

# Donghadee 5K 2024

## Overall Results

Place	Num	Name	Gender	Club	GunTime	ChipTime
5K						
1.	5	David Spalding	M	Ballydrain Harriers	16:17	16:17
2.	4	Chris Drysdale	M	Ballydrain Harriers	16:58	16:58
3.	163	Harley McDowell	M	St Peter's ACA NI	18:35	18:35
4.	345	Tony Welsh	M		18:37	18:37
5.	353	Katie Moore	F	North Down Athletic Club	18:37	18:37
6.	12	Shea Kelly	M	Ballydrain Harriers	18:42	18:42
7.	3	Brian Bogle	M	Ballydrain Harriers	18:46	18:45
8.	61	David Coffey	M	Core Fitness NI	18:52	18:52
9.	86	Carter Rolston	M	North Down Athletic Club	18:57	18:57
10.	2	Andrew Gray	M	Ballydrain Harriers	19:02	19:02
11.	72	Jonathan Denvir	M	Deloitte	19:04	19:01
12.	222	Oran Kane	M	Ward Park Runners	19:12	19:12
13.	241	Benjamin Challis	M	Willowfield Harriers	19:20	19:20
14.	87	Chris Couchman	M	North Down Athletic Club	19:23	19:22
15.	116	Andy Haylett	M	Scrabo Striders	19:25	19:25
16.	169	Andrew Barrett	M	Ward Park Runners	19:26	19:25
17.	80	Ollie Hanna	M	Loughview AC	19:27	19:27
18.	231	Tim Taylor	M	Ward Park Runners	19:27	19:27
19.	10	Mark Hill	M	Ballydrain Harriers	19:31	19:30
20.	319	Michael Warke	M		19:41	19:39
21.	312	Linda Mcdougall	F		19:41	19:41
22.	11	Nathan Lilly	M	Ballydrain Harriers	19:46	19:44
23.	239	Kieran McDonald	M	West Belfast Coolers	19:46	19:45
24.	85	Natasha Henderson	F	North Belfast Harriers	19:47	19:47
25.	352	Daniel Clarke	M		19:48	19:47
26.	306	Kurt Hanna	M		20:26	20:26
27.	40	David Hynes	M	Belfast Running Club	20:27	20:27
28.	78	Erin Han	F	Loughview AC	20:30	20:30
29.	134	Graeme McGowan	M	Scrabo Striders	20:39	20:38
30.	1	Kevin Briggs	M	Ards Cycling Club	20:41	20:39
31.	89	Coco Smith	F	North Down Athletic Club	20:54	20:54
32.	237	Damien Adams	M	West Belfast Coolers	20:55	20:52
33.	215	Mary Slocum	F	Ward Park Runners	20:56	20:55
34.	57	Riley Hanna	M	Coastal Runners	20:57	20:55
35.	320	Michelle Ballagh	F		21:06	21:06
36.	251	Andre McClean	M		21:18	21:10
37.	75	Will McFarland	M	Deloitte	21:19	21:17
38.	100	Steven Boyd	M	North Down Athletic Club	21:22	21:21
39.	347	Will Robinson	M		21:24	21:22
40.	243	Jasmine Ellison	F	Willowfield Harriers	21:27	21:26
41.	147	Luke Braniff	M	Scrabo Striders	21:36	21:35
42.	74	Max Bloomfield	M	Deloitte	21:41	21:38
43.	167	Andrew Kane	M	Ward Park Runners	21:45	21:43
44.	208	Lewis Taylor	M	Ward Park Runners	21:50	21:48
45.	240	Robert Duffy	M	West Belfast Coolers	21:54	21:51
46.	96	Sarah Connolly	F	North Down Athletic Club	21:56	21:55
47.	9	Kirsty Bogle	F	Ballydrain Harriers	21:59	21:58

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Place	Num	Name	Gender	Club	GunTime	ChipTime
48.	160	David McGaffin	M	Springwell RC	22:01	21:58
49.	33	Steven Cunningham	M	Ballyhalbert Harriers	22:04	22:00
50.	37	Brendan Mulgrew	M	Belfast Running Club	22:05	21:54
51.	7	Jonathan Lilly	M	Ballydrain Harriers	22:12	22:08
52.	39	David Hanna	M	Belfast Running Club	22:12	22:10
