



NORTHERN IRELAND INTERNATIONAL CROSS COUNTRY

PART OF THE WORLD ATHLETICS SILVER CROSS COUNTRY TOUR AND
INCLUDING THE CELTIC GAMES, HOME COUNTRIES INTERNATIONAL & BRITISH
CROSS CHALLENGE

SATURDAY 22ND JANUARY 2022

BILLY NEILL MBE COUNTRY PARK

WWW.ATHLETICSNI.ORG



LCCC
Lisburn &
Castlereagh
City Council

ATHLETICS
NORTHERN IRELAND

BRITISH ATHLETICS
CROSS CHALLENGE

NORTHERN IRELAND
CROSS COUNTRY



Foreword

I'd like to extend a warm welcome to all our athletes, coaches and spectators to today's Northern Ireland International Cross Country. This is the 40th occasion of the running of our Cross Country event and Athletics NI is very happy that it is restored to the calendar after the previous years' postponement due to the Covid pandemic. Today's races incorporate the World Athletics Silver Cross Country Tour, the Celtic Games, Home Countries and British Cross Challenge.

A special thanks to our sponsors especially Lisburn & Castlereagh City Council who grant aided the event and partnered with us in preparing the magnificent venue at the Billy Neill MBE Country Park. The Council have been very supportive of our endeavours and recognise the role that sport plays in the health and wellbeing of all citizens and the economic benefits of bringing an international field of competitors to Dundonald.

Cross Country running holds a special place in the Athletics calendar as athletes prepare for the 2022 season and Commonwealth and European games ahead. I am glad to welcome teams from England, Scotland, Wales and Ireland, competing against the Northern Ireland & Ulster teams and top local athletes. I am also delighted that we have been able to bring the Women's World Cross Country Champion Hellen Obiri to Belfast and we all look forward to the women's 8K senior race with great expectation.

Athletics, like many sports and all sections of our society, has been impacted by our experience of the pandemic. We would remind spectators that Covid is still with us and that we all need to take responsibility and be Covid aware and secure. Please spread out around the course, keep to your own family

group, wear a mask to reduce exposure risk when accessing catering and facilities, and avoid massing at the start and finish lines.

Additional measures and testing have been put in place to support our athletes and keep them safe and I would ask that you do not approach them seeking autographs and selfies at the end of the race. They have big seasons ahead of them and we wish them good health and an injury free season.

I'd like to pay tribute to all the hard work of our Cross Country Committee, volunteers, officials and staff who have worked their socks off to make the meeting happen. We have been following public health guidance and working from home where possible while trying to maintain services and plan events. Please enjoy the International, thank you for your support and keep safe.

Fergus Cooper OBE
Interim CEO
Athletics Northern Ireland

Welcome



On behalf of Lisburn & Castlereagh City Council I am delighted to welcome all the athletes, officials and spectators to the Billy Neill MBE Country Park here in Dundonald for today's Northern Ireland International Cross Country.

We are delighted to be able to host this prestigious event and are excited to have such a world class field of athletes here at our bespoke cross country course and I have no doubt that we are in for a magnificent day of racing.

As well as welcoming our international athletes, I would also like to wish our local, younger runners the very best of luck today in their respective categories and I have no doubt that we will be watching many world class sporting stars of tomorrow.

Events such as these do not simply happen and I would like to thank Athletics Northern Ireland, and all Council staff and volunteers who have been working behind the scenes to make today such a success.

I wish all competitors good luck as we look forward to some fabulous racing and I hope to see you all back racing again at Dundonald in the very near future.

See you at the finish line.

Councillor Sharon Skillen

Chair of the Leisure & Community Development Committee

Athletics Northern Ireland

Athletics Northern Ireland is extremely proud to once again host the Northern Ireland International Cross Country. Special thanks must go to Billy Neill MBE Country Park staff for assistance with the course and facilities, and to Lisburn & Castlereagh City Council and to Sport NI for their generous support.



The event would not be possible without the hard work of all our event staff and volunteers, who take care of everything from organising the event to marshalling and results production.

Athletics Northern Ireland would like to take this opportunity to welcome all those who have travelled to Dundonald to take part in the event. This year event is part of the World Athletics Silver Cross Country Tour and incorporates the Celtic Games, Home Countries International and is part of the British Athletics Cross Challenge.

Gerry Carson

President, Athletics Northern Ireland



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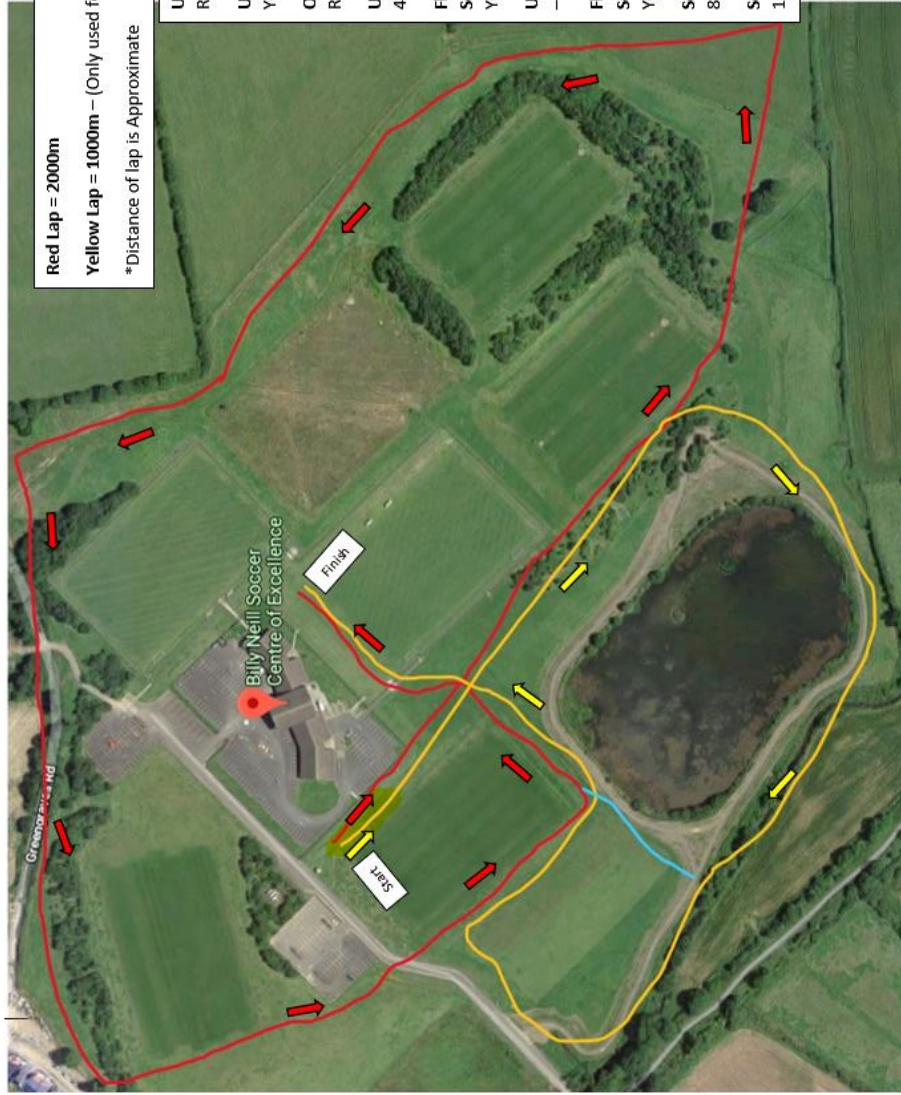
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**THE WORLD ATHLETICS NORTHERN IRELAND INTERNATIONAL CROSS COUNTRY –
SATURDAY 22 JANUARY 2022
BILLY NEILL MBE COUNTRY PARK, DUNDONALD**

