

Note to Road Race organisers – Due to the ever-increasing amount of road applications, dates may be held provisionally however full details will only be included upon receipt of completed permit application and fee.

PROVISIONAL Cross Country

Updated 10th July 2018

www.athleticsni.org

Date	Event	Venue	Time	Contact	Officially Measured
2018					
July 2018					
Weds 11	The Shore 10k	Quay St Killough	7.30pm	Joe Quinn 07933214894 Joemarathon50@btinternet.com	
Fri 13	Sea 2 Sky 5k & 10k	Newcastle Prom, opposite O'Hares Lounge Bars	10k Walk- 6.30pm 10k & 5k- 7.30pm	Gerard Rowe 07855586438/ 07712004543 info@born2runevents.com www.born2runevents.com	
Sat 14	Donut Run 5k	Wallace High School	2pm	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sun 15	JD Dance 5k	Main Street, Coalisland	10am	Paula McStravog 07719554332 Paula703@btinternet.com	
Tues 17	Portaferry Gala 10 Mile Road Race	Cloghery Road, Portaferry, outside the Sports Centre	7.30pm	Mags Mathieson 07402785109 Mags.mathieson@yahoo.co.uk portaferry10mile@ntlworld.com www.eastdownac.co.uk	✓
Weds 18	Brackaghreilly Maghera 5 Mile Run and 3 Mile Walk	Brackaghreilly Hall	7.30pm	Frank McKeigue 07518574166 brackaghreilly@hotmail.co.uk	
Fri 20	Dalriada Challenge	Altmore Street, Glenarm	7pm	Stephen Montgomery 077334174994 stmonty6@outlook.com	
Sat 21	Blue Belle's 5k	Killyfaddy Road	11am	Stacey Hinfey 07909540391 Secretary.acornsac@gmail.com	
Sat 21	Kennedy Kane McArthur Festival of Running- Dark Hedges Half Marathon	Knock Road, Dervock	10.45am	Kenneth Bacon 02827666925 k.bacon14@btinternet.com www.springwellrunners.co.uk	✓
Sun 22	Run Belfast	Albert Clock, Belfast	8.50am	Conal Heatley 07787414776 conal@communitymultisport.org www.communitymultisport.org	
Weds 25	RGU 10k and Relay	Ardglass Road, Downpatrick	7.30pm	Joe Quinn 07933214894 Joemarathon50@btinternet.com	✓
Tues 26	Fairness (IN) Fertility 5k	Old Railway Station, Foyle Road, Derry	7.30pm	Carmel Lynch carmellynch@hotmail.com	
Fri 27	Giants Trail Race	Upper Malone Playing Fields, Belfast	7pm	Brian Grimes 07876756173 Briangrimes234@gmail.com www.dubrunners.club	
Fri 27	Crossgar 10k	Monastery	7pm	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Fri 27	LacPatrick Milk Run (5 Mile)	Garryduff Road	7.30pm	Kenneth Bacon 02827666925 k.bacon14@btinternet.com www.springwellrunners.co.uk	
Sat 28	Divis 10k	Divis Carpark	11am	Nuala Muldoon 07578521679 Legiteventsni@gmail.com https://www.facebook.com/events/169980343611873/	
Sat 28	Rossi 5k Run & Walk in Memory of Eoin Farrell & James Miskelly	Rostrevor	6pm	Martin McGinn 07515748278 info@therossi.co.uk www.therossi.co.uk	

Please note that dates and times are subject to change by the organisers or due to event clashes. This may be at short notice, so please always check for alterations before your events.

