



Willowfield Harriers SEELEY CUP 10K

Race Information

Ozone Centre, Ormeau Park, Belfast – On the day pack collection, changing and showers

The course map (you will do 2.5 laps of the route) will be available to view on www.athleticsni.org. The surrounding roads will be closed for the start of the race, after which the traffic will be allowed through so for your safety you **must** follow all marshal instructions and remain within the course at all times. **It is not safe to wear headphones during road races.** Leading athletes will be lapping the field – please be aware of this and do not obstruct them as they may be competing for top positions. Please note for Health & Safety reasons, Runners will not be allowed to compete pushing prams or leading dogs.

Parking

There is limited parking at the Ozone Centre, however please note that other customers will also be using this space and it fills up very quickly. You should therefore allow plenty of time to **park elsewhere** and walk/jog to the course. **YOU MUST NOT PARK AROUND POLICE CONES or obstruct areas of the park as this is part of the race course and your car may be towed for obstructing runners/passing traffic.**

Pack Collection

This year there is only a small room available for on the day pack collection. **Therefore, we strongly recommend that all runners collect their race packs at the times below** or send someone to collect for you if possible. Pre-event collection will be at the Mary Peters Track (**this is not the race venue**), on Wednesday 28 (11-6pm, last admission 5.45pm), Thursday 29 November (12.30-8.30pm, last admission 8.15pm) & Friday 29 November (11-4.30pm, last admission 4.15pm) at the Mary Peters Track, Upper Malone Rd Belfast. OTHER COLLECTIONS - RACE DAY- OZONE INDOOR TENNIS ARENA (ORMEAU PARK) – 12.30-2.00pm. Once you have collected your pack you do not need to do anything further – just show up at the start line for 2.30pm with your number on the front and the chip securely attached to your shoelace.

Pack Contents

Your pack will contain your number, timing chip (which is on the back of your racing bib and must not be removed) and your t-shirt.

Late Entries

Will not be offered if the capacity of 1000 athletes has already been reached. If the capacity is not reached entries will be accepted at advance pack collection on 28, 29 & 30 November (Mary Peters Track) at a late entry fee of £22.00. **It is very unlikely that on the day entries will be available.**

Finally, we hope you enjoy the race! If you have any queries please first visit www.athleticsni.org for the event page, or contact the Athletics NI Office on 028 9060 2707.

Personal items INCLUDING RACE PACKS should be left in your car, in lockers at the Ozone or with a friend. Athletics NI and Willowfield Harriers do not accept any responsibility for stolen/damaged items and cannot guarantee the safety of items left in the registration area.