

Athletics Northern Ireland Cross Country & Road Running Fixtures 2026 – PROVISIONAL

Note to Road Race organisers – Due to the ever-increasing amount of road applications, dates may be held provisionally however full details will only be included upon receipt of completed permit application and fee.

Cross Country ■ Ultra Running ■ Mountain Races ■

Updated 02/04/2026

www.athleticsni.org

*XC fixtures in bold = Part of the XC League

April 2026

Sat 4 th	The Florida Endurance Challenge and Trails Races 2026	Florida Manor, Killinchy	8:30am	Gaithouse Events george@gaihouseevents.com
Sat 4 th	Beragh 5 Mile & 5k Road Races	St Mary's Park, Beragh	11am	Beragh Red Knights GAC donnelyadrian50@gmail.com
Mon 6 th	Whitehead Easter Road Race	Whitehead Community Association	12 noon	Whitehead Community Association wca@whitehead-ni.com
Sat 11 th	Larne AC 10 Mile	Larne Promenade	10am	Larne AC www.larneathleticsclub.com
Sat 11 th	Pat Dunbar Memorial Mountain Race	Leitrim Lodge	11am	Newry AC Pleb1422@aol.com
Sun 12 th	Monkstown Spartan's Belfast Zoo 5k	Belfast Zoo	9am	Monkstown Spartans Kevinmoseley79@gmail.com
Sun 12 th	Sperrin Harriers Half Marathon	Loughry College	10am	Timothy Johnston 07999074140 Timothy-johnston91@hotmail.com
Tues 14 th	Ballymena Belles Ladies 5 Mile Race	Galgorm Community Centre	7pm	Ballymena Runners www.ballymenarunners.org
Sat 18 th	Gortin 5 Mile & 5k	Main Street, Gortin	11am	Gortin GAA & Omagh Harriers barry_oneill1@hotmail.com
Sat 18 th	Binevenagh Mountain Race	Waterfall Caves	12 noon	Springwell Running Club peter_tees@hotmail.com
Weds 22 nd	Bay Road 5k			Pending permit
Sat 25 th	Almac 5k & 10k	Craigavon Lakes	12 noon	Almac amy.neill@almacgroup.com
Tues 28 th	Belfast Primary Schools Cross Country	Mallusk Playing Fields	10:00am	Belfast City Council phillipsl@belfastcity.gov.uk
Weds 29 th	Purple Ladies 5k	Joey Dunlop Leisure Centre	7:30pm	Springwell Running Club www.springwellrunners.co.uk

May 2026

Sun 3 rd	Pheonix Energy Belfast City Marathon	Stormont Estate	9am	Belfast City Marathon info@belfastcitymarathon.org
Fri 8 th	Regent Flooring Run The Runways	Newtownards Flying Club	6:30pm	Scrabo Striders www.scrabostriders.com
Fri 8 th	Termoneeny 5k & 10k			Pending permit
Sat 16 th	Seskinore Forest 5k	Seskinore Forest	11am	Seskinore Rural Community Group seskinorecrg@gmail.com

Sun 17 th	Strabane Lifford Half Marathon			Pending permit	
Sun 17 th	Newell 5k & 10k	Main Street, Coalisland	10:45am	Newell Stores sean.boyle@newellstores.com	
Sat 23 rd	Mayfair Races	Ballyclare Rugby Club	10am	County Antrim Harriers caharrierschair@gmail.com https://www.countyantrimharriers.com/	
Sat 23 rd	The Argory Endurance Challenge			Pending permit	
Sun 24 th	Newry City Half Marathon	The Quays Shopping Centre	10am	Newry City Runners www.newrycityrunners.com/our-races	
Sun 24 th	Marconi 5			Pending permit	