Sat 28	Derrytresk 10k & 5k	Derrytresk Community Centre	10am	Aidan Campbell 07919912644 Secretary.derrytreskfiracnoic.tyrone@gaa.ie	
Mon 30	Broughshane 5k & 10k	Broughshane High Street	7pm	Robin Alexander 02825656319/ 07743543211 Robin65alexander@btinternet.com www.ballymenarunners.com	
August 2018					
Wed 1	Crawfordsburn 5k Trail Race	Crawfordsburn Country Park	7.15pm	Clare Russell 07901823349 northdownac@gmail.com www.northdownac.co.uk	
Fri 3	Stanley Reid Memorial 5 Mile Classic	Loughry Campus, Cookstown	7.30pm	Mark Reid 07899002644 Alfredmark2002@yahoo.co.uk www.sperrinharriers.co.uk	✓
Fri 3	Quarry 5k	The Glencloy Inn	7pm	Stephen Montgomery 07734174994 stmonty6@outlook.com	
Sat 4	Delamont 10k & 5k	Delamont Car Park	12 noon	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sat 4	Run the Trails, Mount Stewart Half Marathon & 10k	Mount Stewart National Trust	6.30pm	Chris Stevenson 07970831940 ardshalf@scrabostriders.com	✓
Sun 5	GymCo Feile 10k	GymCo Cityside, York Street	9am	Lindsay Abbott 02895600669/ 07753391887 manager@gymbelfast.co.uk www.gymbelfast.co.uk	✓
Wed 8	Edwin May Nissan 5 Mile Classic	Coleraine Leisure Centre	7.30pm	Benny Knight 02870347202 Benny.knight@causewaycoastandglens.gov.uk	✓
Wed 8	Donaghadee 5k	The Harbour Donaghadee	7.30pm	Fiona Lemon 07739412777 runninginthedee@gmail.com	✓
Fri 10	Mallusk 5 Mile Road Race 2018 with Pizzarella	Academy Club, Mallusk Road	7.30pm	Leeanne Skillen 07961620715 malluskharriers@outlook.com www.malluskharriers.co.uk	
Sat 11	Lecale Way 10k	Cable Bar, Ballyhornan	7pm	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sat 11	Slieve Croob Challenge	Peter Morgan's Cottage	10am	Declan McCann 07885736638 Declanmccann69@hotmail.com	
Sat 11	iCare Purple Run	Gosford Forest Park	11am	Cormac Gribben 02837511333 cgribben@hcil.com www.icarecharity.com	
Sat 11	Run Groomsport	Groomsport Main Street	10am	Conal Heatley 07787414776 conal@communitymultisport.org www.communitymultisport.org	
Mon 13	Tilly's Rainbow Run	Main Street, Kesh	7pm	Jayne Thompson 02868632434/ 02866832040 jaynethompsonmfi@yahoo.co.uk	
Thurs 16	Donaghmore 5 Mile	The Torrent Complex	7.30pm	Damian McCaul 02887769051/ 07825536580 damian@torrentcomplex.co.uk www.torrentcomplex.co.uk	
Fri 17	Prosecco Run	Castle Ward	7pm	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Fri 17	5 Mile Trail Run	Fivemiletown College	7pm	Glenda Eagleson 02889522701/ 07765942356 Geagleson223@c2kni.net	
Sat 18	Extern Dambusters	Silent Valley Mountain Park, Annalong	Walk- 10.30am HM/5k- 11am 10k- 12 noon	Gerard Rowe 07855586438/ 07712004543 info@born2runevents.com www.born2runevents.com	✓
Sat 18	The Loughshore 5k & 10k Run	Kinturk Cultural Centre	12 noon	Camillius Quinn 07810293177 kinturkca@gmail.com	
Sun 19	Stairway to Heaven	Cuilcagh Mountain Park	12 noon	Adrian Daye 07876560015 atlas@atlasrunning.co.uk	

Please note that dates and times are subject to change by the organisers or due to event clashes. This may be at short notice, so please always check for alterations before your events.

				www.atlasrunning.co.uk	
Sun 19	Run Connswater 10k & 5k	CS Lewis Square	10am	Mel Boyle 07841496098 Mel.boyle@gmail.com www.moveamuscle.com	
Sun 19	Carnmoney 5k & 1 Mile Fun Run	Knockenagh Avenue, Newtownabbey	11am	Nuala Muldoon 07578521679 legiteventsni@gmail.com	
Wed 22	Dessie's 10k Run	U3A Foyle	7pm	Gerry Lynch 07702006667 Gerry.lynch@hotmail.co.uk	
Fri 24	Portrush 5 Mile Road Race	Dunluce Road, Portrush	7.30pm	Mervyn Thompson Portrush5@gmail.com	
Fri 24	Strangford Festival 10k	Stella Maris Street, Strangford	7pm	Brendan Kerr 07863900138 bkerr674@c2kni.net	
Sat 25	Rathlin Run 10 Mile & 5k	McCuigs Public House	1pm	Ryan Maxwell 07754718760 ryan@nirunning.co.uk www.rathlinrun.com	
Sun 26	Storming The Castle	Amphitheatre Carrickfergus	2pm	Andrew Smyth 02893360754/ 07969031570 Smytha1@sky.com / stc@seaparkac.com www.seaparkac.com	✓
Sun 26	Ballinderry Shamrocks 5k & 5 Miler	Shamrock Park	10.30am	Roisin Mullan 02886735899 littlebridge@btconnect.com	
Fri 31	Ards Lions Five Mile Challenge	Londonderry Park, Newtownards	7pm	John Neil McCormick 07720304667 ardsnthdownlions@aol.com	✓
Fri 31	Magheralin 5	Ballymacbredan Road, Magheralin	7.30pm	Fearghal Laverty 07867536478 Secretary.stmichaels.down@gaa.ie	
Fri 31	Magherafelt Harriers 10k Classic	Meadowbank Sports Arena	7.30pm	Rodney Young 07966962828 rodney.y1969@gmail.com	
September 2018					
Sat 1	Last One Standing Florence Court	Car Park area	12 noon	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sun 2	Laganside 10k & 1 Mile Children's Race	Ormeau Park	1:15pm for Children 2pm for 10k	Matt Shields 07959569308 mattshields@gmail.com www.laganside10k.com	✓
Sun 2	Waterside Half Marathon NI & Ulster Championship	Ebrington	10am	Jacqueline Whoriskey 02871376504 jacequeline.whoriskey@derrystabane.com	✓
Sat 8	East Coast AC Larne 10k	Centre Point, Pound Street, Larne	11am	Ryan Maxwell 07754718760 ryan@nirunning.co.uk www.larne10k.com	✓
Sat 8	Diva Dash (Ladies Only)	Carrickmore GFC	11am	Michael Kerr 02880760557/ 07444348676 carmenrunners@hotmail.co.uk	
Sat 8	Tannaghmore 10k	Tannaghmore Primary School	12 noon	Gerard Magee 07979245316 gerardmageeantrim@gmail.com	
Sat 8- Sun 9	Run In The Park	Ward Park Bowling Pavillion	12 noon	Gordon Matchett 07595221404 Gordonbt19@gmail.com	
Sun 9	Alps 10k & 5k	Delamont Car Park	2pm	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sat 15	Tafelta AC- Ten Mile Race	Meadowbank Sports Arena	12 noon	Francis Purvis 07597595831 francispurvis@hotmail.co.uk www.klubfunder.com/clubs/tafelta_ac	
Sat 15	O'Brien Challenge	Davagh Forest	12 noon	David O'Brien 02879469710/ 07596088657 obrien56@icloud.com	
Sun 16	Centra Run Together Pairs Event- Palace Demense Armagh	Palace Demense, Armagh	10am	Johnny Davis 07768103968 johnny@pioneer-group.co.uk www.centra.co.uk/runtogether	
Sun 16	Tower of the Lake	The Courtyard Clondeboye Estate, Bangor	2.30pm	Chris Stevenson 07970831940 stevensonlighting@hotmail.com	
Sun 23	Deep RiverRock Belfast City Half Marathon	Ormeau Park	9am	Marathon Office 02890605933 Info@belfastcitymarathon.org	✓

