

Athletics Northern Ireland Cross Country & Road Running Fixtures 2022 – PROVISIONAL

Note to Road Race organisers – Due to the ever-increasing amount of road applications, dates may be held provisionally however full details will only be included upon receipt of completed permit application and fee.

Cross Country ■ Ultra Running ■ Mountain Races ■

Updated 13th May 2022

www.athleticsni.org

Date	Event	Venue	Time	Contact	Officially Measured
2022					
May 2022					
Sat 14	Slieve Donard Mountain Race	Donard Forest Park, Newcastle	2pm	Deon McNeilly info@newcastleac.org www.newcastleac.org	
Sun 15	Lifford Strabane Half Marathon	Melvin Sports Complex, Strabane	9:30am	Catherine Ashford catherine.ashford@derrystrabane.com	
Thurs 19	Rocky Hill & Dale Race 5	Leitrim Lodge Car Park	7.30pm	Deon McNeilly info@newcastleac.org www.newcastleac.org	
Sat 21	The Compare NI Baronscourt Endurance Challenge	The Stable Yard, Baronscourt Estate	9am	George McGonigal 07905556173 info@gaithouseevents.com www.gaithouseevents.com	
Sat 21	Drumnaph 5k	Drumnaph Nature Reserve, Maghera	10am	Samantha Convery 07526477697 Samanthaconvery23@icloud.com	
Sat 21	Annalong Horseshoe	Head Road, Annalong	11am	Trevor Wilson 077796033884 trevorwilson.08@gmail.com	
Sun 22	Centra Run Together	Lake Land Forum, Enniskillen	10am	Beth Healy 07891050866 beth@pioneer-group.co.uk	
Thurs 26	Lukes Hill & Dale Race 6	Meelmore Lodge	7.30pm	Deon McNeilly info@newcastleac.org www.newcastleac.org	
Fri 27	Paul Murray 5k Grand Prix Series – Race 1	Eskra Community Centre	7.30pm	Donna McKenna 07817371648 knockmanyrunningclub@hotmail.com	
Sat 28	May Fair Races	Ballyclare Rugby Club	10am	County Antrim Harriers Irene Downey 07443331683 downeyirene8@gmail.com	
Sun 29	Loop the Lough	Strangford	9am	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sun 29	Newry City Half Marathon & 10k	Albert Basin, Newry	9am	Newry City Runners www.newrycityrunners.com pblinden@aol.com	
June 2022					
Thurs 2	Millstone Hill & Dale Race 7	Carn Car Park	7.30pm	Deon McNeilly info@newcastleac.org www.newcastleac.org	
Fri 3	The Paul Murray 5k Grand Prix Series – Race 2	Eskra Community Centre	7.30pm	Donna McKenna 07817371648 knockmanyrunningclub@hotmail.com	
Sat 4	Washingbay Green Run	Washingbay	9am	Bronagh Carney 07703594967 www.wbaygreenrun.co.uk washingbaygr@gmail.com	
Sat 4	Cairncastle Classic	TBC	TBC	Pending Permit	

