39:38
1064	319	Hayley MCATEER	Newry City Runners	F	0:39:30	0:39:39
243	320	Lewis SMYTH	Willowfield Harriers	M	0:39:32	0:39:39
610	321	Madison BOWYER	Lagan Valley AC	F	0:39:33	0:39:40
1018	322	Matthew FLEMING	Willowfield Harriers	M	0:39:31	0:39:40
10	323	Shane ANDREWS	Ballydrain Harriers	M35	0:39:36	0:39:43
5	324	Marty MCCOLGAN	Ravers Running Club	M45	0:39:28	0:39:43
206	325	Duncan CORRIE	Willowfield Harriers	M35	0:39:37	0:39:44
703	326	Stephen TURNER		M40	0:39:31	0:39:44
877	327	John MCCREIGHT	PACE Running Club	M35	0:39:31	0:39:45

Podium4Sport Seeley Cup 10k 2025

Finisher List 10km

Bib	Pos.	Name	Club	AG	Chip Time	Gun Time
845	328	Aidan DOLAN		M45	0:39:36	0:39:47
664	329	Andrew MCNEVISON	Mallusk Harriers	M45	0:39:35	0:39:47
653	330	Gary ADDIS	Ballygalget AC	M35	0:39:43	0:39:49
602	331	Barry LYNCH		M40	0:39:40	0:39:51
543	332	Mark GILLESPIE	City of Derry Spartans AC	M40	0:39:43	0:39:51
275	333	Pete PHILLIPS	Hybrid Human	M	0:39:35	0:39:53
107	334	Jonathan MCKNIGHT	Ballydrain Harriers	M45	0:39:48	0:39:55
924	335	Martin O'NEILL	Roadrunners AC	M35	0:39:45	0:39:57
202	336	Fergal O'NEILL		M35	0:39:51	0:39:57
268	337	Ryan MCCLAUGHLIN	Beechmount Harriers	M40	0:39:54	0:40:00
483	338	John MCGLAUGHLIN	Keep Er Lit	M40	0:39:54	0:40:02
739	339	Barry ROONEY	North Belfast Harriers	M45	0:39:57	0:40:02
353	340	Paul QUIGLEY		M35	0:39:59	0:40:03
1022	341	Holly BECKETT	Dromore AC	F	0:39:56	0:40:04
348	342	Marc MCGOWAN		M35	0:39:55	0:40:05
504	343	Elaine MCGUCKIN	Keep Er Lit	F40	0:39:57	0:40:07
631	344	James BLEASE	North Down AC	M	0:40:01	0:40:09
3	345	Jimmy GRAHAM	Ballymena Runners	M40	0:40:05	0:40:11
673	346	Adam MCKEOWN	Portadown Running Club	M	0:40:04	0:40:13
963	347	Patrick MOLLOY		M45	0:40:01	0:40:17
981	348	Barry MULLAN	Springwell Running Club	M50	0:40:11	0:40:20
964	349	Cherith WRIGHT	Ballymena Runners	F	0:40:15	0:40:23
999	350	Robert POWELL	Victoria Park and Connswater Athletics Club	M45	0:40:11	0:40:24
380	351	Paula WORTHINGTON	Ballymena Runners	F45	0:40:16	0:40:24
799	352	Gareth DAVIES	Scrabo Striders	M45	0:40:06	0:40:25
135	353	Donal O'REILLY		M	0:40:23	0:40:28
607	354	Gavin MCELWEE	Foyle Valley AC	M50	0:40:24	0:40:30
493	355	Paul FITCHIE	Orangetown AC	M50	0:40:26	0:40:33
357	356	Glenn MURPHY	Island Triathlon Club	M40	0:40:21	0:40:34
800	357	Frank HUGHES	North Belfast Harriers	M55	0:40:23	0:40:35
278	358	Nigel HART	BARF	M55	0:40:28	0:40:36
148	359	Dominic DONNELLY	Roadrunners AC	M40	0:40:28	0:40:36
286	360	Shea KELLY	Ballydrain Harriers	M	0:40:32	0:40:37
498	361	Mark MCCAUL	Ballymena Runners	M45	0:40:30	0:40:38
1040	362	Ryan O'NEILL	Carryduff Running Club	M	0:40:28	0:40:39
266	363	Jason PROCTOR	Na Fianna Runners	M50	0:40:34	0:40:39
604	364	William THOMPSON	Larne AC	M60	0:40:34	0:40:40
977	365	Rebecca RUSSELL		F	0:40:29	0:40:40
571	366	Laurence JOHNSTON	North Belfast Harriers	M65	0:40:37	0:40:40
98	367	Robert CLYDE	Ballymena Runners	M55	0:40:31	0:40:40
431	368	Nathan MULLAN		M35	0:40:31	0:40:41

