



**Athletics Northern Ireland**  
**Cross Country & Road Running Fixtures 2026 – PROVISIONAL**



Note to Road Race organisers – Due to the ever-increasing amount of road applications, dates may be held provisionally however full details will only be included upon receipt of completed permit application and fee.

Cross Country  Ultra Running  Mountain Races

Updated 02/02/2026

[www.athleticsni.org](http://www.athleticsni.org)

\*XC fixtures in bold = Part of the XC League

**February 2025**

<b>Sun 1<sup>st</sup></b>	<b>Malcolm Cup Cross Country</b>	Ormeau Park, Belfast		<a href="mailto:annadalestriders1973@gmail.com">annadalestriders1973@gmail.com</a>	
Sat 7 <sup>th</sup>	Acti-Snack Run Forest Run Antrim Castle Gardens 10k & 5k	Antrim Castle Gardens, Randalstown Road, Antrim	11am	<a href="http://www.born2runevents.com">www.born2runevents.com</a> <a href="mailto:info@born2runevents.com">info@born2runevents.com</a>	
<b>Sat 7<sup>th</sup></b>	<b>NI &amp; Ulster Senior XC Championships</b>	<b>Templemore Sportsplex, Derry/Londonderry</b>		Athletics NI 02890602707 <a href="mailto:Info@athleticsni.org">Info@athleticsni.org</a>	
Sun 8 <sup>th</sup>	East Coast AC Junior XC Series- Race 1	Larne High School	10am	East Coast AC <a href="mailto:eastcoastac@gmail.com">eastcoastac@gmail.com</a> <a href="http://www.eastcoastathleticclub.co.uk">www.eastcoastathleticclub.co.uk</a>	
Thurs 12 <sup>th</sup>	Armagh International Road Races	Crozier Hall, The Mall, Armagh	6:30pm	Armagh AC <a href="http://www.armaghinternationalroadraces.com">www.armaghinternationalroadraces.com</a>	
<b>Sat 14<sup>th</sup></b>	<b>Stormont XC</b>	<b>Stormont Estate, Belfast</b>		<b>NICS AC</b>	
Sun 15 <sup>th</sup>	EAMS Valentines 6 Hour Challenge			Pending permit	
Sat 21 <sup>st</sup>	Mountfield 5 Mile, 5k & Primary School Run	Mountfield Community Centre	11am	Mountfield Community Centre <a href="mailto:mountfieldca@gmail.com">mountfieldca@gmail.com</a>	
<b>Sat 21<sup>st</sup></b>	<b>Derry Cross Country</b>	<b>Thornhill College</b>	<b>11am</b>	<b>City of Derry Spartans</b> <a href="mailto:codsprtansac@gmail.com">codsprtansac@gmail.com</a>	
Sat 28 <sup>th</sup>	Acti-Snack Run Forest Run Castlewellan 10k & 5k	Castlewellan Forest Park	11am	<a href="http://www.born2runevents.com">www.born2runevents.com</a> <a href="mailto:info@born2runevents.com">info@born2runevents.com</a>	

**March 2026**

<b>Sun 1<sup>st</sup></b>	Carryduff Running Club Festival of Running	Loughmoss Leisure Centre	9:30am	Mark Cunningham 0785051895 <a href="mailto:cunningham76@hotmail.com">cunningham76@hotmail.com</a> <a href="http://www.carryduffrc.com">www.carryduffrc.com</a>	
<b>Sun 1<sup>st</sup></b>	East Coast AC Junior XC Series- Race 2	Larne Grammar School	10am	East Coast AC <a href="mailto:eastcoastac@gmail.com">eastcoastac@gmail.com</a> <a href="http://www.eastcoastathleticclub.co.uk">www.eastcoastathleticclub.co.uk</a>	
<b>Fri 6<sup>th</sup></b>	Knockmany Running Club PS XC	Augher Playing Fields	10am	Knockmany Running Club <a href="mailto:knockmanyrunningclub@hotmail.com">knockmanyrunningclub@hotmail.com</a>	
<b>Sat 7<sup>th</sup></b>	Slieve Gullion Mountain Race	Slieve Gullion	11am	Armagh AC <a href="mailto:lorcanv@outlook.com">lorcanv@outlook.com</a>	

