

TotalRank	Numb	Name	Class	Club	Gun time
5K					
1.	221	MATTHEW NEILL	MO	OMAGH HARRIERS	00:15:44
2.	1179	EOIN MULLAN	MO	OMAGH HARRIERS	00:16:04
3.	1125	JACK MOORE	MO	CARMEN AC	00:16:12
4.	1127	MARTIN COX	MO	RUN FOR ENDA	00:16:21
5.	1134	VINCENT MCALISTER	MO	ACORNS AC	00:16:24
6.	224	OISIN MCGUIGAN	MU18	OMAGH HARRIERS	00:16:31
7.	1151	BRIAN TAGGART	MO40	SPERRIN HARRIERS	00:16:36
8.	3	ADRIAN SCULLION	MO	KNOCKMANY RUNNING CLUB	00:16:45
9.	1150	COLM MCGRATH	MO	KEEP ER LIT	00:17:07
10.	1145	MICKEY KELLY	MO40	ARMAGH AC	00:17:23
11.	1135	PETE NEILL	MO40	OMAGH HARRIERS	00:17:28
12.	1168	BRIAN YOUNG	MO	LAGAN VALLEY	00:17:34
13.	1133	MICHAEL KERR	MO40	CARMEN AC	00:17:39
14.	11	ANDY BATES	MO	KNOCKMANY RUNNING CLUB	00:17:41
15.	1149	PETE TUOHEY	MO		00:18:11
16.	78	MIKE CULLINAN	MO		00:18:28
17.	1122	PETER BYRNE	MO40	OMAGH HARRIERS	00:18:42
18.	1126	AISLING MURRAY	FO	CARMEN AC	00:18:43
19.	1139	SEAN DIAMOND	MU18	OMAGH HARRIERS	00:18:46
20.	113	RYAN BROGAN	MO		00:18:49
21.	1081	EIMEAR MCCARROLL	FO		00:18:54
22.	1141	DARRYL MEENAGH	MO40	CARMEN RUNNERS	00:18:59
23.	2	GRAINNE O'HAGAN	FO	KNOCKMANY RUNNING CLUB	00:19:03
24.	164	DAMIAN OHAGAN	MO	KNOCKMANY RUNNING CLUB	00:19:05
25.	1128	SHANE MCGLONE	MO	CARMEN RUNNERS	00:19:13
26.	135	PAUL ACHESON	MO40	NA FIANNA RUNNERS	00:19:20
27.	1129	BRIAN BRADLEY	MO50	SPERRIN HARRIERS	00:19:20
TotalRank	Numb	Name	Class	Club	Gun time
28.	1130	NIGEL GRIER	MO50	DROMORE AC	00:19:26
29.	225	CATHAL CONLIN	MO40		00:19:38
30.	1188	BRENDAN WOODS	MO40	GALBALLY RUNNERS	00:19:41
31.	88	STEVEN MCKENNA	MO	KNOCKMANY RUNNING CLUB	00:19:48
32.	131	GARETH SHORTT	MO		00:19:52
33.	175	ALAN MCKEOWN	MO40		00:19:52
34.	1163	AIDAN MCELROY	MO	KNOCKMANY RUNNING CLUB	00:19:53

35.	85	TOMMY GARTLAND	MO60	KNOCKMANY RUNNING CLUB	00:19:58
36.	218	GARETH LEWTHWAITE	MO	OMAGH HARRIERS	00:20:00
37.	102	JOHN MCSHARRY	MO	KNOCKMANY RUNNING CLUB	00:20:01
38.	1184	RORY BROGAN	MO		00:20:03
39.	1131	KEVIN TERRY	MO		00:20:05
40.	116	JASON FULLEN	MO		00:20:06
41.	1148	RONNIE GILLESPIE	MO40		00:20:12
42.	1080	CIARAN MCCARROLL	MU18		00:20:13
43.	130	MICHAEL STEENSON	MO50	KNOCKMANY RUNNING CLUB	00:20:15
44.	39	MATTHEW MCKENNA	MU12	KNOCKMANY RUNNING CLUB	00:20:28
45.	38	STEVIE MCKENNA	MO40	KNOCKMANY RUNNING CLUB	00:20:29