53.	90	Colin Lowry	M	North Down Athletic Club	22:14	22:12
54.	183	Dale Heaney	M	Ward Park Runners	22:18	22:15
55.	270	Dave McClune	M		22:19	22:10
56.	233	Trevor Mitchell	M	Ward Park Runners	22:19	22:11
57.	249	Amir Jannaty	M		22:20	22:13
58.	6	Jaxon Bogle	M	Ballydrain Harriers	22:21	22:20
59.	77	Daisy Bogle	F	Loughview AC	22:22	22:16
60.	97	Sarah Wilson	F	North Down Athletic Club	22:24	22:19
61.	227	Ryan Abernethy	M	Ward Park Runners	22:27	22:23
62.	150	Michael Burgess	M	Scrabo Striders	22:31	22:29
63.	125	Craig Simpson	M	Scrabo Striders	22:33	22:31
64.	156	Rachel Lyttle	F	Scrabo Striders	22:39	22:16
65.	252	Andrew Wilson	M		22:40	22:24
66.	73	Josh Lown	M	Deloitte	22:58	22:49
67.	53	Bill McGucken	M	Coastal Runners	23:04	22:58
68.	216	Matilda Heaney	F	Ward Park Runners	23:04	22:59
69.	48	Tommy Cheng	M	Belfast Running Club	23:08	23:08
70.	28	Michael Murray	M	Ballyhalbert Harriers	23:16	23:11
71.	188	Dawn Daly	F	Ward Park Runners	23:18	23:16
72.	236	Ciarán McGeough	M	West Belfast Coolers	23:23	23:19
73.	232	Tom Pritchard	M	Ward Park Runners	23:24	23:20
74.	55	Marty McConnell	M	Coastal Runners	23:25	23:17
75.	174	Brian Cavan	M	Ward Park Runners	23:26	23:20
76.	192	Gary Martin	M	Ward Park Runners	23:29	23:13
77.	244	Aaron Tedford	M		23:31	23:22
78.	225	Rhiannon Carver	F	Ward Park Runners	23:36	23:33
79.	285	Geoff Mcdowell	M		23:38	23:38
80.	159	Willow Farrington	F	Scrabo Striders	23:43	23:41
81.	45	Mark Rocks	M	Belfast Running Club	23:46	23:40
82.	29	Neil Heron	M	Ballyhalbert Harriers	23:51	23:47
83.	324	Olivia Brown	F		23:52	23:30
84.	27	John Nolan	M	Ballyhalbert Harriers	23:53	23:37
85.	291	Hollie Woods	F		23:55	23:38
86.	242	Deborah Wells	F	Willowfield Harriers	23:58	23:58
87.	126	Curtis Adams	M	Scrabo Striders	24:01	23:48
88.	38	Colin McMahon	M	Belfast Running Club	24:08	23:59
89.	292	Janine Boyd	F		24:09	23:49
90.	224	Paul McAlinden	M	Ward Park Runners	24:12	24:09
91.	44	Jill Mellon	F	Belfast Running Club	24:14	24:10
92.	247	Alexandra Boyd	F		24:19	23:59
93.	50	Jacqueline Maxwell	F	Cadence	24:22	24:16
94.	18	Letitia Fitzsimmons	F	Ballygalget AC	24:25	24:18
95.	197	Ian McEachern	M	Ward Park Runners	24:27	24:21

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Place	Num	Name	Gender	Club	GunTime	ChipTime
96.	342	Stephen Norris	M		24:28	23:56
97.	123	Colin Verth	M	Scrabo Striders	24:29	24:15
98.	281	Gareth Craig	M		24:32	24:30
99.	54	Caroline Smyth	F	Coastal Runners	24:38	24:31
100.	187	Dawn McEvoy	F	Ward Park Runners	24:40	24:35
101.	114	Joanne McCauley	F	Portadown Running Club	24:41	24:37
102.	36	Amanda Moge	F	Belfast Running Club	24:43	24:38
103.	299	John Nelson	M		24:48	24:42
104.	176	Callum Porter	M	Ward Park Runners	24:54	24:45
105.	326	Paul Coulter	M		24:57	24:53
106.	219	Nathaniel McMahon	M	Ward Park Runners	25:00	24:39
107.	83	Estelle Lowry	F	North Belfast Harriers	25:07	25:05
