

Note to Road Race organisers – Due to the ever-increasing amount of road applications, dates may be held provisionally however full details will only be included upon receipt of completed permit application and fee.

PROVISIONAL ■ Cross-Country ■ Ultra Event

Updated 25th March 2020

www.athleticsni.org

Date	Event	Venue	Time	Contact	Officially Measured
2020					
March 2020					
Thurs 26	Belfast Primary School Cross Country Championship *Cancelled*	Boucher Road playing Fields	10:20am	Paddy McGratten 9032 0202 ext 3718 www.belfastcity.gov.uk tatej@belfastcity.gov.uk	
Fri 27	Belfast 2 Dublin Cancelled	Europa Hotel	12 Noon	Adrian Daye 07876560015 www.atlasrunning.co.uk Adrian.daye@sky.com	
Sun 29	TQ10K Virtual Run	Titanic Quarter	TBC	Athletics NI 02890602707 info@athleticsni.org	✓
April 2020					
Thur 2	60th Anniversary St Malachy's High School 5k 10k 2020	Castlewellan Forest Park	7pm	Clare Murnin 02843778255 www.stmalachys.org.uk cmurnin727@c2kni.net	
Sun 5	Craigavon Lakes ¾ Marathon	Craigavon lakes	8am	Stuart Kennedy 07796957784 stuartkennedy44@gmail.com	
Sun 5	Northern Ireland Hospice 5K Rabbit Run & Bunny Hop *Postponed New Date TBC*	Hazelbank Park, Newtownabbey	11am	Lauren Doherty events@nihospice.org http://bit.ly/2uPQnx6	
Wed 8	Belfast 2 Dublin Return Ultra Cancelled	Europa Hotel	12 noon	Adrian Daye 07876560015 www.atlasrunning.co.uk Adrian.daye@sky.com	
Wed 8	Bay Road 5k *Postponed New Date TBC*	Riverside Walkway	7:30pm	Gerry Lynch 07702006667 Gery.lynch@hotmail.com	✓
Sat 11	Beragh 5 Mile & 5k Road Races	St Marys Park, Beragh	11am	Adrian Donnelly 07761610828 adrianjdonnelly@hotmail.com	
Sat 11	Glenarm Castle Challenge *Cancelled*	Glenarm Castle	11am	Jane Rowe 07855586438 Info@born2runevents.com	
Mon 13	Whitehead Easter Road race	Whitehead Community Centre	12:30pm	Maeve Taylor on 07799367059 whiteheadroadrace@gmail.com www.facebook.com/whiteheadeastermondayroadrace/	
Sat 25	Gortin 10k, 5k and 5k walk	Top of main street	12noon	Kerry Crawford 02881648268 gortinfunrun@outlook.com	
Sat 25	Run Around the Castle	Shanes Castle	10am	Donna McGuckian 07787115003 friendsofregganps@gmail.com	
Sat 25	Almac Fun Run *CANCELLED*	Almac House	11am	Amy Neill 02838368131 Amy.neill@almacgroup.com	
Sun 26	London Mini Marathon cancelled	London	TBC	TBC	
Wed 29	Belfast Primary School Cross Country	Ormeau Park	10:20am	Paddy McGratten 9032 0202 ext 3718 www.belfastcity.gov.uk	