46.	228	MARK CORRIGAN	MO	KNOCKMANY RUNNING CLUB	00:20:29
47.	124	MARTIN MCGIRR	MO		00:20:30
48.	37	KIERAN SHARKEY	MO40	KNOCKMANY RUNNING CLUB	00:20:32
49.	151	DEAN MURRAY	MO40		00:20:40
50.	22	BRIAN MCILDUFF	MO40	KNOCKMANY RUNNING CLUB	00:20:49
51.	1143	DEIRDRE HAIGNEY	FO40	KNOCKMANY RUNNING CLUB	00:20:53
52.	43	ENDA LYNCH	MU12	KNOCKMANY RUNNING CLUB	00:20:53
53.	1196	JOKEY MCSORLEY	MO	MUCK HOGS	00:20:55
54.	1195	JOHN MCELROY	MO	GALBALLY RUNNERS	00:20:58
55.	101	EAMON CUSHNAHAN	MO		00:21:00
TotalRank	Numb	Name	Class	Club	Gun time
56.	1186	DENISE MCCANN	FO	GALBALLY RUNNERS	00:21:08
57.	24	BRIAN MCGLONE	MO40	KNOCKMANY RUNNING CLUB	00:21:09
58.	20	KEENAN ADAMS	MU12	KNOCKMANY RUNNING CLUB	00:21:16
59.	77	JOHN MCGRATH	MO50	KNOCKMANY RUNNING CLUB	00:21:18
60.	1142	MARK HAIGNEY	MO40		00:21:20
61.	1192	TERRI MCWILLIAMS	FO	SPERRIN HARRIERS	00:21:29
62.	58	CORA SCULLION	FU12		00:21:40
63.	63	FERGAL MCKENNA	MO	KNOCKMANY RUNNING CLUB	00:21:41
64.	133	BOBBY COLLINS	MO60		00:21:42
65.	5	CHRIS KERR	MO		00:21:50
66.	110	BRIEGE MCCAFFREY	FO	AUGHER	00:21:58
67.	1183	EOIN MCEVOY	MU12	ESKRA	00:21:59
68.	1210	DAMIAN KELLY	MO40	KNOCKMANY RUNNING CLUB	00:22:13
69.	112	MIHAILS ATRUSKERICS	MO		00:22:19

70.	1140	PEARSE MCGIRR	MO		00:22:21
71.	41	PLUNKETT DONNELLY	MO		00:22:21
72.	1213	EOIN SMYTH	MO40	KNOCKMANY RUNNING CLUB	00:22:31
73.	171	GARY MCNAMEE	MO		00:22:33
74.	107	DAMIEN MCKENNA	MO40	AUGHER	00:22:36
75.	1137	JOHN MCELROY	MO40	KNOCKS RUNNING CLUB	00:22:40
76.	1167	PAUL MCMAHON	MO		00:22:43
77.	28	MARTINA MCKENNA	FO	KNOCKMANY RUNNING CLUB	00:22:47
78.	1136	DERMOT MOXON	MO	CARMEN AC	00:22:50
79.	1138	NIALL DIAMOND	MO50	OMAGH HARRIERS	00:22:53
80.	42	CILLIAN LYNCH	MU12	KNOCKMANY RUNNING CLUB	00:23:02
81.	1171	SHANE SHERIDAN	MO40		00:23:04
82.	1169	PETER YOUNG	MO60	LAGAN VALLEY	00:23:05
83.	1208	SHANE GORMLEY	MO40		00:23:09

TotalRank	Numb	Name	Class	Club	Gun time
84.	91	BRENDA GORMLEY	FO40	KNOCKMANY RUNNING CLUB	00:23:09
85.	211	RUAIRI DONNELLY	MU12	KNOCKMANY RUNNING CLUB	00:23:12
86.	21	BRIAN NEILL	MO40	KNOCKMANY RUNNING CLUB	00:23:13
87.	168	MARY LOUISE MELLON	FO		00:23:13
88.	104	DANIEL COYLE	MO50	KNOCKMANY RUNNING CLUB	00:23:16
89.	49	RORY KINSELLA	MU18	KNOCKMANY RUNNING CLUB	00:23:21
90.	1214	STEPHEN BEATTIE	MO		00:23:29
