

## Athletics Northern Ireland Cross Country & Road Running Fixtures 2025 – PROVISIONAL

Note to Road Race organisers – Due to the ever-increasing amount of road applications, dates may be held provisionally however full details will only be included upon receipt of completed permit application and fee.

Cross Country ■ Ultra Running ■ Mountain Races ■ Postponed ■

Updated 8<sup>th</sup> January 2025

[www.athleticsni.org](http://www.athleticsni.org)

### January 2025

Wed 1 <sup>st</sup>	Race over the Glens	Glenariff Forest Park	12pm	Matthew Allen <a href="mailto:mat.allen175@outlook.com">mat.allen175@outlook.com</a>
Sat 11 <sup>th</sup>	Sperrin Harriers Winter League Drum Manor	Drum Manor Forest Park	12pm	Sperrin Harriers <a href="mailto:timothy-johnston91@hotmail.com">timothy-johnston91@hotmail.com</a>
Sun 12 <sup>th</sup>	Mathieson Cup (Mallusk Harriers)	Mallusk	10am	<a href="mailto:malluskharriers@outlook.com">malluskharriers@outlook.com</a>
Sat 18 <sup>th</sup>	NI & Ulster Intermediate & Masters XC	Finn Valley	12:45pm	<a href="mailto:Info@athleticsni.org">Info@athleticsni.org</a>
Sun 19 <sup>th</sup>	McGrady financial junior cross country series	Delamont Country Park	12pm	<a href="mailto:racedirector@eastdownac.co.uk">racedirector@eastdownac.co.uk</a>
Sat 25 <sup>th</sup>	ACTI-SNACK Run Forest Run, Antrim Castle Gardens 5k&10k	Antrim Castle Gardens	11am	Born2Run Events <a href="mailto:info@born2runevents.org">info@born2runevents.org</a>
Sat 25 <sup>th</sup>	Irwin Speirs Memorial XC	Mid Ulster Sports Arena, Cookstown	10:30pm	<a href="mailto:olimurphy25@hotmail.com">olimurphy25@hotmail.com</a>

### February 2025

Sat 1 <sup>st</sup>	Omagh CBS 5K and 10K	Omagh CBS	11am	<a href="mailto:championchpireland@googlemail.com">championchpireland@googlemail.com</a>
Sun 2 <sup>nd</sup>	<b>Malcolm Cup XC</b>	<b>Ormeau Park</b>	11am	<a href="http://www.annadalestriders.co.uk">www.annadalestriders.co.uk</a> <a href="mailto:annadalestriders1973@gmail.com">annadalestriders1973@gmail.com</a>
Sat 8 <sup>th</sup>	<b>Stormont XC (NI Civil Service)</b>	<b>Stormont</b>	11am	<a href="mailto:Events@nics-ac.com">Events@nics-ac.com</a>
Thurs 13 <sup>th</sup>	Armagh International Road Races	<b>Crozier Hall</b>	6:30pm	James Vallely <a href="mailto:racedirector@armaghinternationalroadraces.com">racedirector@armaghinternationalroadraces.com</a>
Sat 15 <sup>th</sup>	ACTI -SNACK Run Forest Run, Castlewellan 5k and 10k	<b>Castlewellan Park</b>	11am	Born2Run Events <a href="mailto:info@born2runevents.com">info@born2runevents.com</a>
Sun 22 <sup>nd</sup>	<b>NI &amp; Ulster Seniors XC Championship</b>	<b>Lurgan Park</b>	<b>TBC</b>	<b>Info@athleticsni.org</b>
Sun 22 <sup>nd</sup>	Sperrin Harriers Winter League Parkanaur Forest Park 5K	Parkanaur Forest Park	12pm	Sperrin Harriers <a href="mailto:timothy-johnston91@hotmail.com">timothy-johnston91@hotmail.com</a>
Sun 22 <sup>nd</sup>	Mountfield 5mile 5km and 750metre primary school run	Mountfield Community Centre	10:30am	

**March 2025**

Sun 9 <sup>th</sup>	Bentley Group Walled City 10 Mile	St Columbs park Running Track	10:30am	<a href="mailto:n8oels@yahoo.com">n8oels@yahoo.com</a>	
Sat 15 <sup>th</sup>	Washingbay Green Run	Washingbay	10:30am	<a href="mailto:sean.cullen1@icloud.com">sean.cullen1@icloud.com</a>	
16 <sup>th</sup>	Jimmy's 10k (25 <sup>th</sup> Anniversary)	Ballydugan Industrial Estate, Downpatrick	10:30am	<a href="mailto:racedirector@eastdownnac.co.uk">racedirector@eastdownnac.co.uk</a>	
Sun 23 <sup>rd</sup>	Portadown Running Festival	Portadown RFC	9am	Janine Maher 07888722663 <a href="mailto:janinebmaher@hotmail.com">janinebmaher@hotmail.com</a>	

