

## **GUIDANCE FOR RESUMPTION OF HIGH JUMP, POLE VAULT, LONG & TRIPLE JUMP**

This guidance has been drawn up to ensure, so far as is reasonably practicable, the safety and well-being of all athletes, coaches, officials and volunteers involved in any of the jumps stated. Any activity must take account of local conditions. All government guidance on Covid-19 must be taken into account.

It is the responsibility of the Jumps Coach to ensure a thorough Risk Assessment has been carried out before any training session, and that all cleaning protocols have been undertaken.

Facility Managers must contact the manufacturer of the jumps mats in use at their facility to confirm whether the proposed cleaning products can be used safely on their equipment. Disinfecting landing beds effectively against Coronavirus is the responsibility of the facility operator. The disinfectant used for this purpose must not damage or compromise the safety properties of the landing bed, or cause harm to staff, volunteers or athletes.

Note: both [Neuff Athletics](#) and [Athletics Direct](#) have issued guidance related to the cleaning of landing areas

- Coaches and athletes should ensure they maintain social distancing at all times as well as maintaining social distancing from any other coaches and athletes using adjacent space
- Only authorised staff, coaches, athletes, officials and volunteers should be allowed into the jumping areas
- Use of long jump pits & landing mats restricted to **six athletes** at any one time
- Equipment sharing should be avoided. Athletes and coaches should provide their own measuring tape and pole vault poles. Where a pole vault athlete doesn't have access to their own poles, the shared poles ideally should be regripped between athletes, and the area outside the grip thoroughly disinfected.
- Athletes to use hand sanitiser and clean equipment with disinfectant\* solution between jumps
- Landing beds and long jump pits should be cleaned according to the relevant protocols set by the venue
- Area to be cordoned off with suitable signage displayed
- Athletes should wear long sleeves and leggings to minimise contact with the landing mats and sand
- All athletes should ensure they have no allergies or intolerances to the cleaning substances being used

\*For the purposes of this guidance disinfectants used should be effective against Coronavirus