Please note that dates and times are subject to change by the organisers or due to event clashes. This may be at short notice, so please always check for alterations before your events.

				www.belfastcitymarathon.com	
Sun 23	McGrady Junior XC Race 1	Castlewellan Forest Park	1pm	Pauline McCauley 07803203650 juniors@newcastleac.org	
Sat 29	NI & Ulster Championship Bangor 10k	Castle Park, Bangor	11am	Clare Russell 07901823349 northdownac@gmail.com www.northdownac.co.uk	✓
Sat 29	Annaghmore Running Festival	Annaghmore Community Hall	10am	Konrad McNeice 07810533799 Konrad79@hotmail.com	
Sat 29	The Brocagh School Run 5k & 10k	St Brigid's PS, Brocagh	11:30am	Brian Kelly 02887738261/ 07856495065 Bkelly404@c2kni.net	
Sun 30	Cavehill 5 Mile	Antrim Road, Newtownabbey	11am	Nuala Muldoon 07578521679 legiteventsni@gmail.com www.facebook.com/events/1055467794591702	
October 2018					
Sat 6	NI & Ulster Road Relay Championships	Victoria Park	Various	Robin Montgomery 07717531141 robinmontgomery@btinternet.com www.orangegroveac.co.uk/relays	
Sat 13	Saintfield 10k & 5k	Comber Street	12 noon	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sat 13	NIMAA XC Trial	Queen's Playing Fields	11.30am	Elizabeth Watt 07816895746 lizwatt@doctors.org.uk	
Sun 14	Armagh 10 Mile Road Race & 4 Mile Fun Challenge	The Navan Centre, Armagh	12 noon	Edel Ferson 02837529636 Edel.ferson@armaghbanbridgecraigavon.gov www.getactiveabc.com	
Sat 20	St Mary's Primary Killyclogher 10k & 5k Run	Cappagh Parich Hall, Omagh	11.30am	Patricia Campbell 07745407917 pdccampbell@btconnect.com	
Sat 20	Fergals 10 Miler	Davagh Forest	12 noon	Stacey Hinfey Secretary.acornsac@gmail.com www.facebook.com/Fergals10Miler/	
Sat 20	GR8 Dundrum Run	TBC	TBC	Pending Permit	
Sun 21	Centra Run Together Pairs Event- Ormeau Park	Ormeau Park	10am	Johnny Davis 07768103968 johnny@pioneer-group.co.uk www.centra.co.uk/runtogether	
November 2018					
Sat 3	84 th McConnell Shield	Sixmilewater Park, Ballyclare	12.45pm	Jeanette Burton 07801435183 Jeanette111@sky.com www.eastantrimharriersac.co.uk	

Please note that dates and times are subject to change by the organisers or due to event clashes. This may be at short notice, so please always check for alterations before your events.