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	Championship			tatej@belfastcity.gov.uk	
Wed 29	Purple ladies 5k *Ladies only Event* CANCELLED Refunds will be issued	Joey Dunlop Leisure Centre	7:30pm	Elaine Montgomery montgomeryelaine@hotmail.co.uk www.springwellrunners.co.uk	
May 2020					
Sat 2	Run Armagh – Belfast Back to Back Marathon	The Mall East	8am	Matthew Nicholson matthew@runarmagh.com www.runarmagh.com	
Fri 8	Scrabo Striders Run the Runways	Runway at Newtownards Airport, Portaferry Road	6:30pm	Lyndsey Lappin 07872537735 scrabostriders@gmail.com www.scrabostriders.com	
Fri 8	Termoneeny 10k	Quarry Road, Gulladuff	7:30pm	Declan Leung www.termoneenyrc.com termoneenyrc@gmail.com	
Sat 9	3 Lakes Challenge *Cancelled*	Lakeside Inn	11am	Adrian Daye 07876560015 www.atlasrunning.co.uk atlas@atlasrunning.co.uk	
Sun 10	Colebrooke 5K 10K and Half Mile Mauler	Triumphal Gate, Colebrooke Park	2:20pm	Graeme Stanbridge 07900192356 www.NVMRT.org graeme933@btinternet.com	
Fri 15	Maguiresbridge M5M	Drumgoon Road, Maguiresbridge	7pm	Andrew Green maguiresbridgerc@gmail.com www.maguiresbridge.wixsite.com/runningclub	✓
Fri 15	Les Jones 10k Cancelled	Mary Peters Track	TBC	Athletics NI 02890602707 info@athleticsni.org	✓
Fri 15	Severfield 5km Runway Team Challenge	Enniskillen Airport	7pm	Heather Williams 02866 388521 heather.williams@severfield.com	
Sat 16	Shane's Castle Challenge *Cancelled*	Shanes Castle	11am	Jane Rowe 07855586438 www.born2runevents.com info@born2runevents.com	
Sun 17	Portadown Running Festival	Peoples Park, Portadown	8am	Stephen McMorris 02838840714 stephen.mcmorris@globeweigh.com	
Sun 17	Killeeshil 10k & 5k	Killeeshil Community Centre	11am	Karen McGinn 07526711203 McGinnk57@gmail.com	
Sun 17	Strabane Lifford Half Marathon	Meeting House Street	9:30am	Jacqueline Whoriskey 02871376504 Jacqueline.whoriskey@derrystrabane.com www.derrystrabane.com	
Wed 20	Bann 10k & Fun Run	Havelock Park, Lurgan Road	7pm	Heather Ardis 07841804033 banbridgeac@hotmail.com	
Fri 22	Carmen 1 Mile Relay	Termon Road, Carrickmore	7:30pm	Stuart morrow Carmen.runners@outlook.com https://www.facebook.com/carmenrunner	✓
Sat 23	CAH May Fair Races *Cancelled*	Ballyclare Rugby Club	10am	Irene Downey CAHarriers.info@gmail.com www.countyanttrimharriers.co.uk	
Sun 24	The Emmetts Running Club Annual 5K 10K in association with St Peters CLG	Lurgan Park	11am	Hugh Haughian 07874000858 hhaughian@mrpd.com	
Sat 30	Killyclogher 10K	Killyclogher GAA	11am	Liam Cunningham 07757414601 www.killycloghergaa.com chairperson.killyclogher.tyrone@gaa.ie	
Sun 31	Centra Run Together, Enniskillen	Lakeland Foun, Enniskillen	10am	Johnny Davis +447768103968 johnny@pioneer-group.co.uk https://centra.co.uk/runtogether/	
Sun	Run Armagh: Late may	The Mall East	8am	Matthew Nicholson 07974419535	