Podium4Sport Seeley Cup 10k 2025

Finisher List 10km

Bib	Pos.	Name	Club	AG	Chip Time	Gun Time
502	369	Kevin MORIARTY	Belfast Running Club	M50	0:40:40	0:40:47
871	370	Andrew HEDLEY	AHC racing	M35	0:40:29	0:40:48
644	371	Ian HOBSON	Acorns AC	M50	0:40:40	0:40:48
43	372	Michael ROGAN	Beechmount Harriers	M	0:40:41	0:40:50
372	373	Jake STEVENSON	Willowfield Harriers	M	0:40:51	0:40:51
969	374	Paul O'KANE	PACE Running Club	M55	0:40:45	0:40:52
369	375	Stephen ARMOUR	Mallusk Harriers	M35	0:40:52	0:40:52
551	376	Paul MCALOON	Dromore Runners	M	0:40:37	0:40:53
409	377	Kerry KNIPE	County Antrim Harriers	F	0:40:42	0:40:54
430	378	Mark MCMAHON	Beechmount Harriers	M45	0:40:40	0:40:55
1077	379	Thomas LEITCH	Orangetown AC	M50	0:40:50	0:40:55
426	380	Pauline MCGURREN	Keep Er Lit	F45	0:40:50	0:40:56
424	381	Shileen O'KANE	Lagan Valley AC	F55	0:40:53	0:40:56
1083	382	Thomas O BYRNE	Blackrock AC (Dublin)	M40	0:40:48	0:40:57
253	383	Hazel PARKER		F45	0:40:51	0:40:58
75	384	Tim MOORE	Ballydrain Harriers	M40	0:40:47	0:40:59
858	385	Jervis QUINN		M	0:40:51	0:41:02
11	386	Gary DAVISON	East Antrim Harriers	M60	0:40:53	0:41:03
591	387	Matthew TAYLOR	East Down AC	M	0:41:04	0:41:04
439	388	Gavin LOUGHREY	Olympian Triathlon Club	M	0:40:50	0:41:04
133	389	Ellen ERSKINE	Annadale Striders	F	0:41:00	0:41:05
200	390	Deryl MCCAULEY	County Antrim Harriers	M40	0:41:03	0:41:10
421	391	Deaglan O'HAGAN	St Peters	M40	0:40:59	0:41:11
1004	392	Jonathan KYLE		M50	0:41:01	0:41:11
975	393	Fionnuala O'HARE	North Belfast Harriers	F	0:41:02	0:41:12
713	394	Richard EDWARDS	Lagan Valley AC	M55	0:40:55	0:41:12
389	395	Lois ARBUTHNOT	Willowfield Harriers	F	0:41:06	0:41:17
442	396	Josh MCKEE	Ballydrain Harriers	M	0:41:12	0:41:19
994	397	Andrew CROWE	East Antrim Harriers	M40	0:41:11	0:41:21
557	398	Ciaran MCKENNA	Lagan Valley AC	M40	0:41:11	0:41:21
677	399	Kate BRADLEY	Lagan Valley AC	F40	0:41:16	0:41:22
866	400	Derrick REA	Ballymena Runners	M50	0:41:23	0:41:23
274	401	Stephen O'NEILL	Carryduff Running Club	M45	0:41:08	0:41:24
719	402	Michael GILLAN	Lagan Valley AC	M50	0:41:10	0:41:25
750	403	Lisa TOMALIN	North Down AC	F35	0:41:15	0:41:26
986	404	Colin BELL	Ballydrain Harriers	M50	0:41:13	0:41:27
328	405	Sarah BENTON	North Down AC	F55	0:41:20	0:41:27
37	406	Bobby MARSHALL	Rasharkin Runners	M	0:41:15	0:41:29
370	407	Marie KERR	Glens Runners	F35	0:41:19	0:41:29
284	408	David STEVENSON	Willowfield Harriers	M50	0:41:19	0:41:29
863	409	Peter KEALEY	Ballymena Runners	M40	0:41:14	0:41:30

Podium4Sport Seeley Cup 10k 2025

Finisher List 10km

Bib	Pos.	Name	Club	AG	Chip Time	Gun Time
989	410	Damien MCKENNA		M35	0:41:19	0:41:32
579	411	Thomas MC KERNAN		M40	0:41:21	0:41:32
463	412	Adam BROWN	Lagan Valley AC	M35	0:41:18	0:41:33
247	413	Hannah ORCHARD	Willowfield Harriers	F	0:41:20	0:41:33
48	414	Benjamin MAZE	Seapark AC	M	0:41:20	0:41:33
141	415	Claire REID	Victoria Park and Connswater Athletics Club	F35	0:41:26	0:41:34
126	416	Paul O'DRISCOLL	Carryduff Running Club	M40	0:41:16	0:41:35
1071	417	Thomas MCCAUL		M40	0:41:27	0:41:36
857	418	Tony STANLEY	Beechmount Harriers	M45	0:41:21	0:41:37
523	419	Niall ADAMS	Roadrunners AC	M	0:41:28	0:41:37
781	420	Hugh FINNEGAN		M45	0:41:29	0:41:38
444	421	Fiona PRUE	Springwell Running Club	F55	0:41:30	0:41:38
510	422	Oliver MURPHY	Acorns AC	M50	0:41:36	0:41:40
643	423	Jo HARRIS	East Coast Athletics Club	F35	0:41:31	0:41:40
17	424	Paul CONNOLLY	Ballymena Runners	M60	0:41:25	0:41:41
68	425	Paul CORTHORN	Belfast Running Club	M50	0:41:35	0:41:43
536	426	Ciaran TONER	Belfast Running Club	M40	0:41:26	0:41:44
297	427	Sarah STEWART	Annadale Striders	F40	0:41:36	0:41:45
326	428	Colm MCGRATH	Mallusk Harriers	M	0:41:30	0:41:46
402	429	Anthony BRADLEY	Carryduff Running Club	M40	0:41:30	0:41:47
808	430	Wayne HAFEEY	Flying Machines	M45	0:41:41	0:41:49
973	431	Eamon KELLY	East Down AC	M50	0:41:31	0:41:51
952	432	Paul BAILEY	Willowfield Harriers	M40	0:41:41	0:41:51
765	433	Ciaran MULLIN	Foyle Valley AC	M40	0:41:47	0:41:53
306	434	Canice NICHOLAS	Keep Er Lit	M50	0:41:43	0:41:54
509	435	Emily PAISLEY	Orangetown AC	F35	0:41:46	0:41:55
193	436	Joseph MCKAY	Victoria Park and Connswater Athletics Club	M35	0:41:36	0:41:55
131	437	Michael O'DONOGHUE	Orangetown AC	M50	0:41:49	0:41:57
901	438	Manus O'GORMAN		M40	0:41:46	0:42:00
954	439	Rhys WALKER	Springwell Running Club	M	0:41:51	0:42:00
192	440	Brandon CORR	Momentum	M	0:41:54	0:42:01
459	441	Jack MCROBERTS	East Coast Athletics Club	M	0:42:01	0:42:01
232	442	Orlaith KIRK	Dub Runners Belfast	F45	0:41:54	0:42:02
488	443	David HANNA	Lagan Valley AC	M45	0:41:48	0:42:03
394	444	Hannah O'TOOLE	East Coast Athletics Club	F	0:41:55	0:42:03
632	445	Holly BLEASE	North Down AC	F	0:41:56	0:42:04
375	446	Denver ROBB	Ballymena Runners	M45	0:41:55	0:42:06
888	447	John QUINN	Na Fianna Runners	M50	0:42:01	0:42:07
435	448	Roma DOHERTY	North Belfast Harriers	F35	0:42:01	0:42:11
997	449	Jim MOORE	Ballymena Runners	M50	0:41:59	0:42:11
932	450	Jeremy TOMALIN	North Down AC	M45	0:41:53	0:42:12