91.	205	FERGAL WARD	MO40		00:23:35
92.	1154	SEAMUS COLTON	MO50	KNOCKMANY RUNNING CLUB	00:23:39
93.	14	CRIOSTOIR MACNIA	MO50	KNOCKMANY RUNNING CLUB	00:23:41
94.	140	EDEN DAVIS	FU12	KNOCKS RUNNING CLUB	00:23:46
95.	141	HELEN DAVIS	FO	KNOCKS RUNNING CLUB	00:23:46
96.	1178	PAUL MCALOON	MO	KNOCKMANY RUNNING CLUB	00:23:53
97.	57	JAMES SCULLION	MU12		00:23:59
98.	71	GARY MURPHY	MO40	KNOCKS RUNNING CLUB	00:24:02
99.	1187	CATHAL MURRAY	MO40		00:24:08
100.	183	DECLAN KAVANAGH	MO40		00:24:18
101.	118	PAUL GALLAGHER	MO50		00:24:22
102.	1170	CATHAL MCENHILL	MO50	KC RUNNERS	00:24:28
103.	61	KEVIN KEARNS	MO40	KC RUNNERS	00:24:28
104.	1164	SIOBHAN DEVINE	FO	KC RUNNERS	00:24:35

105.	136	JOHN MCGINN	MO50	RUN FOR ENDA	00:24:37
106.	15	LORRAINE MCKEOWN	FO40	KNOCKMANY RUNNING CLUB	00:24:38
107.	1123	DAVID O'BRIEN	MO50	SPERRIN HARRIERS	00:24:39
108.	84	DAVID GILL	MO40	KNOCKMANY RUNNING CLUB	00:24:57
109.	48	HUGH MCALEER	MO50	KNOCKMANY RUNNING CLUB	00:24:57
110.	115	COLM FERRIS	MO		00:25:06
111.	64	RYAN THOMPSON	MO40	KNOCKMANY RUNNING CLUB	00:25:24
TotalRank	Numb	Name	Class	Club	Gun time
112.	1181	KEITH FERGUSON	MO40		00:25:26
113.	100	LOUISE COYLE	FO	KNOCKMANY RUNNING CLUB	00:25:33
114.	139	DAMIAN LOUGHRAN	MO	GALBALLY RUNNERS	00:25:45
115.	1190	CARMEL MCELVOGUE	FO40	GALBALLY RUNNERS	00:25:49
116.	55	GREG MCMULLAN	MO50	KNOCKMANY RUNNING CLUB	00:25:51
117.	1051	DARINDA MCLAUGHLIN	FO	GALBALLY RUNNERS	00:25:52
118.	52	GERRY KINSELLA	MO50	KNOCKMANY RUNNING CLUB	00:25:56
119.	106	SHARON COCHRANE	FO40	THE FIT LADIES	00:25:57
120.	212	NIGEL MCCREADY	MO40		00:26:02
121.	62	FIONA POTTER	FO	KC RUNNERS	00:26:03
122.	44	DARA LYNCH	MU12	KNOCKMANY RUNNING CLUB	00:26:08
123.	123	MARIA MCCARTER	FO50	OMAGH HARRIERS	00:26:09
124.	23	MICHELLE MCGLONE	FO40	KNOCKMANY RUNNING CLUB	00:26:12
125.	1191	AINE MCCONNELL	FO	KNOCKMANY RUNNING CLUB	00:26:20
126.	229	CONOR KELLY	MO	KNOCKMANY RUNNING CLUB	00:26:22
127.	176	SHAUNA TAGGART	FO		00:26:23
128.	1160	BOBBY WILSON	MU18		00:26:31
129.	1084	FIONA MCCULLAGH	FO	CARMEN RUNNERS	00:26:31
130.	161	RICKY PANCOTT	MO		00:26:37
131.	56	MARTINA CRANNY	FO		00:26:38
132.	108	OONAGH MCCarroll	FO	ESKRA	00:26:44
133.	1083	CLAIRE MCNAMEE	FO40	KNOCKMANY RUNNING CLUB	00:26:49
134.	1177	RORY MCSORLEY	MO40		00:26:49