108.	42	Donna Healey	F	Belfast Running Club	25:08	25:03
109.	254	Andrew Oneill	M		25:08	24:51
110.	166	Andrew Curry	M	Ward Park Runners	25:15	25:11
111.	168	Andrew Millar	M	Ward Park Runners	25:17	25:11
112.	269	Darren Johnston	M		25:19	25:04
113.	248	Alison McClune	F		25:19	25:09
114.	325	Paul Austin	M		25:20	25:15
115.	79	Lauren Semple	F	Loughview AC	25:22	25:16
116.	220	Nathaniel Taylor	M	Ward Park Runners	25:22	25:09
117.	14	Emma Gorman	F	Ballygalget AC	25:32	25:14
118.	185	David Owens	M	Ward Park Runners	25:35	25:24
119.	24	Catherine Ward	F	Ballyhalbert Harriers	25:37	25:33
120.	146	Louise Barnes	F	Scrabo Striders	25:40	25:39
121.	282	Garry Smith	M		25:43	25:30
122.	47	Rowena Fair	F	Belfast Running Club	25:46	25:40
123.	253	Andrew Sharp	M		25:48	25:28
124.	51	Kate Miller-Devlin	F	Cadence	25:53	25:46
125.	31	Sam McCullough	M	Ballyhalbert Harriers	25:55	25:50
126.	328	Poppy Duncan	F		26:08	25:48
127.	343	Steven Cross	M		26:08	25:57
128.	76	David Mcwhirter	M	Lonely Goat	26:08	26:03
129.	32	Sharon Gibson	F	Ballyhalbert Harriers	26:09	26:07
130.	113	Richard Hughes	M	Peninsula Triathlon Club	26:12	25:56
131.	149	Maxine Dynes	F	Scrabo Striders	26:14	25:51
132.	348	Yesten Smith	M		26:17	26:02
133.	26	Ian Gilliland	M	Ballyhalbert Harriers	26:21	26:16
134.	340	Sarah McMillan	F		26:25	26:19
135.	331	Rhonda Hall	F		26:26	26:23
136.	310	Lesley Strain	F		26:27	26:23
137.	297	Jill Hamilton	F		26:27	26:05
138.	314	Mark Kennedy	M		26:32	26:21
139.	235	Yazmin Bleakley	F	Ward Park Runners	26:34	26:24
140.	58	Sarah Collins	F	Coastal Runners	26:35	26:27
141.	16	Joan Gilmore	F	Ballygalget AC	26:38	26:22
142.	170	Andy Le Gallez	M	Ward Park Runners	26:39	26:28
143.	99	Stefan Butler	M	North Down Athletic Club	26:42	26:34

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Place	Num	Name	Gender	Club	GunTime	ChipTime
144.	23	Vivienne Pucci	F	Ballygalget AC	26:44	26:28
145.	88	Christina Steele	F	North Down Athletic Club	26:45	26:35
146.	101	Elaine Weston	F	Orangetown AC	26:51	26:47
147.	182	Colette Archer	F	Ward Park Runners	26:55	26:46
148.	141	Karen Wilson	F	Scrabo Striders	27:04	26:40
149.	22	Simon Rotherham	M	Ballygalget AC	27:06	26:51
150.	135	Graeme Farrington	M	Scrabo Striders	27:08	26:41
151.	108	Margaret Mulgrew	F	Ormeau Runners	27:18	27:06
152.	276	Dermot Parsons	M		27:21	27:05
153.	15	Gemma Roddy	F	Ballygalget AC	27:22	27:06
154.	142	Karen Farrelly	F	Scrabo Striders	27:39	27:33
155.	68	Caroline Johnston	F	County Antrim Harriers	27:42	27:36
156.	104	Emma Lewis	F	Ormeau Runners	27:45	27:33
157.	157	Sharon Gamble	F	Scrabo Striders	27:50	27:33
158.	184	Daniel Annett	M	Ward Park Runners	27:56	27:44
159.	122	Christopher Murdock	M	Scrabo Striders	28:01	27:44
160.	257	Aron Sturdy	M		28:04	27:43
161.	94	Lorraine Lowry	F	North Down Athletic Club	28:06	27:59
162.	298	John Scott	M		28:08	27:38