Podium4Sport Seeley Cup 10k 2025

Finisher List 10km

Bib	Pos.	Name	Club	AG	Chip Time	Gun Time
382	451	P SMITH		M45	0:42:00	0:42:13
358	452	David MURRAY	Ballymena Runners	M35	0:42:05	0:42:14
804	453	Judith WORTHINGTON	Ballymena Runners	F45	0:42:05	0:42:15
272	454	Ghislain DEMEULDRE	Victoria Park and Connswater Athletics Club	M55	0:42:10	0:42:18
895	455	Neil DARRAGH	Larne AC	M35	0:42:14	0:42:22
563	456	William MCBRIDE	Mallusk Harriers	M35	0:42:07	0:42:23
915	457	Cara MAGEE	Roadrunners AC	F	0:42:09	0:42:23
415	458	Julianne KEYS	Armagh A.C	F40	0:42:13	0:42:24
362	459	Matthew BEST	North Down AC	M	0:42:05	0:42:24
219	460	Stephen FERRIS	Beechmount Harriers	M	0:42:19	0:42:26
1024	461	Brendan MCPARLAND	Beechmount Harriers	M50	0:42:11	0:42:27
561	462	Peter FRASER	East Antrim Harriers	M40	0:42:24	0:42:39
106	463	John STEVENSON	Willowfield Harriers	M45	0:42:30	0:42:43
1015	464	Rishab REDDY	Willowfield Harriers	M	0:42:36	0:42:44
542	465	Shane FAY	Island Triathlon Club	M45	0:42:34	0:42:46
156	466	Keith GILMORE	North Down AC	M45	0:42:37	0:42:46
169	467	David WOODS		M45	0:42:42	0:42:53
549	468	Jasmine ELLISON	Willowfield Harriers	F	0:42:53	0:42:53
628	469	Sinead CALLAN	Foyle Valley AC	F45	0:42:47	0:42:54
946	470	Ray CAMERON	North Belfast Harriers	M50	0:42:44	0:42:55
35	471	Paul MARSHALL	Rasharkin Runners	M50	0:42:41	0:42:56
1038	472	Adam MORGAN	East Down AC	M	0:42:48	0:42:58
535	473	Johnny CAREY	Mallusk Harriers	M40	0:42:45	0:43:01
1055	474	Adam MCIVOR	Ballykelly Running Fitness	M35	0:42:51	0:43:03
528	475	Gareth YOUNG		M50	0:42:59	0:43:04
183	476	Mairead MCMANUS	St Peters	F40	0:42:56	0:43:05
757	477	Jim FINLAY	East Antrim Harriers	M55	0:42:58	0:43:07
575	478	James MCKEOWN	Willowfield Harriers	M35	0:42:51	0:43:09
434	479	Darren WALKER	Ballymena Runners	M45	0:43:13	0:43:13
894	480	John ROBINSON	Ballymena Runners	M50	0:43:04	0:43:16
427	481	Chris COUCHMAN	North Down AC	M45	0:43:00	0:43:18
299	482	Andrew HOWES	Victoria Park and Connswater Athletics Club	M60	0:43:11	0:43:20
696	483	Joe GALLAGHER	North Belfast Harriers	M65	0:43:07	0:43:21
864	484	Jede MULHOLLAND	Flying Machines	M	0:43:16	0:43:24
88	485	George FERGUSON	Beechmount Harriers	M60	0:43:10	0:43:26
813	486	Trevor WOODSIDE	Scrabo Striders	M40	0:43:09	0:43:26
843	487	Graham BEATTIE	Monkstown Spartans	M55	0:43:14	0:43:31
20	488	Stephanie GRAHAM	North Down AC	F35	0:43:12	0:43:32
1007	489	Una WARNOCK	Willowfield Harriers	F40	0:43:20	0:43:34
992	490	Stephen MAJURY		M35	0:43:20	0:43:34
718	491	Claudio D'ARCONTE	Lagan Valley AC	M45	0:43:24	0:43:34

