

Athletics Northern Ireland Cross Country & Road Running Fixtures 2024 – PROVISIONAL

Note to Road Race organisers – Due to the ever-increasing amount of road applications, dates may be held provisionally however full details will only be included upon receipt of completed permit application and fee.

Cross Country ■ Ultra Running ■ Mountain Races ■ Postponed ■

Updated 29th July 2024

www.athleticsni.org

Date	Event	Venue	Time	Contact	Officially Measured
September 2024					
Fri 6 th	Ards 5 Mile	Londonderry Park	7pm	Hannah Robinson 07970593655 newtownardshm@gmail.com www.scrabostriders.com/open-races	
Tues 3 rd	Mill Hill Mile	Upper Square Castlewellan	7pm	Deon Mcneilly 07831684674 deonmcneilly@outlook.com https://www.newcastleac.org/	
Sat 7 th	Slieve Croob 5/10k Challenge	Peter Morgan's Cottage	10am	Declan McCann declanmccann69@hotmail.com	
Tues 3 rd	Mill Hill Mile	Upper Square Castlewellan	7pm	Deon Mcneilly 07831684674 deonmcneilly@outlook.com https://www.newcastleac.org/	
Sat 7 th	Tattyreagh 5 mile	Tattyreagh GAC	11am	Martin McLaughlin 07786164431 runnermartin@outlook.com	
Sat 7 th	Belfast Victoria Park Road Relays 2024	Victoria Park	11:15am	Ghislain Demeuldre 07899927350 ghisjane@ntlworld.com VPCAC.com	
Sun 8 th	Abi's Butterfly Breeze Portaferry 10k Run/5k Walk and Fun Day	Portaferry GAC	1pm	Cathy Brodie 07720706328 crogmore@aol.com	
Thurs 12 th	Air Ambulance NI 5k	George Best City Airport	11pm	Glenn Grant championshipireland@googlemail.com	
Sun 15 th	Rock the Lough	South Lakes Leisure Centre	9:30am	Dwyer O'Connor 07540049877 dwyer@dweroconnor.com www.saintpetersac.com/?page_id=1781	
Sun 15 th	Coastal Runners Clondeboye 10k	Clandeboye Estate Courtyard	2pm	Chris Stevenson 07970831940 coastalrunners@hotmail.com	
Sun 22 nd	Moy Park Belfast City Half Marathon	Ormeau Embankment	9am	Matthew McConnell 02890605922 Matthew.McConnell@belfastcitymarathon.org www.belfastcitymarathon.com	√
Sun 22 nd	TJ McElmeel XC Raceday	Palace Demesne, Armagh	12:30pm	Mark McKeown 07773743856 mmktyross@yahoo.co.uk	
Sat 28 th	Annaghmore Running Festival	Annaghmore Community Hall	10am	Konrad McNeice 07810533799 Konrad79@hotmail.com	
Sat 28 th	NI & Ulster Championship Bangor 10k 2024	Castle Park, Bangor	10am	Jamie Stevenson 07841906944 events@northdownac.co.uk www.northdownac.co.uk	
October 2024					
Tue 3 rd	Mill Hill Mile 2024	Upper Square Castlewellan	7pm	Deon Mcneilly 07831684674 deonmcneilly@outlook.com	
Sun 6 th	Armagh 10 Mile Road Race and 6K Fun Run	Navan Centre	10am	James Valley 07432477385 armagh10mileroadrace@gmail.com https://eventmaster.ie/event/JI3RipvHRk myrunresults.com	

Sat 12 th	NIMAA XC Trials and Championships	Queens Playing Fields	11am	Anne Maguire 07709550136 nimaa.memsec@gmail.com
Sat 12 th	GR8 Dundrum Race	Dundrum Main Street	12pm	Anne McCormick 07530724422 annemccormick92@yahoo.co.uk www.murloughac.com
Sun 13th	Comber Cup XC	Billy Neill	11.30am	ballydrain.secretary@outlook.com
Sun 20 th	Saintfield Striders 5k & 10k	Comber Street, Saintfield	2pm	Leanne Smyth 07920798240 saintfieldstriders@outlook.com
Sun 20 th	Jog on Cancer	Lurgan Park	10:30am	Glenn Grant championchipireland@googlemail.com
Sun 20 th	Centra Run Together	Ormeau Park	9:30am	Beth Healy 07891050866 beth@pioneer-group.co.uk www.centra.co.uk/runtogether
Sun 20th	NI and Ulster Even Age Groups & Bobby Rea International XC Open	Billy Neill	TBC	Info@athleticsni.org

November 2024

Sat 2 nd	Run Forest Run	Minnowburn	TBC	Pending Permit
Sat 2 nd	NI and Ulster Uneven Age Groups and Novice	TBD	TBC	info@athleticsni.org
Sat 16 th	British and Irish Master International Cross Country Championship and Open Races	Billy Neill Playing Fields	TBC	Anne Maguire 07709550136 nimaa.memsec@gmail.com masterscrosscountry2024.co.uk
Sat 23 rd	Run Forest Run	Gosford	TBC	Pending Permit
Sun 24 th	Malcolm Cup (Annadale Striders)	Queen's Playing Fields	12.30pm	Leo McSweeney annadalestriders1973@gmail.com
Sat 30 th	Seeley Cup	Ormeau Park	11am	Info@athleticsni.org

December 2024

Sat 7 th	Irwin Speirs Memorial XC (Acorns AC)	Mid Ulster Sports Arena	TBC	olimurphy25@hotmail.com
Sat 14 th	Run Forest Run	Gosford	TBC	Pending Permit
Sun 14 th	North West (City of Derry Spartans)	Gransha (Venue TBD)	TBC	emmettmc16@hotmail.com
Sat 26 th	CIYMS Boxing Day Fun Run	CIYMS	12pm	Andrew McIntyre 07800914516 andrew-mcintyre@hotmail.co.uk

January 2025

Wed 1 st	Race over the Glens	Glenariff Forest Park	12pm	Matthew Allen mat.allen175@outlook.com malluskharriers@outlook.com
Sun 12th	Mathieson Cup (Mallusk Harriers)	Mallusk	TBC	malluskharriers@outlook.com
18 th /19 th TBD	NI & Ulster Intermediate & Masters XC	Finn Valley	TBC	Info@athleticsni.org
Sun 23 rd	Portadown Running Festival	Portadown RFC	9am	Janine Maher 07888722663 janinebmaher@hotmail.com

February 2025

8 th	Stormont XC (NI Civil Service)	Stormont	TBC	Events@nics-ac.com
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22nd	NI & Ulster Seniors XC Championship	Lurgan Park	TBC	Info@athleticsni.org	
March 2025					
April 2025					
Sun 6 th	35 th SPAR Omagh Half Marathon & 5k	Omagh Leisure Complex	8:30am	Martin McLaughlin 07786164431 runnermartin@outlook.com	