

Note to Road Race organisers – Due to the ever-increasing amount of road applications, dates may be held provisionally however full details will only be included upon receipt of completed permit application and fee.

PROVISIONAL ■ Cross Country

Updated 3rd August 2018

www.athleticsni.org

Date	Event	Venue	Time	Contact	Officially Measured
2018					
August 2018					
Fri 3	Stanley Reid Memorial 5 Mile Classic	Loughry Campus, Cookstown	7.30pm	Mark Reid 07899002644 Alfredmark2002@yahoo.co.uk www.sperrinharriers.co.uk	✓
Fri 3	Quarry 5k	The Glencloy Inn	7pm	Stephen Montgomery 07734174994 stmonty6@outlook.com	
Sat 4	Delamont 10k & 5k	Delamont Car Park	12 noon	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sat 4	Run the Trails, Mount Stewart Half Marathon & 10k	Mount Stewart National Trust	6.30pm	Chris Stevenson 07970831940 ardshalf@scrabostriders.com	✓
Sun 5	GymCo Feile 10k	GymCo Cityside, York Street	9am	Lindsay Abbott 02895600669 manager@gymbelfast.co.uk www.gymbelfast.co.uk	✓
Wed 8	Edwin May Nissan 5 Mile Classic	Coleraine Leisure Centre	7.30pm	Lisa Mullan 02870347211 Lisa.mullan@causewaycoastandglens.gov.uk	✓
Wed 8	Donaghadee 5k	The Harbour Donaghadee	7.30pm	Fiona Lemon 07739412777 runninginthedee@gmail.com	✓
Fri 10	Mallusk 5 Mile Road Race 2018 with Pizzarella	Academy Club, Mallusk Road	7.30pm	Leeanne Skillen 07961620715 malluskharriers@outlook.com www.malluskharriers.co.uk	
Sat 11	Lecale Way 10k	Cable Bar, Ballyhornan	7pm	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sat 11	Slieve Croob Challenge	Peter Morgan's Cottage, BT25 2EE	10am	Declan McCann 07885736638 Declanmccann69@hotmail.com	
Sat 11	iCare Purple Run	Gosford Forest Park	11am	Cormac Gribben 02837511333 cgribben@hcil.com www.icarecharity.com	✓
Sat 11	Run Groomsport **CANCELLED**	Groomsport Main Street	10am	Conal Heatley 07787414776 conal@communitymultisport.org www.communitymultisport.org	
Mon 13	Tilly's Rainbow Run	Main Street, Kesh	7pm	Jayne Thompson 02868632434/ 02866832040 jaynethompsonmfi@yahoo.co.uk	
Thurs 16	Donaghmore 5 Mile	The Torrent Complex	7.30pm	Damian McCaul 02887769051/ 07825536580 damian@torrentcomplex.co.uk www.torrentcomplex.co.uk	
Fri 17	Prosecco Run	Castle Ward	7pm	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Fri 17	5 Mile Trail Run	Fivemiletown College	7pm	Glenda Eagleson 02889522701/ 07765942356 Geagleson223@c2kni.net	
Fri 17	Crebilly 5k	All Saints GAC Clubrooms, Woodside Road	7pm	John Hasson 07771987696 Johnhasson01@gmail.com www.allsaintsgac.com	

