

Athletics Northern Ireland

Cross Country & Road Running Fixtures 2025 – PROVISIONAL

Note to Road Race organisers – Due to the ever-increasing amount of road applications, dates may be held provisionally however full details will only be included upon receipt of completed permit application and fee.

Cross Country ■ Ultra Running ■ Mountain Races ■ Postponed ■

Updated 23.05.2025

www.athleticsni.org

March 2025					
Sun 30th	Clogher Valley 5k Road race	Clogher Valley Community Centre	10am	amckenna502@gmail.com	
April 2025					
Wed 2nd	Queens 5k	Annadale Embankment	6.50pm	T.Reid@qub.ac.uk	
Sat 5th	The Florida Endurance Challenge	Florida Manor, Killinchy, Co. Down	8am / 2pm / 5pm	www.gaithouseevents.com info@gaithouseevents.com	
Sun 6th	35th SPAR Omagh Half Marathon & 5k	Omagh Leisure Complex	8:30am	Martin McLaughlin 07786164431 omaghhalfmarathon@gmail.com	
Sun 6th	Monkstown Spartans Belfast Zoo 5K 2025	Belfast Zoo	9am	spartanszoo5k@gmail.com	
Tue 8th	Ballymena Bellies Ladies 5 Mile Race	Galgorm Community Centre	7pm	www.ballymenarunners.org	
Thurs 10th	Castlewellan H&D Race 1	Castlewellan Forest Park	7:30pm	ir.taylor@ntlworld.com	
Sat 12th	Larne AC 10 Mile	Larne Leisure Centre	10am	Dnoble@cat.com	
Thurs 17th	Castlewellan H&D Race 2	Tollymore Forest Park	7:30pm	ir.taylor@ntlworld.com	
Fri 18th	Belfast to Dublin	Europa Hotel	12pm	adrian.daye@sky.com	
Sat 19th	Beragh 5 Mile & 5k Road Races	St Marys Park, Beragh	11am	donnelyadrian50@gmail.com	
Mon 21st	Whitehead Easter Road Race	Whitehead	12pm	wca@whitehead-ni.com	
Thurs 24th	Slieve Martin H&D Race 3	Rostrevor Forest Park	7:30pm	ir.taylor@ntlworld.com	
Wed 23rd	Bay Road 5k	Da Vinci's Hotel	7:30pm	emmettmc16@hotmail.com	
Wed 30th	Purple Ladies 5k	Joey Dunlop Leisure Centre	7:30pm	springwellrunningclub@gmail.com	
May 2025					
Thurs 1st	Binnian H&D Race 4	Rostrevor Forest Park	7:30pm	ir.taylor@ntlworld.com	
Sun 4th	2025 Moy Park Belfast City Marathon, Team Relay & 8-Mile Walk	Stormont Estate	9am	info@belfastcitymarathon.org	
Fri 9th	Run the Runways	Ards Airport	6:30pm	Newtownardshm@gmail.com	

Sat 10 th	Gortin 5 Mile and 5k	Main Street, Gortin	11am	donnabeen1@hotmail.com	
Thurs 15 th	Cock and Hen H&D Race 5	Hen Car Park	19:30pm	deonmcneilly@outlook.com	
Fri 16 th	Maguiresbridge 5 miler	Maguiresbridge	7pm	greenhatbryony@gmail.com	
Sat 17 th	Seskinore Forest 5k	Seskinore Forest	11am	seskinorercg@gmail.com	
Sat 17 th	THE COAST HALF MARATHON & 10K	Killough Village Green, Killough, Co. Down	HM – 10am 10k – 11am	info@born2runevents.com	
Sun 18 th	Strabane Lifford Half Marathon	Melvin Sports Complex	9:30am	Ashleigh.Devine@derrystrabane.com	
Thurs 22 nd	Millstone H&D Race 7	Carn Car Park	7:30pm	ir.taylor@ntlworld.com	
Sat 24 th	May Fair Races 5k and 10k	Ballyclare Rugby Club	10am	mayfairrace@gmail.com www.countyantrimharriers.co.uk	
Sat 24 th	UKA British Fell Running Championship	Happy Valley	11am	ir.taylor@ntlworld.com	
Sat 24 th Sun 25 th	Granite Peaks Festival of Mountain Running Weekend.	Tollymore National Outdoor Centre	11am	ir.taylor@ntlworld.com	
Sun 25 th	Pat Dunbar Memorial – Leitrim Lodge Race	Leitrim Lodge	11am	ir.taylor@ntlworld.com	
Sun 25 th	Newell 5k and 10k	Newell Stores Coalisland	10:30am		
Sun 25 th	Marconi 5	Tennis Courts, Ballycastle	10am	championchipireland@googlemail.com	
Sat 31 st	Pats 5K 2K kids family run	Pomeroy Forest	11am	olimurphy25@hotmail.com	
Sat 31 st	Almac 5k and 10k	Craigavon Lakes	11am	championchipireland@googlemail.com	
Sat 31 st	Slieve Donard Mountain Race	Slieve Donard	2pm	deonmcneilly@outlook.com	

