

**National  
Indoor  
Championships**



**IRISH LIFE HEALTH JUVENILE INDOOR CHAMPIONSHIPS  
AIT INTERNATIONAL ARENA, ATHLONE  
DAY 3 SATURDAY 4TH APRIL 2020**

The committee reserve the right to alter timetable, the starting time of events may be brought forward up to 45 minutes from the proposed Timetable.

**Check in opens 9.00 a.m.**

**Inter-Club Relays**

**10.30 a.m.**

Girls	13	4 x 200m	FINALS (Heat Declared Winners)
Boys	13	4 x 200m	FINALS (Heat Declared Winners)
Girls	15	4 x 200m	Heats
Boys	15	4 x 200m	Heats
Girls	17	4 x 200m	Heats
Boys	17	4 x 200m	Heats
Girls	19	4 x 200m	Heats
Boys	19	4 x 200m	Heats

**FINALS OF ABOVE**

**Check in closes 12.30 p.m.**

**1.30 p.m.**

Girls	12	4 x 200m	FINALS (Heat Declared Winners)
Boys	12	4 x 200m	FINALS (Heat Declared Winners)
Girls	14	4 x 200m	Heats
Boys	14	4 x 200m	Heats
Girls	16	4 x 200m	Heats
Boys	16	4 x 200m	Heats
Girls	18	4 x 200m	Heats
Boys	18	4 x 200m	Heats

**FINALS OF ABOVE**

**Field Events**

10:00 AM	Shot Putt	U17 Boys (5k)
10:45 AM	Shot Putt	U19 Girls (4k)
11:30 AM	Shot Putt	U18 Boys (5k)
12:45 PM	Shot Putt	U18 Girls (3k)
1:30 PM	Shot Putt	U19 Boys (6k)
2:15 PM	Shot Putt	U17 Girls (3k)

10:00 AM	Triple Jump	U18 Girls
10:45 AM	Triple Jump	U18 Boys
11:30 AM	Triple Jump	U19 Girls
12:15 PM	Triple Jump	U19 Boys

10:00 AM	Long Jump	U16 Girls (Pit 1)
11:15 AM	Long Jump	U16 Boys (Pit 1)
12:30 PM	Long Jump	U15 Girls (Pit 1)
2:00 PM	Long Jump	U17 Boys (Pit 1)
2:00 PM	Long Jump	U15 Boys (Pit 2)



**Athletics  
Ireland**