**RESULTS Lagan Valley AC Fab Five Meeting 5 17th August 2023 Mary Peters Track Belfast**

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| **Place** | **BIB** | **100m U13 BOYS Race 1** | **Wind -2.3** | **Time** |
| 1 | 1519 | Fiachna McAleenan | Newcastle AC | 14.05 |
| 2 | 1595 | Evan cheshire | St Gerards | 14.34 |
| 3 | 51 | Ethan Connolly | Armagh Athletics Club | 14.91 |
| 4 | 72 | Tibor Lestiansky | Ballymena & Antrim AC | 14.95 |
| 5 | 1176 | Joel Anderson | Loughview AC | 17.05 |
| 6 | 1542 | Tom McLoughlin | North Belfast Harriers | 17.78 |

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| **Place** | **BIB** | **100m U13 BOYS Race 2** | **Wind -1.4** | **Time** |
| 1 | 1625 | Kia Harris | Orangegrove AC | 13.31 |
| 2 | 667 | Calvin McCourt | Dundalk St Gerards | 14.24 |
| 3 | 1596 | Tanoj Reddy Yakkanti | St Joseph Primary | 15.13 |
| 4 | 187 | Calvin Kennedy | Castle Gardens Primary School | 15.13 |
| 5 | 1570 | Sam Stewart | Orangegrove | 15.52 |
| 6 | 1096 | Timothy Irvine | East Down AC | 15.75 |
| 7 | 1568 | David Fagunwa | Orangegrove AC | 16.20 |

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| **Place** | **BIB** | **100m U13 GIRLS Race 1** | **Wind -2.7** | **Time** |
| 1 | 31 | Katie Dunwoody | Armagh AC | 14.14 |
| 2 | 253 | Sophie McCullough | City of Lisburn AC | 14.23 |
| 3 | 100 | Emily Hilditch | Ballymena & Antrim AC | 15.54 |
| 4 | 1547 | Nyla Hughes | North Down AC | 15.97 |
| 5 | 1624 | Georgina Garland | Youngsters Athletics | 16.08 |
| 6 | 1518 | Aoife Grant | Newcastle AC | 17.99 |

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| **Place** | **BIB** | **100m U13 GIRLS Race 2** | **Wind -1.4** | **Time** |
| 1 | 1525 | Eve McNamara | Newcastle AC | 14.78 |
| 2 | 45 | Holly Vernon | Armagh AC | 15.80 |
| 3 | 1621 | Olivia McCarten | Youngstars | 16.04 |
| 4 | 245 | Anna Kelly | City of Lisburn AC | 16.38 |

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| **Place** | **BIB** | **100m U13 GIRLS Race 3** | **Wind -2.6** | **Time** |
| 1 | 1520 | Maisie McVeigh | Newcastle AC | 14.56 |
| 2 | 1594 | Kallie Fisher | St Gerards | 15.47 |
| 3 | 925 | Annabel Mckeown | COLAC | 15.77 |
| 4 | 168 | Anna Hill ` | Willowfield | 16.21 |
| 5 | 1631 | Tia Robinson | Unattached | 16.76 |

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| **Place** | **BIB** | **100m U15 BOYS Race 1** | **Wind -2.0** | **Time** |
| 1 | 1512 | Ty O’Neill | Methody | 12.61 |
| 2 | 1515 | James Carson | Newcastle & District AC | 13.11 |
| 3 | 1168 | Aaron Burgess | Loughview AC | 13.19 |
| 4 | 1110 | Jude Glover | Lagan Valley | 14.56 |
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| **Place** | **BIB** | **100m U15 BOYS Race 2** | **Wind -2.9** | **Time** |
| 1 | 1597 | Jack O’Connor | St Michael’s AC | 11.95 |
| 2 | 1571 | Ewan Donald | Orangegrove A.C. | 12.12 |
| 3 | 1584 | Finn McClean | Regent House | 12.25 |
| 4 | 1582 | Harrison Jamison | Regent house | 12.51 |
| 5 | 1626 | Ethan Carr | Ballymena & Antrim AC | 13.25 |
| 6 | 1507 | Adam Harrison | Lagan Valley AC | 13.86 |
| 7 | 399 | Freddie Wallace | City of Lisburn AC | 13.91 |

