

Athletics Northern Ireland

Cross Country & Road Running Fixtures **2026 – PROVISIONAL**

Note to Road Race organisers – Due to the ever-increasing amount of road applications, dates may be held provisionally however full details will only be included upon receipt of completed permit application and fee.

Cross Country ■ Ultra Running ■ Mountain Races ■

Updated 14/01/2026

www.athleticsni.org

*XC fixtures in bold = Part of the XC League

January 2026

Sat 17th	Owenbeg Cross Country	Owenbeg, Derry GAA		Colin Loughrey 07729764177 lougherycolin@gmail.com	
Sat 24th	NI & Ulster Intermediate & Masters Championships	Lurgan Park		Athletics NI 02890602707 Info@athleticsni.org	
Sat 31 st	CBS 10k, 5k Run & Walk			Pending permit	

February 2025

Sun 1 st	Malcolm Cup Cross Country	Ormeau Park, Belfast		annadalestriders1973@gmail.com	
Sat 7 th	Acti-Snack Run Forest Run Antrim Castle Gardens 10k & 5k	Antrim Castle Gardens, Randalstown Road, Antrim	11am	www.born2runevents.com info@born2runevents.com	
Sat 7 th	NI & Ulster Senior XC Championships	Templemore Sportsplex, Derry/Londonderry		Athletics NI 02890602707 Info@athleticsni.org	
Sun 8 th	East Coast AC Junior XC Series- Race 1	Larne High School	10am	East Coast AC eastcoastac@gmail.com www.eastcoastathleticclub.co.uk	
Thurs 12 th	Armagh International Road Races	Crozier Hall, The Mall, Armagh	6:30pm	Armagh AC www.armaghinternationalroadraces.com	
Sat 14 th	Stormont XC	Stormont Estate, Belfast		NICS AC	
Sat 21 st	Mountfield 5 Mile, 5k & Primary School Run	Mountfield Community Centre	11am	Mountfield Community Centre mountfieldca@gmail.com	
Sat 21 st	Derry Cross Country	Thornhill College	11am	City of Derry Spartans codspartansac@gmail.com	
Sat 28 th	Acti-Snack Run Forest Run Castlewellan 10k & 5k	Castlewellan Forest Park	11am	www.born2runevents.com info@born2runevents.com	

March 2026

Sun 1 st	Carryduff Running Club Festival of Running	Loughmoss Leisure Centre	9:30am	Mark Cunningham 0785051895 cunninghamm76@hotmail.com www.carryduffrc.com	
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Sun 1 st	East Coast AC Junior XC Series- Race 2	Larne Grammar School	10am	East Coast AC eastcoastac@gmail.com www.eastcoastathleticclub.co.uk	
Sun 8 th	The Junction 5k	The Junction	11:30am	Michael McKillop MGMckillop@hotmail.co.uk	
Tues 10 th	Belfast Primary Schools Cross Country	Woodlands Park	9:30am	Belfast City Council phillipsl@belfastcity.gov.uk	
Weds 11 th	Deep RiverRock Queen's 5k	Queens PEC	6:50pm	Queens Athletics Club www.qub.ac.uk/sites/Queens5k	
Thurs 12 th	Belfast Primary Schools Cross Country	Orangefield Park	9:30am	Belfast City Council phillipsl@belfastcity.gov.uk	
Sat 14 th	Bentley Group Walled City 10 Miller			Pending permit	
Sat 14 th	Altamuskin 5 Mile Run			Pending permit	
Sat 14 th	Washingbay Green Run			Pending permit	
Sun 15 th	Jimmy's 10k	Down Leisure Centre, Downpatrick	10:30am	East Down AC www.eastdownac.co.uk	
Tue 17 th	Spar Craic 10k	City Hall, Belfast	9am	Aisling Events www.aisling-events.com	
Sun 22 nd	Portadown Running Festival	Portadown Rugby Club	9am	Portadown Running Club portadownrunningfestival@hotmail.com	
Sun 22 nd	East Coast AC Junior XC Series- Race 3	Sandy Bay Playing Fields, Larne	10am	East Coast AC eastcoastac@gmail.com www.eastcoastathleticclub.co.uk	
Sun 22 nd	CV 5k 2026			Pending permit	
Tues 24 th	Belfast Primary Schools Cross Country	Grove Park	9:30am	Belfast City Council phillipsl@belfastcity.gov.uk	
Thurs 26 th	Belfast Primary Schools Cross Country	Ormeau Park	9:30am	Belfast City Council phillipsl@belfastcity.gov.uk	
Sun 29 th	36th SPAR Omagh Half Marathon	Omagh Leisure Complex	13.1mile & 5k START TIME: 8.30am	Omagh Harriers runnermartin@outlook.com	

April 2026

Sat 4 th	The Florida Endurance Challenge and Trails Races 2026			Pending permit	
Sat 11 th	Larne AC 10 Mile	Larne Promenade	10am	Larne AC www.larneathleticsclub.com	
Sun 12 th	Monkstown Spartan's Belfast Zoo 5k			Pending permit	
Sun 12 th	Sperrin Harriers Half Marathon	Loughry College	10am	Timothy Johnston 07999074140 Timothy-johnston91@hotmail.com	
Tues 14 th	Ballymena Belles Ladies 5 Mile Race			Pending Permit	

Sat 18 th	Gortin 5 Mile & 5k			Pending permit	
Tues 28 th	Belfast Primary Schools Cross Country	Mallusk Playing Fields	10:00am	Belfast City Council phillips1@belfastcity.gov.uk	
May 2026					
Sun 3 rd	Pheonix Energy Belfast City Marathon			Pending permit	
Fri 8 th	Regent Flooring Run The Runways			Pending permit	
Sat 9 th	Pats 5k			Pending permit	
Sat 16 th	Seskinore Forest 5k			Pending Permit	
Sun 17 th	Strabane Lifford Half Marathon			Pending permit	
Sun 17 th	Newell 5k & 10k			Pending permit	
June 2026					
Sun 21 st	Phoenix Energy Belfast City Women's 10k			Pending permit	
Fri 26 th	Ards Half Marathon			Pending permit	
August 2026					
Sun 23 rd	Storming the Castle			Pending permit	
September 2026					
Sun 6 th	Laganside 10k and Children's 1 Mile	Ormeau Park	1:00pm	North Belfast Harriers Laganside10k@gmail.com	
Sun 6 th	Waterside Half Marathon			Pending Permit	
Sun 20 th	Phoenix Energy Belfast City Half Marathon			Pending permit	
November 2026					
Sun 15 th	Phoenix Energy Belfast City 5k			Pending permit	