163.	177	Cathy McEachern	F	Ward Park Runners	28:09	27:59
164.	203	Joyce Nickell	F	Ward Park Runners	28:11	28:03
165.	307	Leah Semple	F		28:17	28:11
166.	109	Mark Allen	M	Ormeau Runners	28:30	28:09
167.	338	Sarah Brown	F		28:31	28:07
168.	258	Ashley Mcdowell	F		28:39	28:38
169.	303	Katy Robbie	F		28:39	28:17
170.	181	Clare Beckett	F	Ward Park Runners	28:41	28:35
171.	201	Jill Woodward	F	Ward Park Runners	28:41	28:34
172.	198	Ian McAleer	M	Ward Park Runners	28:50	28:41
173.	56	Mervyn Kinney	M	Coastal Runners	28:52	28:25
174.	127	Daniel Barnes	M	Scrabo Striders	28:54	28:51
175.	71	Emma Weir	F	Deloitte	28:54	28:49
176.	316	Matthew Gage	M		29:00	28:51
177.	226	Ron Mitchell	M	Ward Park Runners	29:00	28:52
178.	30	Rhonda Colwell	F	Ballyhalbert Harriers	29:04	28:52
179.	321	Natalie Thompson Colwell	F		29:05	28:54
180.	337	Samuel Aicken	M		29:07	29:07
181.	152	Naomi Magowan	F	Scrabo Striders	29:11	28:42
182.	250	Amy Wilson	F		29:12	28:53
183.	284	Gayle Keenan	M		29:16	28:53
184.	46	Paul McCorry	M	Belfast Running Club	29:17	29:01
185.	144	Keara Simpson	F	Scrabo Striders	29:18	29:16
186.	67	Carol Annesley	F	County Antrim Harriers	29:19	29:13
187.	93	Julie McCready	F	North Down Athletic Club	29:19	29:12
188.	315	Martina Finn	F		29:20	29:00
189.	131	George Mcgonigal	M	Scrabo Striders	29:22	28:58
190.	70	Emma Hill	F	County Antrim Harriers	29:23	29:15
191.	256	Anne Lendrum	F		29:24	29:02

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Place	Num	Name	Gender	Club	GunTime	ChipTime
192.	60	Cara E Donkin	F	Core Fitness NI	29:25	28:53
193.	91	George Emerson	M	North Down Athletic Club	29:27	29:18
194.	271	David Waddell	M		29:27	29:06
195.	92	Glenn Frazer	M	North Down Athletic Club	29:29	29:16
196.	137	Hector Adair	M	Scrabo Striders	29:32	29:15
197.	21	Sherie Smyth	F	Ballygalget AC	29:34	29:04
198.	117	Beverley Mckee	F	Scrabo Striders	29:36	29:21
199.	165	Alex Bailie	F	Ward Park Runners	29:37	29:27
200.	162	Debbie McDowell	F	St Peter's ACA NI	29:37	29:28
201.	196	Holly Fleming	F	Ward Park Runners	29:39	29:18
202.	190	Emma Ashenhurst	F	Ward Park Runners	29:39	29:18
203.	143	Kathryn Chesney	F	Scrabo Striders	29:42	29:21
204.	217	Matthew Taylor	M	Ward Park Runners	29:42	29:35
205.	178	Claire Fleming	F	Ward Park Runners	29:43	29:36
206.	329	Rachel Williams	F		29:48	29:28
207.	350	Zoe Stallard	F		29:49	29:28
208.	151	Michele Ennis	F	Scrabo Striders	29:52	29:45
209.	65	Roxanne Bennett	F	Core Fitness NI	29:53	29:20
210.	64	Laura Adair	F	Core Fitness NI	29:53	29:20
211.	214	Mark Anderson	M	Ward Park Runners	29:55	29:36
212.	119	Catherine Lavery	F	Scrabo Striders	29:57	29:37
213.	200	Jasmine Holden	F	Ward Park Runners	30:00	29:50
214.	228	Sandie Neely	F	Ward Park Runners	30:06	29:51
215.	293	Jason Bovaird	M		30:08	30:04
216.	230	Sonia Martin	F	Ward Park Runners	30:08	30:05
217.	199	Isabella Heaney	F	Ward Park Runners	30:12	29:57
