

Note to Road Race organisers – Due to the ever-increasing amount of road applications, dates may be held provisionally however full details will only be included upon receipt of completed permit application and fee.

PROVISIONAL ■ Cross Country

Updated 25th September 2018

www.athleticsni.org

Date	Event	Venue	Time	Contact	Officially Measured
2018					
September 2018					
Sat 29	NI & Ulster Championship Bangor 10k	Castle Park, Bangor	11am	Clare Russell 07901823349 northdownac@gmail.com www.northdownac.co.uk	✓
Sat 29	Annaghmore Running Festival	Annaghmore Community Hall	10am	Konrad McNeice 07810533799 Konrad79@hotmail.com	
Sat 29	The Brocagh School Run 5k & 10k	St Brigid's PS, Brocagh	11:30am	Brian Kelly 02887738261/ 07856495065 Bkelly404@c2kni.net	
Sat 29	Kells and Connor Charity Running Festival	Kells Village	11am	Andy McClean 07809239975 Andrew.mcclean@btinternet.com	
Sat 29	Ford 5k	Bryansford GAC	11am	Richard Rodgers 07584292495 Rodgers63@icloud.com www.newcastleac.org	
Sun 30	Micky Annette Memorial 10k	TBC	TBC	Pending Permit	
Sun 30	Granny Rafferty's to Galbally	100 Killeeshil Road	2pm	Plunkett Rafferty 0751952426 grannyraffertystogalbally@hotmail.com	
Sun 30	Kirkistown Race Track 5k & 10k and Half Marathon	Kirkistown Race Track	2pm	Richard Bradley Contact@niduathlon.com www.niduathlon.com	
Sun 30	Cavehill 5 Mile	Antrim Road, Newtownabbey	11am	Nuala Muldoon 07578521679 legiteventsni@gmail.com www.facebook.com/events/1055467794591702	
Sun 30	TJ McElmeel Cup	Palace Demesne Park	12.30pm	James Valley 07432477385 fermoy40@gmail.com	
October 2018					
Sat 6	NI & Ulster Road Relay Championships	Victoria Park	Various	Robin Montgomery 07717531141 robinmontgomery@btinternet.com www.orangegroveac.co.uk/relays	✓
Sat 6	Omagh 5	Healy Park Omagh	11am	Seanie Meyler 07967467552/ 02882252842 seanie@meylerperformance.com www.omaghstendas.com	
Sun 7	Run Anon Lough View 10k, 5k Run & Walk	Crumlin Glen, Mill Road	11.30am	Aidan O'Neill 07954142045 run-anon@hotmail.com	✓
Sun 7	Marty's Run	Glengalliagh Road	11am	Denise Doherty 07732216569 dendoh@hotmail.co.uk www.foylevalleyac.com	
Sun 7	Cultra Charity Challenge in aid of Children's Heartbeat Trust	Ulster Folk & Transport Museum	11am	Gerard Rowe 07855586438/ 07712004543 info@born2runevents.com www.born2runevents.com	✓
Sat 13	Saintfield 10k & 5k	Comber Street	12 noon	Adrian Daye 07876560015 atlas@atlasrunning.co.uk www.atlasrunning.co.uk	
Sat 13	NIMAA XC Trial	Queen's Playing Fields	11.30am	Joy McAleer joymcaleer@me.com	
Sun 14	Armagh 10 Mile Road Race & 4 Mile Fun Challenge	The Navan Centre, Armagh	12 noon	Edel Ferson 02837529636 Edel.ferson@armaghbanbridgecraigavon.gov www.getactiveabc.com	

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Sun 14	Run For Oisin	Lakeland Community Cove, Railway Rd, Belcoo	1pm	Nigel McGrath 02866386434/ 07816166739 nigel.mcgrath@hotmail.com	
Sat 20	Comber Cup	Billy Neill Playing Fields	12noon	Valerie Martin 07834522679 valsscott@hotmail.co.uk	
Sat 20	St Mary's Primary Killyclogher 10k & 5k Run	Cappagh Parich Hall, Omagh	11.30am	Patricia Campbell 07745407917 pdccampbell@btconnect.com	
Sat 20	Fergals 10 Miler	Davagh Forest	12 noon	Stacey Hinfey Secretary.acornsac@gmail.com www.facebook.com/Fergals10Miler/	
Sat 20	GR8 Dundrum Run	Main Street, Dundrum	1pm	Paul Madden 07974392790/ 07855586438 info@murloughac.com www.murloughac.com	
Sun 21	Centra Run Together Pairs Event- Ormeau Park	Ormeau Park	10am	Johnny Davis 07768103968 johnny@pioneer-group.co.uk www.centra.co.uk/runtogether	
Sun 21	Hoka One One RunHer Titanic	Titanic Quarter	9.30am	Ed Smith 07740818389/ 02896628213 ed_n_smith@hotmail.com www.runher.co.uk	✓
Sat 27	NI & Ulster Even Age Group Championships & Bobby Rea Memorial	Greenmount Campus, Antrim	TBC	Athletics NI 02890602707 info@athleticsni.org	✓
November 2018					
Sat 3	84 th McConnell Shield	Sixmilewater Park, Ballyclare	12.45pm	Jeanette Burton 07801435183 Jeanette111@sky.com www.eastantrimharriersac.co.uk	
Sun 4	Decathlon Belfast 10k	Decathlon Belfast, Hollywood Exchange	9.30am	Johnny Davis 07768103968 johnny@pioneer-group.co.uk www.pioneer-group.co.uk	✓
Sat 10	Ballynahinch Run to Remember 5k	TBC	TBC	Pending Permit	
Sun 11	NI & Ulster Uneven Age Group & Novice Championships	Scotstown, Co Monaghan	TBC	Athletics NI 02890602707 info@athleticsni.org	✓
Sun 18	Co Down 5k	St Patrick's Square, Downpatrick	9am	Andrew Telford 07771985042 andrewtel84@gmail.com	
Sat 24	Malcolm Cup	TBC	TBC	Pending Permit	
Sun 25	10k na Ceathrun Gaeltachta 2018	Culturlann McAdam O Fiaich, Falls Road	9am	Mairtin Mac Gabhann 02890234442/ 07541484452 mairtin@glornamona.com www.glornamona.com	
Sun 25	Reindeer Run	Prince of Wales Ave, Stormont Estate	11am	Johnny Breen 07428239665 johnny.breen@nihospice.org www.nihospice.org	
December 2018					
Sat 1	Podium 4 Sport Seeley Cup	Ormeau Park	2.30pm	Athletics NI 02890602707 Info@athleticsni.org www.athleticsni.org	✓
Sat 8	Mighty Oaks XC	Mid Ulster Sports Arena Playing Fields	12 noon	Denise Dallas 07702701053 denisewright26@live.co.uk	
Fri 16	Kilmoody Santa Run 10k & 5k	TBC	TBC	Pending Permit	
Sat 15	North West XC	U3A Foyle	12.30pm	Gerry Lynch 07702006667 gerry.lynch@hotmail.com	
Thurs 26	Larne AC Boxing Day Run	Glynn Rugby Club	11am	Ruth Moore 07929333982/ 02828583154 Ruthmoore844@btinternet.com www.larneac.co.uk	✓
Thurs 26	Brocagh Bay Boxing Day Run	Castlebay Community Centre	10.15am	Ciaran McCloskey 07796103641 brocaghbayrun@hotmail.com	✓

