

Athletics Northern Ireland Cross Country & Road Running Fixtures 2024 – PROVISIONAL

Note to Road Race organisers – Due to the ever-increasing amount of road applications, dates may be held provisionally however full details will only be included upon receipt of completed permit application and fee.

Cross Country ■ Ultra Running ■ Mountain Races ■ Postponed ■

Updated 16th July 2024

www.athleticsni.org

Date	Event	Venue	Time	Contact	Officially Measured
July 2024					
Fri 19 th	Sea 2 Sky 10k Race/Walk & 5k	Newcastle	6:30pm	Jane Rowe 07855586438 info@born2runevents.com www.born2runevents.com	
Sat 20 th	Spelga Skyline Race 2024	Spelga Dam	11am	Mark Hopkins 07989223742 mark_sparker@hotmail.com	
Wed 24 th	Donaghadee 5k	The Harbour Donaghadee	7:30pm	Fiona Lemon 07739412777 Runninginthedee@gmail.com	
Fri 26 th	Giant's Trail Race	QUB Sport, Upper Malone Road, Belfast	7pm	Brian Jack 07866192066 bwkj01@gmail.com www.dubrunners.club	
Sat 27 th	Rossi 5K	Greenpark Road, Rostrevor	6pm	Martin McGinn 07515748278 info@martinmcginn.com	
Sun 28 th	Hillsborough Castle & Gardens Running Festival 2023	Hillsborough Castle	9am	Chris Parr 07903960896 chris.parr@runthrough.co.uk https://www.castlerunningfestival.com/	
Sun 28 th	Eglinton Road Runners Charity 5k run/walk	McLean Road	10:30am	Shane McCormick 07816853715 shane4413@live.co.uk	
SUN 28 TH	EAMS – Pride Marathon	Bufs, ROAB Social Club	8am	Mathew Nicholson 07974419535 matthew@runarmagh.com	
August 2024					
Fri 2 nd	Maze Runner 3k, 5k & 10k	Eikon Exhibition Centre, Maze Site, Lisburn	6:45pm	Noel McNally 07540 395571 roadrunnersac@yahoo.com	
Fri 2 nd	Galliagh Feile 5k 2024	Galliagh Community Centre	7pm	Tommy McCallion 07885910252 tom10sean10@gmail.com	
Fri 2 nd	Carnlough Quarry 5k	Bridge Street, Carnlough	7pm	Stephen Montgomery 02828841445 smonty6@outlook.com www.glenloughrunningclub.com	
Fri 2 nd	Stanley Reid Memorial 5 Mile Classic	Loughry College Cookstown	7:30pm	Timothy Johnston 07999074140 timothy-johnston91@hotmail.com https://www.sperrinharriers.co.uk/	
Sat 3 rd	Run the Trails	Mount Stewart	5:30pm	Hannah Robinson 07970593655 newtownardshm@gmail.com www.scrabostriders.com/open-races	
Sun 4 th	Feile 5k & 10k	Malone Integrated College	9am	Paula Hewitt 07712524000 wbcoolers@gmail.com	
Mon 5 th	Broughshane 5 Miler	Fairhill Shopping Centre	7pm	John McGerty 07791413558 mcgerty@gilbert-ash.co.uk	
Wed 7 th	Crawfordsburn 5k Trail Race	Crawfordsburn Country Park Visitors Centre	7:15pm	Nicola Stevenson events@northdownac.co.uk	
Fri 9 th	Mallusk 5 Mile Road Race	Academy Club, Mallusk Rd	7:30pm	Leeanne Skillen 07961620715 malluskharriers@outlook.com www.malluskharriers.co.uk	