218.	172	April Heaney	F	Ward Park Runners	30:13	29:58
219.	304	Kenny Hazley	M		30:14	29:56
220.	213	Lucy Reid	F	Ward Park Runners	30:14	29:55
221.	211	Lorna Parsons	F	Ward Park Runners	30:15	29:58
222.	334	Rosie McAnlis	F		30:20	30:07
223.	128	Dee Patterson	M	Scrabo Striders	30:23	30:04
224.	275	Derek Bunting	M		30:24	30:01
225.	179	Claire McQuillan	F	Ward Park Runners	30:30	30:18
226.	300	Jorja Duncan	F		30:32	30:09
227.	311	Libby Thompson	F		30:32	30:28
228.	294	Jenna Frazer	F		30:34	30:13
229.	283	Gary Irwin	M		30:42	30:23
230.	180	Claire Thomson	F	Ward Park Runners	30:53	30:44
231.	95	Noreen McCausland	F	North Down Athletic Club	31:00	30:58
232.	17	Katie Lemon	F	Ballygalget AC	31:01	30:33
233.	344	Tara Bell	F		31:01	30:33
234.	206	Laura Douglas	F	Ward Park Runners	31:05	30:55
235.	302	Katrina Withers	F		31:08	30:51
236.	288	Graham Keenan	M		31:09	30:43
237.	153	Natasha Graham	F	Scrabo Striders	31:10	30:43
238.	229	Sharon Taylor	F	Ward Park Runners	31:15	30:49
239.	280	Eve Miller	F		31:19	30:57

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Place	Num	Name	Gender	Club	GunTime	ChipTime
240.	205	Kelly Morrow	F	Ward Park Runners	31:33	31:22
241.	305	Kerry Bloomfield	F		31:36	31:19
242.	267	Craig Allen	M		31:37	31:09
243.	189	Elizabeth Maxwell	F	Ward Park Runners	31:38	31:21
244.	105	Izzy McKee	F	Ormeau Runners	31:42	31:23
245.	295	Jessica Eadie	F		31:50	31:25
246.	336	Samantha Robinson	F		31:51	31:25
247.	313	Lisa Allen	F		31:54	31:27
248.	323	Olivia Seymour	F		31:55	31:41
249.	52	Lauren McBride	F	Cadence	31:55	31:47
250.	171	Angela Briggs	F	Ward Park Runners	31:57	31:46
251.	308	Lesley Carson	F		31:57	31:44
252.	13	Donna Roddy	F	Ballygalget AC	31:57	31:33
253.	195	Heather Doherty	F	Ward Park Runners	31:58	31:48
254.	41	Des Reid	M	Belfast Running Club	32:06	31:53
255.	318	Michael Bloomfield	M		32:08	31:51
256.	204	Julie Caulfield	F	Ward Park Runners	32:08	31:53
257.	193	Glynis Poots	F	Ward Park Runners	32:09	31:52
258.	20	Sheila Bailie	F	Ballygalget AC	32:12	31:45
259.	286	Gillian Brown	F		32:13	31:52
260.	255	Angela Mawhinney	F		32:14	31:59
261.	273	Deborah Robinson	F		32:18	31:54
262.	277	Donna Sinclair	F		32:23	32:15
263.	154	Nicola Forsythe	F	Scrabo Striders	32:27	32:04
264.	287	Grace Rea	F		32:39	32:21
265.	296	Jill Magowan	F		32:40	32:20
266.	333	Rosalind McClean	F		32:42	32:27
267.	49	Sharon Ramsey	F	Big Fish Runners	32:55	32:55
268.	138	Hugh Lyons	M	Scrabo Striders	32:58	32:36
269.	164	Alan Craig	M	Ward Park Runners	33:02	32:49
270.	262	Catherine Bacon	F		33:07	32:48
271.	103	Colin Rodgers	M	Ormeau Runners	33:07	32:48
272.	106	Karen McConnell	F	Ormeau Runners	33:08	32:50
273.	279	Euan McComiskie	M		33:10	32:56
274.	112	Ruth Jack	F	Ormeau Runners	33:14	33:01
275.	202	Joanne Larkin McNeilly	F	Ward Park Runners	33:15	32:55
276.	212	Lorna Thrush	F	Ward Park Runners	33:18	32:58