135.	1082	FINOLA CANAVAN	FO40		00:26:49
136.	213	AIDEEN MEENAGH	FO	GALBALLY RUNNERS	00:26:53
137.	222	PAULINE DONNELLY	FO60	KNOCKMANY RUNNING CLUB	00:26:57
138.	111	SHAUNA MCKENNA	FO	AUGHER	00:27:03
139.	1144	EILEEN MCCAFFREY	FO40		00:27:06

TotalRank	Numb	Name	Class	Club	Gun time
140.	13	MATTHEW BATES	MU12	KNOCKMANY RUNNING CLUB	00:27:07
141.	1173	PAULINE QUINN	FO	KNOCKMANY RUNNING CLUB	00:27:10
142.	185	JUSTIN MALLON	MO		00:27:11
143.	186	GEMMA MURRAY	FO		00:27:12
144.	1216	ASHTON BEATTIE	MU12	KNOCKMANY RUNNING CLUB	00:27:18
145.	165	PATRICK MOXON	MO40	KNOCKMANY RUNNING CLUB	00:27:31
146.	1175	EVELYN HEMPTON	FO		00:27:35
147.	1189	MARTINA DUGGAN	FO40	GALBALLY RUNNERS	00:27:36
148.	82	SARAH MCCARROLL	FU12	KNOCKMANY RUNNING CLUB	00:27:37
149.	230	DECLAN SHELTON	MO50		00:27:39
150.	1176	DAVID MILLAR	MO50		00:27:53
151.	158	TERESA MEEGAN	FO	KNOCKMANY RUNNING CLUB	00:27:53
152.	18	MAURA MONTAGUE	FO40	KNOCKMANY RUNNING CLUB	00:27:53
153.	208	ALISON DONNELL	FO40		00:27:54
154.	1203	FERGAL O'HAGAN	MO50		00:27:57
155.	34	BEN GILROY	MU12	KNOCKMANY RUNNING CLUB	00:27:58
156.	1161	JOSIE MCALONAN	FO50	KNOCKMANY RUNNING CLUB	00:27:59
157.	17	AIBHLIN NEESON	FO	KNOCKMANY RUNNING CLUB	00:28:02
158.	1156	CAROLINE LOWRY	FO40	KNOCKMANY RUNNING CLUB	00:28:05
159.	7	ROGER MCALEER	MO50		00:28:06
160.	53	ANNA DONNELLY	FU12	KNOCKMANY RUNNING CLUB	00:28:09
161.	1182	PAULINE MCGINN	FO50	RUN FOR ENDA	00:28:18
162.	1124	CATHY MCALEER	FO40	MUCK HOGS	00:28:21
163.	35	BERNEEN GILROY	FU12	KNOCKMANY RUNNING CLUB	00:28:33
164.	145	OONAGH MCNELIS	FO50	KNOCKMANY RUNNING CLUB	00:28:34
165.	32	PAUL MCCARROLL	MO50	KNOCKMANY RUNNING CLUB	00:28:34
166.	1215	ANNA ROSE BEATTIE	FU12	KNOCKMANY RUNNING CLUB	00:28:36
167.	1165	BRIAN MURPHY	MO40	KC RUNNERS	00:28:36
TotalRank	Numb	Name	Class	Club	Gun time
168.	120	SIOBHAN KILLORAN	FO40		00:28:38
169.	92	ANN MELLON	FO		00:28:39
170.	1147	MICHAEL FEE	MO		00:28:45
171.	103	URSULA MCWILLIAMS	FO	KNOCKMANY RUNNING CLUB	00:28:52
172.	163	ANGELA ARKINSON	FO50	KNOCKMANY RUNNING CLUB	00:28:52
173.	1153	AOIFE MCCAFFREY	FO		00:29:08

174.	1206	CAHIR MCCULLAGH	MO	GREENCASTLE	00:29:19
175.	1205	SHANNON MCGOWAN	FO	FINTONA	00:29:20
176.	160	JACK DANIELS	MO40		00:29:20
177.	60	SEANA MCQUADE	FO	KC RUNNERS	00:29:26