June 2025

Thur 5 th	Fairhill 5 Mile	Fairhill Shopping Centre	7pm	www.ballymenarunners.org	
Thur 5 th	Out the Line 5 Mile Classic	Foyle Road, Derry	7pm	www.foylevalleyac.com	
Thur 5 th	Loughshannagh H&D Race 8	Carn Car Park	7:30pm	deonmcneilly@outlook.com	
Fri 6 th	CS Lewis 5 Mile Challenge	CS Lewis Square, Belfast	7pm	hello@vpcac.com	
Fri 6 th	Paul Murray 5k Grand Prix Series	Eskra Community Centre	7.30pm	knockmnayrunningclub@hotmail.com	

Sat 7 th	Killyclogher 10k	Killyclogher GAA Club	11am	secretary.killyclogher.tyrone@gaa.ie	
Sat 7 th	Cairncastle Classic Fell Race	Cairncastle Primary School,,Ballygally	11am	www.eastcoastathleticclub.co.uk	
Wed 11 th	Stunnerz in Runnerz 2025	Loughry College Cookstown	7:30pm	timothy-johnston91@hotmail.com	
Fri 13 th	Co Down 5k	Downpatrick	6:30pm	andrewtel84@gmail.com	
Fri 13 th	Coleraine Grammer 5K	Coleraine Grammer	7pm	Clivejardine@me.com	
Fri 13 th	Paul Murray 5k Grand Prix Series	Eskra Community Centre	7.30om	knockmnayrunningclub@hotmail.com	
Sat 14 th	Meels H&D Race 9	Meelmore Lodge	7:30pm	deonmcneilly@outlook.com	
Wed 18 th	Vitality Lisburn Half Marathon,10k and Fun Run	Lisburn LeisurePlex	6:45pm	Lyndsay.McVeigh@lisburncouncil.gov.uk	
Fri 20 th	Comber 10k	Castle Lane, Comber	7:30pm	ballydrain.secretary@outlook.com	
Fri 20 th	Paul Murray 5K Grand Prix Series	Eskra Community Centre	7.30pm	knockmnayrunningclub@hotmail.com	
Fri 20 th	Drinnahilly H&D Race 10	Donard Forest	7:30pm	deonmcneilly@outlook.com	
Sun 22 nd	2025 Moy Park Belfast City Women's 10k	Titanic Quarter	10am	info@belfastcitymarathon.org	
Sun 22 nd	Jog for Joe 5k Run & Walk	Fountain Street Strabane	10am	aodhanharkin@btinternet.com	
Fri 27 th	Carnlough Quarry Challenge	Glenlough Running Club	7pm	www.glenloughrunningclub.com	
Fri 27 th	Ards Half Marathon	Ards Blair Mayne Wellbeing and Leisure Complex	6pm	newtownardshm@gmail.com	
Fri 27 th	Paul Murray Grand Prix Series	Eskra Community Centre	7.30PM	knockmnayrunningclub@hotmail.com	
July 2025					
Sun 6 th	The Great Rossa Run	Ardboe Hall	10am	shaneboe@hotmail.com	
Sat 12 th	The Greyabbey Endurance Challenge	Grey Abbey Estate, Greyabbey, Co Down	8am/2pm/5pm	www.gaithouseevents.com info@gaithouseevents.com	
Sun 13 th	Kilclief Ben Dearg Coastal Run	Kilclief Ben Dearg GAA	10am	eimeardegan97@hotmail.co.uk	
Fri 18 th	MOTHER NATURE SEA 2 SKY 10K & 5K.	Newcastle Leisure Centre	6.30pm Walk, 7.30pm 10K and 5K Race	info@born2runevents.com	
Tues 22 nd	Portaferry 10 mile and 5mile relay	Portaferry Leisure centre	7.30pm	mags.mathieson@yahoo.co.uk	
Wed 23 rd	Donaghadee 5k	The Harbour Donaghadee	7:30pm	runninginthedee@gmail.com	

Fri 25 th	Giants Trail Race	QUB Sports Pavilion	7pm	bwki01@gmail.com	
Sun 27 th	Hillsborough Castle Gardens Running Festival	Hillsborough Castle	9.00am	www.runthrough.co.uk	
Wed 30 th	Ardglass 10k and 5k	St Nicholas primary school	7pm	adrian.daye@sky.com	

