

## Athletics Northern Ireland Cross Country & Road Running Fixtures 2024 – PROVISIONAL

Note to Road Race organisers – Due to the ever-increasing amount of road applications, dates may be held provisionally however full details will only be included upon receipt of completed permit application and fee.

Cross Country ■ Ultra Running ■ Mountain Races ■ Postponed ■

Updated 25<sup>th</sup> September 2024

[www.athleticsni.org](http://www.athleticsni.org)

Date	Event	Venue	Time	Contact	Officially Measured
<b>September 2024</b>					
Sat 28 <sup>th</sup>	Annaghmore Running Festival	Annaghmore Community Hall	10am	Konrad McNeice 07810533799 <a href="mailto:Konrad79@hotmail.com">Konrad79@hotmail.com</a>	
Sat 28 <sup>th</sup>	NI & Ulster Championship Bangor 10k 2024	Castle Park, Bangor	10am	Jamie Stevenson 07841906944 <a href="mailto:events@northdownac.co.uk">events@northdownac.co.uk</a> <a href="http://www.northdownac.co.uk">www.northdownac.co.uk</a>	
<b>October 2024</b>					
Tue 3 <sup>rd</sup>	Mill Hill Mile 2024	Upper Square Castlewellan	7pm	Deon Mcneilly 07831684674 <a href="mailto:deonmcneilly@outlook.com">deonmcneilly@outlook.com</a>	
Sun 6 <sup>th</sup>	Armagh 10 Mile Road Race and 6K Fun Run	Navan Centre	10am	James Valley 07432477385 <a href="mailto:armagh10mileroadrace@gmail.com">armagh10mileroadrace@gmail.com</a> <a href="https://eventmaster.ie/event/JI3RipvHRk">https://eventmaster.ie/event/JI3RipvHRk</a> myrunresults.com	
Sat 12 <sup>th</sup>	NIMAA XC Trials and Championships	Queens Playing Fields	11am	Anne Maguire 07709550136 <a href="mailto:nimaa.memsec@gmail.com">nimaa.memsec@gmail.com</a>	
Sat 12 <sup>th</sup>	GR8 Dundrum Race	Dundrum Main Street	12pm	Anne McCormick 07530724422 <a href="mailto:annemccormick92@yahoo.co.uk">annemccormick92@yahoo.co.uk</a> <a href="http://www.murloughac.com">www.murloughac.com</a>	
Sun 13 <sup>th</sup>	<b>Comber Cup XC</b>	<b>Billy Neill</b>	<b>11.30am</b>	<a href="mailto:ballydrain.secretary@outlook.com">ballydrain.secretary@outlook.com</a>	
Sun 13 <sup>th</sup>	Marty's run 5k	Templemore Sports Complex	10:30am	<a href="mailto:dendoh@hotmail.co.uk">dendoh@hotmail.co.uk</a>	
Sun 20 <sup>th</sup>	Saintfield Striders 5k & 10k	Comber Street, Saintfield	2pm	Leanne Smyth 07920798240 <a href="mailto:saintfieldstriders@outlook.com">saintfieldstriders@outlook.com</a>	
Sun 20 <sup>th</sup>	Jog on Cancer	Lurgan Park	10:30am	Glenn Grant <a href="mailto:championchipireland@googlemail.com">championchipireland@googlemail.com</a>	
Sun 20 <sup>th</sup>	Centra Run Together	Ormeau Park	9:30am	Beth Healy 07891050866 <a href="mailto:beth@pioneer-group.co.uk">beth@pioneer-group.co.uk</a> <a href="http://www.centra.co.uk/runtogether">www.centra.co.uk/runtogether</a>	
Sun 20 <sup>th</sup>	<b>NI and Ulster Even Age Groups &amp; Bobby Rea International XC Open</b>	<b>Billy Neill</b>	<b>TBC</b>	<a href="mailto:Info@athleticsni.org">Info@athleticsni.org</a>	
<b>November 2024</b>					
Sat 2 <sup>nd</sup>	Run Forest Run	Minnowburn	TBC	Pending Permit	
Sat 2 <sup>nd</sup>	NI and Ulster Uneven Age Groups and Novice	TBD	TBC	<a href="mailto:info@athleticsni.org">info@athleticsni.org</a>	
Sat 2 <sup>nd</sup>	McConnel Sheild XC	Six Mile Water Park	2pm	East Antrim Harriers <a href="mailto:eastantrimharriersac@gmail.com">eastantrimharriersac@gmail.com</a>	
Sat 2 <sup>nd</sup>	The Montalto Night Endurance Challenge & 5/10K Trail Race	Montalto Estate, Ballynahinch	6pm Trail 8pm Endurance	Gaithouse Events <a href="mailto:georgemcgonigal17@gmail.com">georgemcgonigal17@gmail.com</a>	
Sat 9 <sup>th</sup>	Sperrin Harriers Winter League Davagh Forest 10k	Davagh Forest	12pm	Sperrin Harriers <a href="mailto:timothy-johnston91@hotmail.com">timothy-johnston91@hotmail.com</a>	