Thurs 9	Loughshannagh Hill & Dale Race 8	Carn Car Park	7.30pm	Deon McNeilly info@newcastleac.org www.newcastleac.org	
Fri 10	The Paul Murray 5k Grand Prix Series – Race 3	Eskra Community Centre	7.30pm	Donna McKenna 07817371648 knockmanyrunningclub@hotmail.com	
Sat 11	Killyclogher 10k	Killyclogher GAA Club	11am	Eamon McGrath secretary.killyclogher.tyrone@gaa.ie	
Sat 11	Ladies Only “Stunnerz n Runnerz”	Drum Manor Forest	12noon	Tanya Quinn 07873848493 tanyab4@hotmail.co.uk www.sperrinharriers.co.uk	
Thurs 16	Meels Hill & Dale Race 9	Meelmore Lodge	7.30pm	Deon McNeilly info@newcastleac.org www.newcastleac.org	
Thurs 16	Lismore 5k	Lismore Comprehensive School	7pm	Francis McVeigh 07736014961 fmcveigh048@c2kni.net	
Fri 17	Comber 10k	Castle Lane, Comber	7.30pm	Valerie Martin 07834522679 ballydrain.secretary@outlook.com www.ballydrainharriers.co.uk	✓
Fri 17	The Paul Murray 5k Grand Prix Series – Race 4	Eskra Community Centre	7.30pm	Donna McKenna 07817371648 knockmanyrunningclub@hotmail.com	
Sat 18	Belfast 24 Hour	Victor	12 noon	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sun 19	Flagstaff to Carlingford	Flagstaff, Armagh	11am	Lorcan Vallely Armagh AC lorcanv@outlook.com	
Sun 19	Centra Run Together Bangor	Ward Park, Bangor	10am	Beth Healy 07891050866 beth@pioneer-group.co.uk	
Wed 22	Lisburn Vitality Half Marathon, 10k & Fun Run	Lagan Valley Leisureplex	6:50pm	Glenn Grant 07720081053 championchipireland@googlemail.com https://www.lisburncastlereagh.gov.uk/things-to-do/lisburn-half-marathon	
Fri 24	Ards Half Marathon	Ards Blair Mayne Leisure Complex	6:30pm	Hannah Robinson 07970593655 www.scrabostriders.com	
Fri 24	Newell 5k & 10k	Newell Stores, Coalisland	7pm	Cathal O'Hagan 07990790790 cathalohagan@hotmail.com	
Fri 24	Drinnahilly Hill & Dale Race 10	Donard Forest	7.30pm	Deon McNeilly info@newcastleac.org www.newcastleac.org	
Sat 25	Dromore 10k	TBC	12noon	Pending Permit	
Sat 25	Tattyreagh 5 Mile & 5k	Tattyreagh GAC, Omagh	11am	Martin McLaughlin 07786164431 runnermartin@outlook.com	
July 2022					
Sat 2	Larne AC Coast Road 10k	Ballygally, Larne	10am	David Noble 07900912194 dnoble@cat.com www.larneathleticclub.com	
Sat 2	Spelga Skyline	TBC	TBC	Pending Permit	
Sun 3	Great Rossa Run	Ardboe Parish Centre	10am	Shane Mallon 07557447436 thegreatrossarun@gmail.com	
Sun 3	Gullion Way Ultra	Newry Gateway Club, Newry	8am	Gary Connolly info@werunwildni.com www.werunwildni.com	
Fri 8	Greyabbey 10k and 5k	Greyabbey Village Hall	7.30pm	Raymond Murray 07432533515 raymond300@btinternet.com	

Fri 15	Sea 2 Sky 10k race/walk & 5k	Newcastle Leisure Centre	6.30pm	Jane Rowe info@born2runevents.com www.born2runevents.com	
Sat 16	The Abbey Tiles, Grey Abbey 6 & 12 Hour Endurance Challenge	Grey Abbey Estate	7am	George McGonigal 07905556173 info@gaithouseevents.com www.gaithouseevents.com	
Sat 16	The Argory 6 & 12 Hour Night Challenge	The Argory, Dungannon	9pm	George McGonigal 07905556173 info@gaithouseevents.com www.gaithouseevents.com	
Tues 19	Portaferry 10 Mile & Relay	Portaferry Leisure Centre	7.30pm	Mags Mathieson 07402785109 mags.mathieson@yahoo.co.uk	
Wed 20	Donaghadee 5k	Donaghadee Pier	7:30pm	Fiona Lemon 07739412777 runninginthedee@gmail.com	
Sun 24	Sunrise Run 5k	Dixon Hall, Larne	7am	Suzanne Lough 07715106029 suzylough@hotmail.com www.eastcoastathleticclub.co.uk	
Sun 24	Hillsborough Castle Running Festival	Hillsborough Castle	9am	Rob Sullivan 07957157665 rob.sullivan@runthrough.co.uk www.castlerunningfestival.co.uk	
Fri 29	Giants Trail Race	Dub Playing Field	7pm	Brian Jack www.dubrunners.club/race dubrunnersbelfast@gmail.com	
Sun 31	Crossgar 10k	The Square, Crossgar	1pm	Adrian Daye atlas@atlasrunning.co.uk	
August 2022					
Wed 3	Crawfordsburn 5k	Crawfordsburn Country Park	7.15pm	Clare Russell 07901823349 www.northdownac.co.uk events@northdownac.co.uk	
Wed 3	Ardglass 10k & 5k	St Nicholas' Primary School, Ardglass	7pm	Adrian Daye atlas@atlasrunning.co.uk	
Fri 5	Co Down 5k	Downpatrick Town Centre	7.30	Andrew Telford 07771985042 andrewtel84@gmail.com	
Fri 5	Sperrin Harriers 5 Mile Classic Stanley Reid Memorial	Loughry Campus	7:30pm	Mark Reid 07899002644 www.sperrinharriers.co.uk alfredmark2002@yahoo.co.uk	✓
Fri 5	Mallusk Harriers 5 Mile Road Race	Academy Club, Mallusk Road	7.30pm	Leanne Skillen 07961620715 malluskharriers@outlook.com www.malluskharriers.co.uk	
Sat 6	Run the Trails at Mount Stewart	Mount Stewart, Newtownards	6pm	Chris Stevenson stevensonlighting@hotmail.com	
Sat 6	Seven Sevens	TBC	TBC	Pending Permit	
Mon 8	Broughshane 5 & 10k	TBC	TBC	Pending Permit	
Fri 12	Connswater 5 Mile Challenge	CS Lewis Square, Belfast	7pm	Gary Keenan 07808276244 Keenang1963@gmail.com www.vpcac.com	
Sat 13	Dambusters 10mi/10k/5k	Silent Valley Mountain Park	10.30am	Jane Rowe info@born2runevents.com www.born2runevents.com	
Sat 13	Florence Court Last One Standing	Florence Court	12 noon	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sun 14	Rock the Lakes and Lough	South Lakes Leisure Centre, Craigavon	9.30am	St Peter's AC Paul Moore 07767135144 mfamily.mf@gmail.com	