Podium4Sport Seeley Cup 10k 2025

Finisher List 10km

Bib	Pos.	Name	Club	AG	Chip Time	Gun Time
235	492	Taylor SMYTH		M	0:43:17	0:43:35
670	493	Lois HARKIN	North Down AC	F	0:43:18	0:43:36
609	494	Kevin HARKIN	North Down AC	M	0:43:19	0:43:36
943	495	Eileen MURTAGH	Na Fianna Runners	F45	0:43:33	0:43:38
360	496	Tyler WALKER	Willowfield Harriers	M	0:43:25	0:43:39
763	497	Jim MCLEAN	PACE Running Club	M50	0:43:27	0:43:39
546	498	Bradie HOGG	Mallusk Harriers	F	0:43:25	0:43:40
1023	499	Mary SLOCUM	Ward Park Runners	F60	0:43:33	0:43:42
634	500	Darren MALLON		M45	0:43:31	0:43:44
277	501	Helen REID		F40	0:43:38	0:43:46
601	502	Nuala MULDOON	North Belfast Harriers	F45	0:43:36	0:43:47
80	503	Nena CORMICAN	Ballymena Runners	F40	0:43:37	0:43:48
1057	504	Conor MCCAFFREY		M35	0:43:41	0:43:48
315	505	Seamus MCGUIGAN	Acorns AC	M	0:43:39	0:43:49
116	506	Matthew DEVLIN	Annadale Striders	M	0:43:40	0:43:50
163	507	Leanne MC KENNA	Keep Er Lit	F40	0:43:40	0:43:53
970	508	Paul BRACKEN	Jog Moira	M45	0:43:45	0:43:53
313	509	Noah COBB	Willowfield Harriers	M	0:43:42	0:43:53
487	510	Ryan KELLY	Tafelta AC	M40	0:43:45	0:43:54
365	511	Luke HAMILTON	North Down AC	M	0:43:36	0:43:56
303	512	Jennifer HAMILTON	Invictus Triathlon Squad	F50	0:43:41	0:43:57
454	513	Jenny FINLAY	Lagan Valley AC	F35	0:43:43	0:43:58
23	514	Gary HUNSDALE	Coastal Runners	M50	0:43:41	0:43:58
640	515	Gráinne RANKIN	Foyle Valley AC	F	0:43:52	0:44:00
665	516	Anthony HUTTON	Foyle Valley AC	M60	0:43:56	0:44:03
1033	517	Colin WATSON	Dromore AC	M60	0:43:58	0:44:05
522	518	Steven CRAY	Carryduff Running Club	M35	0:43:48	0:44:06
475	519	Gavin MCKAY	East Coast Athletics Club	M35	0:43:51	0:44:06
364	520	Lindsay DOULTON	North Down AC	F45	0:43:54	0:44:07
967	521	Gordon REA		M50	0:43:52	0:44:07
97	522	Joe KENNEDY	Dub Runners Belfast	M45	0:43:56	0:44:08
58	523	Alexander WATTS	Ballydrain Harriers	M	0:43:56	0:44:09
789	524	Paul HARLEY	Mallusk Harriers	M55	0:43:58	0:44:09
379	525	Daniel WARKE	Scrabo Striders	M	0:44:03	0:44:11
221	526	Joseph CONLON	Jog Lisburn Running Club	M55	0:43:58	0:44:12
325	527	Darren MCCracken	Willowfield Harriers	M45	0:44:01	0:44:14
1065	528	Seamus SAVAGE	East Down AC	M40	0:44:06	0:44:17
855	529	Ian BAILEY	Lagan Valley AC	M65	0:44:03	0:44:19
406	530	Michael GORDON	Ballymena Runners	M	0:44:02	0:44:20
919	531	Frank BERRY	Tafelta AC	M	0:44:09	0:44:21
132	532	Paul MCFERRAN		M45	0:44:06	0:44:21

Podium4Sport Seeley Cup 10k 2025

Finisher List 10km

Bib	Pos.	Name	Club	AG	Chip Time	Gun Time
533	533	Eamon WARD		M40	0:43:53	0:44:22
508	534	Brian MALTMAN	East Coast Athletics Club	M45	0:44:04	0:44:22
1067	535	Mark HOPKINS	Invictus Triathlon Squad	M50	0:44:08	0:44:23
676	536	James HANNA	Victoria Park and Connswater Athletics Club	M40	0:44:04	0:44:23
212	537	Robert KING	Dub Runners Belfast	M35	0:44:19	0:44:26
340	538	Leonard REID	Willowfield Harriers	M40	0:44:15	0:44:28
261	539	Alex TITOV		M45	0:44:16	0:44:29
482	540	Keith PURDY		M40	0:44:14	0:44:31
177	541	Francis MCKENNA	Dub Runners Belfast	M55	0:44:16	0:44:33
304	542	Kirstie ANNETT	East Antrim Harriers	F35	0:44:27	0:44:40
301	543	Glynis BOYLE	North Down AC	F60	0:44:37	0:44:49
139	544	Aaron MCAULEY	North Down AC	M45	0:44:37	0:44:49
1005	545	Connor CAMPBELL	Willowfield Harriers	M	0:44:37	0:44:50
89	546	Marty BARR		M60	0:44:39	0:44:54
959	547	Paul CROMIE	Victoria Park and Connswater Athletics Club	M50	0:44:36	0:44:55
586	548	Paul KELLY	Keep Er Lit	M	0:44:50	0:45:00
1009	549	Stephen MORRIS	Willowfield Harriers	M50	0:44:54	0:45:03
929	550	Áine MC ALLISTER	Victoria Park and Connswater Athletics Club	F	0:44:56	0:45:03
729	551	Andrew MOORE	East Antrim Harriers	M35	0:44:49	0:45:04
899	552	Andrew LENNON	Ballydrain Harriers	M40	0:44:54	0:45:05
60	553	Tiernán OLIVER		M	0:44:56	0:45:07
419	554	Rodney LIVINGSTONE	Ballymena Runners	M55	0:44:53	0:45:07
630	555	Chris JOHNSTON	PACE Running Club	M35	0:44:59	0:45:11
798	556	James COLE-BOYLE	Scrabo Striders	M35	0:44:56	0:45:12
476	557	Martin SMITH	Ballymena and Antrim AC	M55	0:45:00	0:45:13
25	558	Colm MOLLOY	Beechmount Harriers	M40	0:44:59	0:45:14
31	559	Stuart KENNEDY	Beechmount Harriers	M55	0:45:03	0:45:16
569	560	Graham HILL	Ballydrain Harriers	M55	0:45:04	0:45:17
850	561	Diane TAYLOR	North Belfast Harriers	F40	0:45:05	0:45:19
373	562	Gerrie SHORT	Beechmount Harriers	F50	0:45:04	0:45:19
1069	563	Lauren EDWARDS	Lagan Valley AC	F	0:45:04	0:45:20
848	564	Jana HOFERKOVA	Annadale Striders	F35	0:45:04	0:45:20
762	565	Peter DOLAN	North Belfast Harriers	M40	0:45:06	0:45:20
61	566	Eoghan DOOHER		M	0:44:57	0:45:21
241	567	Sharon MCCracken	Willowfield Harriers	F40	0:45:03	0:45:22
780	568	Peter BOWLES	Dromore AC	M45	0:45:09	0:45:22
766	569	Ian BRENNAN	North Belfast Harriers	M40	0:45:10	0:45:24
283	570	Emma STEVENSON	Willowfield Harriers	F45	0:45:10	0:45:25
837	571	Martin OAKMAN	Scrabo Striders	M55	0:45:14	0:45:26
378	572	Jamie STOKES	Armagh A.C	M	0:45:16	0:45:27
166	573	Modestas EIDEJUS	Ballydrain Harriers	M	0:45:17	0:45:31

