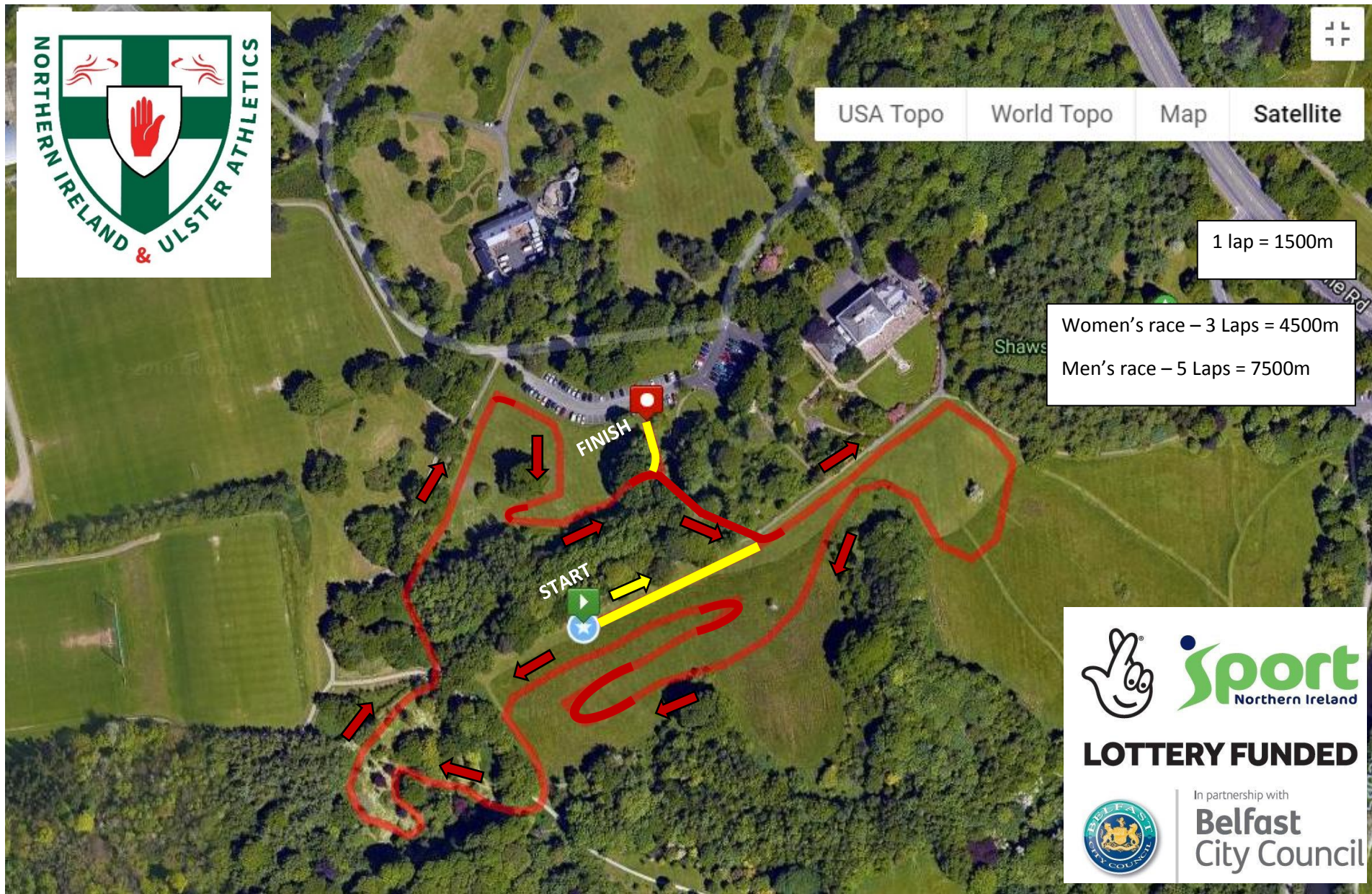


NI & Ulster Intermediate and Masters XC – Barnett's Demesne – 26/01/2019



USA Topo World Topo Map Satellite

1 lap = 1500m

Women's race – 3 Laps = 4500m
Men's race – 5 Laps = 7500m

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