



## Belfast International Track & Field Meeting 1<sup>st</sup> August 2019

### Timetable

#### Pre Programme

4.30pm	Primary School	Girls 60m Boys 60m	Long Jump	Turbo Javelin
5.30pm	Primary School	Girls 1000m Boys 1000m		
5.45pm	Inter Girls	100m		
	Junior Boys	100m		
6.00pm	Inter Boys	800m		
	Junior Girls	800m		

#### Main Programme

	Track	Field	
5.30pm		Mixed Hammer	
6.00pm			
6.30pm	Womens 100mH		Mens Long Jump
6.40pm	Mens 110mH		
6.50pm	4x100m Relay Women		
6.55pm	4x100m Relay Men		
7.00pm	Mens 800m		
7.15pm	800m Wheelchair		
7.25pm	Womens 100m A		Womens High Jump
7.30pm	Womens 100m B		
7.35pm	Mens 100m A		
7.40pm	Mens 100m B		
7.45pm	Womens 800m		
7.55pm	Mens 400m A		
8.00pm	Mens 400m B		
8.05pm	Womens 3000m		
8.25pm	Mens 200m A		
8.30pm	Mens 200m B	Mixed Javelin	Mixed Triple Jump
8.35pm	Womens 200m		
8.40pm	Mens 5000m		

The organisers reserve the right to change the timetable, including the events listed  
The number of entrants will be restricted for certain events