Sun 8 <sup>th</sup>	The Junction 5k	The Junction	11:30am	Michael McKillop <a href="mailto:MGMckillop@hotmail.co.uk">MGMckillop@hotmail.co.uk</a>	
Sun 8 <sup>th</sup>	Glens Runners Charity Run & Walk 2026 in aid of Young Lives Vs Cancer			Pending permit	
Tues 10 <sup>th</sup>	Belfast Primary Schools Cross Country	Woodlands Park	9:30am	Belfast City Council <a href="mailto:phillipsl@belfastcity.gov.uk">phillipsl@belfastcity.gov.uk</a>	
Weds 11 <sup>th</sup>	Deep RiverRock Queen's 5k	Queens PEC	6:50pm	Queens Athletics Club <a href="http://www.qub.ac.uk/sites/Queens5k">www.qub.ac.uk/sites/Queens5k</a>	
Thurs 12 <sup>th</sup>	Belfast Primary Schools Cross Country	Oranfield Park	9:30am	Belfast City Council <a href="mailto:phillipsl@belfastcity.gov.uk">phillipsl@belfastcity.gov.uk</a>	
Sat 14 <sup>th</sup>	Bentley Group Walled City 10 Miller			Pending permit	
Sat 14 <sup>th</sup>	Altamuskin 5 Mile Run			Pending permit	
Sat 14 <sup>th</sup>	Washingbay Green Run			Pending permit	
Sun 15 <sup>th</sup>	Jimmy's 10k	Down Leisure Centre, Downpatrick	10:30am	East Down AC <a href="http://www.eastdownac.co.uk">www.eastdownac.co.uk</a>	
Tue 17 <sup>th</sup>	Spar Craic 10k	City Hall, Belfast	9am	Aisling Events <a href="http://www.aisling-events.com">www.aisling-events.com</a>	
Sun 22 <sup>nd</sup>	Portadown Running Festival	Portadown Rugby Club	9am	Portadown Running Club <a href="mailto:portadownrunningfestival@hotmail.com">portadownrunningfestival@hotmail.com</a>	
Sun 22nd	East Coast AC Junior XC Series- Race 3	Sandy Bay Playing Fields, Larne	10am	East Coast AC <a href="mailto:eastcoastac@gmail.com">eastcoastac@gmail.com</a> <a href="http://www.eastcoastathleticclub.co.uk">www.eastcoastathleticclub.co.uk</a>	
Sun 22 <sup>nd</sup>	CV 5k 2026			Pending permit	
Tues 24 <sup>th</sup>	Belfast Primary Schools Cross Country	Grove Park	9:30am	Belfast City Council <a href="mailto:phillipsl@belfastcity.gov.uk">phillipsl@belfastcity.gov.uk</a>	
Thurs 26 <sup>th</sup>	Belfast Primary Schools Cross Country	Ormeau Park	9:30am	Belfast City Council <a href="mailto:phillipsl@belfastcity.gov.uk">phillipsl@belfastcity.gov.uk</a>	
Sun 29 <sup>th</sup>	36th SPAR Omagh Half Marathon	Omagh Leisure Complex	13.1mile & 5k START TIME: 8.30am	Omagh Harriers <a href="mailto:runnermartin@outlook.com">runnermartin@outlook.com</a>	

#### April 2026

Sat 4 <sup>th</sup>	The Florida Endurance Challenge and Trails Races 2026			Pending permit	
Sat 4 <sup>th</sup>	Beragh 5 Mile & 5k Road Races			Pending permit	
Mon 6 <sup>th</sup>	Whitehead Easter Road Race			Pending permit	
Sat 11 <sup>th</sup>	Larne AC 10 Mile	Larne Promenade	10am	Larne AC <a href="http://www.larneathleticsclub.com">www.larneathleticsclub.com</a>	
Sat 11 <sup>th</sup>	Pat Dunbar Memorial Mountain Race	Leitrim Lodge	11am	Newry AC <a href="mailto:Pleb1422@aol.com">Pleb1422@aol.com</a>	