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| **Place** | **BIB** | **100m U15 GIRLS Race 1** | **Wind -2.5** | **Time** |
| 1 | 357 | Niamh Latuske | City of Lisburn AC | 14.07 |
| 2 | 1574 | Grace Wallace | Orangegrove AC | 14.08 |
| 3 | 309 | Beth Evans | Clounagh JHS | 14.13 |
| 4 | 379 | Tilly Short | City of Lisburn AC | 14.66 |
| 5 | 374 | Mia Johnston-Kerr | City of Lisburn AC | 15.38 |
| 6 | 30 | Aoibhe Delaney | Armagh AC | 15.52 |
| 7 | 50 | Caitlin Dickson | Armagh Athletics Club | 16.85 |
| 8 | 337 | Alice Brearton | City of Lisburn AC | 16.85 |

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| **Place** | **BIB** | **100m U15 GIRLS Race 2** | **Wind -2.4** | **Time** |
| 1 | 860 | Ella Mckelvey | Lagan Valley AC | 13.71 |
| 2 | 666 | Blaithin Carragher | Dundalk St Gerards | 14.25 |
| 3 | 1508 | Samantha Haffey | Lagan Valley AC | 14.47 |
| 4 | 1129 | Eva Patton | Loughview AC | 14.58 |
| 5 | 49 | Lily Connolly | Armagh Athletics Club | 16.43 |

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| **Place** | **BIB** | **100m U17 BOYS Race 1** | **Wind -1.4** | **Time** |
| 1 | 664 | Joshua awujoola | Dromore High | 11.89 |
| 2 | 939 | Callum Snodgrass | Craigavon Senior High | 12.36 |
| 3 | 230 | Alex Harrower | City of Lisburn AC | 12.62 |
| 4 | 1598 | Rian Kennedy | St Michael’s AC, Enniskillen | 12.70 |

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| **Place** | **BIB** | **100m U17 BOYS Race 2** | **Wind -1.4** | **Time** |
| 1 | 1554 | Conor Adair | North Down AC | 11.91 |
| 2 | 1546 | Cameron Mccracken | North Down AC | 12.03 |
| 3 | 833 | Harry Nelson | Lagan Valley AC | 12.43 |
| 4 | 233 | Sam Holmes | City of Lisburn AC | 12.68 |
| 5 | 326 | Benjamin Short | City of Lisburn AC | 13.37 |

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| **Place** | **BIB** | **100m U17 BOYS Race 3** | **Wind -0.8** | **Time** |
| 1 | 319 | Loxley Harris | City of Lisburn AC | 11.39 |
| 2 | 1583 | Treshon James | Regent House | 12.04 |
| 3 | 1545 | Curtis Hughes | North Down AC | 12.22 |
| 4 | 699 | Oliver Robinson | East Down AC | 12.27 |
| 5 | 1573 | Rory Hobbs | Orangegrove AC | 12.32 |
| 6 | 1614 | Finn Cross | Willowfield Harriers | 12.42 |
| 7 | 1165 | Kris Burgess | Loughview AC | 12.76 |

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| **Place** | **BIB** | **100m U17 GIRLS Race 1** | **Wind -2.9** | **Time** |
| 1 | 922 | Madison Hanna | Lagan Valley AC | 13.91 |
| 2 | 1502 | Izzy Cousley | Loughview AC | 14.38 |
| 3 | 1615 | Erin Cross | Willowfield Harriers | 14.42 |
| 4 | 268 | Cara Burns | City of Lisburn AC | 14.51 |
| 5 | 275 | Sara Holterman | City of Lisburn AC | 14.73 |
| 6 | 1635 | Evie Cushnie | East Down AC | 16.19 |

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| **Place** | **BIB** | **100m U17 GIRLS Race 2** | **Wind -1.3** | **Time** |
| 1 | 849 | Aida Zukauskaite | Lagan Valley AC | 13.10 |
| 2 | 1637 | Freya Boyce | Loughview AC | 13.26 |
| 3 | 126 | Amie Newell | Ballymena and Antrim AC | 13.41 |
| 4 | 252 | Siofra Lavery | City of Lisburn AC | 13.78 |
| 5 | 1632 | Kate Jackson | East Down AC | 15.89 |
| 6 | 389 | Anna Malone | City of Lisburn AC | 17.68 |

