

Athletics Northern Ireland Cross Country & Road Running Fixtures 2025 – PROVISIONAL

Note to Road Race organisers – Due to the ever-increasing amount of road applications, dates may be held provisionally however full details will only be included upon receipt of completed permit application and fee.

Cross Country ■ Ultra Running ■ Mountain Races ■ Postponed ■

Updated 31st March 2025

www.athleticsni.org

| March 2025 | | | | | |
|-------------------------|--|---------------------------------------|--------------------|--|--|
| Sun 30th | Clogher Valley 5k Road race | Clogher Valley Community Centre | 10am | amckenna502@gmail.com | |
| April 2025 | | | | | |
| Wed 2 nd | Queens 5k | Annadale Embankment | 6.50pm | T.Reid@qub.ac.uk | |
| Sat 5 th | The Florida Endurance Challenge | Florida Manor, Killinchy, Co. Down | 8am / 2pm / 5pm | www.gaithouseevents.com info@gaithouseevents.com | |
| Sun 6 th | 35 th SPAR Omagh Half Marathon & 5k | Omagh Leisure Complex | 8:30am | Martin McLaughlin 07786164431 omaghhalfmarathon@gmail.com | |
| Sun 6 th | Monkstown Spartans Belfast Zoo 5K 2025 | Belfast Zoo | 9am | spartanszoo5k@gmail.com | |
| Tue 8th | Ballymena Bellies Ladies 5 Mile Race | Galgorm Community Centre | 7pm | www.ballymenarunners.org | |
| Thurs 10th | Castlewellan H&D Race 1 | Castlewellan Forest Park | 7:30pm | ir.taylor@ntlworld.com | |
| Sat 12 th | Larne AC 10 Mile | Larne Leisure Centre | 10am | Dnoble@cat.com | |
| Thurs 17th | Castlewellan H&D Race 2 | Tollymore Forest Park | 7:30pm | ir.taylor@ntlworld.com | |
| Fri 18th | Belfast to Dublin | Europa Hotel | 12pm | adrian.daye@sky.com | |
| Sat 19th | Beragh 5 Mile & 5k Road Races | St Marys Park, Beragh | 11am | donnelyadrian50@gmail.com | |
| Mon 21 st | Whitehead Easter Road Race | Whitehead | 12pm | wca@whitehead-ni.com | |
| Thurs 24th | Slieve Martin H&D Race 3 | Rostrevor Forest Park | 7:30pm | ir.taylor@ntlworld.com | |
| Wed 23 rd | Bay Road 5k | Da Vinci's Hotel | 7:30pm | emmettmc16@hotmail.com | |
| Wed 30th | Purple Ladies 5k | Joey Dunlop Leisure Centre | 7:30pm | springwellrunningclub@gmail.com | |
| May 2025 | | | | | |
| Thurs 1st | Binnian H&D Race 4 | Rostrevor Forest Park | 7:30pm | ir.taylor@ntlworld.com | |
| Sun 4th | 2025 Moy Park Belfast City Marathon, Team Relay & 8-Mile Walk | Stormont Estate | 9am | info@belfastcitymarathon.org | |
| Fri 9th | Run the Runways | Ards Airport | 6:30pm | Newtownardshm@gmail.com | |