August 2025

Fri 1 st	Stanley Reid Memorial 5 Mile Classic	Loughry College Cookstown	7:30pm	timothy-johnston91@hotmail.com	
Fri 1 st	The Roadrunner 3k, 5k and 10k.	Eikon Lisburn	3k 6pm 5k 645pm 10k 730 pm	roadrunnersac@yahoo.com	
Sat 2 nd	Run The Trails	Mount Stewart	6pm	https://www.scrabostriders.com/open-races	
Sun 3 rd	Feile 5k & 10k	Malone Intergrated College	9.00am	www.feilebelfast.com	
Fri 8 th	Mallusk 5 Mile Road Race	Academy Club Mallusk	7.30pm	www.malluskharriers@outlook.com	
Sat 9 th	Dambusters 10M, 10K and 10K	Silent Valley Mountain Park, Head Road, Annalong, Co. Down	10:30am	info@born2runevents.com	
Sat 16 th	Dromore 5k/10k Run Co.Tyrone	Main street Dromore, Co Tyrone	10:30am	claireedgar101@gmail.com	
Sun 17 th	Storming the Castle 10k	Carrickfergus Amphitheatre	1:30pm	stormcastle800@gmail.com www.seaparkac.com	
Sun 17 th	Loughside Run to Remember	Warrenpoint Pier		Taraann01@yahoo.com	
Mon 18 th	Broughshane 5 Miler	Broughshane Community Centre	7pm	https://www.ballymenarunners.org/	
Fri 22 nd	Portrush 5 Mile	West Strand, Portrush	7:30pm	portrush5@gmail.com	
Sat 23 rd	NI and Ulster Road Relay Championships – Belfast Victoria Park Relays	Victoria Park, Belfast	11am	https://www.vpcac.com/hello@vpcac.com	
Sun 24 th	Antrim Coast Half Marathon	Coast Road Larne	11am	www.antrimcoasthalfmarathon.com	

September 2025

Fri 5 th	Ards 5 Mile	Londonderry Park, Newtownards	7pm	https://www.scrabostriders.com/open-races	
Sun 7 th	Laganside 10k and Childrens One Mile 2025	Ormeau Park	2pm	laganside10K@gmail.com	
Sun 7 th	Carmen Runners 5 Mile Road Race	Milestone Centre, Carrickmore	10am	Carmen.runner@outlook.com	

Sun 7 th	Waterside Half Marathon	Ebrington Square, Derry City	9:30am	www.derrystrabane.com/whm	
Sun 14 th	Coastal Runners Clondeboy 10K	Clondeboy Estate Courtyard	2:30pm	stevensonlighting@hotmail.com	
Sun 14 th	Rock the Lough and Lakes	South Lake Leisure Centre Craigavon	9:00am	Home - St Peters Athletic Club	
Sun 14 th	Abi's Butterfly Breeze Portaferry 10K/5K	Portaferry GAC	1.00pm	crogmore@aol.com	
Sun 22 nd	2025 Moy Park Belfast City Half Marathon	Ormeau Park	9am	info@belfastcitymarathon.org	
Sun 21 st	TJ McElmeel Cross Country Day	The Palace Demesne, Friary Rd. Armagh	12:30pm	https://armaghac.com/#/ mmktyross@yahoo.co.uk	
Sat 27 th	NI and Ulster 10k Road Race Championships – Seaton Classic (Bangor) 10k	Castle Park, Bangor	10am	https://northdownac.co.uk/seatonclassic10k	
Sat 27 th	Annaghmore Running Festival	Annaghmore Community Hall	10am	konrad79@hotmail.com	
October 2025					
Sat 4 th	NIMAA XC trials and championships	Queens Playing Fields	11:30am	annemaquire28@gmail.com	
Sun 5 th	Groomsport 10k	Groomsport Car Park & Garden	1pm	wprace@gmail.com	
Sat 11 th	Dundrum Gr8 Race	Main Street, Dundrum	12 noon	annemccormick92@yahoo.co.uk	
Sun 19 th	Saintfield 5k and 10k	Comber Street, Saintfield	TBC	saintfieldstriders@outlook.com	
November 2025					
Sat 15 th	The Montalto Night Endurance Challenge & 5/10K Trail Race	Montalto Estate, Ballynahinch	6pm / 8pm	www.gaithouseevents.com info@gaithouseevents.com	
Sun 16 th	2025 Moy Park Belfast City 5k Fun Run	Belfast City Centre	9am	info@belfastcitymarathon.org	
Sat 22 nd	Springwell Cross Country	Owenbeg, Derry GAA	TBC	lougherycolin@gmail.com	