



County	Start Time	Date & Place Round 1	Date & Place Round 2	Final
Southern Area	Individual Race 11am Girls 11.25am Boys 11.40am	Lurgan Park, BT67 9BG Fri 5 th Oct WCH	Palace Stables Armagh BT60 4EL Fri 30 th Nov	Billy Neil Centre of Excellence 30 th January 2019
Co. Down	*Individual Race 11am Girls 11.15am Boys 11.30am	Henry Jones Church Rd, Castlereagh BT6 9SB Tue 9 th Oct	Donard Park Newcastle BT33 0HL Tue 4 th Dec	
Causeway Coast	*Individual Race 10.30am Girls 10.45am Boys 11am	Ulster University, Cromore Rd, Coleraine BT52 1SA Wed 10 th Oct	Roe Valley Leisure Centre Greystone Park, Limavady BT49 0ND Wed 5 th Dec	
Co. Tyrone/ Fermanagh Area	*Individual Race 11am Girls 11.15am Boys 11.30am	Ballygawley Public Park, BT70 2HE Wed 10 th Oct	Dungannon Park BT71 6DY Wed 5 th Dec	
Co. Antrim	Individual Race 11am Girls 11.25am Boys 11.40am	Antrim Forum, 17 Lough Road, Antrim BT41 4DT Thurs 11 th Oct	Lisnagarvey High School, Lisburn, BT28 1HN Thu 6 th Dec WCH 11am	
North West	*Individual Race 12pm Girls 12.15pm Boys 12.30pm	Thornhill College, 142 Culmore Rd, Derry BT48 8JF Fri 12 th Oct	Oakgrove College Stradreagh, Gransha Park BT47 6TG Fri 7 th Dec	

***Individual Races (non- Scoring Races) will only be run if entries are high in that area**
These are all approx. times.