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Sat 18	Extern Dambusters	Silent Valley Mountain Park, Annalong	Walk- 10.30am HM/5k- 11am 10k- 12 noon	Gerard Rowe 07855586438/ 07712004543 info@born2runevents.com www.born2runevents.com	✓
Sat 18	The Loughshore 5k & 10k Run	Kinturk Cultural Centre	12 noon	Camillius Quinn 07810293177 kinturkca@gmail.com	
Sun 19	Stairway to Heaven	Cuilcagh Mountain Park	12 noon	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sun 19	Run Connswater 10k & 5k	CS Lewis Square	10am	Mel Boyle 07841496098 Mel.boyle@gmail.com www.moveamuscle.com	
Sun 19	Carnmoney 5k & 1 Mile Fun Run	Knockenagh Avenue, Newtownabbey	11am	Nuala Muldoon 07578521679 legiteventsni@gmail.com	
Wed 22	Dessie's 10k Run	U3A Foyle	7pm	Gerry Lynch 07702006667 Gerry.lynch@hotmail.co.uk	
Fri 24	Portrush 5 Mile Road Race	Dunluce Road, Portrush	7.30pm	Mervyn Thompson Portrush5@gmail.com	
Fri 24	Strangford Festival 10k	Stella Maris Street, Strangford	7pm	Brendan Kerr 07863900138 bkerr674@c2kni.net	
Sat 25	Rathlin Run 10 Mile & 5k	McCuigs Public House	1pm	Ryan Maxwell 07754718760 ryan@nirunning.co.uk www.rathlinrun.com	
Sun 26	Storming The Castle	Amphitheatre Carrickfergus	2pm	Andrew Smyth 02893360754/ 07969031570 Smytha1@sky.com / stc@seaparkac.com www.seaparkac.com	✓
Sun 26	Ballinderry Shamrocks 5k & 5 Miler	Shamrock Park	10.30am	Roisin Mullan 02886735899 littlebridge@btconnect.com	
Sun 26	Armagh City Marathon	The Mall East	8am	Matthew Nicholson 07974419535 matthew@runarmagh.com www.runarmagh.com	✓
Fri 31	Ards Lions Five Mile Challenge	Londonderry Park, Newtownards	7pm	John Neil McCormick 07720304667 ardsnthdownlions@aol.com	✓
Fri 31	Magheralin 5	Ballymacbredan Road, Magheralin	7.30pm	Fearghal Lavery 07867536478 Secretary.stmichaels.down@gaa.ie	
Fri 31	Magherafelt Harriers 10k Classic	Meadowbank Sports Arena	7.30pm	Rodney Young 07966962828 rodney.y1969@gmail.com	
September 2018					
Sat 1	Last One Standing Florence Court	Car Park area	12 noon	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sat 1	Great Torrent 10 Mile Run & 5k Fun Run	Clonoe Community Centre	10am	John Paul O'Neill 07594249652 Jponeill.tyrone@gmail.com	
Sun 2	Laganside 10k & 1 Mile Children's Race	Ormeau Park	1:15pm for Children 2pm for 10k	Matt Shields 07959569308 mattshields@gmail.com www.laganside10k.com	✓
Sun 2	Waterside Half Marathon NI & Ulster Championship	Ebrington	10am	Jacqueline Whoriskey 02871376504 jacequeline.whoriskey@derrystrabane.com	✓
Thurs 6	Citi Inspire 5k	Titanic Boulevard	6.30pm	Mary Boyd 02895954174/ 07905402692 mary.boyd@citi.com inspire5k@citi.com	
Sat 8	East Coast AC Larne 10k	Centre Point, Pound Street, Larne	11am	Ryan Maxwell 07754718760 ryan@nirunning.co.uk www.larne10k.com	✓
Sat 8	Diva Dash (Ladies Only)	Carrickmore GFC	11am	Michael Kerr 02880760557/ 07444348676 carmenrunners@hotmail.co.uk	
Sat 8	Tannaghmore 10k	Tannaghmore Primary School	12 noon	Gerard Magee 07979245316 gerardmageeantrim@gmail.com	
Sat 8- Sun 9	Run In The Park	Ward Park Bowling Pavillion	12 noon	Gordon Matchett 07595221404 Gordonbt19@gmail.com	