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| **Place** | **BIB** | **100m SENIOR & MASTERS MEN Race 1** | **Wind -2.5** | **Time** |
| 1 | 921 | Seamus O'cuinn | Lagan Valley AC | 12.66 |
| 2 | 116 | Connor Lunnun | Ballymena and Antrim A.C | 13.02 |
| 3 | 1565 | Neil Vondy | Northern (IOM) AC | 13.59 |
| 4 | 1576 | Lee Maginnis | PORTADOWN College | 14.34 |
| 5 | 990 | Frankie Murray | Finn Valley AC | 15.86 |

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| **Place** | **BIB** | **100m SENIOR & MASTERS MEN Race 2** | **Wind -1.5** | **Time** |
| 1 | 1577 | Adam Hanna | Queen's A.C | 11.64 |
| 2 | 855 | Caolan Ó Cuinn | Lagan Valley AC | 11.89 |
| 3 | 1513 | Ronan Bloomer | Mid Ulster | 12.07 |
| 4 | 1514 | Isaac Hart | N/A | 12.30 |
| 5 | 251 | Ajith Joy | City of Lisburn AC | 12.59 |

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| **Place** | **BIB** | **100m SENIOR & MASTERS MEN Race 3** | **Wind -2.9** | **Time** |
| 1 | 75 | Craig Newell | Ballymena & Antrim AC | 11.07 |
| 2 | 853 | Andrew Proctor | Lagan Valley AC | 11.73 |
| 3 | 1578 | Conall O'Toole | Raheny Shamrock | 12.27 |
| 4 | 1633 | Daniel English-Brown | Enfield and Haringey | 12.33 |

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| **Place** | **BIB** | **100m Senior & Masters Women Race 1** | **Wind -3.1** | **Time** |
| 1 | 124 | Emma Hutchinson | Ballymena and Antrim AC | 13.02 |
| 2 | 852 | Laura Frey | Lagan Valley AC | 13.51 |
| 3 | 1153 | Niamh Fenlon | Loughview AC | 13.54 |
| 4 | 262 | Abby Tate | City of Lisburn AC | 13.57 |
| 5 | 227 | Sophie Caves | City of Lisburn AC | 14.61 |
| 6 | 861 | Lynsey Brown | Lagan Valley AC | 14.82 |
| 7 | 1540 | Darragh Andrews T38 | North Belfast harriers | 16.71 |

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| **Place** | **BIB** | **800m U11 BOYS Race 1** |  | **Time** |
| 1 | 1524 | Harry McVeigh | Newcastle AC | 2:30.36 |
| 2 | 783 | Jake Smyth | Lagan Valley AC | 2:36.62 |
| 3 | 178 | Mason Mercer | Carnmoney PS | 2:36.88 |
| 4 | 1647 | Adam Hanna | Lagan Valley | 2:39.85 |
| 5 | 41 | James Delaney | Armagh AC | 2:41.72 |
| 6 | 53 | Peter Rice | Armagh Athletics Club | 2:44.53 |
| 7 | 1634 | Toby Jackson | East Down AC | 2:52.75 |
| 8 | 1521 | Rossa McAleenan | Newcastle AC | 2:54.11 |
| 9 | 1613 | Jay Foster | Willowfield | 2:57.25 |
| 10 | 1558 | Adam Downey | North Down AC | 3:03.38 |
| 11 | 46 | Jack Vernon | Armagh AC | 3:03.98 |
| 12 | 778 | Eimhin Bourke | Lagan Valley AC | 3:07.00 |
| 13 | 1510 | Rory Mason | Mallusk Harriers | 3:08.94 |
| 14 | 1603 | James Finlay | Stranmillis PS | 3:17.18 |
|  | 958 | Patrick Duffy | Glenmore AC | DQ |