178.	1162	MARY STRUDLEY	FO	KC RUNNERS	00:29:26
179.	67	PAUL FOX	MO	KNOCKMANY RUNNING CLUB	00:29:31
180.	1174	RAY HEMPTON	MO40		00:29:37
181.	97	MADDIE SMITH	FU12		00:29:45
182.	73	CARA KERLIN	FU12		00:29:45
183.	1159	REBECCA WILSON	FO	CARMEN RUNNERS	00:30:06
184.	197	MARIE DONAGHEY	FO40		00:30:07
185.	66	KERRIE MCDERMOTT	FU12		00:30:17
186.	199	MICHELLE MCMACKIN	FO		00:30:18
187.	1202	CAROLINE HARKNESS	FO	KC RUNNERS	00:30:25
188.	1193	EMILY MCILDUFF	FO		00:30:25
189.	83	FRANCES KELLY	FO50		00:30:27
190.	210	SHIRLEY ROBERTS	FO40	KNOCKMANY RUNNING CLUB	00:30:27
191.	207	MATTIE MCKENNA	MU12		00:30:50
192.	206	PAULINE MCKENNA	FO		00:30:50
193.	6	SHARON MCALEER	FO50	KNOCKMANY RUNNING CLUB	00:31:05
194.	1146	ELAINE MCELROY	FO50	KNOCKMANY RUNNING CLUB	00:31:12
195.	1220	EIMEAR HAMILL	FO		00:31:15
TotalRank	Numb	Name	Class	Club	Gun time
196.	1152	SINEAD COLTON	FO40	ST MACS	00:31:25
197.	142	ALECIA WARRINGTON	FO50	WARRINGTON TOWN	00:31:36
198.	1155	GERALDINE MCCARREN	FO60	BIG RIG DROMORE	00:31:49
199.	204	EMER MIMNAGH	FO		00:31:53
200.	177	SORCHA MCKERNAN	FO	KNOCKMANY RUNNING CLUB	00:31:54
201.	1211	JOHN KERLIN	MO60		00:32:10
202.	95	ROISIN LOUGHRAN	FO		00:32:15
203.	227	MAEVE MCKENNA	FO		00:32:15
204.	98	LOCHLAN SMITH	MU12		00:32:23
205.	36	ROSIE BREEN	FO50	KNOCKMANY RUNNING CLUB	00:32:23
206.	1158	KYRA MCMULLIN	FO		00:32:35
207.	1157	NOAH MCMULLIN	MU12		00:32:36
208.	65	SHANE MCDERMOTT	MU18		00:32:48

209.	76	EWIN KERLIN	MU12		00:32:49
210.	74	PAULA KERLIN	FO40		00:33:29
211.	1222	TERESA MURRAY	FO50		00:33:35
212.	1204	AIDAN O'HANLON	MO		00:33:51
213.	192	CIARA MCMAUGH	FO		00:33:55
214.	33	CAROLINE MCCARROLL	FO50	KNOCKMANY RUNNING CLUB	00:34:02
215.	1209	PAULINE TURBITT	FO50	KNOCKMANY RUNNING CLUB	00:34:02
216.	166	ANN OHANLON	FO	KNOCKMANY RUNNING CLUB	00:34:02
217.	117	KELLY FULLEN	FO40		00:34:02
218.	232	CLAIRE LOUGHRAN	FO		00:34:31
219.	226	MATT DEVLIN	MO50		00:34:50
220.	223	BRIGID KEENAN	FO60	KILLYCLOGHER	00:35:19
221.	1194	EMMA O'HANLON	FO		00:35:52
222.	31	MICHAEL BARNETT	MO40	KNOCKMANY RUNNING CLUB	00:35:53
223.	79	COLLEEN GROVES	FO		00:35:56
TotalRank	Numb	Name	Class	Club	Gun time
224.	126	GRAINNE MOXON	FO	CARMEN RUNNERS	00:36:11
225.	99	EDEL SMITH	FO40		00:36:24