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| Sat 10th | Gortin 5 Mile and 5k | Main Street, Gortin | 11am | donnabeen1@hotmail.com | |
| Thurs 15th | Cock and Hen H&D Race 5 | Hen Car Park | 19:30pm | deonmcneilly@outlook.com | |
| Sat 17th | Seskinore Forest 5k | Seskinore Forest | 11am | seskinorecrg@gmail.com | |
| Sat 17th | THE COAST HALF MARATHON & 10K | Killough Village Green, Killough, Co. Down | HM – 10am 10k – 11am | info@born2runevents.com | |
| Sun 18th | Strabane Lifford Half Marathon | Melvin Sports Complex | 9:30am | Ashleigh.Devine@derrystrabane.com | |
| Thurs 22nd | Millstone H&D Race 7 | Carn Car Park | 7:30pm | ir.taylor@ntlworld.com | |
| Sat 24th | May Fair Races 5k and 10k | Ballyclare Rugby Club | 10am | mayfairrace@gmail.com www.countyantrimharriers.co.uk | |
| Sat 24th | UKA British Fell Running Championship | Happy Valley | 11am | ir.taylor@ntlworld.com | |
| Sat 24th Sun 25th | Granite Peaks Festival of Mountain Running Weekend. | Tollymore National Outdoor Centre | 11am | ir.taylor@ntlworld.com | |
| Sun 25th | Pat Dunbar Memorial – Leitrim Lodge Race | Leitrim Lodge | 11am | ir.taylor@ntlworld.com | |
| Sun 25th | Newell 5k and 10k | Newell Stores Coalisland | 10:30am | | |
| Sun 25th | Marconi 5 | Tennis Courts, Ballycastle | 10am | championchpireland@googlemail.com | |
| Sat 31st | Almac 5k and 10k | Craigavon Lakes | 11am | championchpireland@googlemail.com | |
| Sat 31st | Slieve Donard Mountain Race | Slieve Donard | 2pm | deonmcneilly@outlook.com | |

June 2025

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| Thur 5th | Fairhill 5 Mile | Fairhill Shopping Centre | 7pm | www.ballymenarunners.org | |
| Thur 5th | Loughshannagh H&D Race 8 | Carn Car Park | 7:30pm | deonmcneilly@outlook.com | |
| Fri 6th | CS Lewis 5 Mile Challenge | CS Lewis Square, Belfast | 7pm | hello@vpcac.com | |
| Sat 7th | Killyclogher 10k | Killyclogher GAA Club | 11am | secretary.killyclogher.tyrone@gaa.ie | |
| Wed 11th | Stunnerz in Runnerz 2025 | Loughry College Cookstown | 7:30pm | timothy-johnston91@hotmail.com | |
| Fri 13th | Co Down 5k | Downpatrick | 6:30pm | andrewtel84@gmail.com | |
| Fri 13th | Coleraine Grammer 5K | Coleraine Grammer | 7pm | Clivejardine@me.com | |
| Sat 14th | Meels H&D Race 9 | Meelmore Lodge | 7:30pm | deonmcneilly@outlook.com | |

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| Wed 18 th | Vitality Lisburn Half Marathon, 10k and Fun Run | Lisburn LeisurePlex | 6:45pm | Lyndsay.McVeigh@lisburncouncil.gov.uk |
| Fri 20 th | Comber 10k | Castle Lane, Comber | 7:30pm | ballydrain.secretary@outlook.com |
| Fri 20 th | Drinahilly H&D Race 10 | Donard Forest | 7:30pm | deonmcneilly@outlook.com |
| Sun 22 nd | 2025 Moy Park Belfast City Women's 10k | Titanic Quarter | 10am | info@belfastcitymarathon.org |
| Fri 27 th | Carnlough Quarry Challenge | Glenlough Running Club | 7pm | www.glenloughrunningclub.com |
| Fri 27 th | Ards Half Marathon | Ards Blair Mayne Wellbeing and Leisure Complex | 6pm | newtownardshm@gmail.com |
| July 2025 | | | | |
| Sun 6 th | The Great Rossa Run | Ardboe Hall | 10am | shaneboe@hotmail.com |
| Sat 12 th | The Greyabbey Endurance Challenge | Grey Abbey Estate, Greyabbey, Co Down | 8am/2pm/5pm | www.gaithouseevents.com info@gaithouseevents.com |
| Sun 13 th | Kilclief Ben Dearg Coastal Run | Kilclief Ben Dearg GAA | 10am | eimeardegan97@hotmail.co.uk |
| Fri 18 th | MOTHER NATURE SEA 2 SKY 10K & 5K. | Newcastle Leisure Centre | 6.30pm Walk, 7.30pm 10K and 5K Race | info@born2runevents.com |
| Wed 23 rd | Donaghadee 5k | The Harbour Donaghadee | 7:30pm | runninginthedee@gmail.com |
| Fri 25 th | Giants Trail Race | QUB Sports Pavilion | 7pm | bwki01@gmail.com |
| August 2025 | | | | |
| Fri 1 st | Stanley Reid Memorial 5 Mile Classic | Loughry College Cookstown | 7:30pm | timothy-johnston91@hotmail.com |
| Fri 1 st | The Roadrunner 3k, 5k and 10k. | Eikon Lisburn | 3k 6pm 5k 6:45pm 10k 7:30 pm | roadrunnersac@yahoo.com |
| Sat 9 th | Dambusters 10M, 10K and 10K | Silent Valley Mountain Park, Head Road, Annalong, Co. Down | 10:30am | info@born2runevents.com |
| Sat 16 th | Dromore 5k/10k Run Co.Tyrone | Main street Dromore, Co Tyrone | 10:30am | clairedgar101@gmail.com |
| Sun 17 th | Storming the Castle 10k | Carrickfergus Amphitheatre | 1:30pm | stormcastle800@gmail.com www.seaparkac.com |
| Fri 22 nd | Portrush 5 Mile | West Strand, Portrush | 7:30pm | portrush5@gmail.com |