June 2026

Thurs 4 th	Fairhill 5 Mile	Fairhill Shopping Centre	7pm	Ballymena Runners drainey7@aol.com www.ballymenarunners.org	
Fri 5 th	CS Lewis 5 Mile Challenge			Pending permit	
Fri 5 th	Coleraine Grammar Family Run	Coleraine Grammar School	7:30pm	BasaltSix/ Coleraine Grammar www.colerainegrammar.com	
Sat 6 th	Killyclogher 10k			Pending permit	
Weds 10 th	Dromara 5k Run	Laganpark, Dromara	7pm	Dromore AC paulieputthekettleon@hotmail.com	
Weds 10 th	Sperrin Harriers Stunnerz n Runnerz Ladies 5k			Pending permit	
Fri 12 th	Coleraine Campus 5k			Pending permit	
Fri 12 th	Co Down 5k			Pending permit	
Weds 17 th	LCCC Lisburn Half Marathon, 5k and Fun Run			Pending Permit	
Fri 19 th	Comber 10k			Pending permit	
Sun 21 st	Phoenix Energy Belfast City Women's 10k	Titanic Quarter	10am	Belfast City Marathon info@belfastcitymarathon.org	
Fri 26 th	Carnlough Quarry Challenge			Pending permit	
Fri 26 th	Ards Half Marathon	Ards Blair Mayne Leisure Centre	6 :30pm	Scrabo Striders www.scrabostriders.com	
Sun 28 th	Run For Vanessa			Pending permit	

July 2026

Sun 5 th	The Great Rossa Run 2026			Pending Permit	
Sun 12 th	Kilclief Ben Dearg Coastal Run			Pending permit	
Sat 18 th	The Grey Abbey Endurance Challenge & Trail Races			Pending permit	
Sat 18 th	Rossi 5k			Pending permit	
Sun 19 th	Run with Pride	Ormeau Park	10am	Rainbow Project anna@rainbow-project.org	

Sun 19 th	Darragh Cross 5k & 10k	Darragh Cross GAC	12noon	Darragh Cross Committee carolineleckie@hotmail.co.uk	
Weds 22 nd	Donaghadee 5k	The Harbour, Donaghadee	7 :30pm	Dee Runners runninginthedee@gmail.com	

August 2026

Sun 2 nd	Feile 10k & 5k			Pending permit	
Fri 7 th	Sperrin Harriers Stanley Reid 5 Mile Classic			Pending permit	
Sun 9 th	Legend of the Lakes for Air Ambulance NI & Evora Hospice			Pending permit	
Fri 14 th	Mallusk 5 Mile Road Race			Pending permit	
Mon 17 th	Broughshane 5 mile	Broughshane Community Centre	7pm	Ballymena Runners drainey7@aol.com www.ballymenarunners.org	
Fri 21 st	NI Chamber of Commerce 5k			Pending permit	
Sun 23 rd	Storming the Castle	Carrickfergus Amphitheatre	1 :30pm	Seapark AC Stormcastle800@gmail.com	
Fri 28 th	Portrush 5 Mile Road Race			Pending permit	

September 2026

Sun 6 th	Laganside 10k and Children's 1 Mile	Ormeau Park	11am	North Belfast Harriers Laganside10k@gmail.com	
Fri 4 th	Heath Graham Ards 5 Mile			Pending permit	
Fri 4 th	GRC Coastal 5k			Pending permit	
Sun 6 th	Waterside Half Marathon			Pending Permit	
Weds 9 th	St Patrick's Academy 5k			Pending permit	
Sat 12 th	Break 4 The Border Half Marathon			Pending permit	
Sat 12 th	Pats 5k			Pending permit	
Sun 13 th	Coastal Runners Clandeboye 10k			Pending permit	
Sun 13 th	Rock the Lough and Lakes			Pending Permit	
Sun 20 th	Phoenix Energy Belfast City Half Marathon	Ormeau Park	9am	Belfast City Marathon info@belfastcitymarathon.org	
Sat 26 th	Annaghmore Running Festival			Pending permit	
Sat 26 th	Seaton Classic 10k			Pending permit	

October 2026

Sat 3 rd	NI Masters Association Cross Country Trials & Championships			Pending permit	
Sun 4 th	Groomsport 10k	Groomsport Football Ground	1pm	Ward Park Runners wprace@gmail.com	
Sun 4 th	Belfast Bay Run 10k			Pending permit	
Fri 16 th	Galloper Thompson 5k			Pending permit	
Sun 18 th	Centra Run Together 5k & 10k			Pending permit	
Sat 31 st	Dromore XC			Pending permit	

November 2026

Weds 11 th	NEBSSA Cross Country Championships	Six Mile Water Park Ballyclare	11am	Kate Law katelaw660@hotmail.com	
Sun 15 th	Phoenix Energy Belfast City 5k	Belfast City Hall	9am	Belfast City Marathon info@belfastcitymarathon.org	

January 2027

Fri 1 st	Race Over The Glens			Pending permit	
---------------------	---------------------	--	--	----------------	--

March 2027

Sun 14 th	Portadown Running Festival			Pending permit	
----------------------	----------------------------	--	--	----------------	--