Sat 16 <sup>th</sup>	British and Irish Master International Cross Country Championship and Open Races	Billy Neill Playing Fields	TBC	Anne Maguire 07709550136 <a href="mailto:nimaa.memsec@gmail.com">nimaa.memsec@gmail.com</a> masterscrosscountry2024.co.uk	
Sun 17 <sup>th</sup>	Moy Park Belfast City 5K Fun Run	City Hall, Belfast	9am	Matthew Stevenson <a href="mailto:Matthew.McConnell@belfastcitymarathon.org">Matthew.McConnell@belfastcitymarathon.org</a>	
Sat 23 <sup>rd</sup>	Run Forest Run	Gosford	TBC	Born2Run Events <a href="mailto:info@born2runevents.org">info@born2runevents.org</a>	
Sat 23 <sup>rd</sup>	Sperrin Harriers Winter League An Creagan	An Creagan Forest Park	12pm	Sperrin Harriers <a href="mailto:timothy-johnston91@hotmail.com">timothy-johnston91@hotmail.com</a>	
Sun 24 <sup>th</sup>	<b>Malcolm Cup (Annadale Striders)</b>	<b>Queen's Playing Fields</b>	12.30pm	Leo McSweeney <a href="mailto:annadalestriders1973@gmail.com">annadalestriders1973@gmail.com</a>	
Sat 30 <sup>th</sup>	Seeley Cup	Ormeau Park	2:30pm	<a href="mailto:Info@athleticsni.org">Info@athleticsni.org</a>	
<b>December 2024</b>					
Sat 7 <sup>th</sup>	<b>Irwin Speirs Memorial XC (Acorns AC)</b>	<b>Mid Ulster Sports Arena</b>	TBC	<a href="mailto:olimurphy25@hotmail.com">olimurphy25@hotmail.com</a>	
Sat 7 <sup>th</sup>	<b>The Rudolph Run</b>	<b>Eskra Community Centre</b>	12pm	<a href="mailto:Eskra10k@eskra.org">Eskra10k@eskra.org</a>	
Sat 14 <sup>th</sup>	Run Forest Run	Gosford	TBC	Pending Permit	
Sat 14 <sup>th</sup>	<b>North West (City of Derry Spartans)</b>	<b>Gransha (Venue TBD)</b>	TBC	<a href="mailto:emmettmc16@hotmail.com">emmettmc16@hotmail.com</a>	
Sat 14 <sup>th</sup>	ACTI-SNACK Run Forest Run Tollymore 5k&10k	<b>Tollymore Forest Park</b>	11am	Born2Run Events <a href="mailto:info@born2runevents.org">info@born2runevents.org</a>	
Sat 26 <sup>th</sup>	CIYMS Boxing Day Fun Run	CIYMS	12pm	Andrew McIntyre 07800914516 <a href="mailto:andrew-mcintyre@hotmail.co.uk">andrew-mcintyre@hotmail.co.uk</a>	
Sat 26 <sup>th</sup>	Brocagh Bay Boxing Day Run 2024	Brocagh Bay	10:15am	Ciaran McCloskey <a href="mailto:brocaghbayrun@hotmail.com">brocaghbayrun@hotmail.com</a>	
<b>January 2025</b>					
Wed 1 <sup>st</sup>	Race over the Glens	Glenariff Forest Park	12pm	Matthew Allen <a href="mailto:mat.allen175@outlook.com">mat.allen175@outlook.com</a>	
Sat 11 <sup>th</sup>	Sperrin Harriers Winter League Drum Manor	Drum Manor Forest Park	12pm	Sperrin Harriers <a href="mailto:timothy-johnston91@hotmail.com">timothy-johnston91@hotmail.com</a>	
<b>Sun 12<sup>th</sup></b>	<b>Mathieson Cup (Mallusk Harriers)</b>	<b>Mallusk</b>	TBC	<a href="mailto:malluskharriers@outlook.com">malluskharriers@outlook.com</a>	
18 <sup>th</sup> /19 <sup>th</sup> TBD	NI & Ulster Intermediate & Masters XC	Finn Valley	TBC	<a href="mailto:Info@athleticsni.org">Info@athleticsni.org</a>	
Sat 25 <sup>th</sup>	ACTI-SNACK Run Forest Run, Antrim Castle Gardens 5k&10k	Antrim Castle Gardens	11am	Born2Run Events <a href="mailto:info@born2runevents.org">info@born2runevents.org</a>	
<b>February 2025</b>					
8 <sup>th</sup>	<b>Stormont XC (NI Civil Service)</b>	<b>Stormont</b>	TBC	<a href="mailto:Events@nics-ac.com">Events@nics-ac.com</a>	
Thurs 13 <sup>th</sup>	Armagh International Road Races	<b>Crozier Hall</b>	6:30pm	James Vallely	