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| **Place** | **BIB** | **800m U11 GIRLS Race 1** |  | **Time** |
| 1 | 665 | Katelynn Woods | Dundalk st Gerard’s | 2:42.80 |
| 2 | 784 | Béibhinn Bourke | Lagan Valley AC | 2:47.20 |
| 3 | 1091 | Órlaith Keary | East Down AC | 2:54.30 |
| 4 | 1528 | Emily Kerr | Newcastle AC | 2:58.35 |
| 5 | 207 | Rose Henderson | City of Lisburn AC | 3:01.31 |
| 6 | 226 | Lily Henderson | City of Lisburn AC | 3:11.53 |
| 7 | 1623 | Natasha Garland | Youngstars Athletics | 3:14.04 |
| 8 | 1119 | Isla Taylor | East Down AC | 3:19.16 |
| 9 | 786 | Lucy Morgan | Lagan Valley AC | 3:20.56 |
| 10 | 796 | Erin Finlay | Lagan Valley AC | 3:21.89 |
| 11 | 1097 | Tarynn Smyth | East Down AC | 3:22.55 |
| 12 | 279 | Tara Johnston-Kerr | City of Lisburn AC | 3:22.71 |
| 13 | 935 | Rosie Evans | Hardy Memorial PS | 3:28.29 |
| 14 | 936 | Abigail Lockington | Holywood Primary | 3:32.23 |
| 15 | 154 | Nya Ardis | Banbridge Athletics Club | 3:53.81 |
| 16 | 1544 | Eva McLoughlin | North Belfast Harriers | 3:54.26 |

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| **Place** | **BIB** | **1 MILE U13 BOYS**  |  | **Time** |
| 1 | 1560 | Carter Rolston | North Down AC | 5:30.45 |
| 2 | 1519 | Fiachna McAleenan | Newcastle AC | 5:32.18 |
| 3 | 1610 | Nicholas Boyd | Wellington College Belfast | 5:36.69 |
| 4 | 1575 | Finley Mercer | Parkhall College | 5:42.73 |
| 5 | 1548 | Sebastian Mair | North Down AC | 5:51.60 |
| 6 | 1617 | Matthew Fleming | Willowfield Harriers | 6:01.63 |
| 7 | 1595 | Evan Cheshire | St Gerards | 6:06.84 |
| 8 | 789 | Cuán Fitzpatrick | Lagan Valley AC | 6:13.17 |
| 9 | 1542 | Tom McLoughlin | North Belfast Harriers | 6:28.68 |

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| **Place** | **BIB** | **1 MILE U13 GIRLS RACE 1** |  | **Time** |
| 1 | 1612 | Lily Foster | Willowfield | 5:42.70 |
| 2 | 1624 | Georgina Garland | Youngsters Athletics | 5:55.73 |
| 3 | 1520 | Maisie McVeigh | Newcastle AC | 6:00.87 |
| 4 | 925 | Annabel Mckeown | COLAC | 6:11.10 |
| 5 | 1559 | Coco Smith | North Down AC | 6:15.55 |
| 6 | 1525 | Eve McNamara | Newcastle AC | 6:17.94 |
| 7 | 1537 | Leila Jones | North Belfast Harriers | 6:18.99 |
| 8 | 66 | Meabh Smith | Ballymena & Antrim AC | 6:23.71 |
| 9 | 1594 | Kallie Fisher | St Gerards | 6:27.25 |
| 10 | 36 | Anna Nicolay | Armagh ac | 6:42.28 |
| 11 | 1562 | Caitlyn Dickenson | North Down AC | 6:45.40 |
| 12 | 1511 | Jane Jackson | Methodist College | 6:46.51 |
| 13 | 1538 | Eimear Coy | North Belfast Harriers | 7:02.06 |
| 14 | 158 | Emma Flynn | Beechmount | 7:14.04 |
| Place | BIB | 1 MILE U15 BOYS  |  | Time |
| 1 | 830 | Noah Harper | Lagan Valley AC | 4:44.97 |
| 2 | 43 | Pauric Kelly | Armagh AC | 4:57.94 |
| 3 | 654 | Matthew Lamont | Dromore AC | 4:59.18 |
| 4 | 1507 | Adam Harrison | Lagan Valley AC | 5:13.13 |
| 5 | 1556 | Alex Downey | North Down AC | 5:13.42 |
| 6 | 376 | Fraser Dunlop | City of Lisburn AC | 5:19.09 |
| 7 | 1646 | Ollie Hanna | Loughview AC | 5:24.40 |
| 8 | 64 | Emmet Smith | Ballymena & Antrim AC | 5:28.16 |
| 9 | 926 | Charlie Taggart | Keep Er Lit | 5:30.29 |
| 10 | 1536 | Thomas Coy | North Belfast Harriers | 5:36.29 |
| 11 | 1590 | Joseph McGleenan | St Annes AC | 5:39.72 |
| 12 | 787 | Uilleac Fitzpatrick | Lagan Valley AC | 5:41.74 |
| 13 | 862 | Joshua Hanna | Lagan Valley AC | 5:47.25 |