226.	128	LEONA MOXON	FO		00:36:34
227.	1219	CAROLINE EARLY	FO		00:36:48
228.	159	SINEAD CONNOLY	FO		00:37:37
229.	150	SABRINA CONWELL	FO		00:37:58
230.	125	CLAIRE MCMAHON	FO		00:38:08
231.	1200	DANIELLE HARKNESS	FU18	KC RUNNERS	00:38:08
232.	70	FINNIAN ARMSTRONG	MU12		00:39:45
233.	69	CATHAL ARMSTRONG	MO	KNOCKMANY RUNNING CLUB	00:39:45
234.	46	JOEY DONNELLY	MU12		00:40:47
235.	45	LOUISE DONNELLY	FO		00:40:48
236.	231	EITHNE HARPER	FO50		00:40:57
237.	170	BERNIE MCSORLEY	FO50		00:41:08
238.	127	MARGARET MOXON	FO60		00:41:34
239.	148	ALEX MCKINLEY	FO		00:41:43
240.	147	ADRIAN MCGAUGHEY	MO		00:41:44
241.	202	MYA SHEVLIN	FU12	KNOCKMANY RUNNING CLUB	00:42:30
242.	1212	LISA STEWART	FO		00:43:19
243.	1199	MICHELLE MCDAID	FO		00:43:22

244.	1218	TORI BEATTIE	FU12	KNOCKMANY RUNNING CLUB	00:43:27
245.	1207	PAT MCGOWAN	MO40	BRCC	00:43:35
246.	152	BRIAN KELLY	MO60		00:43:37
247.	1221	MOLLY KATE HAMILL	FU12		00:43:37
248.	9	LINDA MCCULLAGH	FO50	KNOCKMANY RUNNING CLUB	00:43:59
249.	134	MALACHI MCCULLAGH	MO50		00:43:59
250.	1217	MARISA BEATTIE	FO		00:44:45
251.	10	EMMA SHERIDAN BAXTER	FO		00:45:18
TotalRank	Numb	Name	Class	Club	Gun time
252.	25	LINDA HAYES	FO40		00:45:19
253.	1172	GERALDINE MCCASKIE	FO60		00:45:36
254.	1197	KEELIN DEVINE	FO		00:45:59
255.	1198	KERRY NEESON	FO40		00:45:59
256.	219	CHLOE CONWELL	FU12		00:46:00
257.	129	KELLIE SHERIDAN	FO		00:46:01
258.	114	JOANNE DONNELLY	FO		00:46:01
259.	1201	SARAH JAYNE HARKNESS	FU12	KC RUNNERS	00:48:46
260.	1166	CAITLIN MURPHY	FU12	KC RUNNERS	00:48:50
261.	1132	ENA MEEGAN	FO50	ESKRA	00:48:50
262.	153	MARIA KELLY	FO60	KNOCKMANY RUNNING CLUB	00:49:12
263.	1	MATTHEW MCCARROLL	MU12	KNOCKMANY RUNNING CLUB	00:49:32
264.	86	KATHLEEN GARTLAND	FO60	KNOCKMANY RUNNING CLUB	00:50:40
265.	184	ANN MCDONALD	FO60	ERRIGAL CIARAN	00:50:40
266.	1185	MARY MCNULTY	FO60		00:50:41
267.	156	KATHLEEN MCELROY	FO50		00:50:42
268.	154	COLM MURRAY	MO		00:50:42
269.	1119	MATT DEVLIN	MO50		00:52:04
270.	182	CAROLINE HAMILL	FO		00:55:05
271.	201	OLIVIA SHEVLIN	FO40	KNOCKMANY RUNNING CLUB	00:55:42
272.	233	ENDA MCKENNA	MO	KNOCKMANY RUNNING CLUB	00:55:42
273.	1180	AARON DEAZLEY	MU18		01:01:17
274.	220	KEEVA CONWELL	FU12		01:01:21
275.	149	KILLIAN CONWELL	MU12		01:01:21
276.	217	CHRISTINA KELLY	FO60		01:01:57