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**Northern Ireland and Ulster Age Group Championships**

**Saturday 25th July 2020**

**Age Under 14, 15, 16, 17 (Athletes Born 2007, 2006, 2005, 2004)**

**Officials reserve the right to alter the timetable**

**Registration will close 45 minutes before each event starts. Athletes must report to the call room 20 minutes before the event start time (specified below). The call room is only in use for track events. Field athletes should report directly to their event.**

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| **Track** | | **Field** | |
| 9.30am | U17B 2km S/Chase | 9.30am | Hammer U14B/U15G (2.5kg) |
| 9.45 am | U17G 2km S/Chase |  |  |
| 10.15am | 75m Hurdles Heats U14G | 10.00am | Long Jump U16/U17B |
|  | 75m Hurdles Final U14B |  | H.Jump U14G |
|  | 80m Hurdles Final U15G |  | Shot U15B (3kg) |
|  | 80m Hurdles Final U15B |  | L.Jump Pit 2 U15G |
|  | 80m Hurdles Final U16G |  |  |
|  | 100m Hurdles Final U17G | 10.45am | Javelin U14B (400g) |
|  | 100m Hurdles Final U16B |  |  |
|  | 100m Hurdles Final U17B | 11.00am | Shot U14G (2kg) |
|  | 75m Hurdles Final U14G |  | Hammer U16/U17G /U15B (3KG) |
| 11.15am | 200m Heats U14G (3hts) |  |  |
|  | 200m Heats U14B (2hts) | 11.30am | Hammer U16B (4KG) & U17B (5kg) |
|  | 200m Heats U15G (3hts) |  | L. Jump Pit 1 U14B |
|  | 200m Heats U15B (2hts) |  | H.Jump U16/U17G |
|  | 200m Heats U16G (2hts) |  |  |
|  | 200m Heats U16B (2hts) | 12noon | Javelin U16/U17B (600/700g) |
|  | 200m Final U17G |  | L.Jump Pit 1 U15B |
| 12.15pm | 2k Walk U15G & 3k Walk U17G |  | Shot U16/U17G (3.00KG) |
| 12.30pm | 80m Heats U14G (3hts) | 12.30pm | Shot U14B/U15G (2.72Kg) |
|  | 80m Heats U14B (2hts) |  |  |
|  | 100m Heats U15G (4hts) |  |  |
|  | 100m Heats U15B (2hts) | 1.00pm | Discus U14G/U15G (0.75Kg) & U14B |
|  | 100m Heats U16G (3hts) |  | H.Jump U15G |
|  | 100m Heats U16B (2hts) |  | L.Jump Pit 1 U14G |
|  | 100m Final U17G |  |  |
|  | 100m Heats U17B (2hts) |  |  |
| 1.30pm | 3000m Final U16/U17G |  |  |
| 1.45pm | 250m Hurdles Final U15G |  |  |
|  | 250m Hurdles Final U16G | 2.00pm | Discus U15/16B (1kg) & U17B (2.5kg) |
|  | 250m Hurdles Final U15B |  | H.Jump U16/17B |
|  | 250m Hurdles Final U16B |  | T.Jump Pit 2 U16/17G |
|  | 300m Hurdles Final U17G |  | Javelin U16/17G (500g) |
|  | 300m Hurdles Final U17B |  |  |
| 2.20pm | 3000m Final U16/17B |  |  |
| 2.40pm | 80m Final U14G |  |  |
|  | 80m Final U14B |  |  |
|  | 100m Final U15G |  |  |
|  | 100m Final U15B |  |  |
|  | 100m Final U16G |  |  |
|  | 100m Final U16B |  |  |
|  | 100m Final U17B | 3.00pm | Javelin U14/15G (400g) |
| 3.05pm | 400m Final U17G |  | L.Jump Pit 2 U16G |
|  | 400m Final U17B |  | Discus U16/17G (1Kg) |
|  |  |  | H.Jump U14/15B |
| 3.20pm | 200m Final U14G |  |  |
|  | 200m Final U14B | 3.30pm | Triple Jump U15/16/17B |
|  | 200m Final U15G |  |  |
|  | 200m Final U15B |  |  |
|  | 200m Final U16G |  |  |
|  | 200m Final U16B |  |  |
|  | 200m Final U17B |  |  |
| 4.00pm | 800m Time Trials U14G | 4.00pm | Javelin U15B (500g) |
|  | 800m Time Trials U14B |  | Long Jump U17G |
|  | 800m Time Trials U15G |  | Shot U16/17B (4/5kg) |
|  | 800m Time Trials U15B |  |  |
|  | 800m Time Trials U16G |  |  |
|  | 800m Time Trials U16B |  |  |
|  | 800m Time Trials U17G |  |  |
|  | 800m Time Trials U17B |  |  |

**Notes:**

**1. Any event not requiring heats – the Final will be run at Heat Time**

**2. Please note timetable may be brought forward**

**3. Event registration will close 45mins prior to event. Any athlete not registered will not be able to compete. It is the responsibility of all athletes to ensure they have registered for all events they wish to compete in**

**4. First 4 athletes will be eligible for the AAI Age Groups Championships. Online Entry will be available at** [**www.athleticsni.org**](http://www.athleticsni.org)**. It is the athlete’s responsibility to ensure they are entered before the deadline**

**5. All field events (except High Jump) will be allowed 4 attempts only and athletes must be technically competent in the event in the interest of safety**