				<a href="mailto:racedirector@armaghinternationalroadraces.com">racedirector@armaghinternationalroadraces.com</a>	
Sat 15 <sup>th</sup>	ACTI -SNACK Run Forest Run, Castlewellan 5k and 10k	Castlewellan Park	11am	Born2Run Events <a href="mailto:info@born2runevents.com">info@born2runevents.com</a>	
Sun 22 <sup>nd</sup>	<b>NI &amp; Ulster Seniors XC Championship</b>	Lurgan Park	<b>TBC</b>	<b>Info@athleticsni.org</b>	
Sun 22 <sup>nd</sup>	Sperrin Harriers Winter League Lough Fea 5K	Lough Fea	12pm	Sperrin Harriers <a href="mailto:timothy-johnston91@hotmail.com">timothy-johnston91@hotmail.com</a>	
<b>March 2025</b>					
Sat 8 <sup>th</sup>	Bentley Group Walled City 10 Mile	Foyle Arena	10:30am	<a href="mailto:n8oels@yahoo.com">n8oels@yahoo.com</a>	
<b>April 2025</b>					
Sun 6 <sup>th</sup>	35 <sup>th</sup> SPAR Omagh Half Marathon & 5k	Omagh Leisure Complex	8:30am	Martin McLaughlin 07786164431 <a href="mailto:runnermartin@outlook.com">runnermartin@outlook.com</a>	
Sat 12 <sup>th</sup>	Larne AC 10 Mile	Larne Leisure Centre	10am	<a href="mailto:Dnoble@cat.com">Dnoble@cat.com</a>	
Sun 23 <sup>rd</sup>	Portadown Running Festival	Portadown RFC	9am	Janine Maher 07888722663 <a href="mailto:janinebmaher@hotmail.com">janinebmaher@hotmail.com</a>	