

Athletics Northern Ireland

Cross Country & Road Running Fixtures 2023- 2024 – PROVISIONAL

Note to Road Race organisers – Due to the ever-increasing amount of road applications, dates may be held provisionally however full details will only be included upon receipt of completed permit application and fee.

Cross Country ■ Ultra Running ■ Mountain Races ■ Postponed ■

Updated 28th October 2023

www.athleticsni.org

Date	Event	Venue	Time	Contact	Officially Measured
February 2024					
Sat 17 th	Run Forest Run Castlewellan 10k & 5k	Castlewellan Forest Park	11am	Jane Rowe 07855586438/07712004543 info@born2runevents.com www.born2runevents.com	
Sun 18 th	NI & Ulster Senior XC Championships	Carndonagh GAA Club, Donegal	12 noon	UAC/ Athletics NI: 028 90602707 info@athleticsni.org	
Sun 18 th	East Coast AC Junior XC Series – Race 2	Larne Grammar School Playing Fields	10:15am	Justin Maxwell 07739960393 justinmaxwell700@gmail.com www.eastcoastathleticsclub.co.uk	
Sun 18 th	McGrady XC Series Tollymore Race	Tollymore Forest Park	1pm	Catherine McIntosh 07482186654 catherine@therehuman.com	
Sat 24 th	Mountfield 5 Mile & 5k Run	Barony Rd, Mountfield	11am	Kevin Campbell 07714713132 ks1316702@gmail.com	
Tues 27 th	Belfast Primary School Cross Country Championship 2024	Grove Park	10am	Scott Kennedy 07592793451 KennedyS@belfastcity.gov.uk www.belfastcity.gov.uk/getinspired	
Thurs 29 th	Belfast Primary School Cross Country Championship 2024	Ormeau Park	10am	Scott Kennedy 07592793451 KennedyS@belfastcity.gov.uk www.belfastcity.gov.uk/getinspired	
March 2024					
Sat 2 nd	Shanes Castle	Shanes Castle	1pm	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sat 2 nd	Slieve Gullion Mountain Race	Slieve Gullion	11am	Lorvan Valley 07963073737 lorcany@outlook.com	
Sun 3 rd	East Coast AC Junior XC Series – Race 3	Sandy Bay Playing Fields	10:15am	Justin Maxwell 07739960393 justinmaxwell700@gmail.com www.eastcoastathleticsclub.co.uk	
Sun 3 rd	St Mary's PS Pomeroy	St Mary's PS Pomeroy	12:30pm	Shane Donnelly 07523232505 shanedonnelly1992@outlook.com	
Tues 5 th	Belfast Primary School Cross Country Championship 2024	Falls Park	10am	Scott Kennedy 07592793451 KennedyS@belfastcity.gov.uk www.belfastcity.gov.uk/getinspired	
Thurs 7 th	Belfast Primary School Cross Country Championship 2024	Orangefield Park	10am	Scott Kennedy 07592793451 KennedyS@belfastcity.gov.uk www.belfastcity.gov.uk/getinspired	
Sat 9 th	Glenariffe Mountain Race	Glenariffe Community Centre	12 noon	Jonny Steede 07539621300 jonathansteede@gmail.com	
Sat 9 th	Bentley Group Walled City 10 Mile	St Columbs Park Running Track	10:30am	Noel McMonagle 07841101933 n8oels@yahoo.com	✓
Sun 10 th	Jimmy's 10k and Relay	Market Street, Downpatrick	10:30am	Paul Burns 07890556976 paul@stevensonburns.co.uk www.eastdownac.co.uk	✓
Sat 16 th	Washingbay Green Run	Washingbay	10:30am	Sarah Carney 07703594967 washingbayqr@gmail.com	