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Sun 9	Alps 10k & 5k	Delamont Car Park	2pm	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Thurs 13	Run'n The Bann	Main Street, Portglenone	7pm	Frances Dobbin 07869252766 francesdobbin123@gmail.com	
Fri 14	The bob&berts North Coast 10k & 5k	East Stand Watersports Centre, Portrush	7pm	Andrew Scott 07823774864 andy@sportsacademygeorge.com www.northcoast10k.com	
Sat 15	Tafelta AC- Ten Mile Race	Meadowbank Sports Arena	12 noon	Francis Purvis 07597595831 francispurvis@hotmail.co.uk www.klubfunder.com/clubs/tafelta_ac	
Sat 15	O'Brien Challenge	Davagh Forest	12 noon	David O'Brien 02879469710/ 07596088657 obrien56@icloud.com	
Sun 16	Centra Run Together Pairs Event- Palace Demense Armagh	Palace Demense, Armagh	10am	Johnny Davis 07768103968 johnny@pioneer-group.co.uk www.centra.co.uk/runtogether	
Sun 16	Tower of the Lake	The Courtyard Clandeboye Estate, Bangor	2.30pm	Chris Stevenson 07970831940 stevensonlighting@hotmail.com	
Sun 23	Deep RiverRock Belfast City Half Marathon	Ormeau Park	9am	Marathon Office 02890605933 Info@belfastcitymarathon.org www.belfastcitymarathon.com	✓
Sun 23	McGrady Junior XC Race 1	Castlewellan Forest Park	1pm	Pauline McCauley 07803203650 juniors@newcastleac.org	
Sat 29	NI & Ulster Championship Bangor 10k	Castle Park, Bangor	11am	Clare Russell 07901823349 northdownac@gmail.com www.northdownac.co.uk	✓
Sat 29	Annaghmore Running Festival	Annaghmore Community Hall	10am	Konrad McNeice 07810533799 Konrad79@hotmail.com	
Sat 29	The Brocagh School Run 5k & 10k	St Brigid's PS, Brocagh	11:30am	Brian Kelly 02887738261/ 07856495065 Bkelly404@c2kni.net	
Sat 29	Kells and Connor Charity Running Festival	Kells Village	11am	Andy McClean 07809239975 Andrew.mcclean@btinternet.com	
Sun 30	Micky Annette Memorial 10k	TBC	TBC	Pending Permit	
Sun 30	Granny Rafferty's 10k Run & Walk, Galbally	TBC	TBC	Pending Permit	
Sun 30	Kirkistown Race Track 5k & 10k and Half Marathon	Kirkistown Race Track	2pm	Richard Bradley Contact@niduathlon.com www.niduathlon.com	
Sun 30	Cavehill 5 Mile	Antrim Road, Newtownabbey	11am	Nuala Muldoon 07578521679 legiteventsni@gmail.com www.facebook.com/events/1055467794591702	
Sun 30	TJ McElmeel Cup	Palace Demesne Park	12.30pm	James Valley 07432477385 fermoy40@gmail.com	
October 2018					
Sat 6	NI & Ulster Road Relay Championships	Victoria Park	Various	Robin Montgomery 07717531141 robinmontgomery@btinternet.com www.orangegroveac.co.uk/relays	
Sun 7	Run Anon Lough View 10k, 5k Run & Walk	Crumlin Glen, Mill Road	11.30am	Aidan O'Neill 07954142045 run-anon@hotmail.com	✓
Sat 13	Saintfield 10k & 5k	Comber Street	12 noon	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sat 13	NIMAA XC Trial	Queen's Playing Fields	11.30am	Elizabeth Watt 07816895746 lizwatt@doctors.org.uk	
Sun 14	Armagh 10 Mile Road Race & 4 Mile Fun Challenge	The Navan Centre, Armagh	12 noon	Edel Ferson 02837529636 Edel.ferson@armaghbanbridgecraigavon.gov www.getactiveabc.com	
Sat 20	Comber Cup	Billy Neill Playing Fields	12noon	Valerie Martin 07834522679 valsscott@hotmail.co.uk	

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Sat 20	St Mary's Primary Killyclogher 10k & 5k Run	Cappagh Parich Hall, Omagh	11.30am	Patricia Campbell 07745407917 pdcampbell@btconnect.com	
Sat 20	Fergals 10 Miler	Davagh Forest	12 noon	Stacey Hinfey Secretary.acornsac@gmail.com www.facebook.com/Fergals10Miler/	
Sat 20	GR8 Dundrum Run	TBC	TBC	Pending Permit	
Sun 21	Centra Run Together Pairs Event- Ormeau Park	Ormeau Park	10am	Johnny Davis 07768103968 johnny@pioneer-group.co.uk www.centra.co.uk/runtogether	
Sun 21	Hoka One One RunHer Titanic	Titanic Quarter	9.30am	Ed Smith 07740818389/ 02896628213 ed_n_smith@hotmail.com www.runher.co.uk	✓
Sat 27	Even Age Group Championships & Bobby Rea Memorial	TBC	TBC	Athletics NI 02890602707 info@athleticsni.org	
November 2018					
Sat 3	84 th McConnell Shield	Sixmilewater Park, Ballyclare	12.45pm	Jeanette Burton 07801435183 Jeanette111@sky.com www.eastantrimharriersac.co.uk	
Sun 11	Uneven Age Group & Novice Championships	TBC	TBC	Athletics NI 02890602707 info@athleticsni.org	
December 2018					
Sat 1	Seeley Cup	TBC	TBC	Pending Permit	
Sat 8	Mighty Oaks XC	TBC	TBC	Pending Permit	
Sat 15	North West XC	TBC	TBC	Pending Permit	

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