

ATHLETICS NORTHERN IRELAND

&

ATHLETICS ULSTER

**SENIOR
CROSS COUNTRY CHAMPIONSHIPS
2019**

**Saturday 23rd February
Lurgan Park, Park Pavilion
Windsor Avenue
Lurgan, BT67 9BG**

CLOSING DATE FOR PAPER ENTRIES: Friday 8th February 2019 at 5pm

CLOSING DATE FOR ONLINE ENTRIES: Tuesday 12th February 2019 at 12noon

CLOSING DATE FOR LATE ENTRIES: Wednesday 13th February 2019 at 5pm





ATHLETICS NORTHERN IRELAND
&
ULSTER ATHLETIC COUNCIL
NI & ULSTER SENIOR
CROSS COUNTRY CHAMPIONSHIPS 2019



23rd February 2019

SENIOR MEN *At least 16 on 31 December 2019*

Distance – 12k ***Start time – 2.15pm***

Team Race - enter 14, run 12, score 6

Fees - £24/€28 team, £4/€5.00 per individual

SENIOR WOMEN *At least 16 on 31 December 2019*

Distance – 6k ***Start time – 1.30pm***

Team Race – enter 8, run 6, score 4

Fees - £16/€20 team, £4/€5.00 per individual

CLOSING DATE FOR ONLINE ENTRIES: Tuesday 12th February 2019 at 12noon

CLOSING DATE FOR LATE ENTRIES: Wednesday 13th February 2019 at 5pm

Payment for postal entries may be made by cheque or credit/debit card. Please make all cheques **payable to Athletics NI** and send to:

Athletics Northern Ireland
Athletics House, Old Coach Road, Belfast BT9 5PR
Tel: 028 9060 2707

**ENTRIES WILL NOT BE ACCEPTED WITHOUT FEES/CARD
DETAILS**

NO ENTRIES WILL BE ACCEPTED ON THE DAY

- *Only athletes whose names appear on the programme are eligible to compete.*
- *Teams must field no more than the permitted number. WHERE TWO/MORE TEAMS ARE ENTERED THEY MUST BE DECLARED AS A, B TEAM, ETC.*
- *No additions or substitutions will be allowed.*
- *All athletes must be registered with Athletics Northern Ireland/AAI for t.*

All entries must include date of birth for each athlete, as we are unable to input them on the system without this information.

By entering you confirm you have made guardians of any children/vulnerable adult athletes aware that photography/film footage containing their image may be used by Athletics NI and partners. Media queries/special arrangements & exemption requests to be sent to alan@athleticsni.org



**NI & ULSTER SENIOR
CROSS COUNTRY CHAMPIONSHIPS
2019**



ENTRY FORM

Club: _____ **Colours:** _____

Club Contact: _____ **Email/Tel:** _____

SENIOR WOMEN (At least 16 on 31 December 2019)

Team A	Date of Birth (Mandatory)	Reg Num 2018/19 (Mandatory)
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

Team B	Date of Birth (Mandatory)	Reg Num 2018/19 (Mandatory)
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

All athletes must be registered for 2018/19

Please sign below and return with card details or other payment (cheques payable to Athletics NI) to:
Athletics Northern Ireland, Athletics House, Old Coach Road, Belfast BT9 5PR before **FRIDAY 8th February 2019 at 5pm. Late Online Entries can be made until Wednesday 13th February 2019 at 5pm.**

Entries will not be accepted without fees as detailed on page 1.

I certify that all of the above athletes are eligible to compete:

Signed: _____ **Print Name:** _____

Date: _____



**NI & ULSTER SENIOR
CROSS COUNTRY CHAMPIONSHIPS
2019**



ENTRY FORM

Club: _____ **Colours:** _____

Club Contact: _____ **Email/Tel:** _____

SENIOR MEN (At least 16 on 31 December 2019)

Team A	Date of Birth (Mandatory)	Reg Num 2018/19(Mandatory)
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		

All athletes must be registered for 2018/19

Please sign below and return with card details or other payment (cheques payable to Athletics NI) to:

Athletics Northern Ireland, Athletics House, Old Coach Road, Belfast BT9 5PR before **FRIDAY 8th February 2019 at 5pm. Late Online Entries can be made until Wednesday 13th February 2019 at 5pm.**

Entries will not be accepted without fees as detailed on page 1.

I certify that all of the above athletes are eligible to compete:

Signed: _____ **Print Name:** _____

Date: _____



**NI & ULSTER SENIOR
CROSS COUNTRY CHAMPIONSHIPS
2019**



ENTRY FORM

Club: _____ **Colours:** _____

Club Contact: _____ **Email/Tel:** _____

SENIOR MEN (At least 16 on 31 December 2019)

Team B	Date of Birth (Mandatory)	Reg Num 2018/19 (Mandatory)
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		

All athletes must be registered for 2018/19

Please sign below and return with card details or other payment (cheques payable to Athletics NI) to:

Athletics Northern Ireland, Athletics House, Old Coach Road, Belfast BT9 5PR before **FRIDAY 8th February 2019 at 5pm. Late Online Entries can be made until Wednesday 13th February 2019 at 5pm.**

Entries will not be accepted without fees as detailed on page 1.

I certify that all of the above athletes are eligible to compete:

Signed: _____ **Print Name:** _____

Date: _____



WOULD YOU LIKE TO PAY BY CREDIT/ DEBIT CARD?

Athletics Northern Ireland can now take payment by credit or debit card.
If you are interested in paying by card please fill in the form below.

***** PLEASE NOTE THAT ONCE THE PAYMENT HAS BEEN
ACCEPTED THIS ***
FORM WILL BE DESTROYED. THERE IS NO TRANSACTION FEE.**

PAYMENT FOR _____
Please state what you wish to pay for

FEE £ _____
*We are only able to process card payments for the Sterling values, however they will come
out of Euro accounts according to the exchange rate at time of processing.*

NAME ON CARD _____

CARD NUMBER _____

EXPIRY DATE ____/____/____ **VALID FROM DATE** ____/____/____

3 DIGIT SECURITY NUMBER ____/____/____
(These are the last 3 digits found on the back of your credit card where your signature is)

TEL _____

EMAIL ADDRESS _____

I would like to receive a receipt YES NO
(Please tick)

If **yes** please give postal address

For details on our card payment procedures and data handling please visit
WWW.ATHLETICSNI.ORG