



# Willowfield Harriers SEELEY CUP 10K

Saturday 1 December 2018 – START TIME 2.30PM

## RACE INFORMATION

**The Venue – Ozone Centre, Ormeau Park, Belfast – On the day pack collection, changing and showers**

The course map (you will do 2.5 laps of the route) will be available to view on [www.athleticsni.org](http://www.athleticsni.org). The surrounding roads will be closed for the start of the race, after which the traffic will be allowed through so for your safety you **must** follow all marshal instructions and remain within the course at all times. **It is not safe to wear headphones during road races.** Leading athletes will be lapping the field – please be aware of this and do not obstruct them as they may be competing for top positions.

Please note for Health & Safety reasons, Runners will not be allowed to compete pushing prams or leading dogs.

### Parking

There is limited parking at the Ozone Centre, however please note that other customers will also be using this space and it fills up very quickly. You should therefore allow plenty of time to **park elsewhere** and walk/jog to the course. **YOU MUST NOT PARK AROUND POLICE CONES or obstruct areas of the park as this is part of the race course and your car may be towed for obstructing runners/passing traffic.**

### Pack Collection

This year there is only a small room available for on the day pack collection. **Therefore, we strongly recommend that all runners collect their race packs at the times below** or send someone to collect for you if possible. Pre-event collection will be at the Mary Peters Track (**this is not the race venue**), on Wednesday, Thursday & Friday 28<sup>th</sup>, 29<sup>th</sup> & 30<sup>th</sup> November:

**Wednesday 28<sup>th</sup> November – 11am until 6pm (last admission 5.45pm)**

**Thursday 29<sup>th</sup> November – 12.30pm until 8.30pm (last admission 8.15pm)**

**Friday 30<sup>th</sup> November – 11am until 4.30pm (last admission 4.15pm)**

**Saturday 1<sup>st</sup> December – 12.30pm until 2pm (Ozone Arena, Ormeau Park)**





### Pack Contents

Your pack will contain your number, timing chip (which is attached to you racing bib and must not be removed) and your t-shirt.

### Prizes (Supported by Podium4Sport)

PRIZES: 10,000m individuals (M&F) 1<sup>st</sup> £250, 2<sup>nd</sup> £150, 3<sup>rd</sup> £75

First 3 male teams of 6, First 3 female teams of 3

Male Masters - 1<sup>st</sup> & 2<sup>nd</sup> over 35, 40, 45 & 50 1<sup>st</sup> over 55 and 60

Female Masters – 1<sup>st</sup> & 2<sup>nd</sup> over 35, 40, 45 & 50 1<sup>st</sup> over 55 and 60

### Late Entries

Will not be offered if the capacity of 1000 athletes has already been reached. If the capacity is not reached entries will be accepted at advance pack collection on 28<sup>th</sup>, 29<sup>th</sup> & 30<sup>th</sup> November: (Mary Peters Track).

**It is very unlikely that on the day entries will be available.**

Finally, we hope you enjoy the race! If you have any queries please first visit [www.athleticsni.org](http://www.athleticsni.org) for the event page, or contact the Athletics Offices on [info@athleticsni.org](mailto:info@athleticsni.org) / 028 9060 2707.

### Useful Addresses:

**Early Pack Collection/Entries (Wed/Thu/Fri only) – Athletics House, Old Coach Road, Belfast, BT9 5PR (Mary Peters Track)**

**On the day Collection (if applicable) – Ozone Leisure Complex, Ormeau Embankment Belfast BT6 8LT**

**Personal items INCLUDING RACE PACKS should be left in your car, in lockers at the Ozone or with a friend. Athletics NI and Willowfield Harriers do not accept any responsibility for stolen/damaged items and cannot guarantee the safety of items left in the registration area.**

