

Entry Standards

Men	Event	Women
11.50	100m	12.92
23.30	200m	26.80
52.00	400m	60.00
1:56.0	800m	2:18.0
3:55.0	1500m	4:42.0
TEAM RACE	3000m	TEAM RACE
	5000m	19:00.0
	100mH	16.00
	400H	70.00
6.50	Long Jump	5.20
	High Jump	1.55
3.50	Pole Vault	3.00
MIXED	Discus	MIXED
40.00	Javelin	
40.00	Hammer	30.00