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31	Marathon			www.runarmagh.com matthew@runarmagh.com	
June 2020					
Wed 3	Fairhill 5	TBC	TBC	Pending Permit	
Fri 5	Derrytresk 5/10k	Derrytesk GAC	7:30pm	Aidan Campbell 07919912644 aidan@ruralcommunitynetwork.org	
Sat 6	Gosford Forest Run	Gosford Forest Park	10:30am	Gareth Morrison 07841975715 morrisongr@hotmail.com www.eventbrite.co.uk/e/gosford-forest-run-2020-tickets-91150681141	
Sun 7	Race Run DMC	Divis Carpark	11am	Helen Weir www.belfasthills.com hfweir@gmail.com	
Wed 10	Deep River Rock Queens 5k Race around the River	Annadale Embankment	6:50pm	Nathan Lindsay athletics@qub.ac.uk www.queens5k.com	✓
Thur 11	Lismore 5k	Lismore Comprehensive School	7pm	Francis McVeigh 07736014961 Fmcveigh048@c2kni.net	
Fri 12	Washingbay Green Run 5km, 10km & Half Marathon	Washingbay	10:30am	Brendan Quinn washingbaygr@gmail.com www.wbaygreenrun.com	
Sat 13	Stunnerz n Runnerz	Drum Manor Forest	11am	Maureen Mallon Maureenmallon124@hotmail.com www.sperrinharriers.co.uk	
Sun 14	CCU Stormont Miles	Stormont Estate	10am	Stuart Kennedy 07796957784 stuartkennedy44@gmail.com www.childrenscancerunit.com	
Sun 14	Feeny Fast & Furious	Beechmount Feeny	11am	Ronan McCullagh 07764200299 mccullaghronan@gmail.com	
Thur 18	Academy 5K	St. Patrick's Academy Dungannon	7pm	Fintan Donnelly 028 87727400 fdonnelly295@c2kni.net https://www.stpatricksacademy.org.uk/	
Fri 19	Comber 10K	Castle Lane, Comber	7:30pm	Valerie Martin Ballydrain.secretary@outlook.com www.ballydrainharriers.co.uk	✓
Sat 20	Belfast Festival of Sport & Belfast Runs 24hr Relay Cancelled	Victoria Park, Belfast	9am/1pm	Adrian Daye 07876560015 www.atlasrunning.co.uk Adrian.dave@sky.com	
Sat 20	Dromore 5 & 10K	Town Clock, Main Street	12 noon	Dermot Montague dfmont@btinternet.com 07917134847	
Sun 21	Centra Run Together, Bangor	Ward Park, Bangor	10am	Johnny Davis +447768103968 johnny@pioneer-group.co.uk https://centra.co.uk/runtogether/	
Wed 24	Centra Run Together, Derry / Londonderry	Quayside, Derry City	10am	Johnny Davis +447768103968 johnny@pioneer-group.co.uk https://centra.co.uk/runtogether/	
Fri 26	Newell 5/10K Cancelled	Coalisland Heritage Centre	7 / 7:30pm	Sean Boyle 02887741818 floor.coalisland@newellstores.com	✓
Fri 26	Ards Half Marathon	Ards Blair Mayne Wellbeing and Leisure Complex	6:30pm	Hannah Robinson 07970593655 www.scrabostriders.com	
Sat 28	Omagh Half Marathon	Omagh Leisure Complex	9am	Martin McLaughlin 07786164431 runnermartin@outlook.com www.omaghharriers.com	✓