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| Sat 23rd | NI and Ulster Road Relay Championships – Belfast Victoria Park Relays | Victoria Park, Belfast | 11am | https://www.vpcac.com/hello@vpcac.com | |
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September 2025

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| Sun 7 th | Laganside 10k and Childrens One Mile 2025 | Ormeau Park | 2pm | laganside10K@gmail.com | |
| Sun 7 th | Carmen Runners 5 Mile Road Race | Milestone Centre, Carrickmore | 10am | Carmen.runner@outlook.com | |
| Sun 14 th | Coastal Runners Clondeboye 10K | Clondeboye Estate Courtyard | 2:30pm | stevensonlighting@hotmail.com | |
| Sun 22 nd | 2025 Moy Park Belfast City Half Marathon | Ormeau Park | 9am | info@belfastcitymarathon.org | |
| Sun 21 st | TJ McElmeel Cross Country Day | The Palace Demesne, Friary Rd. Armagh | 12:30pm | https://armaghac.com/#/ mmktyross@yahoo.co.uk | |
| Sat 27 th | NI and Ulster 10k Road Race Championships – Seaton Classic (Bangor) 10k | Bangor Sportsplex, Old Belfast Road, Bangor | 10am | northdownac.co.uk events@northdownac.co.uk | |
| Sat 27 th | Annaghmore Running Festival | Annaghmore Community Hall | 10am | konrad79@hotmail.com | |

October 2025

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| Sat 4 th | NIMAA XC trials and championships | Queens Playing Fields | 11:30am | annemaquire28@gmail.com | |
| Sun 5 th | Groomsport 10k | Groomsport Car Park & Garden | 1pm | wprace@gmail.com | |
| Sat 11 th | Dundrum Gr8 Race | Main Street, Dundrum | 12 noon | annemccormick92@yahoo.co.uk | |
| Sun 19 th | Saintfield 5k and 10k | Comber Street, Saintfield | TBC | saintfieldstriders@outlook.com | |

November 2025

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| Sat 15 th | The Montalto Night Endurance Challenge & 5/10K Trail Race | Montalto Estate, Ballynahinch | 6pm / 8pm | www.gaithouseevents.com info@gaithouseevents.com | |
| Sun 16 th | 2025 Moy Park Belfast City 5k Fun Run | Belfast City Centre | 9am | info@belfastcitymarathon.org | |
| Sat 22 nd | Springwell Cross Country | Owenbeg, Derry GAA | TBC | lougherycolin@gmail.com | |