Race Information *The organisers reserve the right to change the information – please check*

EVENT	AGE GROUP	DISTANCE	TIME
Girls U13 Race	Age 11 or 12 on 31 August 2021	2000m	10.55am
Boys U13 Race	Age 11 or 12 on 31 August 2021	2000m	11.10am
Girls U15 Race	Age 13 or 14 on 31 August 2021	3000m	11.30am
Boys U15 Race	Age 13 or 14 on 31 August 2021	3000m	11.55am
Open Mixed Race	Senior & Master	4000m	12.20pm
Girls U17 Race	Age 15 or 16 on 31 December 2022	4000m	12.50pm
Womens U20 (IAAF Junior Women)	Under 20 on 31 December 2022	4000m	12.50pm
Flahavans Porridge Primary School Girls	P5-P7 on day of race	1200m	1.20pm
Boys U17 Race	Age 15 or 16 on 31 December 2022	6000m	1.35pm
Mens U20 (IAAF Junior Men)	Under 20 on 31 December 2022	6000m	1.35pm
Flahavans Porridge Primary School Race Boys	P5-P7 on day of race	1200m	2.00pm
Senior International Women	Senior International & Open	8000m	2.15pm
Senior International Men	Senior International & Open	10000m	2.50pm



Red Lap = 2000m

Yellow Lap = 1000m – (Only used for Primary School, and U15 races)

*Distance of lap is Approximate

U13 (Girls & Boys) – 2000m – 1 Red Lap

U15 (Girls & Boys) – 3000m – 1 Yellow Lap + 1 Red Lap

Open Mixed Race – 4000m – 2 Red Laps

U17 & U20 Girls (Junior Women) – 4000m – 2 Red Laps

Flahavan's Porridge Primary School Girls Race – 1200m – 1 Yellow Lap + Finish Straight

U17 & U20 (Junior Men) – 6000m – 3 Red Laps

Flahavan's Porridge Primary School Boys Race – 1200m – 1 Yellow Lap + Finish Straight

Senior International Women – 8000m – 4 Red Laps

Senior International Men – 10,000m – 5 Red Laps



Athletics Northern Ireland

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David Seaton MBE
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Paul Magee
Mags Mathieson
Deane Fisher
Adrian Daye
Lawson Cochrane
Raymond Black
Raymond Fullerton
John McGarvey
Roy Corry
Tony Wall



Event Officials

Race Director
Event Manager
Technical Delegate
Race Referee
Starter
Starters Assistant
Line Judge
Time Keepers

Judges

Dispersal Zone

Presentations
Chief Timekeeper
Officials Refreshments
Commentator
First Aid
Event Photographer

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Shauna Bratten
Terje Hoffman
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David Seaton MBE
Raymond Fullerton
Ian Atkinson
Tim Townsend
Judith Erwee Townsend
Gary Keenan
Joan Smith
Jeanette McClugan
Brenda Houston
Gerry Carson, Lauren Penman
Glenn Grant
Café Cuisine
Dave McKibbin
Proparamedics
Bob Given

Results

Chief Results
Results Team

British Cross Challenge

Glenn Grant
Liz Glover
Wendy Davis
Cliff Robinson

Volunteers/ Marshalls

Aine McKinney
David Marrs
Kathryn Walls
Ed Smith
Trevor Spencer

Lynsey Glover
Rebecca Begley
Kerry Woods
Brian Smith
Ean McClure





The International Cross Country's top 3 finishers from 1977, when the race first started.

1977-1996 Mallusk, 1997-1998 Barnett Demesne, 1999-2008 Stormont, 2009-2018, Greenmount Antrim, 2019-Present, Billy Neill

	MEN					WOMEN		
Year	1st	2nd	3rd		Year	1st	2nd	3rd
2021	No Race				2021	No Race		
2020					2020			
2019	Birhanu Balew 29:42	Richard Yator 29:46	Chala Beyo 29:48		2019	Meskerem Mamo 26:10	Hawi Feysa 26:10	Pauline Kamulu 26:13
2018	Timothy Cheruiyot 23:12	Mogos Tuemay 23:12	Soufiane Elbakkali 23:32		2018	Margaret Chelimo Kipkemboi 19:55	Fotyen Tesfay 19:56	Bontu Edao Rebitu 19:59
2017	Consesus Kipruto 24:36	Abraham Cheroben 24:37	Andy Vernon 24:56		2017	Caroline Chepkoech Kipkirui 18:53	Gotytom Gebreslase 19:35	Birtukan Adamu 19:38
2016	Aweke Ayalew 21:25	Thomas Ayeko 21:25	Timothy Cheruiyot 21:27		2016	Alice Aprot Nawowuna 18:05	Mimi Belete 18:09	Fionnuala McCormack 18:13
2015	Thomas Ayeko 31:27	Edwin Sol 31:40	Jonathan Ndiku 32:25		2015	Birtukan Fentealemu 24:12	Stephanie Twell 24:28	Birtukan Adamu 24:49
2014	Japhet Korir 28:40	Thomas Ayeko 28:42	Emmanuel Bett 28:43		2014	Mimi Belete 18:07	Maryam Jamal 18:08	Alemenish Belete 18:21
2013	Thomas Ayeko 33:08	David Bett 33:45	Andy Vernon 33:59		2013	Fionnuala Britton 18:17	Louise Damen 18:29	Magdalyne Masal 18:45
2012	Mike Kigen 34:48	Patrick Mutunga 35:16	Bernard Rotich 35:21		2012	Fionnuala Britton 19:32	Gemma Steel 19:39	Birtuken Adamu 19:54
2011	Mike Kigen 26:07	Titus Mbishei 26:13	Jacob Cheshari 26:21		2011	Charlotte Purdue 17:57	Louise Damen 18:03	Esther Chemtal 18:04
2010	Mike Kigen 27:49	Andy Vernon 28:40	Juan Luis Barrios 28:51		2010	Mary Cullen 18:45	Aniko Kalovics 19:16	Jess Sparke 19:26
2009	Jida Merga 27:32	Boniface Kiprop 27:34	Andrew Lemoncello 27:49		2009	Steph Twell 18:25	Deirdre Byrne 18:26	Freya Murray 18:32
2008	Moses Kipriso 30:19	Barnabas Kosgei 30:24	Patrick Makau 31:00		2008	Hayley Yelling 21:20	Kathy Butler 21:26	Deirdre Byrne 21:39
2007	Moses Kipriso 28:20	Fabiano Joseph 28:22	Patrick Makau 28:55		2007	Etalemehu Kidane 19:29	Teyiba Erkesso 19:33	Mary Wacera 19:44
2006	Barabas Kosgei 28:05	Moses Kipsiro 28:06	Dathan Ritzenhein 28:20		2006	Ethalemu Kidane 19:09	Deribe Alemu 19:10	Ashu Kasim 19:14
2005	Dathan Ritzenhein 29:26	Ernest Meli 29:34	Barabas Kosgei 29:35		2005	Ethalemu Kidane 20:25	Merima Denboba 20:27	Meselech Melkamu 20:27
2004	Paul Terget	Fabiano	Daniel		2004	Emilie	Susan	Kathy Butler



