

Athletics Northern Ireland Cross Country & Road Running Fixtures 2024 – PROVISIONAL

Note to Road Race organisers – Due to the ever-increasing amount of road applications, dates may be held provisionally however full details will only be included upon receipt of completed permit application and fee.

Cross Country ■ Ultra Running ■ Mountain Races ■ Postponed ■

Updated 16th July 2024

www.athleticsni.org

Date	Event	Venue	Time	Contact	Officially Measured
July 2024					
Fri 19 th	Sea 2 Sky 10k Race/Walk & 5k	Newcastle	6:30pm	Jane Rowe 07855586438 info@born2runevents.com www.born2runevents.com	
Sat 20 th	Spelga Skyline Race 2024	Spelga Dam	11am	Mark Hopkins 07989223742 mark_sparker@hotmail.com	
Wed 24 th	Donaghadee 5k	The Harbour Donaghadee	7:30pm	Fiona Lemon 07739412777 Runninginthedee@gmail.com	
Fri 26 th	Giant's Trail Race	QUB Sport, Upper Malone Road, Belfast	7pm	Brian Jack 07866192066 bwkj01@gmail.com www.dubrunners.club	
Sat 27 th	Rossi 5K	Greenpark Road, Rostrevor	6pm	Martin McGinn 07515748278 info@martinmcginn.com	
Sun 28 th	Hillsborough Castle & Gardens Running Festival 2023	Hillsborough Castle	9am	Chris Parr 07903960896 chris.parr@runthrough.co.uk https://www.castlerunningfestival.com/	
Sun 28 th	Eglinton Road Runners Charity 5k run/walk	McLean Road	10:30am	Shane McCormick 07816853715 shane4413@live.co.uk	
SUN 28 TH	EAMS – Pride Marathon	Bufs, ROAB Social Club	8am	Mathew Nicholson 07974419535 matthew@runarmagh.com	
August 2024					
Fri 2 nd	Maze Runner 3k, 5k & 10k	Eikon Exhibition Centre, Maze Site, Lisburn	6:45pm	Noel McNally 07540 395571 roadrunnersac@yahoo.com	
Fri 2 nd	Galliagh Feile 5k 2024	Galliagh Community Centre	7pm	Tommy McCallion 07885910252 tom10sean10@gmail.com	
Fri 2 nd	Carnlough Quarry 5k	Bridge Street, Carnlough	7pm	Stephen Montgomery 02828841445 smonty6@outlook.com www.glenloughrunningclub.com	
Fri 2 nd	Stanley Reid Memorial 5 Mile Classic	Loughry College Cookstown	7:30pm	Timothy Johnston 07999074140 timothy-johnston91@hotmail.com https://www.sperrinharriers.co.uk/	
Sat 3 rd	Run the Trails	Mount Stewart	5:30pm	Hannah Robinson 07970593655 newtownardshm@gmail.com www.scrabostriders.com/open-races	
Sat 3 rd	Mourne Seven Sevens	Shimna College	10am	James Brown 02890691540 jimbrown73342@aol.com	
Sun 4 th	Feile 5k & 10k	Malone Integrated College	9am	Paula Hewitt 07712524000 wbcoolers@gmail.com	
Mon 5 th	Broughshane 5 Miler	Fairhill Shopping Centre	7pm	John McGerty 07791413558 mcgerty@gilbert-ash.co.uk	
Wed 7 th	Crawfordsburn 5k Trail Race	Crawfordsburn Country Park Visitors Centre	7:15pm	Nicola Stevenson events@northdownac.co.uk	

Fri 9 th	Mallusk 5 Mile Road Race	Academy Club, Mallusk Rd	7:30pm	Leeanne Skillen 07961620715 malluskharriers@outlook.com www.malluskharriers.co.uk	
Sat 10 th	Dambusters 10 Mile, 10k Race/Walk & 5k	Silent Valley Mountain Park	10:30am	Jane Rowe 07855586438 info@born2runevents.com www.born2runevents.com	
Sat 10 th	Last One Standing 2024	Florence Court	12pm	Atlas Running 07876560015	
Sun 11 th	Walk Jog Run for OisÃn 2024	Belcoo Community Centre	1pm	Sharon McGrath 07805658735 sharondoley@hotmail.com	
Thurs 15 th	Scrabo Hill Race	Scrabo	7pm	Andrew Wallace 02891878886 andrew.wallace@talktalk.net	
Sat 17 th	Dromore 5k/10k & 5k Fun Run	Clock Tower, Main Street, Dromore	10:30am	Gerry McDermott gerry@mcdermotthr.com	
Sun 18 th	Storming the Castle 10k	Carrickfergus Amphitheatre	1:30pm	Andrew Smyth 07969031570 andrewsmyth186@gmail.com www.seaparkac.com	
Fri 23 rd	Strangford Festival 10k	Inverbrenna Hall Strangford	7pm	Brendan Kerr 07863900138 bkerr674@c2kni.net Enter Here	
Fri 23 rd	Portrush 5 Mile Road Race	West Strand, Portrush	7:30pm	Portrush5@gmail.com	
Sat 24 th	Antrim Coast Half Marathon	Larne	9:30am	Ruth McIlroy 07929333982 ruth.mcilroy@btinternet.com www.antrimcoasthalfmarathon.com	
Fri 30 th	GRC Coastal 5k	Branch Rd, Carnlough	7pm	Stephen Montgomery 07734174994 stmonty6@outlook.com www.glenloughrunningclub.com	
Sat 31 st	Last Strider Standing 2024	Ballykinlar Training Camp	12pm	George McGonial 07905556173 Georgemcgonial17@gmail.com	