Thurs 18	Scrabo Race	TBC	TBC	Pending Permit	
Sat 20	The Quinn Estate Agents 6/12 Hour & 5k/10k Races	Montalto Estate, Ballynahinch	6pm	George McGonigal 07905556173 info@gaithouseevents.com www.gaithouseevents.com	
Sun 21	Storming the Castle	Amphitheatre Carrickfergus	1.30pm	Andy Smyth 07969031570 www.seaparkac.com stormcastle800@gmail.com	✓
Fri 26	Portrush 5 Mile	Portrush	TBC	Pending Permit	
Sat 27	Antrim Coast Half Marathon Classic Street Mile & Kids Mile Run	Main Street, Larne	7.30pm	Ruth McIlroy 07929333982 ruthmoore844@btinternet.com www.antrimcoasthalfmarathon.com	
Sun 28	Antrim Coast Half Marathon	Coast Road, Larne	9am	Ruth McIlroy 07929333982 ruthmoore844@btinternet.com www.antrimcoasthalfmarathon.com	✓
September 2022					
Fri 2	GRC Coastal 5k	Branch Road, Carnlough	7pm	Stephen Montgomery 07734174994 stmonty6@outlook.com www.glenloughrunningclub.com	
Sat 3	Run Fintona Run	TBC	TBC	Pending Permit	
Sun 4	Laganside 10k	Ormeau Park	2pm	Diane Taylor Dianetaylor611@googlemail.com www.laganside10k.com	
Fri 9	Portaferry 10k (previously: Abis Butterfly Breeze)	Portaferry GAC	6.30pm	Andrew Brodie 07739071472 brodieandrew35@gmail.com	
Fri 9	Les Jones Memorial 10k	TBC	TBC	Pending Permit	
Sun 11	Run NI 5k	TBC	TBC	Pending Permit	
Sun 18	Mash Direct Belfast City Half Marathon	Ormeau Park	9am	Belfast City Marathon 02890726130 info@belfastcitymarathon.org www.belfastcitymarathon.com	✓
Sat 24	NI & Ulster Championship Bangor 10k	Castle Park, Bangor	10am	Clare Russell 07901823349 events@northdownac.co.uk www.northdownac.co.uk	✓
Sat 24	Annaghmore Running Festival	Annaghmore Clubrooms, Annaghmore	10am	Konrad McNeice 07810533799 Konrad79@hotmail.com	
October 2022					
Sat 1	NI & Ulster Road Relay Championships	Victoria Park, Belfast	12noon	Gary Keenan 07808276244 Keenang1963@gmail.com www.vpcac.com	
Sun 9	Armagh 10 Mile	TBC	TBC	Pending Permit	
Sat 15	Dundrum Gr8	TBC	TBC	Pending Permit	
Sun 16	Centra Run Together	Ormeau Park, Belfast	10am	Beth Healy 07891050866 beth@pioneer-group.co.uk	
Sat 22	NI & Ulster Even Age Group Championships & Bobby Rea Cross Country	TBC	TBC	Pending Permit	
Sun 30	Saintfield 10k & 5k	Saintfield Cricket Club, Saintfield	2pm	Saintfield Striders/Adrian Daye atlas@atlasrunning.co.uk www.saintfieldsportsclub.co.uk	
November 2022					

Sun 6	NI & Ulster Uneven Age Group & Novice Cross Country Championships	TBC	TBC	Pending Permit	
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