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2019**January 2019**

Tues 1	Rock New Year's Day Run	Rock Primary School	12 noon	Cyril Cush 07841102113 info@rocknewyearsdayrun.co.uk www.rocknewyearsdayrun.co.uk	
Tues 1	Race Over The Glens	Glenariff Forest Park	12 noon	Stephen Brown 07885649135 ballymenarunners@hotmail.com	✓
Sat 5	North Down XC Relays	TBC	TBC	Pending Permit	
Sun 13	Mathieson Cup and Shield	City of Belfast Playing Fields, Mallusk	11am	Paul Skillen 07814245674 pskillen01@qub.ac.uk www.malluskharriers.co.uk	
Sat 19	IAAF International & Home Countries XC	Billy Neill Playing Fields	TBC	Athletics NI 02890602707 info@athleticsni.org	✓
Sun 20	Ballykelly Trail Race	TBC	TBC	Pending Permit	
Sun 20	McGrady's Junior XC League- East Down Round	Delamont	1.30pm	Joe Quinn 07933214894/ 02844614235 Jaykwin69@gmail.com	
Sat 26	NI & Ulster Intermediate & Masters XC	TBC	TBC	Athletics NI 02890602707 info@athleticsni.org	✓

February 2019

Sat 9	Stormont XC	Stormont	11am	Mags Mathieson 07402785109 mags.mathieson@yahoo.co.uk	
Sat 23	NI & Ulster Senior XC	Lurgan Park	TBC	Athletics NI 02890602707 info@athleticsni.org	
Sun 24	McGrady Junior XC Race 5	Tollymore Forest Park	1pm	Pauline McCauley 07803203650 juniors@newcastleac.org	
Sun 24	Stroke Association Resolution Run	TBC	TBC	Pending Permit	

March 2019

Sat 2	Walled City 10 Mile Road Race	TBC	TBC	Pending Permit	
Sun 10	Live Active NI 2k Superhero Family Event	TBC	TBC	Pending Permit	
Sun 10	Race to Recovery	Ormeau Park	11am	Regina Cox 02890725472 Regina.cox@addictionni.com www.addictionni.com	
Sun 17	SPAR Craic 10k 2019	Belfast City Hall	9am	Connla McCann 02890611916/ 07841101274 c.mccann@aisling-events.com	✓
Sun 17	Jimmy's Ten	Ballydugan Rd, Downpatrick	11am	Joe Quinn 03795814122 Jaykwin69@gmail.com www.eastdownac.co.uk	✓
Sat 23	Larne Half Marathon	Larne Leisure Centre	11am	Ruth Moore 07929333982/ 02828583154 Ruth.moore@belfasttrust.hscni.net	

April 2019

Sat 6	Omagh Half Marathon	TBC	TBC	Pending Permit	
Sat 13	Gortin 10k, 5k Fun Run & Walk	Main Street, Gortin	12 noon	Kerry Crawford 02881648268 gortinfunrun@outlook.com	
Weds 17	St Malachy's High School 10k & 5k	St Malachy's High School	7pm	Claire Murnin 02843778255 cmurnin727@c2kni.net www.stmalachys.org.uk	
Fri 29	Omagh North Nursery School's 40 th Anniversary 5k	Omagh North Nursery School	6.30pm	Amanda Duffy-Phillips 02882246431/ 07714727421 omaghnorthnursery@gmail.com www.omaghnorthnursery.org.uk	

May 2019

Fri 10	Scrao Striders 5k & 10k Run The Runways	Newtownards Airport, Portaferry Road	6.30pm	Lyndsey Lappin 07872537735 secretary@scraostriders.com www.scraostriders.com	✓
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June 2019

Sun 2	Walled City Marathon	TBC	TBC	Pending Permit	
Sat 29	Larne AC Coastal Marathon	Larne Leisure	9am	Ruth Moore 07929333982/ 02828583154	✓

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		Centre		Ruthmoore844@btinternet.com www.larneac.co.uk	
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