September 2024

Sun 1 st	Waterside Half Marathon	Ebrington Square	9:30am	Derry City & Strabane District Council Catherine.Ashford@derrystrabane.com	
Sun 1 st	Laganside 10k	Ormeau Park	2pm	North Belfast Harriers Laganside10k@gmail.com www.Laganside10k.com	
Fri 6 th	Ards 5 Mile	Londonderry Park	7pm	Hannah Robinson 07970593655 newtownardshm@gmail.com www.scrabostriders.com/open-races	
Tues 3 rd	Mill Hill Mile	Upper Square Castlewellan	7pm	Deon Mcneilly 07831684674 deonmcneilly@outlook.com https://www.newcastleac.org/	
Sat 7 th	Tattyreagh 5 mile	Tattyreagh GAC	11am	Martin McLaughlin 07786164431 runnermartin@outlook.com	
Sat 7 th	Belfast Victoria Park Road Relays 2024	Victoria Park	11:15am	Ghislain Demeuldre 07899927350 ghisjane@ntlworld.com VPCAC.com	
Sun 8 th	Abi's Butterfly Breeze Portaferry 10k Run/5k Walk and Fun Day	Portaferry GAC	1pm	Cathy Brodie 07720706328 crogmore@aol.com	
Thurs 12 th	Air Ambulance NI 5k	George Best City Airport	11pm	Glenn Grant championshipireland@googlemail.com	
Sun 15 th	Rock the Lough	South Lakes Leisure Centre	9:30am	Dwyer O'Connor 07540049877 dwyer@dwyeroconnor.com www.saintpetersac.com/?page_id=1781	
Sun 15 th	Coastal Runners Clondeboye 10k	Clondeboye Estate Courtyard	2pm	Chris Stevenson 07970831940 coastalrunners@hotmail.com	
Sun 22 nd	Moy Park Belfast City Half Marathon	Ormeau Embankment	9am	Matthew McConnell 02890605922 Matthew.McConnell@belfastcitymarathon.com	√

				org www.belfastcitymarathon.com	
Sun 22 nd	TJ McElmeel XC Raceday	Palace Demesne, Armagh	12:30pm	Mark McKeown 07773743856 mmktyross@yahoo.co.uk	
Sat 28 th	Annaghmore Running Festival	Annaghmore Community Hall	10am	Konrad McNeice 07810533799 Konrad79@hotmail.com	
Sat 28 th	NI & Ulster Championship Bangor 10k 2024	Castle Park, Bangor	10am	Jamie Stevenson 07841906944 events@northdownac.co.uk www.northdownac.co.uk	
October 2024					
Sun 6 th	Armagh 10 Mile Road Race and 6K Fun Run	Navan Centre	10am	James Vallely 07432477385 armagh10mileroadrace@gmail.com https://eventmaster.ie/event/JI3RipvHRk myrunresults.com	
Sat 12 th	NIMAA XC Trials and Championships	Queens Playing Fields	11am	Anne Maguire 07709550136 nimaa.memsec@gmail.com	
Sat 12 th	GR8 Dundrum Race	Dundrum Main Street	12pm	Anne McCormick 07530724422 annemccormick92@yahoo.co.uk www.murloughac.com	
Sun 20 th	Saintfield Striders 5k & 10k	Comber Street, Saintfield	2pm	Leanne Smyth 07920798240 saintfieldstriders@outlook.com	
Sun 20 th	Centra Run Together	Ormeau Park	9:30am	Beth Healy 07891050866 beth@pioneer-group.co.uk www.centra.co.uk/runtogether	
November 2024					
Sat 16 th	British and Irish Master International Cross Country Championship and Open Races	Billy Neill Playing Fields	TBC	Anne Maguire 07709550136 nimaa.memsec@gmail.com masterscrosscountry2024.co.uk	