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| **Place** | **BIB** | **1 MILE U15 GIRLS** |  | **Time** |
| 1 | 400 | Madison Welby | City of Lisburn AC | 5:22.84 |
| 2 | 1504 | Katie Keown | Lagan Valley AC | 5:24.18 |
| 3 | 1638 | Erin Han | Loughview AC | 5:27.20 |
| 4 | 47 | Honor Buwalda | Armagh Athletic Club | 5:27.63 |
| 5 | 1645 | Caoimhe Gallen | Lifford Strabane AC | 5:36.34 |
| 6 | 1600 | Cadence Hamilton | St Peter’s AC Lurgan | 5:43.59 |
| 7 | 261 | Joanna McGrory | City of Lisburn AC | 5:48.76 |
| 8 | 30 | Aoibhe Delaney | Armagh AC | 6:06.20 |
| 9 | 1569 | Ellie Hollywood | Orangegrove | 6:38.19 |
| 10 | 1593 | Chloe Cheshire | St Gerards | 7:08.84 |
| 11 | 1648 | Orlaith Cavanagh |  | 7:30.16 |

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| **Place** | **BIB** | **1 MILE U17 BOYS**  |  | **Time** |
| 1 | 1159 | Tom Fleming | Loughview AC | 4:51.79 |
| 2 | 873 | Jude McGann | Lagan Valley AC | 4:53.68 |
| 3 | 842 | Zak Hall | Lagan Valley AC | 4:59.49 |
| 4 | 851 | Reuben Crothers | Lagan Valley AC | 5:00.08 |
| 5 | 1555 | Chris Belshaw | North Down AC | 5:00.49 |
| 6 | 889 | Scott Owen | Lagan Valley AC | 5:04.21 |
| 7 | 840 | Sam Moffitt | Lagan Valley AC | 5:19.47 |
| 8 | 699 | Oliver Robinson | East Down AC | 5:26.83 |
| 9 | 326 | Benjamin Short | City of Lisburn AC | 6:00.27 |

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| **Place** | **BIB** | **1 MILE U17, SENIOR & MASTERS MEN** | **RACE 1** | **Time** |
| 1 | 684 | Adam Withers | East Down | 4:46.52 |
| 2 | 17 | Fearghal Delaney | Armagh AC | 4:47.56 |
| 3 | 1561 | Josh McDowell | North Down AC | 4:51.27 |
| 4 | 1532 | Ian keys | North Belfast Harriers | 4:51.51 |
| 5 | 161 | Ciaran Toner | Belfast Running Club | 4:52.93 |
| 6 | 1530 | Paul Horan | North Belfast Harriers | 4:53.44 |
| 7 | 1630 | Dean Varley | North Down AC | 5:01.36 |
| 8 | 1599 | Matthew | St Peter’s AC | 5:04.98 |
| 9 | 1550 | Francis Marsh | North Down AC | 5:06.62 |
| 10 | 1602 | Gary McNally | St Peters AC Lurgan | 5:17.75 |
| 11 | 1533 | Niall Armstrong | North Belfast Harriers | 5:20.41 |
| 12 | 1514 | Isaac Hart | N/A | 5:21.44 |

