

Note to Road Race organisers – Due to the ever-increasing amount of road applications, dates may be held provisionally however full details will only be included upon receipt of completed permit application and fee.

PROVISIONAL Cross Country

Updated 11th September 2019

www.athleticsni.org

Date	Event	Venue	Time	Contact	Officially Measured
2019					
September 2019					
Thurs 12	Run N The Bann	Main Street, Portglenone	7pm	Frances Dobbin 07869252766 Francesdobbin123@gmail.com www.gignthebann123@gmail.com	
Fri 13	GRC Coastal 5k	Carnlough	7pm	Stephen Montgomery 02828841445/ 07734174994 stmonty6@outlook.com	
Sat 14	Eva's Adventure Run	Basil Sheils, Dundrum Road, Tassagh	9am	Tracey Hughes 07749981157 hello@evasadventures.com www.evasadventures.com	
Sat 14	Tannaghmore 10k & 5k	Tannaghmore Primary School	12 noon	Gerard Magee 07979245316 gerardmageeantrim@gmail.com	✓
Sat 14	Mountfield 5 Mile & 5k	Mountfield Community Hall	11am	Shane Tracey 07749111643 mountfieldca@gmail.com	
Sat 14	Ultimate Ultra Champion Day 2	Bunkhouse Castleward	9am	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sun 15	Centra Run Together Armagh	Palace Demense	10am	Pioneer Group 07768103968 info@pioneer-group.co.uk	
Sun 15	FEARR Tower of the Lake 2	Courtyard Clandeboye Estate	5pm	Chris Stevenson 07970831940 stevensonlighting@hotmail.com	
Sun 22	Deep RiverRock Belfast City Half Marathon	Ormeau Park	9am	Marathon Office 02890605933 info@belfastcitymarathon.org www.belfastcitymarathon.com	✓
Thurs 26	Mad For The Road	Moneyglass Community Centre	7pm	Liz Trimble 07515433470 moneyglassdistrictrunners@gmail.com	
Sat 28	NI & Ulster Championship Bangor 10K	Castle Park	10am	Clare Russell 07901823344 events@northdownac.co.uk	✓
Sat 28	Annaghmore Running Festival	Annaghmore Community Hall	10am	Konrad McNeice 07810533799 konrad79@hotmail.com	
Sat 28	The School Run 19	School Road, Brocagh	10:30am	Brian Kelly 02887738261 bkelly404@c2kni.net	
Sun 29	Albertville 100 Years 5k	Duncrue Road	12 noon	Jenny Hamilton 07769748979 Jennyhamilton83@gmail.com www.albertvilleharriers.org	
Sun 29	Jog Moira Donut Race	Moira Demesne	1pm	Ann McKegey 07792434556 jogmoira@gmail.com	
Sun 29	Divis 10K	Divis carpark	11am	Nuala Muldoon Nualamuldoon@yahoo.com	
Sun 29	Tj McElmeel Cup	Palace Demense, Armagh	12:30pm	Mark Haynes 07939449224 Mcelmeelcup@gmail.com	
October 2019					
Sun 6	NI & Ulster Road Relay Championships	Belfast Victoria Park	11.10am	Darren Houston 07891402553 darrenhouston@hotmail.co.uk	✓
Sun 6	Run Anon Lough View Run	Crumlin Glen Car Park	11.30am	Aidan O'Neill 07954142045 run-anon@hotmail.com	
Sun 6	Craigavon Lakes 3 Quarter	Craigavon	8.30am	Stuart Kennedy 07796957784	