	28:29	Joseph 28:38	Gachara 28:45			Mondor 18:52	Chepkemel 19:04	19:20
2003	Sergey Lebid 24:45	Gebre Gebremariam 24:47	Daniel Gachara 24:48		2003	Worknesh Kidane 16:46	Hayley Yelling 17:01	Colleen De Reuck 17:10
2002	Julius Kibet 25:06	Daniel Gachara 25:08	Joel Sataiti 25:14		2002	Esther Kiplagat 17:16	Colleen De Reuck 17:25	Anne Keenan Buckley 17:33
2001	Daniel Gachara 24:18	Joseph Riri 24:19	Luka Keitany 24:23		2001	Paula Radcliffe 16:51	Tara Kyzwicki 17:13	Helen Pattison 17:24
2000	Patrick Ivuti 24:55	David Busini 25:20	Julius Chelule 25:21		2000	Paula Radcliffe 17:18	Ayelech Worku 17:23	Katalin Szentgyorgyi 17:35
1999	Hendrik Ramaaia 25:06	Laban Chege 25:07	Carsten Jorgensen 25:07		1999	Anita Weyermann 17:03	Paula Radcliffe 17:16	Colleen De Reuck 17:35
1998	Laban Chege 26:16	Yann Millon 26:18	Robert Stefko 26:29		1998	Mariana Chirila 17:59	Susan Chepkemei 17:59	Paula Radcliffe 18:00
1997	Milion Wolde 23:37	Robert Stefko 23:38	Yann Millon 23:40		1997	Elena Fidatov 15:39	Gete Wami 15:40	Paula Radcliffe 15:42
1996	James Kariuki 24:02	Chris Sweeney 24:04	Cormac Finnerty 24:06		1996	Paula Radcliffe 16:02	Rose Cheruoyot 16:02	Elena Fidatov 16:19
1995	Ismael Kirui 23:21	Philemon Hanneck 23:22	James Kariuki 23:45		1995	Rose Cheruoyot 15:57	Catherine Kirui 16:02	Elena Fidatov 16:19
1994	Ismael Kirui 23:44	Dave Lewis 23:45	Joseph Keino 23:46		1994	Paula Radcliffe 15:40	Catherina McKiernan 15:47	Oiga Bondarenko 15:51
1993	Simon Chewoyo 23:28	Ismael Kirui 23:29	James Kariuki 23:33		1993	Catherina McKiernan 15:49	Paula Radcliffe 15:53	Esther Kiplagat 15:57
1992	Ondoro Osoro 22:37	James Kariuki 22:47	Dominic Kirui 22:55		1992	Catherina McKiernan 15:29	Lieve Slegers 15:33	Oiga Bondarenka 15:38
1991	Eamonn Martin 24:42	John Ngugi 24:53	Ondoro Osoro 24:58		1991	Susan Sirma 16:46	Jane Ngotho 16:47	Lieve Slegers 16:50
1990	Craig Mochrie 24:50	Deon McNeilly 25:01	Paul Larkins 25:03		1990	Roisin Smyth 17:43	Mary Donohue 17:53	Teresa Duffy 17:54
1989	Steve Tunstall 25:02	Dave Lewis 25:04	Craig Mochrie 25:14		1989	Jill Hunter 17:21	Ann Buckley 17:38	Helen Titterington 17:54
1988	Dave Lewis 25:22	Tim Hutchings 25:25	Jon Richards 25:32		1988	Liz McColgan 17:31	Jill Hunter 17:49	Ann Buckley 18:07
1987	Roger Hackney 24:23	Gerry Curtis 24:23	Jon Richards 24:25		1987	Liz Lynch 16:26	Jane Shields 16:58	Chris Benning 17:05
1986	Roger	Vincent	Nat Muir		1986	Susan Tooby	Yvonne	Roisin Smyth



	Hackney 26:12	Rousseau 26:27	26:28		18:18	Murray 18:24	18:28
1985	Tim Hutchings 22:06	Nat Muir 22:10	Gerry Kiernan 22:17	1985	FIRST LADIES EVENT HELD IN 1986		
1984	Steve Overt 24:36	Richard O'Flynn 24:38	Jim Haughey 24:39	1984			
1983	Dave Taylor 24:37	John Treacy 24:50	Brendan Quinn 24:58	1983			
1982	John Treacy 28:00	Kenny Irvine 28:05	Steve Cram 28:11	1982			
1981	Barry Smyth 25:07	Chris Woodhouse 25:18	Andy Holden 25:26	1981			
1980	Nat Muir 24:33	Grenville Tuck 24:46	Eamonn Coghlan 24:50	1980			
1979	NO RACE			1979			
1978	Steve Overt 24:08	Nat Muir 24:23	Paul Lawther 24:24	1978			
1977	Gerry Deegan 28:00	Brendan Foster 28:11	Greg Hannon 28:35	1977	FIRST MEETING		

Race 1 (10.55am) - Under 13 Girls

Bib	Firstname	Lastname	Club
201	Orla	Miney	Annalee AC
202	Ava	Doran	Armagh AC
203	Adria	McAllister	Ballymena & Antrim AC
204	Lucia	Steen	City of Lisburn AC
205	Madison	Welby	City of Lisburn AC
206	Eilidh	Caldow	Giffnock North AC
207	Eva	Saez	Giffnock North AC
208	Freya	Scobie	Giffnock North AC
209	Katie	Keown	Lagan Valley AC
210	Aoife	Magee	Lagan Valley AC
211	Olivia	McCusker	Loughview AC
212	Emily	Murphy	Mallusk Harriers
213	Sinead	O'Hare	Mallusk Harriers
214	Rian	McLoughlin	Moy Valley AC
215	Holly	Blease	North Down AC
216	Erin	Playfair	North Down AC
217	Faela	Houston	Rosses AC
218	Abby	Smith	Shercock AC
219	Freya	Renton	Westport AC
220	Holly	Renton	Westport AC
221	Kari	Foster	Willowfield Harriers
222	Cara	McCullough	Willowfield Harriers
223	Emer	McKee	Willowfield Harriers
224	Emily	Morris	Willowfield Harriers
225	Hollie	Norris	Willowfield Harriers
226	Cecily	Park	Willowfield Harriers
227	Sophia	Wrightam	Wreake & Soar Valley AC