Podium4Sport Seeley Cup 10k 2025

Finisher List 10km

Bib	Pos.	Name	Club	AG	Chip Time	Gun Time
564	574	Stephen RUNALLS		M40	0:45:12	0:45:32
234	575	Gary ARBUTHNOT	Willowfield Harriers	M55	0:45:15	0:45:33
692	576	Jonathan CRAIG	East Antrim Harriers	M50	0:45:22	0:45:34
947	577	Roisin BYRNE	Dub Runners Belfast	F55	0:45:24	0:45:34
346	578	Carol-Anne CROWE	East Antrim Harriers	F35	0:45:22	0:45:34
707	579	Robert GALLAGHER	Armagh A.C	M35	0:45:21	0:45:41
347	580	Julie ANDERSON	East Antrim Harriers	F45	0:45:29	0:45:43
196	581	Una KILMARTIN	North Down AC	F	0:45:43	0:45:43
554	582	Adam FULLARTON-HEALEY	Belfast Running Club	M55	0:45:29	0:45:49
749	583	Tony SCULLION	PACE Running Club	M55	0:45:37	0:45:50
824	584	Peter NORRBY	Foyle Valley AC	M50	0:45:44	0:45:51
525	585	Brian STEWART	North Belfast Harriers	M70	0:45:46	0:45:59
817	586	Kiera FLANAGAN		F35	0:45:50	0:46:02
624	587	Dermot COY	North Belfast Harriers	M45	0:45:49	0:46:04
918	588	Emma BEGLIN	Roadrunners AC	F35	0:45:57	0:46:06
639	589	Barry LOGUE	Victoria Park and Connswater Athletics Club	M50	0:45:58	0:46:11
383	590	Richard ALLEN	Armagh A.C	M45	0:46:00	0:46:13
767	591	Shaun CARTON	Springwell Running Club	M60	0:46:04	0:46:14
231	592	Roisin BLUE	Beechmount Harriers	F45	0:46:00	0:46:15
392	593	Chris MISKELLY		M40	0:46:07	0:46:18
350	594	Simon WATSON	Victoria Park and Connswater Athletics Club	M60	0:46:03	0:46:18
227	595	Mark LENNON		M40	0:46:00	0:46:20
54	596	Geraldine QUIGLEY	Ballymena Runners	F50	0:46:13	0:46:21
688	597	Christopher DONAGHY		M50	0:46:08	0:46:26
666	598	Iain MCCARTHY	Ward Park Runners	M40	0:46:16	0:46:29
635	599	Shaun HENRY	Belfast Running Club	M60	0:46:09	0:46:29
244	600	Ailis MCKAVANAGH	Carryduff Running Club	F40	0:46:11	0:46:29
469	601	Ryan RICE	Mallusk Harriers	M	0:46:11	0:46:29
801	602	Mark ROCKS	Belfast Running Club	M60	0:46:14	0:46:32
204	603	Gerard ADAIR	North Down AC	M45	0:46:19	0:46:32
271	604	Joe RAFFERTY		M35	0:46:19	0:46:33
32	605	Katherine MOORE	Ballydrain Harriers	F40	0:46:20	0:46:33
756	606	Niamh GRIBBEN	Tafelta AC	F45	0:46:29	0:46:36
984	607	Conor GARRITY	Dromore Runners	M40	0:46:13	0:46:37
983	608	Ronan MC ALEER	Dromore Runners	M40	0:46:14	0:46:37
636	609	Domhnall MACAULEY	Beechmount Harriers	M65	0:46:27	0:46:43
724	610	Conor MCLARNON		M	0:46:38	0:46:49
14	611	Andy BELL	Willowfield Harriers	M35	0:46:35	0:46:51
685	612	Thomas BRADLEY	Ballymena Runners	M65	0:46:43	0:46:53
716	613	Emma HALL	Victoria Park and Connswater Athletics Club	F35	0:46:50	0:46:56
492	614	Liz ROBINSON	Belfast Running Club	F60	0:46:36	0:46:56

Podium4Sport Seeley Cup 10k 2025

Finisher List 10km

Bib	Pos.	Name	Club	AG	Chip Time	Gun Time
384	615	Kevin MCVEIGH		M60	0:46:37	0:46:57
481	616	Robert MARTIN	North Down AC	M55	0:46:37	0:46:59
907	617	Alan MASSEY	North Down AC	M50	0:46:38	0:46:59
74	618	Elle FORREST REID	Ballymena Runners	F50	0:46:44	0:47:03
882	619	Sean MCINTYRE	Dub Runners Belfast	M65	0:46:52	0:47:03
991	620	Mark BANN	Acorns AC	M45	0:46:54	0:47:12
596	621	Marc ALLEN		M	0:46:57	0:47:12
138	622	Colin SIMPSON	Orangetown AC	M55	0:46:57	0:47:15
606	623	Brendan MCGEOWN	Mallusk Harriers	M55	0:47:06	0:47:22
886	624	Christopher HENRY	Tafelva AC	M	0:47:15	0:47:27
436	625	Lewis MURRAY	Lagan Valley AC	M45	0:47:10	0:47:29
875	626	Ciaran MCCAFFREY	Annadale Striders	M	0:47:17	0:47:33
939	627	Emmett WOODS	Larne AC	M55	0:47:16	0:47:34
735	628	Lorraine MCCAULEY		F45	0:47:16	0:47:34
6	629	Olivia CUMMING	North Down AC	F	0:47:28	0:47:40
1075	630	Andrew FRASER		M45	0:47:17	0:47:41
1066	631	Sharon MADINE	East Down AC	F55	0:47:22	0:47:42
741	632	Francis REYNOLDS		M55	0:47:33	0:47:43
987	633	Naomi MAJURY	Victoria Park and Connswater Athletics Club	F35	0:47:30	0:47:46
580	634	Danny MULLEN	Ballymena Runners	M50	0:47:25	0:47:47
79	635	Lisa EWART	Ballymena Runners	F40	0:47:39	0:47:49
832	636	Andrew WILKINSON		M40	0:47:43	0:47:55
930	637	Paula DOUGAN	Tafelva AC	F55	0:47:48	0:47:56
42	638	Jane ODOHERTY		F60	0:47:42	0:47:57
264	639	Aine HASSON	Ballymena Runners	F55	0:47:41	0:48:03
342	640	Peter FLEMING	Ballymena Runners	M50	0:47:42	0:48:03
776	641	Thomas TAYLOR	North Belfast Harriers	M40	0:47:42	0:48:05
1028	642	Michelle MCCOY	Olympian Triathlon Club	F35	0:47:46	0:48:05
86	643	Ben HOLDEN	Victoria Park and Connswater Athletics Club	M35	0:48:02	0:48:10
399	644	Derek DOUGAN	Ballymena Runners	M60	0:48:03	0:48:13
860	645	James CLINTON	Freedom Runners	M65	0:47:52	0:48:14
903	646	Damien TAYLOR		M45	0:48:13	0:48:22
413	647	Ollie ATKINSON		M	0:48:03	0:48:22
458	648	Jack GRAHAM		M	0:48:23	0:48:23
839	649	Maura MCKENNA	Tafelva AC	F40	0:48:18	0:48:25
150	650	Robert MCCORMACK	Cavehill & Valley	M60	0:48:11	0:48:27
908	651	Jack ARMSTRONG		M	0:48:10	0:48:27
1088	652	Louie ALMARIO	Willowfield Harriers	M40	0:48:09	0:48:29
417	653	Skye WALKER	Ballymena Runners	F	0:48:10	0:48:32
1019	654	Morven BREMNER	Willowfield Harriers	F	0:48:23	0:48:37
361	655	David NABIE		M45	0:48:08	0:48:38