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	Marathon	Watersports Centre		stuartkennedy44@gmail.com	
Sun 6	Martys Run	Glengalligh Road	11am	Denise Doherty 07732216569 dendoh@hotmail.co.uk www.FoyleValleyAC.co.uk	
Sat 12	NI Masters XC Championships and Trials	TBC	TBC	Pending Permit	
Sat 12	Kells & Connor Half Marathon	Station Road, Kells	10am	Andy McClean 07809239975 andrew.mcclean@btinternet.com https://www.facebook.com/Kells-Connor-Half-Marathon-1237913949719931/	✓
Sun 13	Hazelbank Park- Running Scared	Hazelbank Park	11am	Nuala Muldoon 07578521679 nualamuldoon@yahoo.com https://www.facebook.com/events/2108108129489726/	
Sun 13	Armagh 10 Mile RR & 4 Mile Fun Challenge	The Navan Centre, Armagh	11am	Edel Ferson 02837529636/ 0775868463 edel.ferson@armaghbanbridgecraigavon.gov www.getactiveabc.com	
Sun 13	Saintfield 5K & 10K	TBC	TBC	Pending Permit	
Sat 19	Comber Cup	Billy Neill Playing Fields	10am	Valerie Martin 07834522679 ballydrainharriers@outlook.com www.ballydrainharriers.co.uk	
Sat 19	GR8 Dundrum Run	Main Street, Dundrum	11.50am	Paul Madden 07974392790/ 07855586438 info@murloughac.com www.murloughac.com	
Sat 19	Fergals 10 Miler	Broughderg Hall Cookstown	12pm	John Loughran 07742518927 john@jiloiughran.com	
Sun 20	Centra Run Together Belfast	Ormeau Park	9am	Pioneer Group 07768103968 info@pioneer-group.co.uk	
Sat 26	Even Age Group Championships & Novice XC	Greenmount	9am	Athletics NI 02890602707 info@athleticsni.org	
November 2019					
Sat 2	85 th McConnell Shield	Sixmile Water Park, Ballyclare	12.45pm	Jeanette Burton 07801435183 jeanette111@sky.com www.eastantrimharriersac.co.uk	
Sun 3	EAMS Halloween Frightener	Loughshore Park	8.30am	Peter Montgomery 07788673548 p.montgomery2@sky.com www.eastantrimmarathonseries.co.uk	
Sat 3	Carrickfergus Marathon & Half Marathon	Carrickfergus Castle car park	9am	Gary Connolly 07739223630 info@werunwildni.com www.werunwildni.com	
Sat 9	Uneven Age Group Championships & Bobby Rea	Billy Neill Centre of Excellence	9am	Athletics NI 02890602707 info@athleticsni.org	
Weds 13	Run In The Dark	Stormont Hotel	8pm	Mark Pollock Trust +353876093213 kristina@markpollock.com	
Sat 16	British & Irish Masters XC	TBC	TBC	Pending Permit	
Sun 17	Co. Down 5K	St Patricks Square, Downpatrick	10am	Andrew Telford 07771985042 Andrewtel84@gmail.com https://www.facebook.com/CoDown5km/	
Sat 23	Malcolm Cup	TBC	TBC	Pending Permit	
Sat 30	Seeley Cup	Ormeau Park	2:30pm	Athletics NI 02890602707 info@athleticsni.org	
December 2019					
Sat 7	Mighty Oaks XC	TBC	TBC	Pending Permit	
Sat 14	North West XC	TBC	11.30am	Pending Permit	
Sat 21	Hazelbank Park - Christmas Run	Hazelbank Park	11am	Nuala Muldoon 07578521679 nualamuldoon@yahoo.com	

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<https://www.facebook.com/events/2108108129489726/>

January 2020

Sun 12	Mathieson Cup	TBC	TBC	Pending Permit
Sat 18	North Down AC XC Relays	TBC	TBC	Pending Permit
Sat 25	NI & Ulster Intermediate and Masters XC	TBC	TBC	Pending Permit

February 2020

Sat 8	Stormont XC	TBC	TBC	Pending Permit
Sat 22	NI & Ulster Senior XC	TBC	TBC	Pending Permit

March 2020

Sun 8	Race to Recovery	TBC	TBC	Pending Permit
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