**Team Trophy**

**Provisional Timetables 2020**

**Saturday 25th April**

**Meadowbank Arena, Magherafelt**

11.30am               Registration

12.30pm               100m                               High Jump           Hammer

12.50pm               3000m

1.20pm                 400m                                     Shot

1.40pm                 200m Long Jump

2.00pm                 800m

2.20pm                4 x 100m Relay (NI & Ulster Championship)       Discus

2.30pm                 Triple Jump

**Saturday 23rd May**

**Antrim Forum Leisure Centre (Held in conjunction with NI Club League\*)**

9.00am Registration

9.45am 100mH

10.10am 110mH

10.15am Javelin

11.00am 200m

11.20am 1500m

12.11pm Triple Jump

12.30pm High Jump

1.05pm 100m

1.55pm Discus

2.35pm 400m Long Jump

2.45pm Steeplechase (Women)

3.00pm Steeplechase (Men)

**Sunday 16h August**

**Mary Peters Track, Belfast**

10.00am Registration

11.00am 10,000m (NI & Ulster Championship)

12.00pm 100mH Pole Vault Hammer

12.20pm 110mH

12.30pm 3000m Shot

1.00pm 400mH

1.15pm 1500m Javelin

1.30pm 800m

1.45pm 4 x 400m Relay (NI & Ulster Championship)

**Please note these timetables are provisional and subject to change depending on entries**

**\*Athletes competing in the NI Club League that are 16 years or over in the year of competition can also score for the Team Trophy in events that compete under the same specification. Where scoring athletes are competing in separate races, points will be allocated according to individual times.**