**April 2025**

Wed 2 <sup>nd</sup>	Queens 5k	Annadale Embankment	TBC	<a href="mailto:T.Reid@qub.ac.uk">T.Reid@qub.ac.uk</a>	
Sat 5 <sup>th</sup>	The Florida Endurance Challenge	Florida Manor, Killinichy, Co. Down	8am / 2pm / 5pm	<a href="http://www.gaithouseevents.com">www.gaithouseevents.com</a> <a href="mailto:info@gaithouseevents.com">info@gaithouseevents.com</a>	
Sun 6 <sup>th</sup>	35 <sup>th</sup> SPAR Omagh Half Marathon & 5k	Omagh Leisure Complex	8:30am	Martin McLaughlin 07786164431 <a href="mailto:omaghhalfmarathon@gmail.com">omaghhalfmarathon@gmail.com</a>	
Sun 6 <sup>th</sup>	Monkstown Spartans Belfast Zoo 5K 2025	Belfast Zoo	9am	<a href="mailto:spartanszoo5k@gmail.com">spartanszoo5k@gmail.com</a>	
Sat 12 <sup>th</sup>	Larne AC 10 Mile	Larne Leisure Centre	10am	<a href="mailto:Dnoble@cat.com">Dnoble@cat.com</a>	

**May 2025**

Sat 10 <sup>th</sup>	Gortin 5 Mile and 5k	Main Street, Gortin	11am	<a href="mailto:rkeenan2712@yahoo.co.uk">rkeenan2712@yahoo.co.uk</a>	
Sat 24 <sup>th</sup>	May Fair Races 5k and 10k	Ballyclare Rugby Club	10am	<a href="mailto:mayfairrace@gmail.com">mayfairrace@gmail.com</a> <a href="http://www.countyantrimharriers.co.uk">www.countyantrimharriers.co.uk</a>	

**June 2025**

Thur 5 <sup>th</sup>	Fairhill 5 Mile	Fairhill Shopping Centre	7pm	<a href="http://www.ballymenarunners.org">www.ballymenarunners.org</a>	
Fri 6 <sup>th</sup>	CS Lewis 5 Mile Challenge	Victoria Park, Belfast	11am	<a href="mailto:keenang1963@gmail.com">keenang1963@gmail.com</a>	
Wed 11 <sup>th</sup>	Stunnerz in Runnerz 2025	Loughry College Cookstown	7:30pm	<a href="mailto:timothy-johnston91@hotmail.com">timothy-johnston91@hotmail.com</a>	
Wed 18 <sup>th</sup>	St Patricks Academy 5K	St. Patrick's Academy, Dungannon	7pm	<a href="mailto:acstpats@gmail.com">acstpats@gmail.com</a> .	
Fri 20 <sup>th</sup>	Comber 10k	Castle Lane, Comber	7:30pm	<a href="mailto:ballydrain.secretary@outlook.com">ballydrain.secretary@outlook.com</a>	

**July 2025**

Sat 12 <sup>th</sup>	The Greyabbey Endurance Challenge	Grey Abbey Estate, Greyabbey, Co Down	8am/2pm/5pm	<a href="http://www.gaithouseevents.com">www.gaithouseevents.com</a> <a href="mailto:info@gaithouseevents.com">info@gaithouseevents.com</a>	
Fri 25 <sup>th</sup>	Giants Trail Race	TBC	TBC	TBC	

**August 2025**

Fri 1 <sup>st</sup>	Stanley Reid Memorial 5 Mile Classic	Loughry College Cookstown	7:30pm	<a href="mailto:timothy-johnston91@hotmail.com">timothy-johnston91@hotmail.com</a>	
Sun 17 <sup>th</sup>	Storming the Castle 10k	Carrickfergus Amphitheatre	1:30pm	<a href="mailto:stormcastle800@gmail.com">stormcastle800@gmail.com</a> <a href="http://www.seaparkac.com">www.seaparkac.com</a>	

**September 2025**

Sun 7 <sup>th</sup>	Laganside 10k and Childrens One Mile 2025	Ormeau Park	2pm	<a href="mailto:laganside10K@gmail.com">laganside10K@gmail.com</a>	
Sun 21st	TJ McElmeel Cross Country Day	The Palace Demesne, Friary Rd. Armagh	12:30pm	<a href="https://armaghac.com/#/">https://armaghac.com/#/</a> <a href="mailto:mmktyross@yahoo.co.uk">mmktyross@yahoo.co.uk</a>	
<b>October 2025</b>					
<b>November 2025</b>					
Sat 15 <sup>th</sup>	The Montalto Night Endurance Challenge & 5/10K Trail Race	Montalto Estate, Ballynahinch	6pm / 8pm	<a href="http://www.gaithouseevents.com">www.gaithouseevents.com</a> <a href="mailto:info@gaithouseevents.com">info@gaithouseevents.com</a>	