277.	25	Hannah Foster	F	Ballyhalbert Harriers	33:25	33:03
278.	221	Nicola Williams	F	Ward Park Runners	33:26	33:14
279.	246	Alan McGimpsey	M		33:30	33:06
280.	289	Gus Mawhinney	M		33:36	33:03
281.	341	Stephanie Stirton	F		33:38	33:12
282.	98	Sonya Johnston	F	North Down Athletic Club	33:43	33:18
283.	245	Aisling Hanna	F		33:48	33:31
284.	34	Susan Hughes	F	Ballyhalbert Harriers	33:52	33:21
285.	210	Lisa Mccoy	F	Ward Park Runners	34:00	33:52
286.	19	Paula Roddy	F	Ballygalget AC	34:10	33:46
287.	35	Aaron Hill	M	Belfast Running Club	34:21	34:17

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288.	158	Stephen Braniff	M	Scrabo Striders	34:24	33:55
289.	69	Davina Catherwood	F	County Antrim Harriers	34:34	34:25
290.	102	Carol Kernaghan	F	Ormeau Runners	34:39	34:20
291.	207	Lauren Williams	F	Ward Park Runners	34:43	34:32
292.	259	Barbara Beattie	F		34:45	34:36
293.	110	Nancy Kelly	F	Ormeau Runners	34:49	34:31
294.	261	Caroline McBride	F		34:52	34:30
295.	186	David Yell	M	Ward Park Runners	35:01	34:48
296.	82	Lauren Penman	F	Mallusk Harriers	35:06	34:48
297.	346	Tracey McCormick	F		35:15	34:53
298.	145	Kim Cochrane	F	Scrabo Striders	35:37	35:14
299.	8	Katherine Moore	F	Ballydrain Harriers	35:38	35:30
300.	161	Shirley McGaffin	F	Springwell RC	35:42	35:11
301.	290	Heather Milliken	F		35:44	35:19
302.	107	Karen Magee	F	Ormeau Runners	35:51	35:30
303.	59	Steven Craythorne	M	Coastal Runners	35:53	35:26
304.	121	Chris Edwards	M	Scrabo Striders	35:53	35:25
305.	301	Katie Tener	F		35:55	35:29
306.	330	Rebecca McKinty	F		36:32	36:06
307.	351	Pat O'Driscoll	M	North Down Athletic Club	36:37	36:23
308.	194	Heather McConaghie	F	Ward Park Runners	36:51	36:38
309.	130	Frances Wills	F	Scrabo Striders	37:24	37:01
310.	139	Janet Mowat	F	Scrabo Striders	37:28	37:05
311.	349	Zoe Robinson	F		37:31	37:02
312.	175	Bruce Thomson	M	Ward Park Runners	37:34	37:22
313.	63	Kathy Kelly	F	Core Fitness NI	37:35	37:03
314.	115	Aimee Braniff	F	Scrabo Striders	37:35	37:10
315.	133	Gillian Kerr	F	Scrabo Striders	37:36	37:11
316.	111	Paul Magee	M	Ormeau Runners	37:40	37:18
317.	129	Donna Dugan	F	Scrabo Striders	38:04	37:34
318.	148	Lynn Mcgonigal	F	Scrabo Striders	38:05	37:39
319.	322	Nicola Harvey	F		38:47	38:21
320.	173	Barbara Ward	F	Ward Park Runners	38:53	38:43
321.	209	Linda Angus	F	Ward Park Runners	39:11	39:00
322.	264	Chloe Gault	F		39:25	38:59
323.	120	Cheryl Macartney	F	Scrabo Striders	39:30	38:59
324.	191	Ethne Mitchell	F	Ward Park Runners	39:37	39:25
325.	218	Michelle Winters	F	Ward Park Runners	40:01	39:34
326.	272	Debbie Orr	F		41:29	41:02
327.	118	Bobby Mcgonigal	M	Scrabo Striders	44:11	43:41
328.	155	Nicola Graham	F	Scrabo Striders	44:11	43:41
329.	132	Gillian Bailie	F	Scrabo Striders	45:35	45:06
DSQ	136	Runner No Details	F	Scrabo Striders	19:42	19:40
DNF	223	Patricia Rollins	F	Ward Park Runners	19:02	18:37

Number of Finishers: 331