Sun 12 <sup>th</sup>	Monkstown Spartan's Belfast Zoo 5k			Pending permit	
Sun 12 <sup>th</sup>	Sperrin Harriers Half Marathon	Loughry College	10am	Timothy Johnston 07999074140 <a href="mailto:Timothy-johnston91@hotmail.com">Timothy-johnston91@hotmail.com</a>	
Tues 14 <sup>th</sup>	Ballymena Belles Ladies 5 Mile Race			Pending Permit	
Sat 18 <sup>th</sup>	Gortin 5 Mile & 5k			Pending permit	
Tues 28 <sup>th</sup>	Belfast Primary Schools Cross Country	Mallusk Playing Fields	10:00am	Belfast City Council <a href="mailto:phillips1@belfastcity.gov.uk">phillips1@belfastcity.gov.uk</a>	
Weds 29 <sup>th</sup>	Purple Ladies 5k			Pending permit	

### May 2026

Sun 3 <sup>rd</sup>	Pheonix Energy Belfast City Marathon			Pending permit	
Fri 8 <sup>th</sup>	Regent Flooring Run The Runways			Pending permit	
Fri 8 <sup>th</sup>	Termoneeny 5k & 10k			Pending permit	
Sat 9 <sup>th</sup>	Pats 5k			Pending permit	
Sat 16 <sup>th</sup>	Seskinore Forest 5k			Pending Permit	
Sun 17 <sup>th</sup>	Strabane Lifford Half Marathon			Pending permit	
Sun 17 <sup>th</sup>	Newell 5k & 10k			Pending permit	
Sat 23 <sup>rd</sup>	Mayfair Races			Pending permit	

### June 2026

Thurs 4th	Fairhill 5 Mile			Pending permit	
Sat 6 <sup>th</sup>	Killyclogher 10k			Pending permit	
Weds 10 <sup>th</sup>	Dromara 5k Run			Pending permit	
Fri 12 <sup>th</sup>	Coleraine Campus 5k			Pending permit	
Weds 17 <sup>th</sup>	LCCC Lisburn Half Marathon, 5k and Fun Run			Pending Permit	
Sun 21 <sup>st</sup>	Phoenix Energy Belfast City Women's 10k			Pending permit	
Fri 26 <sup>th</sup>	Ards Half Marathon			Pending permit	
Sun 28 <sup>th</sup>	Run For Vanessa			Pending permit	

### August 2026

Mon 17 <sup>th</sup>	Broughshane 5 mile			Pending permit	
Sun 23 <sup>rd</sup>	Storming the Castle			Pending permit	

### September 2026

Sun 6 <sup>th</sup>	Laganside 10k and Children's 1 Mile	Ormeau Park	11am	North Belfast Harriers <a href="mailto:Laganside10k@gmail.com">Laganside10k@gmail.com</a>	
---------------------	-------------------------------------	-------------	------	--	--

Sun 6 <sup>th</sup>	Waterside Half Marathon			Pending Permit	
Sat 12 <sup>th</sup>	Break 4 The Border Half Marathon			Pending permit	
Sun 20 <sup>th</sup>	Phoenix Energy Belfast City Half Marathon			Pending permit	
Sat 26 <sup>th</sup>	Seaton Classic 10k			Pending permit	

**October 2026**

Sat 3 <sup>rd</sup>	NI Masters Association Cross Country Trials & Championships			Pending permit	
Sun 4 <sup>th</sup>	Belfast Bay Run 10k			Pending permit	

**November 2026**

Sun 15 <sup>th</sup>	Phoenix Energy Belfast City 5k			Pending permit	
----------------------	--------------------------------	--	--	----------------	--