

26th November 2018

PROVISIONAL

Local competitions highlighted

OUTDOORS & INDOORS

January 2019						
Sat 12	Indoor Sprints & Hurdles	Ulster University, Jordanstown	12 noon	Irish Age Groups	Athletics NI Office 02890602707 info@athleticsni.org	
Sat 12	Irish Life Health National Indoor League Round 1	TBC		IAAF	AAI Office	
February 2019						
Sat 9	Indoor Jumps & Throws	Ulster University, Jordanstown	12 noon	Irish Age Groups	Athletics NI Office 02890602707 info@athleticsni.org	
Sat 23 & Sun 24	NI & Ulster Indoor Age Group Championships	Abbotstown	TBC	AAI	Athletics NI Office 02890602707 info@athleticsni.org	
March 2019						
Sun 24	Age Group & Senior Throws Competition	Finn Valley Stadium	11am	Irish Age Groups	Ulster Council	