Race 2 (11.10am) - Under 13 Boys

Bib	Firstname	Lastname	Club
251	Jack	Crilly	Armagh AC
252	Charlie	Duggan	Armagh AC
253	Jack	Duggan	Armagh AC
254	Conor	Hayes	Armagh AC
255	Martin	Quinn	Armagh AC
256	Fionn	Whitehouse	Armagh AC
257	Emmet	Smith	Ballymena & Antrim AC
258	Evan	Tosh	Ballymena & Antrim AC
259	Ashton	Cusick	City of Lisburn AC
260	Finn	Powell	City of Lisburn AC
261	Alan	Hallinan	Craughwell A.C.
262	Calum	Dick	Giffnock North AC
263	Luca	Saez	Giffnock North AC
264	Ethan	Scobie	Giffnock North AC
265	Rory	Armstrong	Lagan Valley AC
266	Ethan	Connolly	Lagan Valley AC
267	Uilleac	Fitzpatrick	Lagan Valley AC
268	Daniel	Monaghan	Lagan Valley AC
269	Eoin	Morgan	Lagan Valley AC
270	Eóghan	Campbell	Mid Ulster AC
271	Conan	O Doherty	Mid Ulster AC
272	Conor	Blewitt	Moy Valley AC
273	Jack	Deacy	Moy Valley AC
274	Darragh	Fleming	Moy Valley AC
275	Eoghan	Gallagher	Moy Valley AC
276	Kevin	Rafter	Moy Valley AC
277	Henry	Houston	Newcastle & District AC
278	Ethan	Constable	North Down AC
279	Alex	Downey	North Down AC
280	Isaac	Dunne	North Down AC
281	James	Scullion	Omagh Harriers
282	Odhran	Rodgers	Rosses AC
283	Paul	Cox	St Michael's Enniskillen
284	Cormac	Cox	St Michael's Enniskillen
285	Nathan	Coyle	St Michael's Enniskillen
286	Jack	Crudden	St Michael's Enniskillen
287	Pierce	Donohoe	St Michael's Enniskillen
288	Adam	Forster	St Michael's Enniskillen
289	Corcan	Hanna	St Michael's Enniskillen

290	Lewis	Maguire	St Michael's Enniskillen
291	Ryan	McGarty	St Michael's Enniskillen
292	Michael	McGowan	St Michael's Enniskillen
293	Lorcan	McGrath	St Michael's Enniskillen
294	Emmett	McGurn	St Michael's Enniskillen
295	Daithi	McLaughlin	St Michael's Enniskillen
296	Leon	Moore	St Michael's Enniskillen
297	Conor	Mullen	St Michael's Enniskillen
298	Finn	Og Mccrystal	St Michael's Enniskillen
299	Ben	Palmer	St Michael's Enniskillen
300	Ronan	Paunty	St Michael's Enniskillen
301	Diarmuid	Rasdale	St Michael's Enniskillen
302	Cormac	Ratchford	St Michael's Enniskillen
303	Eoghan	Sprice	St Michael's Enniskillen
304	Deivs	Tarvids	St Michael's Enniskillen
305	Patrick	Toal	St Michael's Enniskillen
306	Rowan	Whitford	St Michael's Enniskillen
307	Dylan	McGivern	St Peters AC
308	Lemmy	Black	Willowfield Harriers
309	Benjamin	Challis	Willowfield Harriers
310	Thomas	Hendron	Willowfield Harriers
311	Charlie	Leckey	Willowfield Harriers
312	Joshua	McDowell	Willowfield Harriers
313	Noah	Watt	Willowfield Harriers

Race 3 (11.30am) - Under 15 Girls

Bib	Firstname	Lastname	Club
341	Lauren	Miney	Annalee AC
342	Maeve	Hayes	Armagh AC
343	Mairi	Clements	Ballymena & Antrim AC
344	Eobha	McAllister	Ballymena & Antrim AC
345	Freya	Woodhead	Bideford AAC
346	Jessica	Taylor	City of Edinburgh AC
347	Thea	Cunningham	City of Lisburn AC
348	Miah	Fletcher	Cranford AC
349	Alice	Cox	Crawley AC
350	Emma	Stewart	Dromore AC
351	Hannah	O'Toole	East Coast AC
352	Amelia	Spick	East Down AC
353	Charlotte	Horne	Falkirk Victoria Harriers
354	Scarlett	Cunningham	Giffnock North AC
355	Katy	Donnelly	Giffnock North AC
356	Mili	MacFarlane	Giffnock North AC
357	Ella	McWilliams	Giffnock North AC
358	Ellie	Stewart	Giffnock North AC
359	Ruth	Walsh	Giffnock North AC
360	Scarlett	Wilson	Giffnock North AC
361	Katie	Graham	Lagan Valley AC
362	Isa	McCarron	Lagan Valley AC
363	Hannah	Milligan	Lagan Valley AC
364	Darcy	Monaghan	Lagan Valley AC
365	Olivia	Morgan	Lagan Valley AC
366	Lily	Rimmer	Lagan Valley AC
367	Sophia	Young	Lagan Valley AC
368	Grace	Byrne	Mullingar Harriers AC
369	Adele	Geoghegan	Mullingar Harriers AC
370	Leah	Geoghegan	Mullingar Harriers AC
371	Caoimhe	Kilmurray	Mullingar Harriers AC
372	Rachel	Murphy	Mullingar Harriers AC
373	Rachel	Murphy	Mullingar Harriers AC

374	Jennifer	O Leary	Nenagh Olympic AC
375	Lauren	Cheatley	North Down AC
376	Naomi	Dunne	North Down AC
377	Rebekah	Laffin	North Down AC
378	Eimear	Mulligan	North Down AC
379	Nicole	Simpson	North Down AC
380	Chloe	Verner	North Down AC
381	Cora	Scullion	Omagh Harriers
382	Dearbhla	Allen	St Peters AC
383	Erin	Cross	Willowfield Harriers
384	Jodi	Foster	Willowfield Harriers
385	Cara	McDermott	Willowfield Harriers
386	Katie	McKittrick	Willowfield Harriers
387	Elsa	Montgomery	Willowfield Harriers



SUNDAY 1ST MAY 2022

#MASHathon



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Race 4 (11.55am) - Under 15 Boys

Bib	Firstname	Lastname	Club
401	Joe	Duggan	Armagh AC
402	Daniel	McLornan	Ballymena & Antrim AC
403	Darragh	O?connor	Belgooly A.C.
404	Luke	McCausland	City of Lisburn AC
405	Zachary	Dunne	City of Norwich AC
406	Alasdair	Nugent	Giffnock North AC
407	Seamus	O Donoghue	Kenmare AC
408	Aaron	Hawley Higgins	Knowsley Harriers
409	Patrick	McCabe	Lagan Valley AC
410	Scott	Owen	Lagan Valley AC
411	Tom	Fleming	Mallusk Harriers
412	Luke	O Doherty	Mid Ulster AC
413	Ben	Warnock	Monaghan Phoenix AC
414	Niall	Brady	Mullingar Harriers AC
415	David	Burke	Mullingar Harriers AC
416	Donagh	Carey	Mullingar Harriers AC
417	Luke	Greene	Mullingar Harriers AC
418	Pablo	Lozano	Mullingar Harriers AC
419	Matthew	Molloy	Mullingar Harriers AC
420	Jamie	Wallace	Mullingar Harriers AC
421	Diarmuid	Moloney	Nenagh Olympic AC
422	Max	Reid	North Belfast Harriers
423	Conor	Adair	North Down AC
424	Seb	Holley	North Down AC
425	Oliver	Playfair	North Down AC
426	Sean	Corry	St Michael's Enniskillen
427	Daniel	Curran	St Michael's Enniskillen
428	Oisin	Donohoe	St Michael's Enniskillen
429	Conor	Ferguson	St Michael's Enniskillen
430	Ronan	Gilbride	St Michael's Enniskillen
431	Josh	Hamill	St Michael's Enniskillen
432	Ronan	Jones	St Michael's Enniskillen
433	Tom	McMahon	St Michael's Enniskillen

