U18-U20 & Senior Championships Saturday 8th June 2019



TRACK EVENTS

Registration Closes	Time to Call Room	Leave Call Room	Event Time	Event	Туре
8.30am	9.10am	9.20am	9:30am	3000m U18BG/U19BG/U20G	
8:45am	9:25am	9:35am	9:45am	U14G 1500m	
8.55am	9.35am	9.45am	9.55am	U15G 1500m	
9:05am	9:45am	9:55am	10:05am	U14B/U15B 1500m	
9:15am	9:55am	10.05am	10:15am	U16G 1500m	
9.25am	10.05am	10.15am	10.25am	U17G 1500m	
9:35am	10.15am	10:25am	10:35am	U16B 1500m	
9.45am	10.25am	10.35am	10.45am	U17B 1500m	
9.55am	10.35am	10.45am	10:55am	All Womens 100m	HEATS
10.10am	10.45am	11.00am	11:10am	All Mens 100m	HEATS
10:35am	11:15am	11:25am	11.35am	All Womens 400m	HEATS
10:50am	11:30am	11:40am	11:50am	All Mens 400m	HEATS
11:15am	11:55am	12.05pm	12:15pm	U18G 2km Steeplechase	FINAL
11.25am	12.05pm	12.15pm	12.25pm	U18/19G & Sen Women 3km Steeplechase	FINAL
11:40am	12:20am	12:30pm	12:40pm	U19/20G 3km Walk	FINAL
12:00pm	12:30pm	12:45pm	1:00pm	U18B 400mH	FINAL
12:10pm	12:40pm	12:55pm	1:10pm	U19/20B & Sen Men 400mH	FINAL
12.20pm	12.55pm	1.05pm	1.20pm	U18G & Sen Women 400mH	FINAL
12:30pm	1:10pm	1:20pm	1:30pm	Womens 5,000m	FINAL
12.55pm	1.35pm	1.45pm	1:55pm	U20G & Sen Women 800m	FINAL
1.05pm	1.35pm	1.55pm	2.05pm	U18/19G 800m	FINAL
1.10pm	1.40pm	2.00pm	2.10pm	Senior Men 800m	FINAL
1.15pm	1.45pm	2.05pm	2:15pm	U18B 800m	FINAL
1.25pm	1.55pm	2.15pm	2:25pm	U19/20B 800m	FINAL
1.35pm	2.05pm	2.25pm	2:35pm	All Womens 100m	FINAL
1.45pm	2.15pm	2.35pm	2:45pm	All Mens 100m	FINAL
1.55pm	2.35pm	2.45pm	2.55pm	100m Wheelchair	FINAL
2.00pm	2.40pm	2.50pm	3.00pm	U18B & Sen Men 3km SC	FINAL
2:15pm	2:55pm	3.05pm	3:15pm	All Womens 100mH	FINAL
2:30pm	3.05pm	3:15pm	3:30pm	All Mens 110mH	FINAL
2.40pm	3.20pm	3.30pm	3.40pm	All Mens 5000m	FINAL
3.00pm	3.40pm	3.50pm	4.00pm	All Womens 200m	HEATS
3.15pm	3.55pm	4.05pm	4.15pm	All Mens 200m	HEATS
3.30pm	4.10pm	4.20pm	4:30pm	All Womens 400m	FINAL
3.35pm	4.15pm	4.25pm	4:35pm	All Mens 400m	FINAL
3.45pm	4.25pm	4.35pm	4.45pm	1500m Wheelchair	FINAL
3.50pm	4.30pm	4.40pm	4.50pm	U18-U20 & Sen Womens 1500m	FINAL
3.55pm	4.35pm	4.45pm	4:55pm	U18B 1500m	FINAL
4.00pm	4.40pm	4.50pm	5:00pm	U19/20B 1500m	FINAL
4.10pm	4.50pm	5.00pm	5:10pm	Mens 1500m	FINAL
4.20pm	5.00pm	5.10pm	5:20pm	All Womens 200m	FINAL
4.30pm	5.10pm	5.20pm	5:30pm	All Mens 200m	FINAL



FIELD EVENTS

Registration Closes	Event Time	Event
9:00am	10:00am	Womens Discus
9:00am	10:00am	Seated Shot & Mens Shot Putt
9:00am	10:00am	Womens Long Jump
10:00am	11:00am	Seated Discus & Mens Discus
10:15am	11:15am	Womens Shot Putt
10:30am	11:30am	Mens Triple Jump
11:30am	12:30pm	Womens Hammer
11:30am	12:30pm	Mens Long Jump
12.00pm	1.00pm	Womens Pole Vault
12:30pm	1:30pm	Mens High Jump
12:30pm	1:30pm	Womens Javelin
1:00pm	2:00pm	Womens Triple Jump
1:30pm	2:30pm	Mens Hammer
2.00pm	3.00pm	Mens Pole Vault
2:30pm	3:30pm	Mens Javelin
2.30pm	3.30pm	Womens High Jump

Please note:

- There is no call room for field events. Athletes should report directly to their event
- Depending on numbers competing on the day there may be time trials for the 1500m and 5000m races
- Where applicable U18, 19 & 20 Competition will be combined with Senior Competition. Age group athletes competing under the same conditions as senior athletes are eligible to win both age group and senior championship medals
- In field events where age groups are competing under similar specifications as seniors, the event will be considered as a single event and only top 8 will get a final 3 trials. Where different weight of implements are being used they will be considered as separate events and top 8 in that age group will get 6 trials

This timetable is subject to change at the discretion of the officials. Please listen carefully to any announcements regarding timetable changes