

Athletics Northern Ireland Cross Country & Road Running Fixtures 2026 – PROVISIONAL

Note to Road Race organisers – Due to the ever-increasing amount of road applications, dates may be held provisionally however full details will only be included upon receipt of completed permit application and fee.

Cross Country ■ Ultra Running ■ Mountain Races ■

Updated 03/03/2026

www.athleticsni.org

*XC fixtures in bold = Part of the XC League

March 2026

Fri 6 th	Knockmany Running Club PS XC	Augher Playing Fields	10am	Knockmany Running Club knockmanyrunningclub@hotmail.com	
Sat 7 th	Slieve Gullion Mountain Race	Slieve Gullion	11am	Armagh AC lorcanv@outlook.com	
Sun 8 th	The Junction 5k	The Junction	11:30am	Michael McKillop MGMckillop@hotmail.co.uk	
Sun 8 th	Glens Runners Charity Run & Walk 2026 in aid of Young Lives Vs Cancer	Cushendall Parish Centre	8am	Glens Runners glensrunners@gmail.com	
Weds 11 th	Belfast Primary Schools Cross Country	Woodlands Park	9:30am	Belfast City Council phillipsl@belfastcity.gov.uk	
Weds 11 th	Deep RiverRock Queen's 5k	Queens PEC	6:50pm	Queens Athletics Club www.qub.ac.uk/sites/Queens5k	
Thurs 12 th	Belfast Primary Schools Cross Country	Orangefield Park	9:30am	Belfast City Council phillipsl@belfastcity.gov.uk	
Sat 14 th	Glenariffe Mountain Race	Glenariffe Forest Park	12 noon	Glens Runners ionathansteede@gmail.com	
Sat 14 th	Bentley Group Walled City 10 Miller			Pending permit	
Sat 14 th	Altamuskin 5 Mile Run			Pending permit	
Sat 14 th	Washingbay Green Run	Washingbay Centre, Ballybeg Road	9am	Derrylaughlan GAC b.carney30@btinternet.com	
Sun 15 th	Jimmy's 10k	Down Leisure Centre, Downpatrick	10:30am	East Down AC www.eastdownac.co.uk	
Tue 17 th	Spar Craic 10k	City Hall, Belfast	9am	Aisling Events www.aisling-events.com	
Sun 22 nd	Portadown Running Festival	Portadown Rugby Club	9am	Portadown Running Club portadownrunningfestival@hotmail.com	
Sun 22 nd	Run Armagh St Patrick's Day Marathon			Pending permit	

Sun 22 nd	East Coast AC Junior XC Series- Race 3	Sandy Bay Playing Fields, Larne	10am	East Coast AC eastcoastac@gmail.com www.eastcoastathleticclub.co.uk
Sun 22 nd	CV 5k 2026	Clogher Valley Community Centre	10am	St Macartan Ladies GFC amckenna502@gmail.com
Tues 24 th	Belfast Primary Schools Cross Country	Grove Park	9:30am	Belfast City Council phillipsi@belfastcity.gov.uk
Thurs 26 th	Belfast Primary Schools Cross Country	Ormeau Park	9:30am	Belfast City Council phillipsi@belfastcity.gov.uk
Sun 29 th	SPAR Omagh Half Marathon	Omagh Leisure Complex	13.1mile & 5k START TIME: 8.30am	Omagh Harriers runnermartin@outlook.com

April 2026

Sat 4 th	The Florida Endurance Challenge and Trails Races 2026	Florida Manor, Killinchy	8:30am	Gaithouse Events george@gaithouseevents.com
Sat 4 th	Beragh 5 Mile & 5k Road Races	St Mary's Park, Beragh	11am	Beragh Red Knights GAC donnelyadrian50@gmail.com
Mon 6 th	Whitehead Easter Road Race			Pending permit
Sat 11 th	Larne AC 10 Mile	Larne Promenade	10am	Larne AC www.larneathleticsclub.com
Sat 11 th	Pat Dunbar Memorial Mountain Race	Leitrim Lodge	11am	Newry AC Pleb1422@aol.com
Sun 12 th	Monkstown Spartan's Belfast Zoo 5k			Pending permit
Sun 12 th	Sperrin Harriers Half Marathon	Loughry College	10am	Timothy Johnston 07999074140 Timothy-johnston91@hotmail.com
Tues 14 th	Ballymena Belles Ladies 5 Mile Race	Galgorm Community Centre	7pm	Ballymena Runners www.ballymenarunners.org
Sat 18 th	Gortin 5 Mile & 5k	Main Street, Gortin	11am	Gortin GAA & Omagh Harriers barry_oneill1@hotmail.com
Sat 18 th	Binevenagh Mountain Race	Waterfall Caves	12 noon	Springwell Running Club peter_tees@hotmail.com
Sat 25 th	Almac 5k & 10k	Craigavon Lakes	12 noon	Almac amy.neill@almacgroup.com
Tues 28 th	Belfast Primary Schools Cross Country	Mallusk Playing Fields	10:00am	Belfast City Council phillipsi@belfastcity.gov.uk
Weds 29 th	Purple Ladies 5k	Joey Dunlop Leisure Centre	7:30pm	Springwell Running Club www.springwellrunners.co.uk