Sat 10 th	Dambusters 10 Mile, 10k Race/Walk & 5k	Silent Valley Mountain Park	10:30am	Jane Rowe 07855586438 info@born2runevents.com www.born2runevents.com	
Sun 11 th	Walk Jog Run for OisAn 2024	Belcoo Community Centre	1pm	Sharon McGrath 07805658735 sharondoley@hotmail.com	
Sat 17 th	Dromore 5k/10k & 5k Fun Run	Clock Tower, Main Street, Dromore	10:30am	Gerry McDermott gerry@mcdermotthr.com	
Sun 18 th	Storming the Castle 10k	Carrickfergus Amphitheatre	1:30pm	Andrew Smyth 07969031570 andrewsmyth186@gmail.com www.seaparkac.com	
Fri 23 rd	Strangford Festival 10k	Inverbrenna Hall Strangford	7pm	Brendan Kerr 07863900138 bkerr674@c2kni.net Enter Here	
Fri 23 rd	Portrush 5 Mile Road Race	TBC	7:30pm	Pending Permit	
Sat 24 th	Antrim Coast Half Marathon	Larne	9:30am	Ruth McIlroy 07929333982 ruth.mcilroy@btinternet.com www.antrimcoasthalfmarathon.com	
Fri 30 th	GRC Coastal 5k	Branch Rd, Carnlough	7pm	Stephen Montgomery 07734174994 stmonty6@outlook.com www.glenloughrunningclub.com	

September 2024

Sun 1 st	Waterside Half Marathon	Ebrington Square	9:30am	Derry City & Strabane District Council Catherine.Ashford@derrystrabane.com	
Sun 1 st	Laganside 10k	Ormeau Park	2pm	North Belfast Harriers Laganside10k@gmail.com www.Laganside10k.com	
Fri 6 th	Ards 5 Mile	Londonderry Park	7pm	Hannah Robinson 07970593655 newtownardshm@gmail.com www.scrabostriders.com/open-races	
Tues 3 rd	Mill Hill Mile	Upper Square Castlewellan	7pm	Deon Mcneilly 07831684674 deonmcneilly@outlook.com https://www.newcastleac.org/	
Sat 7 th	Tattyreagh 5 mile	Tattyreagh GAC	11am	Martin McLaughlin 07786164431 runnermartin@outlook.com	
Sat 7 th	Belfast Victoria Park Road Relays 2024	Victoria Park	11:15am	Ghislain Demeuldre 07899927350 ghisjane@ntlworld.com VPCAC.com	
Sun 8 th	Abi's Butterfly Breeze Portaferry 10k Run/5k Walk and Fun Day	Portaferry GAC	1pm	Cathy Brodie 07720706328 crogmore@aol.com	
Thurs 12 th	Air Ambulance NI 5k	George Best City Airport	11pm	Glenn Grant championshipireland@googlemail.com	
Sun 15 th	Rock the Lough	South Lakes Leisure Centre	9:30am	Dwyer O'Connor 07540049877 dwyer@dwveroconnor.com www.saintpetersac.com/?page_id=1781	
Sun 15 th	Coastal Runners Clondeboye 10k	Clandeboye Estate Courtyard	2pm	Chris Stevenson 07970831940 coastalrunners@hotmail.com	
Sun 22 nd	Moy Park Belfast City Half Marathon	Ormeau Embankment	9am	Matthew McConnell 02890605922 Matthew.McConnell@belfastcitymarathon.org www.belfastcitymarathon.com	√
Sun 22 nd	TJ McElmeel XC Raceday	Palace Demesne, Armagh	12:30pm	Mark McKeown 07773743856 mmktyross@yahoo.co.uk	
Sat 28 th	Annaghmore Running Festival	Annaghmore Community Hall	10am	Konrad McNeice 07810533799 Konrad79@hotmail.com	
Sun 29 th	NI & Ulster Championship Bangor 10k 2024	Castle Park, Bangor	10am	Jamie Stevenson 07841906944 events@northdownac.co.uk www.northdownac.co.uk	

October 2024

Sat 12 th	NIMAA XC Trials and Championships	Queens Playing Fields	11am	Anne Maguire 07709550136 nimaa.memsec@gmail.com
Sat 12 th	GR8 Dundrum Race	Dundrum Main Street	12pm	Anne McCormick 07530724422 annemccormick92@yahoo.co.uk www.murloughac.com
Sun 20 th	Saintfield Striders 5k & 10k	Comber Street, Saintfield	2pm	Leanne Smyth 07920798240 saintfieldstriders@outlook.com
Sun 20 th	Centra Run Together	Ormeau Park	9:30am	Beth Healy 07891050866 beth@pioneer-group.co.uk www.centra.co.uk/runtogether

November 2024

Sat 16 th	British and Irish Master International Cross Country Championship and Open Races	Billy Neill Playing Fields	TBC	Anne Maguire 07709550136 nimaa.memsec@gmail.com masterscrosscountry2024.co.uk
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