Podium4Sport Seeley Cup 10k 2025

Finisher List 10km

Bib	Pos.	Name	Club	AG	Chip Time	Gun Time
84	656	Rebecca ROBINSON	Scrabo Striders	F35	0:48:31	0:48:43
500	657	Alan O'NEILL	Ballymena Runners	M40	0:48:37	0:48:45
485	658	Karl MCBRIDE	Mallusk Harriers	M	0:48:25	0:48:46
1046	659	Russell KENNEDY	Dromore AC	M50	0:48:45	0:48:49
904	660	Megan MCMURRAY	Larne AC	F	0:48:32	0:48:52
868	661	Timon MOLLOY	Ballydrain Harriers	M55	0:48:31	0:48:52
814	662	Simon MOFFETT	Ballydrain Harriers	M50	0:48:34	0:48:55
149	663	Jonathan TODD	RunFit Causeway	M35	0:48:35	0:48:55
151	664	Patrick DOOHER		M45	0:48:34	0:48:58
815	665	Kaitlyn MOFFETT	Ballydrain Harriers	F	0:48:39	0:48:59
590	666	John TAYLOR	East Down AC	M50	0:48:37	0:49:04
654	667	Conor HENRY	North Belfast Harriers	M45	0:48:41	0:49:09
851	668	Andrew TAYLOR	North Belfast Harriers	M40	0:48:53	0:49:11
795	669	Gavin DOHERTY	Foyle Valley AC	M45	0:49:01	0:49:15
1006	670	Heather WATSON	Willowfield Harriers	F45	0:48:58	0:49:17
479	671	Emma FOX	North Down AC	F50	0:49:06	0:49:18
657	672	Michael LYTTLE	Foyle Valley AC	M45	0:49:05	0:49:19
768	673	Hanna MCKEE	Mallusk Harriers	F	0:49:04	0:49:21
691	674	Rory MCKEE		M	0:49:04	0:49:23
652	675	Julie BEATTIE	Portadown Running Club	F55	0:49:06	0:49:23
807	676	Christine HOOKE	Dromore AC	F35	0:49:13	0:49:26
1086	677	Robert WILSON	Willowfield Harriers	M65	0:49:19	0:49:31
1021	678	Brian HILLEN	Dromore AC	M40	0:49:19	0:49:32
160	679	Lauren NEILL	Coastal Runners	F	0:49:15	0:49:34
574	680	Gary BOYLE	PACE Running Club	M55	0:49:18	0:49:34
702	681	Jonny LILLY	Ballydrain Harriers	M55	0:49:16	0:49:39
53	682	Jody WILKINSON	Ballydrain Harriers	M45	0:49:18	0:49:39
810	683	Simon FERGUSON	Scrabo Striders	M45	0:49:16	0:49:41
880	684	Karen COLLINS	Scrabo Striders	F45	0:49:16	0:49:41
194	685	Christopher MCCAVANA		M40	0:49:23	0:49:43
878	686	Gary BARRITT	Scrabo Striders	M55	0:49:27	0:49:43
771	687	Sinead OHARE	Mallusk Harriers	F	0:49:23	0:49:44
764	688	Jonny OBOYLE		M40	0:49:22	0:49:44
1041	689	Edward CARVILLE	North East Runners Dundalk	M35	0:49:22	0:49:45
1045	690	Patricia BROWN	Newry City Runners	F65	0:49:18	0:49:45
834	691	Glen MCKITTRICK	Willowfield Harriers	M50	0:49:36	0:49:46
605	692	Patrick MILLAR	Ballymena Runners	M60	0:49:21	0:49:46
733	693	Dan MAGILL	Larne AC	M45	0:49:28	0:49:47
331	694	Richard GARRAD	North Down AC	M45	0:49:33	0:49:47
849	695	Jonny HARKNESS	Monkstown Spartans	M40	0:49:32	0:49:49
1076	696	Alison FRASER		F45	0:49:25	0:49:50