434	Tiarnan	McManus	St Michael's Enniskillen
435	Daithi	Mohan	St Michael's Enniskillen
436	Mannix	Moore	St Michael's Enniskillen
437	Conor	Mulligan	St Michael's Enniskillen
438	Max	Murphy	St Michael's Enniskillen
439	Conall	Rasdale	St Michael's Enniskillen
440	Eoin	Ratchford	St Michael's Enniskillen
441	Charlie	Reihill	St Michael's Enniskillen
442	James	Tierney	St Michael's Enniskillen
443	Cillian	Whitford	St Michael's Enniskillen
444	Finn	Cross	Willowfield Harriers
445	Colm	McKee	Willowfield Harriers
446	Calan	Chong	Giffnock North AC

Race 5 (12.20pm) - Open Mixed Race

Bib	Firstname	Lastname		Club
43	Daniel	Molloy	MO	Newcastle & District AC
614	Allie	Chong	F50	Giffnock North AC
1001	Frank	Dillon	M65	
1002	Paul	Carroll	M50	Annadale Striders
1003	Noel	Connor	M60	Ballymena Runners
1004	Brigid	Quinn	F75	Ballymena Runners
1005	Mark	Shields	M55	Belfast Running Club
1006	Jacqueline	Mc Monagle	F50	City of Derry Spartans AC
1007	Ross	Clear	MJ	City of Lisburn AC
1008	Lorcan	McGurk	MJ	City of Lisburn AC
1009	Sean	Terek	MO	City of Lisburn AC
1010	Declan	Power	M50	Clonliffe Harriers AC
1011	Malcolm	McCausland	M65	Derry Track Club
1012	Roger	Aiken	M40	Dromore AC
1013	Andrew	Johnston	M50	Dromore AC
1014	James	McCracken	M55	Dromore AC
1015	Nigel	McKibbin	M50	Dromore AC
1016	Peter	Taylor	M55	Dromore AC
1017	John	Neill	M45	East Antrim Harriers
1018	Barrie	Atkinson	M45	East Down AC
1019	Neil	Curran	M45	East Down AC
1020	Stephen	Heasley	M55	East Down AC
1021	Adam	Morgan	MO	East Down AC
1022	Dee	Murray	M50	East Down AC
1023	Mackenzie	Murray	MJ	East Down AC
1024	Leanne	Spick	F35	East Down AC
1025	Paul	Carron	M40	Enniskillen RC
1026	Dainis	Tarvids	M50	Enniskillen RC
1027	Jim	Mc Guinness	M55	Foyle Valley AC
1028	Deborah	Rushman	F55	Herts Phoenix
1029	Wilson	McAlister	M60	Jog Moira
1030	Adrian	Scullion	M40	Knockmany Running Club
1031	James	Thompson	M35	Knowsley Harriers

1032	Ian	Bailey	M60	Lagan Valley AC
1033	Jenny	Finlay	F35	Lagan Valley AC
1034	Sean	McAllister	M55	Larne AC
1035	Ethan	Dunn	MO	Loughview AC
1036	David	McNeilly	M40	Newcastle & District AC
1037	Willie	McCracken	M75	Newry City Runners AC
1038	Roisin	Rocks	F35	Newry City Runners AC
1039	Pat	Rocks	M65	Newry City Runners AC
1040	Joe	Gallagher	M60	North Belfast Harriers
1041	Dennis	Scott	M35	North Down AC
1042	Brian'S	Todd	M70	Orangetown AC
1043	Aaron	Ansfield	MJ	St Michael's Enniskillen
1044	Cahir	Breen	MJ	St Michael's Enniskillen
1045	Jack	Burns	MJ	St Michael's Enniskillen
1046	Oisin	Cassidy	MJ	St Michael's Enniskillen
1047	Adam	Cox	MJ	St Michael's Enniskillen
1048	Ciaran	Cullen	MJ	St Michael's Enniskillen
1049	Jamie	Devine	MJ	St Michael's Enniskillen
1050	Liam	Moore	MJ	St Michael's Enniskillen
1051	Ruairi	Moore	MJ	St Michael's Enniskillen
1052	Rory	Smyth	MJ	St Michael's Enniskillen
1053	Patrick	Sprice	MJ	St Michael's Enniskillen
1054	Cillian	Sprice	MJ	St Michael's Enniskillen

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- ✚ Other Services



Race 6 (12.50pm) - Under 17 Girls

Bib	Firstname	Lastname	Club	British X Challenge
451	Caoimhe	Ferris	Ballymena & Antrim AC	U17
452	Hannah	Wade	City of Derry Spartans AC	U17
453	Ava	Downey	City of Lisburn AC	U17
454	Clodagh	Neely	Cranford AC	U17
455	Tuscany	Wright	Giffnock North AC	U17
456	Aobhín	McCormack	Glaslough Harriers	U17
457	Kiya	Dee	Highworth RC	U17
458	Anna	Cairns	Inverness Harriers AAC	U17
459	Eimear	Cooney	Ireland U17	
460	Saoirse	Fitzgerald	Ireland Development U17	
461	Gemma	Galvan	Ireland U17	
462	Caoimhe	Kilmurray	Ireland Development U17	
463	Caoimhe	Flannery	Ireland Development U17	
464	Elena	Forkan	Ireland U17	
465	Clodagh	Gill	Ireland U17	
466	Holly	O'Brien	Ireland Development U17	
467	Jessica	Blaney	Lagan Valley AC	U17
468	Louisa	Young	Lagan Valley AC	U17
469	Niamh	Campbell	Mid Ulster AC	U17
470	Poppy	Hastings	Mid Ulster AC	U17
471	Beth	Urquhart	Moray Road Runners	U17
472	Jessica	Cunningham	Mullingar Harriers AC	U17
473	Caoimhe	Donohue	Mullingar Harriers AC	U17
474	Ellen	Foran	Mullingar Harriers AC	U17
475	Shauna	Traynor	Mullingar Harriers AC	U17
476	Lucy	Foster	NI & Ulster U17	U17
477	Poppy	Hastings	NI & Ulster U17	U17
478	Annabel	Morrison	NI & Ulster U17	U17
479	Aisling	Smith	NI & Ulster U17	U17
480	Lucy	Cheatley	North Down AC	U17
481	Mac	Eager	North Down AC	U17

482	Freya	Campbell	Scotland U17	U17
483	Mille	McLelland-Brooks	Scotland U17	U17
484	Jessica	Inglis	Scotland U17	U17
485	Amy	Teasdale	Scotland U17	U17
486	Beca	Brown	Wales U17	U17
487	Mai	Davies	Wales U17	U17
488	Millie	Gold	Wales U17	U17
489	Mali	MacDuff	Wales U17	U17
490	Erin	McDermott	Willowfield Harriers	U17