				www.wbaygreenrun.co.uk	
Sun 17 th	SPAR Craic 10k	Belfast City Hall	9am	Connla McCann 02890611916 c.mccann@aisling-events.com https://aisling-events.com/events/spar-craic-10k-2024/	✓
Sun 17 th	5 Forests 50k Ultra	Limavady United Football Club	9:30am	Colin Loughery 07729764177 colinloughery085@gmail.com	
Sun 17 th	Altamuskin 5	Altamuskin Community Centre	10am	Michael Broderick 07753615161 run@altamuskin.com www.altamuskin.com	
Sat 23 rd	Golden Mile	Ballymena Show Grounds	12noon	John McGerty 07791413558 mcgerty@gilbert-ask.co.uk www.ballymenarunners.org	
Sat 23 rd	Coleraine Campus 5k	Ulster University Coleraine Campus	6pm	Ryan Galway 07795088524 Rjgalway89@live.co.uk	✓
Sun 24 th	Portadown Running Festival	Portadown Peoples Park	8:30am	Janine Maher 07888722663 janinebmaher@hotmail.com	✓
Sat 30 th	Beragh 5 Mile Road Race & 5k Fun Run	St Marys Park, Beragh	11am	Adrian Donnelly 07761610828 donnelyadrian50@gmail.com	
Sun 31 st	Clogher Valley 5k	Clogher Valley Community Centre	10am	Deirdre McCarroll 07989452557 d_kelly45@hotmail.com	
April 2024					
Mon 1 st	Whitehead Easter Road Race	Whitehead	12 noon	Ann Hunter 02893378079 wca@whitehead-ni.com	
Sat 6 th	The Florida Endurance Challenge	Florida Manor, Killinchy	8am	George McGonigal 07905556173 georgemcgonigal17@gmail.com https://gaithouseevents.com/the-florida-endurance-challenge/	
Sun 7 th	34th SPAR Omagh Half Marathon & 5k	Omagh Leisure Complex	9:30am	Martin James McLaughlin 07786164431 runnermartin@outlook.com	✓
Tues 9 th	Ballymena Belles	Fenaghy Road, Galgorm	7pm	Catherine Stewart 07902043841 katy_lou81@yahoo.com www.ballymenarunners.org	
Fri 12 th	Dublin to Belfast	Saint James Gate, Dublin	12 noon	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sat 13 th	Larne 10 Miler Road Race	Larne Promenade	10am	William Thompson 02828265553 Dnoble@cat.com www.larneathleticclub.com	
Sun 14 th	Monkstown Spartans Belfast Zoo 5k	Belfast Zoo Car Park	9am	Kevin Moseley 07539063180 kevinmoseley79@gmail.com www.monkstownspartans.co.uk	
Fri 16 th	Belfast Primary School Cross Country Championship 2024	Mallusk Playing Fields	10am	Scott Kennedy 07592793451 KennedyS@belfastcity.gov.uk www.belfastcity.gov.uk/getinspired	
Sat 27 th	Gortin 5mile and 5k	Main Street, Gortin	11am	Ruairi Keenan 07956420305 rkeenan2712@yahoo.co.uk	
May 2024					
Sun 5 th	Belfast City Marathon	Stormont Estate	9am	Matthew McConnell 02890605922 Matthew.McConnell@belfastcitymarathon.org www.belfastcitymarathon.com	✓
Fri 10 th	Termoneeny 5k and 10k			Pending Permit	
Fri 10 th & Sat 11 th	Maguiresbridge Festival of Running	Maguiresbridge Primary School	Various	Andy Baker 07973624759 andybaker1@gmx.co.uk	
Sat 18 th	Seskinore Forest 5k	Seskinore Rural Community Group	11am	Ivor Russell seskinorecrg@gmail.com	
Sat 18 th	Glenarm Castle Challeng	Glenarm Castle Estate	11am	Jane Rowe 07855586438 info@born2runevents.com	

				www.born2runevents.com	
Sat 25 th	Ballyclare May Fair 5k & 10k	Ballyclare Rugby Club	10am	Chris Dickey 07860712163 caharriers.info@gmail.com www.countyantrimharriers.co.uk	
Sat 25 th	Pat Dunbar Memorial Mountain Race	Leitrim Lodge	11am	Paul Le Blanc 07871775633 pleb1422@aol.com	
Sun 26 th	Almac 5k & 10k	Craigavon Lakes	11am	Glenn Grant 07720081053 championchpireland@googlemail.com	
Sun 26 th	Newall 5k & 10k	Main Street Coalisland	10:30am	Sean Boyle 02887741818 sean.boyle@newallstores.com	
June 2024					
Sun 9 th	Antrim Coast Classic Street Mile/5k Road Race	Dunbar Link	10am	Ruth McIlroy 07929333982 ruth.mcilroy@btinternet.com www.antrimcoasthalfmarathon.com	
Fri 21 st	Comber 10k	Castle Lane	7:30pm	Valerie Martin 07834522679 ballydrain.secretary@outlook.com	
Sun 23 rd	Moy Park Belfast City Women's 10k	Paddock Car Park, Titanic Quarter	10am	Matthew McConnell 02890605922 Matthew.McConnell@belfastcitymarathon.org www.belfastcity10k.com	√
July 2024					
Fri 19 th	Sea 2 Sky	Newcastle	TBC	Pending Permit	
Fri 26 th	Giant's Trail Race	QUB Sport, Upper Malone Road, Belfast	7pm	Brian Jack 07866192066 bwkj01@gmail.com www.dubrunners.club	
August 2024					
Sat 10 th	Dambusters	Kilkeel	TBC	Pending Permit	
Sun 18 th	Storming the Castle 10k	Carrickfergus Amphitheatre	1:30pm	Andrew Smyth 07969031570 andrewsmyth186@gmail.com www.seaparkac.com	
Sat 24 th	Antrim Coast Half Marathon	Larne	9:30am	Ruth McIlroy 07929333982 ruth.mcilroy@btinternet.com www.antrimcoasthalfmarathon.com	
September 2024					
Sat 7 th	Belfast Victoria Park Road Relays 2024	Victoria Park	11am	Pending Permit	
Sun 22 nd	Moy Park Belfast City Half Marathon	Ormeau Embankment	9am	Matthew McConnell 02890605922 Matthew.McConnell@belfastcitymarathon.org www.belfastcitymarathon.com	√