Podium4Sport Seeley Cup 10k 2025

Finisher List 10km

Bib	Pos.	Name	Club	AG	Chip Time	Gun Time
777	697	Emma TAYLOR	North Belfast Harriers	F40	0:49:28	0:49:51
829	698	Luke HOLMES	Ballymena Runners	M35	0:49:29	0:49:52
625	699	Erin TWEEDIE	Mallusk Harriers	F	0:49:37	0:49:54
560	700	David GUTHRIE	Belfast Running Club	M60	0:49:34	0:49:54
760	701	Peter MCKEOWN		M45	0:49:41	0:49:56
993	702	Gerard WILSON		M45	0:49:37	0:49:59
519	703	Alison WILSON	Ballydrain Harriers	F40	0:49:43	0:50:00
1087	704	Ryan NUGENT	Willowfield Harriers	M50	0:49:42	0:50:00
862	705	Richard BANKS		M35	0:49:39	0:50:00
338	706	Michael RODGERS		M55	0:49:42	0:50:00
740	707	Melissa MCCONAGHY	NI Civil Service AC	F45	0:49:31	0:50:01
761	708	Tommy LINTON	Larne AC	M65	0:49:46	0:50:01
1014	709	Chris FLEMING	Willowfield Harriers	M45	0:49:47	0:50:04
532	710	Michelle ONEILL	Armagh A.C	F35	0:49:45	0:50:07
363	711	Andrew WILLIAMSON	Hybrid Human	M	0:49:47	0:50:13
404	712	Karl JOYCE	East Coast Athletics Club	M	0:50:04	0:50:23
646	713	Peadar CURRAN	Down Tri Club	M55	0:50:10	0:50:28
641	714	Mark LEATHEM	Coastal Runners	M55	0:50:09	0:50:28
333	715	Aimee LAVERY		F	0:50:10	0:50:28
1078	716	Kevin LAVERY	North Belfast Harriers	M60	0:50:21	0:50:38
578	717	Mary MCDAID	Armagh A.C	F50	0:50:25	0:50:42
913	718	Damien MCDAID	Newcastle District AC	M50	0:50:33	0:50:43
859	719	Stephanie FOX	Freedom Runners	F35	0:50:29	0:50:49
410	720	David ARMSTRONG	Ballymena Runners	M50	0:50:23	0:50:50
990	721	Mark BROOKS	Victoria Park and Connswater Athletics Club	M35	0:50:56	0:51:01
921	722	Ralph COETZEE	Victoria Park and Connswater Athletics Club	M50	0:50:56	0:51:01
811	723	Colin BRUCE	Portadown Running Club	M65	0:50:40	0:51:02
852	724	Hilary FAITH		F45	0:50:39	0:51:04
312	725	Connie COBB	Willowfield Harriers	F45	0:50:47	0:51:06
99	726	Gemma CLYDE	Ballymena Runners	F	0:50:47	0:51:09
1062	727	Pat ROCKS	Newry City Runners	M70	0:50:43	0:51:10
1003	728	Gavin OAKES		M45	0:50:52	0:51:12
388	729	John NELSON	Willowfield Harriers	M50	0:50:54	0:51:14
164	730	Heather STANEX	Ballydrain Harriers	F50	0:50:56	0:51:19
820	731	Owen FULTON	Mallusk Harriers	M45	0:51:03	0:51:26
985	732	Victoria PRATT	Dromore Runners	F	0:51:27	0:51:27
828	733	Maureen KELLY	East Down AC	F55	0:51:02	0:51:27
257	734	David HAMILTON		M40	0:51:12	0:51:37
1043	735	Philip MCCULLAGH	County Antrim Harriers	M55	0:51:12	0:51:37
935	736	Michael MCCLUSKEY	Mallusk Harriers	M35	0:51:19	0:51:40
599	737	Dolores QUINN	Foyle Valley AC	F40	0:51:31	0:51:45

Podium4Sport Seeley Cup 10k 2025

Finisher List 10km

Bib	Pos.	Name	Club	AG	Chip Time	Gun Time
122	738	Shauna HOLLYWOOD	PACH	F	0:51:37	0:51:55
273	739	Darren MURPHY		M40	0:51:42	0:51:55
400	740	Sam JACKSON	Ballymena Runners	M65	0:51:32	0:51:57
658	741	Donna HEALEY	Belfast Running Club	F60	0:51:45	0:52:04
736	742	Glenda MCCAULEY		F35	0:51:50	0:52:08
618	743	Paul KELLY		M40	0:51:51	0:52:13
113	744	Ryan AUSTIN		M	0:51:52	0:52:13
520	745	Orlaith MCGRATH		F	0:51:47	0:52:14
209	746	Karen GIBSON	Ballydrain Harriers	F45	0:51:51	0:52:16
831	747	Peter PARKE	PACE Running Club	M55	0:52:04	0:52:19
1059	748	Naomi MAGOWAN	Scrabo Striders	F40	0:52:03	0:52:19
1051	749	Rachel KINGSTON		F35	0:52:04	0:52:22
584	750	Stephen LIVINGSTON	Ballymena Runners	M55	0:51:59	0:52:22
82	751	Chris STEVENSON	Coastal Runners	M50	0:52:06	0:52:24
429	752	Anne-Marie PHELAN		F	0:51:59	0:52:26
249	753	Brian ROSS	Olympian Triathlon Club	M55	0:52:13	0:52:34
1016	754	Agnieszka BORYS-GILMOUR	Willowfield Harriers	F45	0:52:09	0:52:35
917	755	Jason HARRIS	BILLY WHIZZ	M60	0:52:07	0:52:36
775	756	Wendy MOORE		F50	0:52:28	0:52:45
343	757	William BROWN	Ballydrain Harriers	M40	0:52:22	0:52:48
344	758	Ailsa BROWN	Parkway Pacers	F40	0:52:23	0:52:49
368	759	Matty WILSON		M	0:52:21	0:52:50
612	760	Emma HEGARTY	North Down AC	F45	0:52:34	0:52:51
797	761	Mark RICHARDS	PACE Running Club	M50	0:52:36	0:53:00
717	762	Andrew WILSON	Mallusk Harriers	M45	0:52:44	0:53:07
738	763	Eóin MAILEY	Foyle Valley AC	M50	0:52:55	0:53:13
559	764	Zoë WARING	Parkway Pacers	F45	0:53:06	0:53:31
317	765	Fred HAMOND	Lagan Valley AC	M70	0:53:14	0:53:38
830	766	Pete MCCANNY	BILLY WHIZZ	M60	0:53:30	0:53:50
1000	767	Stephen WALLACE	Monkstown Spartans	M45	0:54:00	0:54:00
460	768	Ian RUSSELL	East Coast Athletics Club	M45	0:53:48	0:54:15
1010	769	Kieran CALLAGHAN	Willowfield Harriers	M45	0:53:50	0:54:16
1020	770	Olivia MURRAY	Willowfield Harriers	F	0:53:51	0:54:16
1042	771	Lee KELLY	Willowfield Harriers	M35	0:53:51	0:54:16
758	772	Dessie MCCOURT	Foyle Valley AC	M55	0:53:53	0:54:17
1082	773	Mark BROOKS	North Belfast Harriers	M55	0:53:52	0:54:20
398	774	James WOODS	Carryduff Running Club	M40	0:53:57	0:54:21
239	775	Kathryn WALLS	Willowfield Harriers	F45	0:53:59	0:54:23
926	776	Padraig MERRON	Ballymena Runners	M	0:54:00	0:54:23
158	777	Faye MORGAN	Roadrunners AC	F	0:54:02	0:54:33
538	778	John HOLMES	County Antrim Harriers	M70	0:54:27	0:54:53