Race 6 (12.50pm)- Under 20 Women

Bib	Firstname	Lastname	Club	British X Challenge
600	Niamh	McGarry	Ballymena & Antrim AC	U20
601	Imogen	Chesterton	Bedford & County AC	U17
602	Catherine	Martin	City of Lisburn AC	U20
603	Katie	McCleery	City of Lisburn AC	U17
604	Amelia	Cox	Crawley AC	U17
605	Kate	McCartan	Dromore AC	U17
606	Kiya	Dee	England U20	U17
607	Ella	Greenway	England U20	U20
608	Louise	Hackett	England U20	U20
609	Ellen	Weir	England U20	U20
610	Sarah	Bradley	Finn Valley AC	U20
611	Eimear	McCarroll	Finn Valley AC	U17
612	Louisa	Brown	Garscube Harriers	U20
615	Ruby	McGill	Greenock Glenpark Harriers	U17
616	Jane	Buckley	Ireland U20	U20
617	Muireann	Duffy	Ireland U20	U20
618	Emma	McEvoy	Ireland U20	U20
619	Avril	Millerick	Ireland U20	U17
620	Marianne	Doherty	Lagan Valley AC	U20
621	Aoife	Dunlop	Lagan Valley AC	U20
622	Katy	Dunn	Lagan Valley AC	U20
623	Alice	Monaghan	Lagan Valley AC	U17
624	Amy	Killick	Leighton Buzzard AC	U20
625	Phoebe	Bate	Mullingar Harriers AC	U20
626	Meabh	Killalea	Mullingar Harriers AC	U20
627	Annie	Kilmurray	Mullingar Harriers AC	U20
628	Niamh	Cunneen	Nenagh Olympic AC	U20
629	Ellen	Cunneen	Nenagh Olympic AC	U20
630	Nuala	Bose	NI & Ulster U20	U20
631	Cara	Laverty	NI & Ulster U20	U20
632	Roise	Roberts	NI & Ulster U20	U20
633	Rebecca	Rossiter	NI & Ulster U20	U20

634	Amy	Greene	Rosses AC	U20
635	Louisa	Brown	Scotland U20	U20
636	Georgia	Ledingham	Scotland U20	U20
637	Kirsty	Purcell	Scotland U20	U20
638	Hannah	Ryding	Scotland U20	U17
639	Bethan	Hardman	Wales U20	U17
640	Samia	Jones	Wales U20	U20
641	Ellen Mary	Kearney	Wales U20	U20
642	Moli	Lyons	Wales U20	U20
643	Emmy	Thornton	Willowfield Harriers	U17
644	Katie	Parker	Wreake & Soar Valley AC	U20
645	Isabella	Wrightam	Wreake & Soar Valley AC	U17

Race 7 (1.20pm) - Flahavans Porridge Primary School Girls

Bib	Firstname	Lastname		School/Club
800	Ella	Briggs	FJ	
801	Aoife	Glass	F40	
802	Sarah	Harkin	FJ	
803	Anna	Kelly	FJ	
804	Rowan	Kerr	FJ	
805	Anna	Lunny	FJ	
806	Annabel	McKeown	FJ	
807	Lucy	Morgan	FJ	
808	Meabh	Smith	FJ	Ballymena & Antrim AC
809	Emma	Flynn	FJ	Beechmount Harriers
810	Seren	Hardman	FJ	Bridgend Athletic Club
811	Elliana	Grant	FJ	City of Lisburn AC
812	Emily	Calvin	FJ	Downey House
813	Charlotte	McClay	FJ	Downey House
814	Cara	McCormack	FJ	Glaslough Harriers
815	Lucy	Brown	FJ	King's Park Primary School
816	Heidi	McTernaghan	FJ	King's Park Primary School
817	Kayla	Mooney	FJ	King's Park Primary School
818	Anaya	Patterson	FJ	King's Park Primary School
819	Kamelija	Vasiliyev	FJ	King's Park Primary School
820	Emilee	White	FJ	King's Park Primary School
821	Edie	Mayne	FJ	Loughview AC
822	Rachel	Curry	FJ	North Belfast Harriers
823	Isla	Wiltshire	FJ	North Belfast Harriers
824	Lara	Cheatley	FJ	North Down AC
825	Coco	Smith	FJ	North Down AC
826	Aria	McCay	FJ	St Bernard's Primary School
827	Lily	Foster	FJ	Willowfield Harriers
828	Katy	Hendron	FJ	Willowfield Harriers
829	Niamh	Lemon	FJ	Willowfield Harriers

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Race 8 (1.35pm) - Under 17 Boys

Bib	Firstname	Lastname		Club	British X Challenge
851	Peter	Farrell	MJ	Ireland Development U17	
852	Kieran	O'Donoghue	MJ	Ireland Development U17	
853	Conor	Sherwin	MJ	Ireland Development U17	
854	Max	Treacy	MJ	Ireland Development U17	
855	Padraig	Corduff	MJ	Ireland U17	
856	Sean	Cronin	MJ	Ireland U17	
857	Darragh	Mulrooney	MJ	Ireland U17	
858	Eoghan	O'Connor	MJ	Ireland U17	
859	Daniel	Doherty	MJ	Lagan Valley AC	U17
860	Patrick	Morgan	MJ	Lagan Valley AC	U17
861	Matthew	Murphy	MJ	Lagan Valley AC	U17
862	Philip	McGee	MJ	Letterkenny AC	U17
863	Rudy	Mayne	MJ	Loughview AC	U17
864	Thomas	McCusker	MJ	Loughview AC	U17
865	Diarmuid	Moloney	MJ	Nenagh Olympic AC	U17
866	Frank	Buchanan	MJ	NI & Ulster U17	U17
867	Mark	Galvin	MJ	NI & Ulster U17	U17
868	Caolan	McFadden	MJ	NI & Ulster U17	U17
869	Oisin	McGloin	MJ	NI & Ulster U17	U17
870	Ben	Acheson	MJ	North Down AC	U17
871	Ethan	Isles	MJ	North Down AC	U17
872	Quinn	Miell-Ingram	MJ	Radley AC	U17
873	Connor	Bell	MJ	Scotland U17	U17
874	Corey	Campbell	MJ	Scotland U17	U17
875	Oliver	Patton	MJ	Scotland U17	U17
876	Craig	Shennan	MJ	Scotland U17	U17
877	Aled	Breeze	MJ	Wales U17	U17
878	Henry	Evans	MJ	Wales U17	U17
879	Callum	Morgan	MJ	Wales U17	U17
880	Iwan	Thomas	MJ	Wales U17	U17
881	Ethan	Doherty	MJ	Westport AC	U17
882	Jamie	Morris	MJ	Willowfield Harriers	U17

Race 8 (1.35pm) - U20 Men

Bib	Firstname	Lastname	Club	British X Challenge
700	Ryan	Smith	Annadale Striders	U20
701	James	Miney	Annalee AC	U20
702	Leo	Magee	Burren AC	U20
703	Callum	McDonagh	Burren AC	U20
704	Lorcan	McGuinness	Burren AC	U20
705	Tom	McKeveney	Burren AC	U20
706	Ultan	O'Callaghan	Burren AC	U20
707	Tomas	O'Ceallaigh	Burren AC	U20
708	Steffan	Davies	Carmarthen & District Harriers AC	U17
709	Jacob	Deacon	Chorley AC	U17
710	Seamus	Robinson	City of Derry Spartans AC	U20
711	Jack	McCausland	City of Lisburn AC	U17
712	Niall	Carbery	Clonliffe Harriers AC	U20
713	Ronan	Donohue	Clonliffe Harriers AC	U20
714	Cian	Murray	Clonliffe Harriers AC	U20
715	Darren	O'Dwyer	Clonliffe Harriers AC	U20
716	Jack	Woods	Clonliffe Harriers AC	U20
717	Eanna	Bradaigh	Dundrum South Dublin Ac	U20
718	Jamie	Byrne	Dundrum South Dublin Ac	U17
719	Morgan	Clarkson	Dundrum South Dublin Ac	U20
720	Jarom	Gibbons	Dundrum South Dublin Ac	U17
721	Andrew	McGilton	Dundrum South Dublin Ac	U17
722	Sean	Quinn	Dundrum South Dublin Ac	U17
723	Alexander	Melloy	England U20	U20
724	Sam	Mills	England U20	U20
725	Finley	Proffitt	England U20	U20
726	Louis	Small	England U20	U20
727	Dylan	Casey	Ennis Track AC	U20
728	Luke	Griffin	Ennis Track AC	U20
729	Mark	Hanrahan	Ennis Track AC	U20
730	Thomas	McGuire	Ennis Track AC	U17
731	Niall	Murphy	Ennis Track AC	U20
732	Colin	Ryan	Ennis Track AC	U20