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| **Place** | **BIB** | **1 MILE U17, SENIOR & MASTERS MEN** | **RACE 2** | **Time** |
| 1 | 1608 | Patrick Sheridan | Unattached | 4:21.47 |
| 2 | 296 | Jack Maughan | Clonliffe Harriers A.C. | 4:25.14 |
| 3 | 1534 | Cathaoir Purvis | North Belfast Harriers | 4:25.84 |
| 4 | 1531 | Gareth Lyons | North Belfast Harriers | 4:28.06 |
| 5 | 1553 | Daniel Dines | North Down AC | 4:32.95 |
| 6 | 1535 | Hugo Reilly-Stewart | North Belfast Harriers | 4:33.21 |
| 7 | 1564 | Ethan Isles | North Down AC | 4:33.56 |
| 8 | 1651 | Alan Clarke | St Brigid's AC | 4:40.06 |

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| **Place** | **BIB** | **1 MILE U17, SENIOR & MASTERS WOMEN** |  | **Time** |
| 1 | 1552 | Rachel Gibson | North Down AC | 4:58.00 |
| 2 | 54 | Aisling Smith | Ballymena & Antrim AC | 5:10.14 |
| 3 | 1526 | Joanne Mills | Newcastle AC | 5:10.40 |
| 4 | 826 | Olivia Morgan | Lagan valley AC | 5:13.50 |
| 5 | 1541 | Holly Collins | North Belfast Harriers | 5:33.55 |
| 6 | 1059 | Grace Culhane | Dooneen AC | 5:40.84 |
| 7 | 97 | Katie Hilditch | Ballymena & Antrim AC | 5:52.78 |

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| **HAMMER U13 GIRLS 2kg** |
| **Place** | **BIB** |  |  | DISTANCE |
| 1 | 1525 | Eve McNamara | Newcastle AC | 14.50m |
| 2 | 1518 | Aoife Grant | Newcastle AC | 10.63m |
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| **HAMMER U13 BOYS. 2kg** |
| **Place** | **BIB** |  |  | DISTANCE |
| 1 | 667 | Calvin McCourt | Dundalk St Gerards | 20.20m |
| 2 | 1519 | Fiachna McAleenan | Newcastle AC | 19.64m |
| 3 | 1517 | Rónán Grant | Newcastle AC | 14.89m |
| **HAMMER U17 GIRLS 3kg** |
| **Place** | **BIB** |  |  | DISTANCE |
| 1 | 1641 | Caoimhe Gallen | Lifford Strabane AC | 55.37m |
| 2 | 849 | Aida Zukauskaite | Lagan Valley AC | 39.92m |

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| **HAMMER SENIOR & MASTER WOMEN. 4kg** |
| **Place** | **BIB** |  |  | DISTANCE |
| 1 | 775 | Adrienne Gallen | Lifford Strabane AC | 53.98m |
| 2 | 1000 | Lynsey Glover | Lagan Valley AC | 35.62m |
| 3 | 1516 | Siobhan Grant | Newcastle AC | 15.01m |

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| **HAMMER SENIOR & MASTER MEN** |  |  |
| **Place** | **BIB** |  |  | DISTANCE |  |  |
| 1 | 1601 | DonalMc Carthy | St Peter’s Lurgan | 21.76m | 7.26kg |  |
| 2 | 1513 | Ronan Bloomer | Mid Ulster | 15.13m | 7.26kg |  |
| 3 | 1607 | Declan Leung | Unaffiliated | 9.97m | 7.26kg |  |
| 1 | 933 | Barry Morris | Lagan Valley AC | 15.85m | 4kg | M70 |

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| **LONG JUMP U11 GIRLS** |
| **Place** | **BIB** |  |  | DISTANCE |
| 1 | 665 | Katelynn Woods | Dundalk st Gerard’s | 3.50m |
| 2 | 784 | Béibhinn Bourke | Lagan Valley AC | 3.41m |
| 3 | 207 | Rose Henderson | City of Lisburn AC | 3.22m |
| 4 | 796 | Erin Finlay | Lagan Valley AC | 3.13m |
| 5 | 1119 | Isla Taylor | East Down AC | 3.02m |
| 6 | 226 | Lily Henderson | City of Lisburn AC | 2.94m |
| 7 | 936 | Abigail Lockington | Holywood Primary | 2.86m |
| 8 | 1616 | Emily Fleming | Willowfield Harriers | 2.70m |
| 9 | 786 | Lucy Morgan | Lagan Valley AC | 2.62m |
| 10 | 935 | Rosie Evans | Hardy Memorial PS | 2.49m |
| 11 | 165 | Maggie Wilson | Bunscoil Naomh Proinsias Lurgan | 2.46m |
| 12 | 1544 | Eva McLoughlin | North Belfast Harriers | 2.21m |
| 13 | 154 | Nya Ardis | Banbridge Athletics Club | 1.93m |