Podium4Sport Seeley Cup 10k 2025

Finisher List 10km

Bib	Pos.	Name	Club	AG	Chip Time	Gun Time
521	779	Fiona SHARRATT	North Belfast Harriers	F	0:54:50	0:55:18
784	780	Michael INGRAM	Freedom Runners	M50	0:54:55	0:55:19
836	781	Carol DARRAGH		F45	0:55:12	0:55:37
36	782	Noreen BRIZZELL	Rasharkin Runners	F55	0:55:06	0:55:37
352	783	Patrick MCCANN	1Zero1	M65	0:55:17	0:55:39
856	784	Elaine BAILEY	Lagan Valley AC	F55	0:55:24	0:55:44
637	785	Orla MORAN	Foyle Valley AC	F50	0:55:20	0:55:46
774	786	Paul O'HARE	NI Civil Service AC	M60	0:55:30	0:55:46
927	787	Lisa GORDON	Dromore AC	F40	0:55:28	0:55:55
861	788	Roisin WOULAHAN	PACE Running Club	F	0:55:34	0:55:58
251	789	Conan CASTLES	PACE Running Club	M40	0:55:34	0:55:58
593	790	Rosi EARNEY	Ballydrain Harriers	F55	0:55:41	0:56:05
656	791	Emma MCGREEVY	Parkway Pacers	F35	0:55:47	0:56:14
680	792	Marie MCBRIEN	Mallusk Harriers	F55	0:56:03	0:56:26
155	793	Caroline GILMORE	North Down AC	F45	0:56:18	0:56:36
354	794	Margaret FREEBURN	Enniskillen Running Club	F45	0:56:23	0:56:48
689	795	Conal KEOWN		M55	0:56:21	0:56:48
96	796	Roisin SHEAHAN	Dub Runners Belfast	F45	0:56:33	0:56:50
847	797	Geraldine MCCROSSAN		F40	0:56:29	0:56:58
793	798	Catherine MORAN	Foyle Valley AC	F65	0:56:35	0:57:03
732	799	Laura SIMPSON	East Coast Athletics Club	F45	0:56:44	0:57:12
794	800	Michael MCALLISTER		M35	0:56:45	0:57:17
961	801	Tara MCELROY		F	0:56:59	0:57:27
960	802	Jack QUINN		M	0:56:59	0:57:27
684	803	Paddy MCDONALD	East Down AC	M55	0:57:14	0:57:40
822	804	Liz ORMEROD	Freedom Runners	F50	0:57:21	0:57:45
885	805	Martin DURKAN	Freedom Runners	M60	0:57:21	0:57:45
1080	806	Mairead O'CUINN	Ormeau Runners	F45	0:57:33	0:57:56
672	807	Natali LAKOMSKI	Victoria Park and Connswater Athletics Club	F35	0:57:38	0:58:02
742	808	Paul SMITH		M35	0:57:44	0:58:07
1002	809	Patricia TENNYSON	Mallusk Harriers	F45	0:57:35	0:58:08
387	810	Mark PAINE	East Antrim Harriers	M	0:58:08	0:58:23
1123	811	Chloe GAULT		F55	0:57:57	0:58:28
302	812	Leanne MCGRATH		F35	0:58:01	0:58:32
279	813	Alison MCNALLY	Roadrunners AC	F40	0:58:16	0:58:39
223	814	Brendan MCNALLY	Roadrunners AC	M40	0:58:16	0:58:40
846	815	Valerie BLAYNEY	North Down AC	F65	0:58:33	0:58:45
220	816	Hannah CONLON	Jog Lisburn Running Club	F	0:58:25	0:58:55
319	817	Jane LEATHEM		F	0:58:25	0:58:57
366	818	Robert HAUGHEY		M45	0:58:25	0:58:57
270	819	Celene BREEN	Jog Lisburn Running Club	F50	0:58:35	0:58:59

Podium4Sport Seeley Cup 10k 2025

Finisher List 10km

Bib	Pos.	Name	Club	AG	Chip Time	Gun Time
311	820	Mark COBB	Willowfield Harriers	M50	0:58:36	0:59:02
314	821	Calvin NG	Willowfield Harriers	M50	0:59:45	1:00:12
337	822	Paul SILCOCK	St Peters	M35	1:00:45	1:00:45
790	823	Nichola HARLEY	Mallusk Harriers	F50	1:03:25	1:03:56
827	824	Lauren MCMILLAN	Mallusk Harriers	F	1:03:41	1:04:03
772	825	Mairead OHARE	Mallusk Harriers	F50	1:05:07	1:05:29
1047	826	David WAUGH	North Belfast Harriers	M70	1:05:13	1:05:40
408	827	Annemarie MILLAR	Ballymena Runners	F55	1:06:46	1:07:07
710	828	Brigid QUINN	Ballymena Runners	F70	1:07:49	1:08:11
869	829	Roseann MCGEOWN	Mallusk Harriers	F50	1:08:21	1:08:48
613	830	Lynn BINGHAM	Mallusk Harriers	F40	1:10:02	1:10:29
566	831	Kayleigh MCLAUGHLIN	Mallusk Harriers	F40	1:10:03	1:10:30
526	832	Pat O'DRISCOLL	North Down AC	M70	1:11:00	1:11:34
486	833	Jessica SILCOCK	Mallusk Harriers	F	1:15:45	1:16:18
682	834	Claire LENNON	Mallusk Harriers	F45	1:18:57	1:19:28
497	835	Elisabeth FRENCH	Mallusk Harriers	F50	1:24:42	1:25:15
731	836	Samantha ANDERSON	NI Civil Service AC	F55	1:24:50	1:25:20

Number of records: 836