733	Diarmait	Keogh	NI & Ulster U20	U20
734	Cameron	Green	Giffnock North AC	U17
735	Blayne	Wright	Giffnock North AC	U20
736	Toby	Middleton	Horwich RMI Harriers	U20
737	Lucas	Cairns	Inverness Harriers AAC	U20
738	Dean	Casey	Ireland U20	U20
739	Harry	Colbert	Ireland U20	U17
740	Scott	Fagan	Ireland U20	U20
741	Cathal	O'Reilly	Ireland U20	U20
742	Harry	McGill	Kilbarchan AAC	U20
743	Stephen	Lyster	Lagan Valley AC	U20
744	Lughaidh	Mallon	Lagan Valley AC	U17
745	Frank	McGrath	Lagan Valley AC	U17
746	Kyle	Thompson	Loughview AC	U17
747	Ross	Killalea	Mullingar Harriers AC	U17
748	Conleth	Mullen	Mullingar Harriers AC	U17
749	Luke	Purcell	Nenagh Olympic AC	U20
751	Matthew	Lavery	NI & Ulster U20	U20
752	Callum	Morgan	NI & Ulster U20	U20
753	Oisin	Toye	NI & Ulster U20	U20
754	Luke	Kelly	North Belfast Harriers	U20
755	Rowan	Miell-Ingram	Radley AC	U20
756	Fraser	Gilmour	Scotland U20	U20
757	Lewis	Hannigan	Scotland U20	U20
758	Reuben	MacDonald	Scotland U20	U17
759	Andrew	McGill	Scotland U20	U20
760	Abdirahim	Hamud	Shaftesbury Barnet Harriers	U17
761	Rhys	Hardman	Wales U20	U20
762	Dafydd	Jones	Wales U20	U20
763	Deri	McCluskey	Wales U20	U20
764	Lloyd	Sheppard-Brown	Wales U20	U20
765	Joel	Chambers	Willowfield Harriers	U20
766	James	Law	Willowfield Harriers	U17
767	Jacob	McKittrick	Willowfield Harriers	U17
768	Jake	Stafford	Willowfield Harriers	U20

Race 9 (2.00pm) - Flahavans Porridge Primary School Race Boys

Bib	Firstname	Lastname		School/Club
900	Ruaridh	Kerr	MJ	
902	Conall	Kelly	MJ	City of Lisburn AC
905	Zach	MacDonald	MJ	Giffnock North AC
906	Fionn	Kirby	MJ	Kildare AC
907	Noah	Treacy	MJ	Kildare AC
908	Brodie	Hull	MJ	King's Park Primary School
909	Tom	Kerr	MJ	King's Park Primary School
910	Kai	McCartney	MJ	King's Park Primary School
911	Micah	McMullen	MJ	King's Park Primary School
912	Noah	Roderick	MJ	King's Park Primary School
913	Luke	Wells	MJ	King's Park Primary School
914	Joel	Anderson	MJ	Loughview AC
915	Ollie	Hanna	MJ	Loughview AC
916	Ashton	Stewart	MJ	Loughview AC
917	Cormac	Leheny	MJ	North Belfast Harriers
918	Pearse	Leheny	MJ	North Belfast Harriers
919	Dualta	McGleenan	MJ	North Belfast Harriers
920	Ethan	Wiltshire	MJ	North Belfast Harriers
921	James	Blease	MJ	North Down AC
922	Adam	Downey	MJ	North Down AC
923	Bailey	Duncan	MJ	North Down AC
924	Ben	Erskine	MJ	North Down AC
925	Sebastian	Mair	MJ	North Down AC
926	Charlie	Patton	MJ	North Down AC
927	Carter	Rolston	MJ	North Down AC
928	Joshua	Wilson	MJ	North Down AC
929	Ben	Scullion	MJ	Omagh Harriers
930	Fionn	McCay	MJ	St Bernard's Primary School
931	Caolan	McGarry	MJ	St Bernard's Primary School
932	Declan	McGarry	MJ	St Bernard's Primary School
933	Otis	Arkensparr-Jones	MJ	St Joseph's Primary School
934	Rudi	Arkensparr-Jones	MJ	St Joseph's Primary School

935	Nicholas	Boyd	MJ	Willowfield Harriers
936	Matthew	Fleming	MJ	Willowfield Harriers
937	Aidan	McCullough	MJ	Willowfield Harriers
938	Leo	McDermott	MJ	Willowfield Harriers
939	Ronan	McKee	MJ	Willowfield Harriers
940	Caleb	Shine	MJ	Willowfield Harriers

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Race 10 (2.15pm) - Senior International Women

Bib	Firstname	Lastname		Club	British X Challenge
101	Hellen	Obiri	FO	KENYA	
102	Andrea	Sanguinetti	FO	Italy	
103	Charlotte	Penneman	FJ	Belgium	
104	Nina	Lauwaert	FO	Belgium	
105	Elle	Wallce	FO	North Somerset AC	Sen
106	Lynn	Faems	FJ	Belgium	
107	Fionnuala	Ross	FO	Armagh AC	Sen
108	Níamh	O Mahony	FJ	An Ríocht A.C.	
109	Christine	Russell	FO	Letterkenny AC	
110	Katie	Moore	FO	North Down AC	Sen
111	Ciara	Durkan	F35	Skerries A.C.	
112	Robyn	McKee	FO	Annadale Striders	Sen
113	Lauren	Cooper	FO	Wales	Sen
114	Alaw	Beynon-Thomas	FO	Wales	Sen
115	Megan	Carter Davies	FO	Wales	Sen
116	Donna	Morris	F35	Wales	Sen
117	Mhairi	MacLennan	FO	Scotland	Sen
118	Scout	Adkin	FO	Scotland	Sen
119	Megan	Keith	FJ	Scotland U23	U20
120	Sarah	Tait	FO	Scotland U23	Sen
121	Hannah	Anderson	FJ	Scotland U23	U20
122	Grace	Molloy	FO	Scotland U23	Sen
123	Caitlyn	Harvey	FO	Annadale Striders	Sen
124	Edel	Gaffney	FO	Trim AC	
125	Holly	Little	FO	Victoria Park City of Glasgow AC	Sen
126	Una	Britton	FO	Kilcoole A.C.	Sen
127	Catriona	Edington	FO	Queen	Sen
128	Noeleen	Scanlan	F35	Letterkenny AC	
129	Hayley	McAteer	FO	Lagan Valley AC	Sen
130	Ruth	Henry	FO	Ireland U23	