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| **JAVELIN U15 BOYS** |
| **Place** | **BIB** |  |  | DISTANCE |
| 1 | 1110 | Jude Glover | Lagan Valley | 30.27m |
| 2 | 879 | Matthew Williams | Lagan Valley AC | 29.05m |

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| **JAVELIN U15 GIRLS** |
| **Place** | **BIB** |  |  | DISTANCE |
| 1 | 89 | Carys Carlisle | Ballymena & Antrim AC | 31.62m |
| 2 | 666 | Blaithin Carragher | Dundalk St Gerards | 25.89m |
| 3 | 309 | Beth Evans | Clounagh JHS | 13.67m |
| 4 | 1593 | Chloe Cheshire | St Gerards | 11.09m |
| 5 | 49 | Lily Connolly | Armagh Athletics Club | 6.69m |

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| **SHOT PUTT U11 BOYS** |
| **Place** | **BIB** |  |  | DISTANCE |
| 1 | 1524 | Harry mcVeigh | Newcastle AC | 4.65m |
| 1 | 1505 | Conor James Keown | Lagan Valley AC | 4.65m |
| 2 | 1634 | Toby Jackson | East Down AC | 4.43m |
| 3 | 1521 | Rossa McAleenan | Newcastle AC | 4.40m |
| 4 | 53 | Peter Rice | Armagh Athletics Club | 4.37m |
| 5 | 46 | Jack Vernon | Armagh AC | 4.15m |
| 6 | 1558 | Adam Downey | North Down AC | 3.93 |
| 7 | 41 | James Delaney | Armagh AC | 3.82m |
| 8 | 778 | Eimhin Bourke | Lagan Valley AC | 3.47m |

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| **DISCUS SENIOR & MASTER MEN** |  |  |
| **Place** | **BIB** |  |  | DISTANCE |  |  |
| 1 | 1513 | Ronan Bloomer | Mid Ulster | 23.11m | 2kg | Sen |
| 2 | 1607 | Declan Leung | Unaffiliated | 14.45m | 2kg | M40 |
| 3 | 1576 | Lee Maginnis | PORTADOWN College | 21.25m | 2kg | M45 |
|  |  |  |  |  |  |  |
| 1 | 1633 | Daniel English-Brown | Enfield and Haringey | 34.15m | 1.75kg | U20 |
| 2 | 846 | Jason Craig | Lagan Valley AC | 20.97m | 1.75kg | U20 |
| 3 | 1650 | Conor Bell | Unattached | 18.41m | 1.75kg | U20 |
|  |  |  |  |  |  |  |
| 1 | 1619 | William Ellis | Wrexham AAC | 32.38m | 1.50kg | U17 |
| 2 | 833 | Harry Nelson | Lagan Valley AC | 21.84m | 1.50kg | U17 |
|  |  |  |  |  |  |  |
| 1 | 1601 | DonalMcCarthy | St Peter’s Lurgan | 31.25m | 1.50kg | M55 |
| 2 | 257 | Colin Clear | City of Lisburn AC | 28.57m | 1.50kg | M55 |
| 3 | 908 | Joe Frey | Lagan Valley AC | 24.12m | 1.50kg | M65 |

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| **DISCUS SENIOR & MASTER WOMEN** |  |  |
| **Place** | **BIB** |  |  | DISTANCE |  |  |
| 1 | 1000 | Lynsey Glover | Lagan Valley AC | 20.68m | 1kg | W35 |
| 2 | 1585 | Kathryn Glover | Saintfield striders | 18.52m | 1kg | W45 |
| 3 | 1527 | Angela Kerr | Newcastle AC | 11.33m | 1kg | W45 |
|  |  |  |  |  |  |  |
| 1 | 1588 | Emma Quinn | St Anne's AC | 19.46m | 1kg | U17 |
|  |  |  |  |  |  |  |
| 1 | 1586 | Ann |Maguire | St Anne's AC | 13.20m | 0.75kg | W75 |