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Sun 28	Mad for the Road	Moneyglass Community Centre	12pm	Liz Trimble 07515433470 moneyglassdistrictrunners@gmail.com	
July 2020					
Fri 3	Ford 5k	Bryansford GAC	8pm	Richard Rodgers Rodgers63@icloud.com www.newcastleac.org	
Sun 5	Great Rossa Run	Ardboe Parish Centre	10am	Shane Mallon 07557447436 thegreatrossarun@gmail.com	
Sun 5	Antrim Coast Road Marathon	Glenann Rd, Cushendall. Co. Antrim	9am	Andy McClean info@antrimcoastmarathon.co.uk	✓
Sun 19	SPAR Craic 10K	City Hall, Belfast	9am	Aisling Events 02890611916 www.aisling-events.com c.mccann@aisling-events.com	
Wed 22	Donaghadee 5k	Pier Donaghadee	7:30pm	Hannah Donaldson 07850156259 dunninginthedee@gmail.com	
Fri 31	Giants Trail Race	Dub Playing Field	7pm	Ronan O'Flaherty www.dubrunners.club/race dubrunnersbelfast@gmail.com	
August 2020					
Wed 5	Crawfordsburn 5k trail race	Crawfordsburn County Park	7:15pm	Clare Russell 07901823349 events@northdownac.co.uk www.northdownac.co.uk	
Fri 7	Mallusk 5 Mile Road Race	Mallusk Road, Mallusk	7.30pm	Leeanne Skillen 07961620715 malluskharriers@outlook.com www.malluskharriers.co.uk	
Fri 7	Sperrin Harriers 5 Mile Classic Stanley Reid Memorial	Loughry Campus	7:30pm	Mark Reid 07899002644 www.sperrinharriers.co.uk alfredmark2002@yahoo.co.uk	✓
Fri 21	Maghera 5 Mile Road Race	TBC	TBC	Permit Pending	
Sat 22	Compare NI Run Thru Time	The Diamond, Ulster Folk Museum	6:30pm	George McGonigal www.gaithouseevents.com George@gaithouseevents.com	
Sat 22	Altamuskin 5	Altamuskin Community Centre	12 Noon	Michael Broderick 07753615161 info@altamuskin.com www.altamuskin.com	
Fri 28	Portrush 5 Mile Road Race	TBC	TBC	Permit Pending	
Sat 29	Donard Forest 5k Challenge	TBC	TBC	Permit Pending	
Sat 29	Rathlin Run	Church Bay	1pm	Ryan Maxwell runrathlin@gmail.com 07784718760	
Sun 30	Storming the Castle	Amphitheatre Carrickfergus	2pm	Andy Smyth 0796931570 smytha1@sky.com	
Sun 30	Rock the Lough 2020	Discovery Centre, Oxford Island, Lurgan	11am	Paul MOORE 07767135144 mfamily.mf@gmail.com www.saintpetersac.com	
September 2020					
Tue 1	Mill Hill Mile 2020	Annsborough Village	7pm	Richard Rodgers Rodgers63@icloud.com www.newcastleac.org	
Fri 4	Ards 5 Mile	TBC	TBC	Pending Permit	
Sun 6	Laganside 10k	Ormeau Park	2pm	Helen Weir 07748913455 heweir@gmail.com	✓
Sun 6	Waterside Half Marathon	Ebrington	10am	Jacqueline Whoriskey 02871376504 Jacqueline.whoriskey@derrystrabane.com www.derrystrabane.com	✓
Tues 8	Ballymena Belles 2020 *female only race*	Galgorm Community Centre	7pm	Naomi Hutchinson www.ballymenarunners.org/ ballymenarunners@hotmail.com	

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Sat 12	Tannaghmore 10K	TBC	TBC	Pending Permit	
Sat 12	P&O Ferries Antrim Coast Half Marathon	Larne Leisure Centre	11am	William Thompson 07715972115 www.antrimcoasthalfmarathon.com	
Sun 13	Abis Butterfly Breeze 10k and 5k fun run	Exploris Carpark, Portaferry	11am	Andrew brodie 07739071472 Brodieandrew35@gmail.com	
Sun 13	Newry City Half Marathon & 10k	Albert Basin, Newry	9am	Newry City Runners muldamian@btinternet.com www.newrycityrunners.com	
Sun 13	Centra Run Together, Armagh	Palace Demense, Armagh	10am	Johnny Davis +447768103968 johnny@pioneer-group.co.uk https://centra.co.uk/runtogether/	
Sun 20	Deep RiverRock Belfast City Marathon	Stormont Estate	9am	Info@belfastcitymarathon.org 02890605922	✓
Sat 26	NI & Ulster Championship Bangor 10k	Castle Park Belfast	10am	Clare Russell 07901823349 www.northdownac.co.uk events@northdownac.co.uk	
October 2020					
Sun 18	Centra Run Together, Ormeau Park	Ormeau Park, Belfast	10am	Johnny Davis +447768103968 johnny@pioneer-group.co.uk https://centra.co.uk/runtogether/	
November 2020					
Sat 14	Comber Cup	TBC	TBC	Permit Pending	

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