May 2026

Sun 3 rd	Pheonix Energy Belfast City Marathon			Pending permit
Fri 8 th	Regent Flooring Run The Runways			Pending permit
Fri 8 th	Termoneeny 5k & 10k			Pending permit
Sat 16 th	Seskinore Forest 5k	Seskinore Forest	11am	Seskinore Rural Community Group seskinorercg@gmail.com

Sun 17 th	Strabane Lifford Half Marathon			Pending permit	
Sun 17 th	Newell 5k & 10k	Main Street, Coalisland	10:45am	Newell Stores sean.boyle@newellstores.com	
Sat 23 rd	Mayfair Races	Ballyclare Rugby Club	10am	County Antrim Harriers caharrierschair@gmail.com https://www.countyantrimharriers.com/	
Sun 24 th	Newry City Half Marathon			Pending permit	
Sun 24 th	Marconi 5			Pending permit	

June 2026

Thurs 4 th	Fairhill 5 Mile	Fairhill Shopping Centre	7pm	Ballymena Runners drainey7@aol.com www.ballymenarunners.org	
Sat 6 th	Killyclogher 10k			Pending permit	
Weds 10 th	Dromara 5k Run			Pending permit	
Weds 10 th	Sperrin Harriers Stunnerz n Runnerz Ladies 5k			Pending permit	
Fri 12 th	Coleraine Campus 5k			Pending permit	
Fri 12 th	Co Down 5k			Pending permit	
Weds 17 th	LCCC Lisburn Half Marathon, 5k and Fun Run			Pending Permit	
Sun 21 st	Phoenix Energy Belfast City Women's 10k			Pending permit	
Fri 26 th	Ards Half Marathon			Pending permit	
Sun 28 th	Run For Vanessa			Pending permit	

July 2026

Sun 12 th	Kilclief Ben Dearg Coastal Run			Pending permit	
Sun 19 th	Run with Pride			Pending permit	
Sun 19 th	Darragh Cross 5k & 10k			Pending permit	
Weds 22 nd	Donaghadee 5k			Pending permit	

August 2026

Fri 7 th	Sperrin Harriers Stanley Reid 5 Mile Classic			Pending permit	
Mon 17 th	Broughshane 5 mile	Broughshane Community Centre	7pm	Ballymena Runners drainey7@aol.com www.ballymenarunners.org	
Fri 21 st	NI Chamber of Commerce 5k			Pending permit	
Sun 23 rd	Storming the Castle	Carrickfergus Amphitheatre	1 :30pm	Seapark AC Stormcastle800@gmail.com	
Fri 28 th	Portrush 5 Mile Road Race			Pending permit	

September 2026

Sun 6 th	Laganside 10k and Children's 1 Mile	Ormeau Park	11am	North Belfast Harriers Laganside10k@gmail.com	
Sun 6 th	Waterside Half Marathon			Pending Permit	
Sat 12 th	Break 4 The Border Half Marathon			Pending permit	
Sat 12 th	Pats 5k			Pending permit	
Sun 20 th	Phoenix Energy Belfast City Half Marathon			Pending permit	
Sat 26 th	Seaton Classic 10k			Pending permit	

October 2026

Sat 3 rd	NI Masters Association Cross Country Trials & Championships			Pending permit	
Sun 4 th	Groomspoint 10k			Pending permit	
Sun 4 th	Belfast Bay Run 10k			Pending permit	
Fri 16 th	Galloper Thompson 5k			Pending permit	
Sat 31 st	Dromore XC			Pending permit	

November 2026

Sun 15 th	Phoenix Energy Belfast City 5k			Pending permit	
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January 2027

Fri 1 st	Race Over The Glens			Pending permit	
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