131	Niamh	O'Mahony	FJ	Ireland U23	
132	Celine	Gavin	FJ	Ireland U23	
133	Danielle	Donegan	FO	Ireland U23	
134	Megahn	Ryan	FO	Ireland	
135	Mary	Mulhare	FO	Ireland	
136	Niamh	Allen	FO	Ireland	
137	Niamh	Kearney	FO	Ireland	
138	Aoife	McGreevy	FJ	NI & Ulster U23	U20
139	Kate	Gourley	FO	NI & Ulster U23	Sen
140	Grace	Carson	FO	NI & Ulster U23	Sen
141	Niamh	Heaney	FO	NI & Ulster U23	Sen
142	Nakita	Burke	FO	NI & Ulster	Sen
143	Fionnuala	Ross	FO	NI & Ulster	Sen
144	Catherina	Mullen	FO	NI & Ulster	Sen
145	Hannah	Irwin	FO	NI & Ulster	Sen
146	Kate	Avery	FO	ENGLAND	Sen
147	Eleanor	Bolton	FO	ENGLAND	Sen
148	Abbie	Donnelly	FO	ENGLAND	Sen
149	Jess	Gibbon	FO	ENGLAND	Sen

Race 11 (2.50pm) - Senior International Men

Bib	Firstname	Lastname		Club	British X Challenge
1	Kamar	Etiang	MJ	KENYA	
2	Vincent	Keter	MJ	KENYA	
3	Stephen	Scullion	MO	Under Armour	
72	Emiel	Penneman	MO	Belgium	
73	Italo	Quazzola	MO	Italy	
74	Lorenzo	Dini	MO	Italy	
75	Ahmed	Ouhda	MO	Italy	
76	Aouani	Iliass	MO	Italy	
4	Jonathan	Hadley	M35		
5	Shaun	Mooney	MO		
6	Owen	Carleton	MO	Annadale Striders	Sen
7	Stephen	Connolly	MO	Annadale Striders	Sen
8	Neil	Johnston	MO	Annadale Striders	Sen
9	Jamie	Knapp	MO	Brighton & Hove AC	Sen
10	Jack	Millar	MO	Bristol & West AC	Sen
11	Tim	Harrison	MO	Cambridge & Coleridge AC	Sen
12	Chris	Fielding	MO	City of Derry Spartans AC	Sen
13	Sergiu	Ciobanu	M35	Clonliffe Harriers AC	
14	Ben	Guiden	MO	Clonliffe Harriers AC	
15	Sean	O'Leary	MO	Clonliffe Harriers AC	
16	Jonny	Whan	MO	Clonliffe Harriers AC	Sen
17	Calum	Johnson	MO	ENGLAND	Sen
18	Zak	Mahamed	MO	ENGLAND	Sen
19	Hugo	Milner	MO	ENGLAND	Sen
20	Matthew	Stonier	MO	ENGLAND	Sen
21	Andy	MacDonald	M45	Giffnock North AC	Sen
22	Ricky	Saez	M45	Giffnock North AC	Sen
23	Conor	Duffy	MO	Glaslough Harriers	Sen
24	Lee	Dover	MO	Houghton Harriers AC	Sen
25	Dylan	Crawford	MO	Inverclyde AC	Sen
26	Ryan	Gray	MO	Inverclyde AC	Sen

27	Ross	Gray	MO	Inverclyde AC	Sen
28	Ryan	Creech	MO	Ireland	
29	Eoin	Everard	M35	Ireland	
30	Emmet	Jennings	MO	Ireland	
31	Paul	O'Donnell	MO	Ireland	
32	Jamie	Battle	MO	Ireland U23	
33	Donal	Devane	MO	Ireland U23	
34	Thomas	Devaney	MO	Ireland U23	
35	Oisin	Spillane	MO	Ireland U23	
36	Stephen	McAteer	MO	Lagan Valley AC	Sen
37	Adam	Houchell	MO	Leeds City AC	Sen
38	Donal	Coakley	M35	Leevale AC	Sen
39	Matt	Hopkins	M40	Les Croupiers RC	Sen
40	Shaun	Mochan	MO	Lonely Goat RC	Sen
41	Zak	Hanna	MO	Newcastle & District AC	Sen
42	Cathal	McNiff	M60	Newcastle & District AC	Sen
44	Stephen	Connolly	MO	NI & Ulster	Sen
45	Conan	McCaughey	MO	NI & Ulster	Sen
46	Finn	McNally	MO	NI & Ulster	Sen
47	Eskander	Turki	MO	NI & Ulster	Sen
48	Peter	Gracey	MO	NI & Ulster U23	Sen
49	Gavin	McCaffrey	MO	NI & Ulster U23	U20
50	Sean	Melarkey	MO	NI & Ulster U23	Sen
51	Matthew	Neill	MO	NI & Ulster U23	Sen
52	Brendan	McCambridge	MJ	North Belfast Harriers	U20
53	Peter	McGarry	MO	North Belfast Harriers	Sen
54	Craig	McMeechan	MO	North Down AC	Sen
55	Jamie	Crowe	MO	Scotland	Sen
56	Stuart	McCallum	MO	Scotland	Sen
57	Lachlan	Oates	MO	Scotland	Sen
58	Scott	Stirling	MO	Scotland	Sen
59	Hamish	Armitt	MJ	Scotland U23	U20
60	Christian	Graham	MO	Scotland U23	Sen
61	Ben	MacMillan	MO	Scotland U23	Sen
62	Alistair	Marshall	MJ	Scotland U23	U20

63	Rory	Connor	M50	Sligo AC	
64	Mattie	Edwards	MO	Wales	Sen
65	Nathan	Jones	MO	Wales	Sen
66	Phil	Matthews	M40	Wales	Sen
67	Abed	Teweldebrhan	MO	Wales	Sen
68	Morgan	James	MO	Wales U23	Sen
69	Ben	Miles	MJ	Wales U23	U20
70	Larry	Ryan	MO	Wales U23	Sen
71	Tom	Wood	MO	Wales U23	Sen

BRITISH ATHLETICS CROSS CHALLENGE 2021 / 2022

Saturday 16th October 2021 at Llandaff Fields, Cardiff

Men: - Masters / Senior / U20 / U17 / U15 / U13 / U11

Women: - Masters / Senior / U20 / U17 / U15 / U13 / U11

Saturday 13th November 2021 at Tear Drops Lake, Milton Keynes

Men: - Senior / U20 / U17 / U15 / U13 / U11

Women: - Senior / U20 / U17 / U15 / U13 / U11

Saturday 27th November 2021 at Sefton Park, Liverpool

Incorporating European Cross Country Championship Trials

Men: - Senior / U20 / U17 / U15 / U13 / U11

Women: - Senior / U20 / U17 / U15 / U13 / U11

Saturday 22nd January 2022 at Bill Neill MBE Country Park Dundonald, Belfast

Incorporated the World Athletics Silver Cross Country Tour; Home Countries International and Celtic Games

Men: - Senior / U20 / U17 / U15 / U13

Women: - Senior / U20 / U17 / U15 / U13

Saturday 12th March 2022 at Prestwold Hall, Loughborough

British Athletics Cross Challenge Final and CAU Inter Counties Cross Country Championships.

2019 / 2020 Cross Challenge Winners

Senior Men	Mahamed Mahamed	Southampton AC
Senior Women	Kate Avery	Shildon
Under 20 Men	Matt Stonier	Invicta East Kent
Under 20 Women	Megan Keith	Inverness AAC
Under 17 Men	Oliver Smart	Tavistock Run Project
Under 17 Women	Maya Todd-McIntyre	Rushcliffe
Under 15 Boys	Lewis Sullivan	St Edmund Pacers
Under 15 Girl	Kiya Dee	Highworth
Under 13 Boys	Alden Collier	Chiltern Harriers
Under 13 Girls	Zoe Gilbody	Chiltern Harriers

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Friday – Sunday
10am to 4.30pm